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Ex-USA Gymnastics doctor gets up to 175 years as abuse victims

LANSING, Mich. (Reuters) - As his victims wept in a Michigan courtroom on Wednesday, disgraced long-time USA Gymnastics team doctor Larry Nassar was sentenced to up to 175 years in prison for abusing young female gymnasts who were entrusted to his care. "I've signed your death warrant," Ingham County Circuit Court Judge Rosemarie Aquilina told Nassar, following days of accounts from about 160 of his victims. Spectators and victims cried, applauded and embraced as Nassar, 54, wearing a dark blue jailhouse jumpsuit, was led out of the courtroom. Rachael Denhollander, the first woman to publicly accuse him in 2016, shared a hug with Angela Povilaitis, the lead prosecutor. Nassar, who served as the program's physician through four Olympic Games, apologized to his victims during the hearing, telling them, "I will carry your words with me for the rest of my days." Aquilina dismissed his statement as insincere and courtroom spectators gasped as the judge read aloud from a letter he wrote to her claiming he was a good doctor who was manipulated into pleading guilty. Nassar, who already is serving a 60-year sentence in federal prison for child pornography convictions, also said his accusers fabricated claims to gain money and fame, writing, "Hell hath no fury like a woman scorned." "Would you like to withdraw your plea?" Aquilina asked Nassar after tossing aside his letter. "No, your honor," Nassar said.

"Because you are guilty, aren't you? Are you guilty, sir?" the judge demanded. After a long pause, Nassar said quietly, "I have said my plea, exactly." The prosecution and Aquilina emphasized the broader significance of the sentencing, coming amid a national debate over sexual misconduct prompted by accusations against powerful men from Hollywood to Washington. "At this particular moment in history, this sentence and hearing will be viewed as a turning point in how our community, our state, our nation, our culture looks at sexual abuse," Povilaitis said. Aquilina rattled off a series of statistics about the prevalence of sexual abuse before saying, "It stops now." The sentencing followed an extraordinary week long hearing that saw Nassar's victims unflinchingly, defiantly, tell their stories in raw terms. Despite Nassar's objections, Aquilina allowed victims who were not part of his guilty plea to speak at his sentencing. Throughout much of the proceedings, the bespectacled Nassar sat with his head bowed, rarely making eye contact with his accusers. The women ranged from famous Olympic gold medalists like Aly Raisman to former gymnasts like Denhollander, now a lawyer, who was the last of the victims to speak on Wednesday and whom Aquilina described as "the bravest person I have ever had in my courtroom." McKayla Maroney, a gold medalist at the 2012 London Olympics, called Nassar a "monster



Larry Nassar, a former team USA Gymnastics doctor who pleaded guilty in November 2017 to sexual assault charges, makes a statement in the courtroom during his sentencing hearing in Lansing

human being," while a former member of the U.S. national team said his abuse led to depression and an eating disorder. Another gymnast said she was only 6 years old when Nassar began molesting her and blamed the doctor for her father's suicide once he realized she had not been lying about the abuse she endured. "I've been forever changed by all of this and I will never feel small again," Bailey Lorenzen said after the sentencing. She had been an anonymous accuser until she spoke in court this week. "I have

a different confidence in myself as a woman." In addition to Raisman and Maroney, Olympic gold medalists Simone Biles, Jordyn Wieber and Gabby Douglas went public in recent months with their own accusations against Nassar. The scandal's impact is far from over, with prominent gymnasts castigating USA Gymnastics for its handling of the scandal and the president of Michigan State University, where Nassar also worked, coming under pressure to resign.

North Korea sends rare announcement to all Koreans, calls for unification

SEOUL (Reuters) - North Korea sent a rare announcement addressed to "all Koreans at home and abroad" on Thursday, saying they should make a "breakthrough" for unification without the help of other countries, its state media said.

It said all Koreans should "promote contact, travel, cooperation between North and South Korea" while adding Pyongyang will "smash" all challenges against reunification of the Korean peninsula. The announcement, issued after a joint meeting of government and political parties, added Koreans should wage an energetic drive to defuse the acute military tension and create a peaceful climate on the Korean peninsula. Military tension on the Korean peninsula was a "fundamental obstacle" for the im-

provement of inter-Korean relations and unification, the North's official news agency said. It added joint military drills with "outside forces" has shown to be unhelpful for the development of relations between North and South Korea. North Korea did not provide details why the meeting had been held but the statement said it was aimed to support leader Kim Jong Un's remarks regarding unification from his New Year's address. It said this year is meaningful for both North and South Korea as it is the 70th anniversary of the founding of North Korea while South Korea will be hosting the Winter Olympics next month.

