

Disaster declaration issued for Texas counties

Heavy rain flooded parts of Galveston Friday morning, including streets in the Strand Historical District and areas near Ball High School, authorities are reporting. Flooding has prompted the city to suspend all Island Transit services. Texas A&M University Galveston cancelled classes and asked students on campus to shelter in place. The National Weather Service tweeted it had received public

reports of almost 2 feet of water on some roadways. Additionally, Mayor Sylvester Turner announced on Friday that Governor Greg Abbott issued a disaster declaration for Harris and other Texas counties due to the approaching storm.



幹細胞療法 疼痛患者的大福音

什麼是「幹細胞療法」?

使用「幹細胞」來治療關節炎、膝關節受傷、腰背痛、肩膀痛、手腕或肘部痛、腳痛、足底筋膜炎等各種疼痛，不用開刀就能有效消除病痛。

- 幹細胞(Stem Cells) 是指在原始階段、未分化的細胞，此細胞具備自我更新、分化與再生的能力。
- 幹細胞療法 是治療退行性疾病、和慢性疾病的開拓性方法，又被稱為再生醫學，能幫助身體重建修復，啟動抗病與醫療的新契機。
- 我們使用臍帶血幹細胞，由新生兒臍帶血所提煉而出，是目前五種幹細胞來源中最優良的，密度高，修復效果好。能幫助減少發炎、控制免疫系統、和幫助中樞神經系統的再生。
- 幹細胞療法 是世界上最自然、最有效的抗炎、抗病毒、抗菌、自我調節、和滋養身體的療法，為身體的免疫系統提供巨大的修復與治療能量來源。
- 「幹細胞療法」，沒有任何副作用，且比大多數的治療更便宜、更安全。

「幹細胞療法」通過FDA檢測，如果您曾經嘗試其他注射療法卻無明顯的效果，歡迎您來試試「幹細胞療法」。

德州第一醫療中心(Texas Regional Health & Wellness)運用「幹細胞」療法，成功地為許多病人解除疼痛，幫助病人修復器官、恢復機體功能，免除開刀各種風險。



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Editor's Choice



A public sector employee on indefinite strike holds a sign that reads "I fight for tax justice" during a protest against the tax proposal, which is under discussion in Congress in San Jose



A university student protests against the tax proposal, which is under discussion in Congress in San Jose



A woman with a missing relative speaks during the Second Pacification and Reconciliation Forum, aimed at promoting peace in the country, in Mexico City



Wilmington resident Greg Morter surveys the damage after a large oak fell on his home and a neighbor's house after Hurricane Florence hit Wilmington



A sign is pictured as Hurricane Florence comes ashore on Wilmington



People stand in flood water as Hurricane Florence comes ashore on Wilmington



University students protest against the tax proposal, which is under discussion in Congress in San Jose



Elgersma, who registered for the Breakthrough Junior Challenge contest, poses with mathematics books in Brussels

Everyone dreams of living and planting roots in a place that has it all: affordable housing, great schools, a low cost of living, quality health care, job opportunities and a clean environment. All these factors add up to an exclusive America's Top States for Business study, worth 300 out of 2,500 possible points. As we explain in our methodology, we use hard data to measure quality of life. That includes crime rates, tourist visits, health care and inclusiveness, as measured by legal protections written into state laws. By the numbers, some states do much better than others. These 10 states are the best places to live in America.

10. Massachusetts



Danita Delimont | Gallo Images | Getty Images
Provincetown, a small coastal resort, is located at the

extreme tip of Cape Cod. Never mind that historians say Plymouth was not the Pilgrims' first choice when they set out for the New World. The point is that they settled in Massachusetts in hopes of a better life. Nearly 400 years later the Bay State still offers great promise. Massachusetts is America's healthiest state. More than 98 percent of Massachusetts residents have health insurance — the highest percentage in the country, according to the U.S. Census Bureau. Boston offers a wealth of historic attractions; Cape Cod is a vacation paradise. And in keeping with the state's heritage of liberty, Massachusetts is an inclusive state, with robust protections against discrimination.

