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Editor's Choice



Wholesalers check the quality of frozen tuna displayed during the first tuna auctions on the opening day of the new Toyosu fish market in Tokyo



U.S. President Donald Trump holds a campaign rally in Erie, Pennsylvania, U.S., October 10, 2018. REUTERS/ Leah Millis TPX IMAGES OF THE DAY



An employee works on a cardboard cutout of German Chancellor Angela Merkel at a printing shop in Yavne



A firefighter is covered with AFFF as he tries to control a fire that broke out in a thinner manufacturing plant on the outskirts of Ahmedabad



A McDonald's sign damaged by Hurricane Michael is pictured in Panama City Beach



Social humanoid robot Sophia, a latest creation by Hanson Robotics company, attends a news conference after a meeting with young inventors and officials in Kiev, Ukraine October 11, 2018. REUTERS/Valentyn Ogirenko TPX IMAGES OF THE DAY



Auctioneers take part in a wasabi auction at the greengrocery area on the opening day of the new Toyosu market



Teri Watson participates in axe throwing, a sport that started in the Canadian backwoods and is growing in popularity in U.S. cities, at LA Ax in North Hollywood, Los Angeles

Seventy percent of mothers with children under the age of 18 are in today's workforce, according to the U.S. Department of Labor. In a tight labor market, it's a great time for companies to focus on creating work environments that empower working parents. Each year, Working Mother magazine releases a list of the 100 Best Companies for working mothers. To make the cut, companies submit an application that includes more than 400 questions about leave policies, workforce representation, benefits, childcare assistance, advancement programs and flexibility. The application also inquires about whether employees are actually taking advantage of a company's benefits. "That all of these programs and policies are offered is just half of it," Working Mother President Subha Barry tells CNBC Make It. "The other half is that you encourage people to use it, and don't penalize them."



Working Mother presents this list as a group of 100 companies, without assigning specific rankings to any of the companies with the exception of No. 1. They also identify the group of companies that fall in the top 10, which are presented here in alphabetical order. Barry praises Unilever for earning the top spot this year. Fifty-two percent of the company's managers are women, and Unilever offers paid maternity and paternity leave as well as paid adoption leave. The consumer goods company also offers employee reimbursement on in vitro fertilization and other fertility treatments. Also of note: Not all of these companies offer substantial maternity leave benefits. WellStar Health System offers just three weeks of paid maternity

# The 10 Best Companies For Working Moms

Compiled And Edited By John T. Robbins, Southern Daily Editor



leave, while most of the companies in this group offer at least 16 weeks. However, with fertility benefits and a high percentage of women employees and women managers, Working Mother still placed WellStar Health System among its best 10 companies. Check out the 10 best companies for working mothers:

**1. Unilever**  
Percentage of employees who are women: 44 percent  
Percentage of managers who are women: 52 percent  
Paid maternity leave offered: 16 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 49 percent (Remaining companies in the top 10 presented in alphabetical order)



2. AbbVie

Percentage of employees who are women: 53 percent  
Percentage of managers who are women: 57 percent  
Paid maternity leave offered: 14 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 94 percent  
**3. Deloitte**  
Percentage of employees who are women: 43 percent  
Percentage of managers who are women: 43 percent  
Paid maternity leave offered: 22 weeks offered  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 95 percent



4. Ernst & Young LLP

Percentage of employees who are women: 45 percent  
Percentage of managers who are women: 47 percent  
Paid maternity leave offered: 16 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 95 percent  
**5. IBM**  
Percentage of employees who are women: n/a

**7. McKinsey & Company**  
Percentage of employees who are women: 46 percent  
Percentage of managers who are women: 45 percent  
Paid maternity leave offered: 16 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 100 percent  
**8. Moody's**  
Percentage of employees who are women: 40 percent  
Percentage of managers who are women: 38 percent  
Paid maternity leave offered: 16 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 95 percent

# MOODY'S

Percentage of managers who are women: n/a  
Paid maternity leave offered: up to 20 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: n/a  
**6. Johnson & Johnson**  
Percentage of employees who are women: 45 percent  
Percentage of managers who are women: 46 percent  
Paid maternity leave offered: 15 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 75 percent

**9. Procter & Gamble**  
Percentage of employees who are women: 36 percent  
Percentage of managers who are women: 42 percent  
Paid maternity leave offered: 16 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 80 percent  
**10. WellStar Health System**  
Percentage of employees who are women: 81 percent  
Percentage of managers who are women: 76 percent  
Paid maternity leave offered: 3 weeks  
Reimbursement on in vitro fertilization: yes  
Percentage of workforce that has the option to telecommute: 15 percent (Courtesy <https://www.cnbc.com>)