KCNA picture of a joint conference of North Korea's government, political parties and organisations taking place to carry out the tasks for national reunification set forth by leader Kim Jong Un in his New Year Address



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Toys R Us is planning to shutter roughly 180 stores across the country, or about one-fifth of its U.S. store fleet, in a bid to restructure the company and emerge from bankruptcy protection.

The closures still need court approval, documents show, but management is planning to shut those locations beginning in early February and running through mid-April. (See below for a complete list of those locations set to close.)

“The reinvention of our brands requires that we make tough decisions about our priorities and focus,” Chairman and Chief Executive Officer David Brandon wrote Tuesday in a memo to customers. “The actions we are taking are necessary to give us the best chance to emerge from our bankruptcy proceedings as a more viable and competitive company.”

The Wayne, New Jersey-based retailer added that a number of its existing locations will be co-branded as Toys R Us and Babies R Us stores.

Just four months ago and prior to the holiday shopping season, Toys R Us filed for bankruptcy protection as its sales were waning and debt was piling up. The toy chain faces increased competition from the likes of Amazon, Walmart, and Target, and it’s struggled meeting consumers’ needs online.



‘Store Closing’ sign is posted in a Toys R Us store.

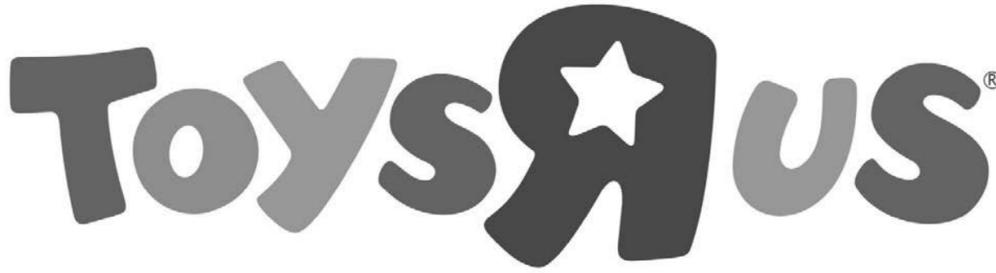
Toys R Us has said it’s focused on improving the in-store and online shopping experience and is also planning to revamp its loyalty program to appeal to more consumers.

Toys R Us’ Canadian president, Melanie Teed-Murch, said in a separate memo that the 83 locations in Canada won’t be impacted by Tuesday’s news.

In Canada, Toys R Us “will be taking additional steps to improve the overall customer omnichannel experience with compelling promotions, continued im-

Going-Out-Of-Business Sales Will Start In February And End In April
The Closures Represent 20% Of Toys R Us Locations In The U.S.

Toys R Us To Close 180 Stores Across The U.S.
Compiled And Edited By John T. Robbins, Southern Daily Editor



Toys R Us is planning to shut down roughly 180 stores across the country, or about one-fifth of its U.S. store fleet.

provements to mobile and digital marketing and enhancements to our baby registry and loyalty programs,” Teed-Murch explained.

One analyst has already speculated Target is positioned to be the biggest winner as Toys R Us closes some of its U.S. stores, considering the big-box retailer’s proximity to the toy chain’s locations.

Out of Toys R Us’ roughly 880 store fleet in the U.S., 183 stores (including those under the Babies R Us nameplate) have at least one other Toys R Us store within a 15-minute drive, UBS wrote in a note to clients in December. Analyst Michael Lasser

said he believed the company would close these “cannibalized” locations before any others.

Former Toys R Us CEO Jerry Storch said the toy retailer will likely take on a different form as it fights off e-commerce competition.

Even during the holidays, former Toys R Us CEO Jerry Storch couldn’t deny that toys are “a very tough business.”

“It got a lot worse when Amazon got in,” Storch, also founder and CEO of Storch Advisors, told CNBC’s “Closing Bell.”