2018 Quality of Life score: 209 out of 300 points (Grade: B)
Strengths: Attractions, health, inclusiveness
Weaknesses: Air quality, crime
2017 Quality of Life rank: No. 10

9. Colorado



Jack Affleck | Aurora Open | Getty Images
The Centennial State is among America's most inclusive,

with strong antidiscrimination protections written into state law. Enjoy the hipness of Denver and Boulder; then take in the majestic beauty of the Colorado Rockies. No wonder more than 70 percent of Coloradans tell Gallup they feel "active and productive." Perhaps surprisingly, air quality in the state leaves something to be desired, and no, it has nothing

These States Are The Best 10 Places To Live In America

Compiled And Edited By John T. Robbins, Southern Daily Editor



to do with the legal marijuana smoke. 2018 Quality of Life score: 213 out of 300 points (Grade: B)
Strengths: Inclusiveness, health
Weakness: Air quality
2017 Quality of Life rank: No. 14

8. (tie) Montana



Heath Korvola | Digital Vision | Getty Images
Bowman Lake, Glacier National Park Here in

Big Sky Country the air you breathe is pure. High-ozone days are practically nonexistent, according to the American Lung Association. All the better to experience the breathtaking scenery around you. If you are not an outdoors person, you might have some trouble finding things to do, but is that really Montana's fault? The state is also a welcoming place, with strong antidiscrimination provisions written into the law.

2018 Quality of Life score: 214 out of 300 points (Grade: B+)
Strengths: Air quality, inclusiveness
Weaknesses: Attractions, crime
2017 Quality of Life rank: No. 8

7. (tie) Iowa



Katrina Wittkamp | Digital Vision | Getty Images
What is the state bird in the Hawk-eye State?

Trick question — it is the Eastern Goldfinch. Whatever is flying around, it is enjoying some of the cleanest air in the country, and so can you. Iowa is a welcoming state. It was among the earliest states to embrace inclusiveness; its public-accommodation law banning discrimination dates back to the civil rights movement

in the 1960s. It is true you might be lacking in things to do here in the middle of the heartland, but when it comes to your actual heart, you will find great health care here. 2018 Quality of Life score: 214 out of 300

points (Grade: B+)
Strengths: Air quality, inclusiveness
Weakness: Attractions
2017 Quality of Life rank: No. 9

6. (tie) Washington



Seattle, the largest city in the Pacific Northwest, has spectacular views of the Cascade

mountains to the east and the Olympic mountains to the west.

Even its nickname, the Evergreen State, conjures up images of strength and sturdiness. Sure enough, Washington is among America's 10 healthiest states, according to the United Health Foundation. Plus, Washington did not become the home of companies like Microsoft, Costco and Amazon by turning away skilled workers. Indeed, this is one of America's most inclusive states, with strong antidiscrimination provisions written into state law.

2018 Quality of Life score: 225 out of 300 points (Grade: B+)
Strengths: Health, air quality, inclusiveness
Weakness: Crime rate
2017 Quality of Life rank: No. 5

5. (tie) New Hampshire



Danita Delimont | Gallo Images | Getty Images
Fly-fishing in Swift River, White Moun-

tains, Albany, New Hampshire, This state's famous motto is "Live Free or Die," and the numbers show New Hampshire takes that to heart. Residents here are largely free of the fear of crime, with the third-lowest violent-crime rate in the nation. The future is bright, with America's lowest child-poverty

rate. And strong antidiscrimination laws help ensure that everyone shares those freedoms. In this quiet corner of New England, you might sometimes lack things to do, and air quality in the counties closest to the Massachusetts border can be iffy. But all in all, quality of life in the Granite State is solid.

2018 Quality of Life score: 225 out of 300 points (Grade: B+)
Strengths: Health, low crime rate, inclusiveness
Weaknesses: Air quality, attractions
2017 Quality of Life rank: No. 6

4. North Dakota



Peter Beck | Getty Images
The Peace Garden State derives its official

nickname from a real place — the International Peace Garden that straddles the border between North Dakota and the Canadian province of Manitoba. But this whole state is peaceful. Only about 30 percent of the residents surveyed told Gallup they worry about money. That is one of the lowest rates in the country. The state's economy has slowed considerably following the rapid, often uncomfortable growth during the shale oil boom. But North Dakota appears to have used its oil wealth wisely, now settling into a period of relative stability and, yes, peace.