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**OVERVIEW**

Assuming that 2 percent of servers one day run on blockchain, Bank of America estimates the technology could be a \$7 billion market. The firm identified nine companies that stand to benefit from eventual mainstream adoption of blockchain, including Amazon, Microsoft and Oracle. "Amazon will benefit from incremental cloud services demand from blockchain implementation, while improved supply chain tracking should make Amazon's retail operations more efficient," says Bank of America research analyst Kash Rangan.

Blockchain adoption will eventually be a multi billion-dollar opportunity for tech companies like Amazon and Microsoft, according to new estimates from Bank of America.

Based on the analysis, the entire total addressable market for blockchain will eventually hit \$7 billion, though the analysts did not "attempt to put a time stamp" on it, as the technology is not yet widely adopted.

The potential beneficiaries could marry blockchain with existing cloud computing operations and improve supply chain operations, according to Bank of America research analyst Kash Rangan.

"Amazon will benefit from incremental cloud services demand from blockchain implementation, while improved supply chain tracking should make Amazon's retail operations more efficient," Rangan said in a note to clients Tuesday. The estimates assume that 2 percent of servers will be used to run blockchain, at \$5,500 per server, per year.

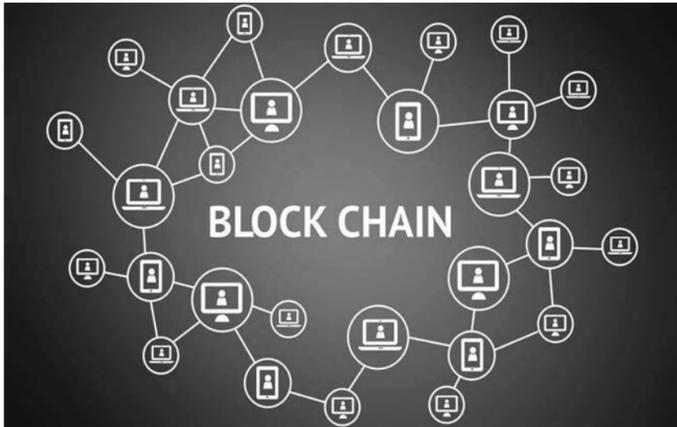
**CRYPTOCURRENCY** Blockchain is a software protocol that underpins cryptocurrencies like bitcoin. Also called distributed ledger technology, it shares data on a distributed, secure, and unalterable ledger in a way that "databases have not been able to in the past," Rangan said. Walmart became one of the first retailers to provide a near-term use case, and said last week it would require lettuce suppliers to upload data about their foods to blockchain within a year.

**What Is Blockchain?**

Blockchain is the idea of decentralization. By design, the blockchain is a decentral-

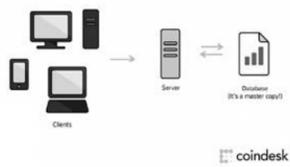
**Potential Major Boost To Amazon And Microsoft, Reports Bank Of America**  
**Blockchain Could Be A \$7 Billion Market**

Compiled And Edited By John T. Robbins, Southern Daily Editor



ized technology. ... A global network of computers uses blockchain technology to jointly manage the database that records Bitcoin transactions. That is, Bitcoin is managed by its network, and not any one central authority.

**Using Wikipedia As Example**  
With a blockchain, many people can write entries into a record of information, and a community of users can control how the record of information is amended and updated. Likewise, Wikipedia entries are not the product of a single publisher. No one person controls the information.



On ground level, however, the differences that make blockchain technology unique

become more clear. While both run on distributed networks (the internet), Wikipedia is built into the World Wide Web (WWW) using a client-server network model.

A user (client) with permissions associated with its account is able to change Wikipedia entries stored on a centralized server.

Whenever a user accesses the Wikipedia page, they will get the updated version of the 'master copy' of the Wikipedia entry. Control of the database remains with Wikipedia administrators allowing for access and permissions to be maintained by a central authority.

While it's not being used in many other consumer instances yet, blockchain could improve existing parts of "software as a service" or SaaS. Microsoft's Azure for example, could rely on what Rangan called "blockchain as a service" or "BaaS," on its popular cloud computing platform.