Toys R Us ‘will survive in a different form as online competition grows, former CEO says

The rise of e-commerce has effectively dovetailed one of the toy business’ top moneymaking strategies, Storch said: raising the price of a small number of red-hot products at the right time.

“The internet’s a perfect vehicle for

trashing the margins on those products,” Storch said, adding that Toys R Us’ baby business is also struggling against competitive pressures.

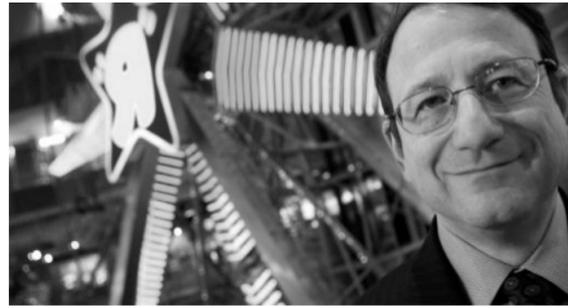
“I’m sure, though, that Toys R Us will survive in some form” as e-commerce giants such as Amazon and Walmart take market share in the toy space, the CEO said. “Toys R Us will survive in a different form.”

The key to surviving? Storch, the former CEO of Canadian retailer Hudson’s Bay, cast it as a balance between scale and investment.

“It’s going to take tremendous investment on the internet and in stores to be a retailer in the future,” he said, naming Amazon and Walmart the anointed winners of this holiday season.

And while some retailers, such as DIY giants Home Depot and Lowe’s and off-price favorites TJX and Burlington Stores, will continue to do well no matter what, others will need to sacrifice, Storch said.

“There’s going to be significant consolidation ahead; there’s going



Former Toys R Us CEO Jerry Storch



to be more store closings,” the CEO predicted. “Those that are best capitalized are the ones that are going to survive.”

For a complete list of all Toys R Us store closings, go to <https://www.cnbc.com/2018/01/24/toys-r-us-to-close-180-stores-across-the-us.html>. (Courtesy <https://www.cnbc.com/2018/01>)

Related

Early History Of Toys R Us

Toys “R” Us, Inc. is an American toy and juvenile-products retailer founded in 1948 and headquartered in Wayne, New Jersey, in the New York City metropolitan area. Founded by Charles P. Lazarus in its modern incarnation in 1957, Toys “R” Us traces its origins to Lazarus’ children’s furniture store, which he started in 1948. He added toys to his offering, and eventually shifted his focus. The company has been in the toy business for more than 65 years and operates around 800 stores in the United States and around 800 globally. Toys “R” Us experienced expansion as a chain, becoming predominant in its niche field of toy retail. Represented by cartoon mascot Geoffrey the Giraffe from 1969, Toys “R” Us eventually branched out into launching the stores Babies “R” Us and the now-defunct Kids “R” Us.

The company filed for Chapter 11 bankruptcy protection in the U.S. on September 18, 2017, and has also filed for bankruptcy protection in Canada (see Companies’ Creditors Arrangement Act). They have stated their stores will continue to operate. Operations in Europe and Australia, licensed stores and joint venture partnership in Asia, which are separate entities, are not part of the Chapter 11 filing. (Courtesy From Wikipedia, the free encyclopedia)

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Dr. Hwang is certified by the American Board of Obstetrics and Gynecology. He earned his undergraduate and medical degree from the National Taiwan University College of Medicine in Taipei. He completed residency programs at National Taiwan University Hospital and St. Luke’s Hospital, Bethlehem, Penn. In addition, he earned a postgraduate degree of Master of Public Health in maternal and child health from the prestigious Johns Hopkins University School of Hygiene and Public Health in Baltimore, Md. He is a member of the American College of Obstetricians and Gynecologists, Texas Medical Association and Harris County Medical Society.