2018 Quality of Life score: 233 out of 300 points (Grade: A-)
Strengths: Air quality, well-being, inclusiveness
Weakness: Attractions
2017 Quality of Life rank: No. 4

3. Minnesota



Kirkiris | iStock Editorial | Getty Images
A man places his kayak in Lake Calhoun on a

warm spring day in Minneapolis, Minnesota The term often used to describe residents of the North Star State is "Minnesota nice," and the numbers suggest there is something to that. The violent-crime rate is among the lowest of any state. Minnesotans are healthy, with the lowest cardiovascular death rate in the nation. Strong antidiscrimination laws attest to this state's welcoming nature. Yes, Minnesota winters can be brutal, but we don't consider weather in our Top States study, because it is

just too subjective. Besides, Minnesotans are amazingly good at adapting to the cold. 2018 Quality of Life score: 252 out of 300 points (Grade: A+)
Strengths: Health, low crime rate, inclusiveness
Weakness: Attractions
2017 Quality of Life rank: No. 3

2. Hawaii



Joel Carillet | E+ | Getty Images
A woman in her fifties looking at the dramatic landscape at

Kalalau Lookout on Kauai Mahalo (thanks), Hawaii, for being America's paradise and the home of a lifestyle we all can aspire to. While Hawaii is normally at the top of our Top States rankings for Quality of Life, the state slips to a rare second-place finish in 2018, and it has nothing to do with the recent volcanic eruptions on the Big Island — they affect only a relatively tiny part of the state. The small stumble is due to a slight uptick in crime, as well as a slightly less-healthy population, according to the Centers for Disease Control and Prevention, including a pronounced rise in the percentage of adults with diabetes. But make no mistake; the Aloha spirit is alive and well here, with clean air, a million things to do and a population that is loving every minute of it.

2018 Quality of Life score: 264 out of 300 points (Grade: A+)
Strengths: Air quality, health, well-being
Weakness: Crime rate
2017 Quality of Life rank: No. 1

1. Vermont



Mike Brinson | The Image Bank | Getty Images
The Green Mountain State has America's

second-lowest violent-crime rate, a healthy population, a pristine environment and strong antidiscrimination laws to make sure all can enjoy the place. No wonder nearly 77 percent of those surveyed tell Gallup they feel "active and productive" — the highest rate in the nation. Vermont is not exactly a magnet for tourists, suggesting there may sometimes be a shortage of things to do. But Vermonters will tell you that is just part of the idyllic charm of America's Top State to live in for 2018.

2018 Quality of Life score: 268 out of 300 points (Grade: A+)
Strengths: Well-being, low crime, health
Weakness: Attractions
2017 Quality of Life rank: No. 2
(Courtesy <https://www.cnbc.com>)

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適合人群：

1. 晚期癌症、早期癌症、正在接受放化療、或手術後康復的癌症患者。
2. 免疫低下、有癌症家族史、愛滋病、易流感、易病毒感染人群。
3. 內分泌代謝紊亂、過敏性體質、血脂、血壓、血糖、血粘稠度高患者。
4. 慢性肝臟患者、慢性腎衰患者。

輔助效果：

1. 迅速強化免疫、保護骨髓：改善白細胞減少、血小板、紅細胞、血紅蛋白數降低等。
2. 迅速緩解疲乏、無力、感染、發熱、出血等症狀。
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5. 保護腎臟：緩解血尿、蛋白尿、水腫、尿毒症等症。
6. 保護肝臟：緩解肝壞死、肝纖維化、脂肪肝等。
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WILMINGTON, N.C. (AP) — Motorists streamed inland on highways converted to one-way evacuation routes Tuesday as about 1.7 million people in three states were warned to get out of the way of Hurricane Florence, a hair-raising storm taking dead aim at the Carolinas with 140 mph (225 kph) winds and potentially ruinous rains.

Florence blew ashore late Thursday, then slowed down and wrung itself out, unloading 1 to 2½ feet (0.3 to 0.6 meters) of rain that caused flooding well inland and wreak environmental havoc by washing over industrial waste sites and hog farms.

Forecasters and politicians had pleaded with the public to take the warnings seriously and minced no words in describing the threat.

"This storm is a monster. It's big and it's vicious. It is an extremely dangerous, life-threatening, historic hurricane," North Carolina Gov. Roy Cooper said.

Hurricane Florence Impact Map



He added: "The waves and the wind this storm will bring is nothing like you've ever seen. Even if you've ridden out storms before, this one is different. Don't bet your life on riding out a monster."

Some hoped for divine intervention.

"I'm prayed up and as ready as I can get," Steven Hendrick said as he filled up gasoline cans near Conway, South Carolina.

More than 5.4 million people live in areas under hurricane warnings or watches on the U.S. East Coast, according to the National Weather Service, and another 4 million people were under a tropical storm watch.