"BaaS on Azure offers services such as smart contracts and other third party apps,

and should benefit as use of blockchain on Azure increases," Rangan said.



Bank of America also said Oracle, IBM, Salesforce.com, VMware, and real estate and mortgage players like Redfin, Zillow, LendingTree stand to benefit from blockchain implementation.

To be sure, Bank of America said there are a wide range of blockchain estimates out there, and its money-making ability is still unproven.

"Many blockchain use cases have been identified, but full products/services have not yet been built out and are not used in production," Rangan said. (Courtesy <https://www.cnbc.com/>)

**Related**

**Nearly \$13 billion wiped off of cryptocurrency market as major coins plunge**  
The price of major cryptocurrencies bitcoin, XRP and ethereum plunged last Thursday.

The move came after the International Monetary Fund warned that cryptocurrencies "could create new vulnerabilities in the international financial system."

Around \$13 billion of value was wiped off of the cryptocurrency market in about three hours.

The price of major cryptocurrencies plunged on Thursday with nearly \$13 billion of value being wiped out in a matter of hours.



**One Bitcoin**

At approximately 10:23 a.m. HK/SIN on Thursday, bitcoin had fallen nearly 5 percent to \$6,303, while XRP and ethereum both tanked over 10 percent, according to data from Coinmarketcap.com. It's not unusual to see bitcoin lead other digital tokens lower.

In just three hours, nearly \$13 billion of value had been erased from the entire cryptocurrency market.

The drop comes amid fresh warnings from financial authorities about the rapid growth of digital coins and the potential threat to the economy.

"Continued rapid growth of crypto assets could create new vulnerabilities in the international financial system," the International Monetary Fund said in a recent report.

Many cryptocurrency enthusiasts hoped 2018 would be a year that regulators warmed up to the idea of professionalizing the trading of digital assets through new financial products like



exchange-traded funds. But the U.S. Securities and Exchange Commission has rejected several ETFs including a highly anticipated one planned by the Winklevoss twins. Other countries, including China, have come down hard on cryptocurrencies.

At the same time, the year has been marked by high-profile hacks on cryptocurrency exchanges as well as a number of scams tied to people carrying out so-called initial coin offerings.

All of those factors have meant that bitcoin, XRP and ethereum have not recovered to the record highs seen toward the end of 2017 and beginning of this year. On Thursday, bitcoin was more than 68 percent off of its record high of \$19,783.21, which it hit on Dec. 17 of last year. (Courtesy <https://www.cnbc.com/2018/>)

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Published & Printed By  
SOUTHERN CHINESE DAILY NEWS  
Since 1979  
**美南新聞日報**  
11122 Bellaire Blvd.  
Houston, TX 77072  
Tel: 281-498-4310  
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# 何蔚庭《呼吸》《夏午》《台北星期天》 35釐米膠卷再登大銀幕

2005年何蔚庭憑著一部15分鐘的短片《呼吸》入選第58屆坎城影展，並獲得「國際影評人周柯達發現獎最佳短片」，轟動國際影壇。這時何蔚庭還是33歲的新銳導演，《呼吸》拍攝風格前衛，將當時的深陷sars陰影的恐懼心情融入此劇情，藉以透露出人類對於未來的不確定與迷惘。《呼吸》陸續獲得各大獎項包括：「TV5青年評論獎」、西班牙加泰隆尼亞奇幻影展「最佳奇幻短片」、2006年第八屆台北電影節「評審團特別獎」等肯定。在13年前的台灣被媒體大肆報導後，何蔚庭並沒有馬上拍攝屬於自己的劇情長片，而在2008年拍攝另一部短片《夏午》找來當時台灣的新演員高英軒、柯奐如、王榆丹演出。

《夏午》風格更為強烈，全片黑白底片攝影。描述三個年輕人在一個夏天的午後坐車出遊，不料一個緊急煞車，卻讓一個平凡的汽車旅程就此變成一個殘酷的玩笑。花了十個月的時間籌備綵排，十五分鐘的短片，卻只有五個鏡頭，創造出令人印象深刻的視覺效果和故事張力。《夏午》入圍2008年坎城影展的導演雙週，也是唯一入圍此屆坎城影展的亞洲短片。在在讓人看到何蔚庭對影像創作的企圖與格局。

2010年，終於推出他的第一部劇情長片《台北星期天》，何



蔚庭大膽以外籍勞工在台的生活為主題，以詼諧幽默的劇情帶出小人物的自得其樂與強烈對比。

《台北星期天》除了有「菲律賓吳宗憲」之稱的喜劇演員巴亞尼、實力派英俊小生艾比奎松，也找來一線大咖演員客串：陸奕靜、曾寶儀、張孝全、莫子儀、林若亞等等驚喜演出，喜劇效