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A Snapshot Of The World



MF Director Christine Lagarde reacts after kicking a football with the UN sustainability goals given her by the Norwegian Prime Minister Erna Solberg (far right), while General Secretary of the International Trade Union Confederation (ITUC), Sharan Burrow, social activist Chetna Sinha and Director of CERN, Fabiola Gianotti are watching, during their meeting at the World Economic Forum (WEF) annual meeting in Davos, Switzerland



Larry Nassar, a former team USA Gymnastics doctor who pleaded guilty in November 2017 to sexual assault charges, stands during his sentencing hearing in Lansing



KCNA picture of North Korean leader Kim Jong Un, accompanied by his wife Ri Sol Ju, giving field guidance at the Pyongyang Pharmaceutical Factory



Victims and others look on as Rachael Denhollander speaks at the sentencing hearing for Larry Nassar, a former team USA Gymnastics doctor who pleaded guilty in November 2017 to sexual assault charges, in Lansing



The logo of Guangzhou-based property developer R&F Properties is pictured at a strategic cooperation signing ceremony in Beijing



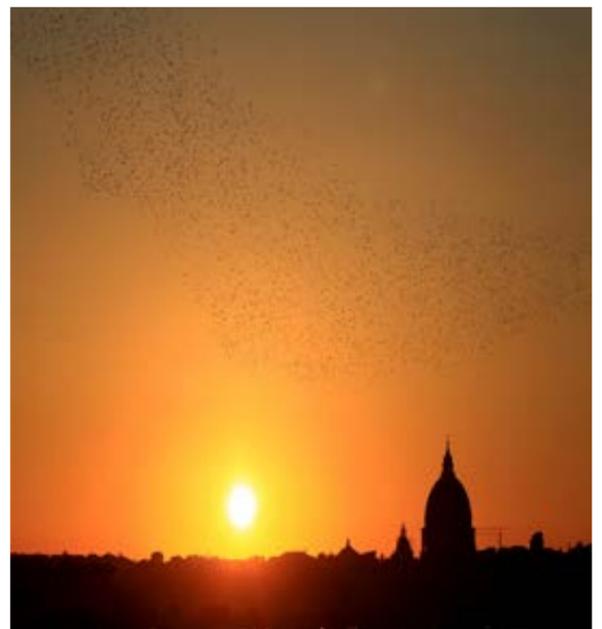
Victim Rachael Denhollander speaks at the sentencing hearing for Larry Nassar, a former team USA Gymnastics doctor who pleaded guilty in November 2017 to sexual assault charges, in Lansing



Models present creations by Italian designer Giorgio Armani as part of his Haute Couture Spring-Summer 2018 fashion show for Giorgio Armani Prive in Paris



South Korean soldiers place traffic cones at a checkpoint on the Handball - Men's EHF European Handball Championship - main round Group I - Serbia v Belarus - Arena Zagreb, Zagreb, Croatia - January 24, 2018. Vanja Ilic of Serbia picks up his lost shoe. REUTERS/Marko Djurica



A flock of starlings fills the sunset over Rome, Italy January 24, 2018. REUTERS/Tony Gentile TPX IMAGES OF THE DAY

JPMorgan CHASE Raising Wages In Houston, Texas

Compiled And Edited By John T. Robbins, Southern Daily Editor

JPMorgan Chase & Co. will raise wages for 900 employees in the Houston area and almost 3,500 across Texas as part of a multibillion-dollar U.S. investment plan that comes in the wake of sweeping changes to the federal corporate tax system.

The New York bank said it will boost wages from \$12 to \$16.50 an hour to between \$15 to \$18 an hour for 22,000 workers across its U.S. footprint, spending \$20 billion over five years and increasing lending to affordable-home buyers by a quarter to \$50 billion.

JPMorgan, one of the Houston area's largest employers with 6,400 local employees, plans to hire 4,000 new workers in the United States, and has more than 200 positions open in Houston.

The company has 207 local branches and 44 percent of Houston's bank deposits. It plans to open another 400 branches across the country, hiring some 3,000 workers.

Related Will U.S. Oil Companies Follow Apple, JPMorgan And Bring Home Foreign Cash? JPMorgan & Chase Co. Chairman and CEO Jamie Dimon is interviewed on July 12, 2013, on the floor of the New York Stock Exchange.



U.S. oil companies, most with headquarters or significant operations in Houston, have more than \$150 billion in foreign earnings, much of which is cash they could bring back into the United States at favorable tax rates under the recently enacted federal tax overhaul.

It remains unclear how much the oil companies might bring back home and what they might do with it. But sweeping changes in the corporate tax system have provided incentives for companies to bring overseas earnings, estimated at some \$3 trillion, into the United States, and some are taking advantage of it.

Under the previous tax law, U.S. companies could avoid paying taxes on foreign earnings by keeping it abroad. The new system imposes taxes on foreign earnings, but U.S. companies are allowed a one-time tax of 15.5 percent for repatriated cash -- far less than the 35 percent they would have paid under the old system.