President Donald Trump declared states of emergency for North and South Carolina and Virginia, opening the way for federal aid. He said the federal government is "absolutely, totally prepared" for Florence.

'Big And Vicious': Hurricane Florence Smashes The Carolinas

Compiled And Edited By John T. Robbins, Southern Daily Editor



Hurricane Florence is seen from the International Space Station as it churns in the Atlantic Ocean towards the east coast of the United States, September 10, 2018. NASA/Handout via REUTERS

All three states ordered mass evacuations along the coast. But getting out of harm's way could prove difficult.

Florence is so wide that a life-threatening storm surge was being pushed 300 miles (485 kilometers) ahead of its eye, and so wet that a swath from South Carolina to Ohio and Pennsylvania could get deluged.

People across the region rushed to buy bottled water and other supplies, board up their homes, pull their boats out of the water and get out of town.



Over one million residents of the hurricane impact area were ordered to leave.

A line of heavy traffic moved away from

the coast on Interstate 40, the main route between the port city of Wilmington and inland Raleigh. Between the two cities, about two hours apart, the traffic flowed smoothly in places and became gridlocked in others because of fender-benders.

Only a trickle of vehicles was going in the opposite direction, including pickup trucks carrying plywood and other building materials.

Long lines formed at service stations, and some started running out of gas as far west as Raleigh, with bright yellow bags, signs or rags placed over the pumps to show they were out of order. Some store shelves were picked clean.

"There's no water. There's no juices. There's no canned goods," Kristin Harrington said as she shopped at a Walmart in Wilmington.

At 11 p.m., the storm was centered 670 miles (1,075 km) southeast of Cape Fear, North Carolina, moving at 17 mph (28 kph). It was a potentially catastrophic Category 4 storm but was expected to keep drawing energy from the warm water and

intensify to near Category 5, which means winds of 157 mph (253 kph) or higher.

Florence is the most dangerous of three tropical systems in the Atlantic. Tropical Storm Isaac was east of the Lesser Antilles and expected to pass south of Puerto Rico, Hispaniola and Cuba, while Hurricane Helene was moving northward away from land. Forecasters also were tracking two other disturbances.

The coastal surge from Florence could leave the eastern tip of North Carolina under more than 9 feet (2.75 meters) of water in spots, projections showed.



Trump declares state of emergency in Carolinas ahead of Hurricane Florence. (Photo/The Hill)

"This one really scares me," National Hurricane Center Director Ken Graham said.

Federal officials begged residents to put together emergency kits and have a plan on where to go.

"This storm is going to knock out power days into weeks. It's going to destroy infrastructure. It's going to destroy homes," said Jeff Byard, an official at the Federal Emergency Management Agency.

Forecasters said parts of North Carolina could get 20 inches (50 centimeters) of rain, if not more, with as much as 10 inches (25 centimeters) elsewhere in the state and in Virginia, parts of Maryland and Washington, D.C.

One trusted computer model, the European simulation, predicted more than 45 inches (115 centimeters) in parts of North Carolina. A year ago, people would have laughed off such a forecast, but the European model was accurate in predicting

60 inches (150 centimeters) for Hurricane Harvey in the Houston area, so "you start to wonder what these models know that we don't," University of Miami hurricane expert Brian McNoldy said.

Rain measured in feet is "looking likely," he said.

The storm forced people to cut their vacations short along the coast.



Ken Graham, director of the National Hurricane Center stated, "This one really scares me."

Paula Matheson of Springfield, Oregon, got the full Southern experience during her 10-week RV vacation: hot weather, good food, beautiful beaches and, finally, a hurricane evacuation.

Florence interrupted her stay on North Carolina's Outer Banks. It took Matheson and her husband nearly the whole day Monday to drive the 60 miles (100 kilometers) off the barrier island.

"It was so beautiful. The water was fabulous. Eighty-five degrees," Matheson said, pausing a moment. "I guess that's a big part of the problem."

Florence's projected path includes half a dozen nuclear power plants, pits holding coal-ash and other industrial waste, and numerous hog farms that store animal waste in huge lagoons.

Duke Energy spokesman Ryan Mosier said operators would begin shutting down nuclear plants at least two hours before hurricane-force winds arrive.

North Carolina's governor issued what he called a first-of-its-kind mandatory evacuation order for North Carolina's fragile barrier islands from one end of the coast to the other. Typically, local governments in North Carolina make the call on evacuations.

"We've seen nor'easters and we've seen hurricanes before," Cooper said, "but this one is different." (Courtesy apnews.com)

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