果十足。此片也獲得獲得2010年第12屆台北電影節「電影產業獎」、「國際青年導演競賽特別推薦獎」，及2011年羅馬尼亞國際影展「喜劇類最佳影片」，何蔚庭導演也憑此片獲得第47屆金馬獎最佳新導演獎。

今年隨著何蔚庭導演的新片《幸福城市》上映，也特別精心

安排《呼吸》、《夏午》、《台北星期天》三部片超限量一場的放映場。共同點除了都是何蔚庭自編自導之外，從《呼吸》以回收零碎膠卷為材料呈現出高反差、粗粒子、呈現畫面的絕望感，到《夏午》以黑白底片、四顆超長鏡頭大玩場景調度及魔幻寫實的驚悚感，《台北星期天》喜劇

形式獲得絕佳好評，然而，當年面臨全台北只有光點電影院願意上映的（後來才追加了信義威秀）。何蔚庭導演為了這次的「35釐米膠卷影展」，特地將塵封已久的膠卷送到「現代沖印室」清洗與修復，就是希望可以將這三部片完美呈現給觀眾看。《夏午》的膠卷版本還是當年坎城放映版，全片法文字幕，也從未在台放映過，影迷們務必把握這次難得可貴的機會！

何蔚庭笑說：「可能世界末日前最後一次在台灣放映的機會就這麼一場了。」痴愛底片影像的他，拍攝《幸福城市》也全都以35釐米底片拍攝，不惜成本也要用底片拍！更一度面臨資金不足的困境，如今《幸福城市》不但拿下多倫多國際電影節站台競賽首獎，更是華人之光！更將劇中演員李鴻棋、丁寧、謝章穎推進金馬獎的入圍名單內。他說：「很想要把《幸福城市》製作成膠卷放映，但真的沒錢了，如果有機會賣座，應該就會真的把拷貝做出來自己留紀念吧！」

在光點華山獨家放映，《呼吸》、《夏午》、《台北星期天》是35釐米膠卷放映，《幸福城市》則為35釐米底片拍攝，DCP放映。僅此一場，購票請洽光點華山 <http://bit.ly/2CtWhb>。《幸福城市》10/26全台上映。

## 62歲張晨光近況曝光！ 老態消瘦健康有狀況



資深演員張晨光演過無數經典戲劇作品，是叱吒一時的一線小生，迷倒不少「師奶級」粉絲，2000年開始轉攻本土劇，近年來將演藝重心放在大陸，鮮少在台灣露面。4日他返台慶祝62歲生日，不少藝人朋友到場同歡，近況照片曝光，發現張晨光消瘦不少，神情難掩老態，他坦承身體狀況亮紅燈，憂心地說「年紀愈來愈大，愈過心愈慌。」

據《中國時報》報導，張晨光近來身形消瘦，體重從85掉到82，日前到醫院檢查才發現自己有脂肪肝、膽固醇超標，驚覺健康出狀況，他難掩擔心，直說現在已經能體會「年老力衰」的心情，擔憂體力一天不如一天，「年紀愈來愈大，愈過心愈慌。」

張晨光說，他從前愛吃甜食，管都管不住，現在被老婆和醫生嚴格控管，還會耳提面

命「你要對得起觀眾」，要求他不能把自己吃腫，由於不准吃甜點，他只好嚼口香糖解饞，沒想到把假牙黏下來，讓他哭笑不得。

張晨光表示，老婆手藝好，總能做一大桌飯菜，但被規定只能吃一碗飯，想再添一碗就會被老婆唸「請自重」，雖然要忌口實在很難，但他不忘誇獎老婆的耐心，「這就好像健身一樣，一個人去健身沒動力，忌口的事也是有人盯。」由於年輕時愛吃，現在年紀大了，要彎個腰綁鞋帶都覺得喘，驚覺自己的身體要好好照顧，提醒自己餐餐吃6分飽，也開始健身。

而今年62歲的張晨光已出道36年，從年輕小生演到爸爸角色，2006年開始全面把演藝重心移往大陸，現在許多大陸夯劇都能看到他的身影，2019年他就有8部待上映的作品，人氣依舊夯。