U.S. firms, including Apple and JPMorgan Chase & Co., recently announced they'll make big investments in domestic operations while making multibillion-dollar tax payment bills to repatriate cash. If oil companies followed the lead of Apple and JPMorgan, and invested lumps of cash in the United States, that money would almost certainly end up benefiting Houston's economy.

"The rule of thumb is you're not really going to do a sophisticated drilling job with-

out turning to Houston," said Bill Gilmer, director of the Institute for Regional Forecasting at the University of Houston. "If it's spent abroad or spent here, a good share of it would wind up here in the Houston area."



Exxon Mobil has a major campus near The Woodlands. The company says its legal efforts would back potential claims of the "abuse of process" by California officials.

Gilmer noted the \$150 billion that oil companies hold in foreign earnings, which could include cash and the value of assets, is almost equivalent to the \$175 billion in capital expenditures by the nation's oil producers, refiners and pipeline operators last year.

Exxon Mobil Corp. and Chevron Corp.,

the two largest U.S. oil companies, together had more than \$100 billion in foreign earnings at the end of 2016, according to the most recent regulatory filings data compiled by financial research firm Audit Analytics.

Exxon Mobil had \$54 billion in foreign earnings last year, the 10th largest among U.S. companies. Chevron had the 13th largest sum, with \$46.4 billion.

Large oil producers, including Houston's Occidental Petroleum Corp. and ConocoPhillips, had almost \$24 billion in overseas earnings combined. Major U.S. oil refiners Valero Energy Corp., based in San Antonio, and Phillips 66, based in Houston, together had \$6.9 billion in overseas earnings.

Oil field service companies, equipment suppliers and rig contractors, including Houston-based National Oilwell Varco, Baker Hughes and Halliburton, had more than \$24 billion in foreign earnings.

Exxon and Phillips 66 declined comment. Most of the companies did not immediately respond to requests for comment on Tuesday.

Halliburton, which reported earnings on Monday, said it recorded an \$882 million noncash charge as a preliminary provision for "the net impact of tax reform." Exxon Mobil and Chevron will report

fourth-quarter 2017 earnings on Feb. 2.

Lawmakers hoped the new tax law would create an incentive for U.S. companies to reinvest their overseas cash in domestic operations and boost U.S. economic growth. Apple, with more than \$250 billion in overseas cash, last week announced it plans to build a new campus and invest some \$30 billion in the



A ConocoPhillips worker raises the flag at the new company's headquarters after the 2002 merger.

United States, absorbing a \$38 billion tax bill on its repatriated cash.

JPMorgan Chase & Co. on Tuesday said it plans to raise wages for 22,000 employees to as much as \$18 an hour, open 400 new branches across the country and hire 4,000 new workers in a \$20 billion investment plan over the next five years.

But some economists are skeptical that the repatriated cash will significantly bolster the U.S. economy. In an October report, macroeconomic research firm Capital Economics said the new tax law would end companies' "ability to defer payments by keeping earnings abroad," but most of the repatriated cash would likely be returned to shareholders, who would tend to save the money.

"This would be unlikely to provide a major boost to investment or hiring," Capital Economics said. "Many firms already have large reserves of domestic cash, with the liquid assets of the overall non-financial corporate sector close to a record high as a share of GDP." (Courtesy Houston-chronicle.com)



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JPMorgan raising wages in Houston and Texas

by Collin Eaton

JPMorgan Chase & Co. will raise wages for 900 employees in the Houston area and almost 3,500 across Texas as part of a multibillion-dollar U.S. investment plan that comes in the wake of sweeping changes to the federal corporate tax system.

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JPMorgan, one of the Houston area's largest employers with 6,400 local employees, plans to hire 4,000 new workers in the United States, and has more than 200 positions open in Houston.

JPMorgan is making good on its promise to deploy nascent technology. The Wall Street giant has named Samik Chandarana as head of analytics and data science. Chandarana will be responsible for heading



the bank's strategy to deploy machine learning and data-based solutions JPMorgan has taken a number of steps to digitize its investment services. Digital investment banking was long thought to be impervious to technological transformation.

The company has 207 local branches and 44 percent of Houston's bank deposits. It plans to open another 400 branches across the country, hiring some 3,000 workers.



Houston police identify victim in fatal Chinatown shooting

By John D. Harden

Houston police are investigating the death of a man gunned down in an apartment complex stairwell Tuesday afternoon in Chinatown.

According to police the victim, Adonis Dwon Gilbert, 20, was shot several times by an unknown suspect.

Houston Fire Department paramedics transported him to the hospital where he was pronounced dead.

Police are now asking that anyone with information in this case to contact Houston police at 713-305-3600 or Crime Stoppers at 713-222-TIPS. Kevin Enloe said during an afternoon news conference.



Shots fired after crash in Northwest Houston

Police are investigating gunfire in Northwest Houston that happened moments after a crash. Three to four vehicles were involved in the wreck near the intersection of Antoine Drive and Long Point Road around 5:30 p.m.

Wednesday. The vehicles pulled into the Valero gas station at that intersection, at which point at least one person pulled a gun and started shooting.

One of the vehicles fled the scene and is currently being pursued by Houston police. There is no word on injuries yet.

No other information was available. This is a developing story. Please check back for updates.

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“亚洲蹲”英国刷屏：中国人竟能蹲着刷手机



看过在伦敦土生土长的一个小男孩写的作文：对中国印象最深的一件事，他的选择是：北京公共厕所所有人蹲着刷手机！一句话涵盖两大网络当红概念：亚洲蹲、刷手机。

英国广播公司网站1月15日报道称，2017年岁末，华人的朋友圈被刘德华、井柏然一个超自然、超放松的动作——“亚洲蹲”刷屏；年初，亚洲蹲又在英国的社交媒体也掀起一阵小风潮。

报道称，首期《时尚》杂志(Vogue)刊登超级男模、健身教练罗杰·弗兰普顿(Roger Frampton)的《2018懒女孩健身高招指南》。

弗兰普顿发表过题为《坐着为什么会毁了你的》Ted演讲，写过亚马逊健身畅销书，这次他给那些希望健康美丽、但又比较懒惰的女孩子提出的建议是：像三岁的孩子一样蹲着，每天三分钟，脚后跟着地，脚尖朝前，双膝打开、宽度超过两脚距离。

这不就是我们的“亚洲蹲”吗？不少人可能会说，蹲着看上去实在有些不太雅。但是，蹲对我们的健康和美丽也是有奇妙的好处呢。

积极休息 当然了，能深蹲，出行很方便，等于随身携带小马扎，随时随地可以休息、放松。而且，坐在椅子上只是被动的休息，蹲着则

是一种更加积极的休息方式，需要动用保持良好身姿的所有肌肉。大便通畅

人的生理结构决定，蹲着，消化系统的末端保持自然角度，排便更顺畅、更彻底。难道世界各地的小宝宝刚开始还不都是这样的姿势？

减肥瘦身 蹲下、起来，需要调动全身多处、特别是腿部的肌肉，既然如此，当然就有助于减脂、塑形了。

抗糖尿病 腿部强壮有助于防止、缓解糖尿病。同样一碗白饭，不同的人吃下去对血糖的影响不同。肌肉强壮的人新陈代谢过程中消耗的糖分更多，而腿部是肌肉最集中的部位。(温馨提醒：不要忘记控制饮食)

缓解背痛 蹲可以保持髋关节更灵活，有助于缓解颈部和背部压力、保持软组织的弹性和灵活性。蹲下、站起来还可以加强我们的“核心”，保持良好姿势，而错误的姿势是引起许多背部、颈部问题的关键。

提升体能 正确的蹲姿、合理的训练计划可以加强肌肉能力，提高竞技成绩。各种各样的蹲，一直是运动员重要的训练方式之一。

澳洲小狗生性爱流浪 藏身卡车漂泊几千里

澳大利亚昆州有一只3岁大的小狗，生性喜欢“浪迹天涯”。2018年1月初，它偷偷爬上一辆路过当地卡车，并随卡车一路颠簸了1500公里，来到南澳。

据了解，2018年1月初，澳大利亚人斯丘达莫尔(Laura Scudamore)和家人外出度假，于是将这只3岁大的澳洲梗罗斯提(Rusty)，带到位于昆州和新州交界处的贡迪温迪的公婆家寄养。