## 《瘋狂電視台》電影演員 進劇場朝聖經典魅力



由歐漢聲、林明禎、劉冠廷、卓文萱、顏正國、梁修身、陳漢典等共同主演的《瘋狂電視台》電影剛於8月底正式殺青，編導謝念祖便馬不停蹄，10月初於城市舞台再開《瘋狂電視台》舞台劇加演場。此次加演的最後一場，歐漢聲、卓文萱、陳漢典、顏正國、梁修身、李明川、鄧安寧、楊雄、彭華幹...等此部同名電影演員，相約進劇場一同感受此齣經典的魅力，而上週最大贏家「花甲男孩轉大人」的導演瞿友寧以及獲得最佳男配角的劉冠廷，偕同入圍最佳女主角的孫可芳前來觀戲，頓時讓演出現場如頒獎典禮般星光熠熠。

《瘋狂電視台》可說是在短時間內，最快加演達百場的舞台劇，電影演員們在觀賞完後貼心上香檳，嘴裡卻忍不住直喊著

壓力大，導演鄧安寧甚至在碰到導演的第一句話就說：「太好看了！電影還是別播了！」而電影男主角歐漢聲則連聲稱讚唐從聖演出的高難度：「真的太厲害了，讓我都想將『瘋狂電視台』改拍成電視劇，邀請從哥一起來演，劇名就叫做『電視台攻略』！」而新科演員劉冠廷則表示這份感動，讓他也想進劇場體驗「身為表演者燃燒的感覺」。

編導謝念祖表示：「舞台劇說故事的節奏需要擷取精華，而電影則有完整的空間把故事說好說滿！」歐漢聲幽默地說：「我今天才恍然大悟，原來我和冠廷都是從哥的分身。舞台劇中從哥演的角色，在電影中是拆三個角色在執行的，由我負責『靜』的內心戲，冠廷負責『動』的表演，而『導播』的技術面則是梁導

承接。」歐漢聲再三保證電影會傳承舞台劇的原味，並用更多細節補足舞台劇無法呈現的視覺想像，陳漢典於一旁順勢接話：「這齣舞台劇是CP值高，而電影就是重金打造！」

《瘋狂電視台》電影改編自同名舞台劇，是台灣第一個喜劇舞台劇改編而成的電影，故事訴說一家快倒閉的電視台，如何在員工只有兩位的艱困情形之下，靠著絕對的熱情和無限的節目創意，讓電視台起死回生的瘋狂故事！本電影由瘋狂秀股份有限公司與華文創股份有限公司聯合出品，美商華納兄弟公司台灣分公司宣傳發行。預計於明年(2019)農曆春節2月1日熱鬧上映，首支超前預告已於10月5日曝光，詳細資訊請上「瘋狂電視台—電影版」臉書粉絲專頁！



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# 遊江西怪石林 盡覽億萬年鬼斧神工之作

怪石林景區。

江西怪石林，伴隨億萬年的地質演變、風雨剝蝕，怪石、怪坑、怪水、怪樹、怪氣候等五大神奇自然現象，漸露真容。石林面積之廣、景觀之美堪稱中國石林之最，被譽為“造園之源”。另一邊廂，中國人向來以自然為理念營造園林，追求天人合一，即使一直在科學與藝術、藝術與建築、公共與隱私、東方與西方之間努力尋求平衡的美籍華裔建築師林璽，亦喜歡前往世界各地采風，注重反芻自然。二者相遇，說不定有火花噴薄而出。

文、圖：香港文匯報記者 王逍 江西報道

怪石林，位於江西省樂平市翠埠鎮，二十平方公里內，喀斯特地貌發育良好，淺灰色石林姿態萬千，或氣勢磅礴，或玲瓏可愛，象形石更是考驗觀者空間想像力；過渡帶為小盆地，葱鬱綠植，煙火人家，總算讓人有點置身江南的氛圍；更遠方則是綿延群山，山體大截面裸露出層層紅壤。



江南雪山。

## 林中有石 石中有林

徒步拾級或上或下，蹲下身子穿越石罅隙，汗水濕透衣衫，卻不如一旁的彼岸花綻放得恣意，你就會發現人在自然面前的渺小。且看，朱雀從岩縫隙裡攀爬而出，籐蔓或似蛇盤繞，或如獨木橋橫跨林間，遇上花開季節，遠看像一串串葡萄，近看似無數隻小鳥棲息在樹上；星星點點的石頭散落在空曠草地，落山風經過，草地泛起小小波浪，唯有“風吹草低見牛羊”；無底洞呈“之”字形深入地下，流水沿裂隙進行侵蝕、溶蝕以及塌陷，深不可測。