斯丘达莫尔表示，这只小狗非常喜欢那里，但它也喜欢偷偷溜到公路上，和开车路过当地的司机交朋友。

有一天，罗斯提悄悄跳上一辆在当地停留的卡车。待到卡车离开贡迪温迪约60公里后，司机在检查车辆时才发现了它，当时罗斯提正躲在车上睡觉。由于不知道这只小狗来自哪里，司机只好带着它一起出发回家，这对朋友一起在路上度过了4天，最终



回到南澳的雪镇(Snowtown)。好在罗斯提戴着颈圈，于是司机联系了斯丘达莫尔家人。

目前，斯丘达莫尔正在社交媒体上发起求助，希望能有人能

顺路将罗斯提带回家。有趣的是，这并非这只小狗第一次“流浪”。在2016年时，罗斯提就曾跑到离家230公里外的钦奇利亚(Chinchilla)。

瑞士宣布活煮龙虾违法 如何“人道”烹饪？

当地时间1月10日，瑞士有关部门宣布，烹饪龙虾时将其活煮将属违法行为，杀死龙虾之前需先将其电击至无意识。新规定宣布后，不少人对于如何烹饪龙虾感到茫然。

在近年来的研究中，科学家发现，包括龙虾、蟹和螃蟹在内的无脊椎动物可以感受到痛感。伦敦政治经济学院哲学系助理教授乔纳森·博奇(Jonathan Birch)将“痛苦”定义为：“令人反感的感受和感受，会实际带来或可能带来组织伤害”。

由英国贝尔法斯特女王大学

教授罗伯特·埃尔伍德(Robert Elwood)带领的研究人员在实验中发现，不断用电流电击躲避在岩石下的螃蟹，螃蟹会为了躲避电击而从藏身之处出来。

博奇教授认为，由此判断，将螃蟹和龙虾活煮是一种很不妥当的行为。

目前，除挪威、新西兰和瑞士外，鲜少国家有关于龙虾等无脊椎动物的动物福利规定。

人们在烹调鱼之前，会用重击的方式让鱼处于无意识状态。然而，这招在龙虾身上并不适用，因为龙虾的神经系统较为分散

，对其头部重击并不能保证龙虾被击晕。

对于如何“人道”地烹饪龙虾，澳大利亚皇家防止虐待动物协会给出了几点指导建议：

1. 用水产品电击机击晕龙虾。然而，该设备售价2500英镑，并不适用于家用厨房。
2. 将龙虾在冰水中放置20分钟以上，使其失去意识。
3. 在龙虾被电晕或冻死后，以最快的速度杀死龙虾。
4. 使用水生鱼类麻醉剂AQUI-S，直接让龙虾在无痛苦中死亡。

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美国风俗禁忌：尊重理解善于自我保护

每个国家都有自己独特的风土人情，因此，不管去哪个国家，都要注意这些，同时这也是对当地文化的一种尊重。

1.夜间尽量不要乘地铁 纽约的地下铁道极为脏乱，夜间更成为黑社会成员聚集之地。

2.不要称呼黑人为Negro Negro是英语“黑人”的意思，尤指从非洲贩卖到美国为奴的黑人。

词，黑人对这个称呼坦然接受。

3.勿随意搭便车 在美国旅行，切不可随意搭便车，这是由于美国社会治安情况造成的。

4.谦虚并非美德 中国人视谦虚为美德，但是美国人却把过谦视为虚伪的代名词。

5.同陌生人打招呼 我们在路上、电梯内或走廊里，常常与迎面走来的人打照面，目光相遇，这时美国人的习惯是用目光致意。

6.交谈时的话题 参加美国人的聚会时，切勿只谈自己最关心最拿手的话题。谈论只有自己熟悉的话题，会使其他人难堪，产生反感。

7.别忘了问候孩子 美国人讲究大人、孩子一律平等。到美国人家中做客，他们的孩子也一定出来见客，打个招呼。

8.同性不能一起跳舞 同性不能双双起舞，这是美国公认的社交礼仪之一。同性一起跳舞，旁人必定投以责备的目光。

9.莫在别人面前脱鞋 在美国，若是在别人面前脱鞋或赤脚，会被视为不知礼节的野蛮人。

10.不能随便说I am sorry I am sorry和Excuse me都是“抱歉”、“对不起”的意思，但I am sorry语气较重，表示承认自己有过失或错误。

11.记得在有些场合准备小费 在美国，给小费是一种习惯，因此，从国内去美国的朋友一定得注意了。

12.不要称黑人为Negro Negro是英语“黑人”的意思，尤指从非洲贩卖到美国为奴的黑人。

13.不要问美国人的收入和年龄 美国人对别人问自己的收入多寡是非常忌讳的。

14.公共场合礼貌 我们中国人遇见熟人的时候大声地招呼来表示自己的热情，来美国后这方面要注意一



15.西餐的食物不丰富，用具很丰富 一般每人有一碗，一大一小两碟，餐刀一把，餐叉两把，调羹两把。

16.参加美国人的聚会 美国人聚会的机会很多。参加美国人的聚会也很简单。主人邀请你的时候别忘了问一下聚会的理由。

去美国留学不知道这些风俗容易出丑.....

美国留学，有很多让人感觉很不适的东西，因为文化的差异，以及生活方式的不同，导致我们在国内养成的一些习惯已经不再适用。

1、身体语言 和美国人交往了一段日子后，你会注意到美国人讲话还是很讲究的，他们讲究身体语言，特别是眼光的接触，和身体间的距离。

2、谨防被认为同性恋 男人和男人，女人和女人在街上走路，如果你们之间不是同性恋的关系，千万不要在美国的大马路上勾肩搭背。

3、不要问美国人的收入和年龄 美国人对别人问自己的收入多寡是非常忌讳的。

4、公共场合礼貌 我们中国人遇见熟人的时候大声地招呼来表示自己的热情，来美国后这方面要注意一

5、参加美国人的聚会 美国人聚会的机会很多。参加美国人的聚会也很简单。主人邀请你的时候别忘了问一下聚会的理由。

6、西餐的食物不丰富，用具很丰富 一般每人有一碗，一大一小两碟，餐刀一把，餐叉两把，调羹两把。

7、别忘了问候孩子 美国人讲究大人、孩子一律平等。到美国人家中做客，他们的孩子也一定出来见客，打个招呼。

8、同性不能一起跳舞 同性不能双双起舞，这是美国公认的社交礼仪之一。同性一起跳舞，旁人必定投以责备的目光。

9、莫在别人面前脱鞋 在美国，若是在别人面前脱鞋或赤脚，会被视为不知礼节的野蛮人。

10、不能随便说I am sorry I am sorry和Excuse me都是“抱歉”、“对不起”的意思，但I am sorry语气较重，表示承认自己有过失或错误。

11、记得在有些场合准备小费 在美国，给小费是一种习惯，因此，从国内去美国的朋友一定得注意了。

12、不要称黑人为Negro Negro是英语“黑人”的意思，尤指从非洲贩卖到美国为奴的黑人。

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美南山东同乡会年会上周六盛大举行 (上)



本报记者
秦鸿钧摄

美南山东同乡会会长房文清首先在大会上致词，介绍过去一年的会务。

休斯顿市长 Sylvester Turner 亲临大会现场，介绍他上个月（去年12月）访问中国的经过。



出席大会的贵宾及社团代表（左起）「德州东北同乡会」会长张玉诚、中领馆侨务组组长房振群，美南山东同乡会前会长、「中国旅美专协」会长李守栋，「美南山东同乡会」会长房文清、副会长陈文、「中华公所」主席陈庆辉等人。



由王鲁华先生领唱，山东同乡会理事群大合唱的开场曲：「好汉歌」。



出席大会的贵宾（右起）「美南报业传媒集团董事长」李蔚华先生，张文华法官，国会议员 Al Green 代表谭秋晴女士，休市市长 Sylvester Turner，美南山东同乡会永久名誉会长丰建伟，德州第七区国会议员候选人 Ivan Sanchez。



出席大会的贵宾（左起）山东同乡会全美会长孙铁汉，「中国驻休斯顿总领馆」刘红梅副总领事，休斯顿市市长 Sylvester Turner，美南山东同乡会永久名誉会长丰建伟医师。



「美南报业传媒集团」董事长李蔚华先生（右）亲自出席大会，与「美南山东同乡会」会长房文清（左）在大会上合影。



周洁晓舞蹈学校表演的山东秧歌歌舞《沂蒙山小调》。

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