藏龍臥虎。



觀高望海。

“林中林”一帶，石林與樹林錯落有致，高低不一、大小各異，既自成一景，又相互依存。樹林為石林送去不少清涼慰藉，漏網處，碧綠青苔覆蓋石體，陽光斜照，金光乍洩，好似仙境。步入“園之源”，瞬間與蘇州園林有了鏈接，不同的是，這裡是天然去雕飾。記得一定要擦亮雙眼，別等到觀音望海、藏龍臥虎、東方雄獅、錦雞鬥狐狸等象形石認識你，你卻識不出它們。



東方雄獅。



巨鯨出海。

## 微縮珠峰 禪意雪山

若慾望更大，想登珠穆朗瑪峰，想要看富士雪山，何須穿越絕命海拔，景就在身邊。山腰處，映入眼簾的是一片純淨的石灰岩群，因被雨水常年侵蝕，似綿延珠峰。儘管體態微縮，溝壑依然深邃，壁立千仞，若增添幾縷雲霧，珠峰的磅礴氣勢幻化成江南韻味。爬至山巔，已氣喘吁吁，視線豁然開朗，大大驚喜等待揭開神秘面紗。一座山，美輪美奐，頂端白如雪、美如玉，終年不化，底部皆為植被，四季輪迴，時光流轉，反倒比富士山多了層次。當視野投向更上方，天空湛藍漸變，一朵絮狀白雲飄向雪山，稍作停留，停留出了幾分禪意。這裡是山體最令人流連的地方，涼風撲面而來，席地而坐品嚐零食，眺茫茫原野，念天地之悠悠，總算“偷得浮生半日閒”。



錦雞鬥狐狸。



珠峰微景。

## 怪石林之五怪

怪樹：景區裡“石包樹”、“樹抱石”、千年古藤比比皆是。  
怪石：景區迄今已發現酷似各類飛禽走獸、人神形象、器皿物件的石景達500多處。標誌性景觀——佛手，高40餘米，從正面看酷似一隻巨大的手掌，不同角度可捕捉東方雄獅、巨鯨出海、飛龍升天、石猴觀海、百足蟲王、雄雞報曉等景。同時，“佛手”還與附近景觀組成了如來戲孫猴、天神捉悟空。  
怪氣候：養水塘和朱家山兩個自然村相距不到600米，而氣候卻差異很大，一個是全年無霜，四季如春，一個是冬天寒冷無比，降霜如雪。朱家山的柑桔生長良好，品質優良，而在養水塘這類作物卻不能生長。  
怪坑：洞穴眾多，無底洞深不可測，強盜洞曾藏匿18位強盜。風門口天坑是江西



強盜洞。

“石包樹”、“樹抱石”，比比皆是。

迄今為止發現的唯一天坑，也是世界上僅有的78個天坑之一，關於起源莫衷一是。  
怪水：景區有一處潮水岩會不定期地漲潮。漲潮時，20多個泉眼同時噴出泉水，形成一道道瀑布，一次漲潮時間達4至5個小時。一般漲潮後，三天之內必會有雨，否則就會遭遇大旱。這是一種虹吸現象。

## 水簾洞：化身巨龍 藏鴻篇巨製

怪石林景區一帶，有四條地下河，最大的一條是水簾洞。從地質學上講，二者同屬喀斯特地貌。水簾洞在150萬年之前已形成，冬暖夏涼，一年四季水流不斷。雨水豐沛時，一股清泉從百米高的岩石縫中傾洩而下，在洞口形成一道美麗的水簾，遊者還可以坐皮筏艇全程觀光琳琅滿目的鐘乳石。酷暑之際，以上勝景不再，洞口處的陣陣涼氣是最大的誘惑。  
水簾洞全長逾10公里，遊覽區1.5公里，探險區1.5公里，其餘部分正在開發之中。溶洞內忽而低矮狹窄，忽而寬廣高大，像一條巨龍，有龍王吐珠、龍舌、前爪、龍宮法寶、擎天玉柱等象形石。在燈光的投影



水簾洞內，石鐘倒懸。

下，石幕低垂、石乳高掛、石鐘倒懸、石田阡陌縱橫、人神獸物栩栩逐一展現，不乏旭日東昇、土地平曠、梯田森森、“燈火萬家城四野，星河一道水中央”等鴻篇巨製。

## 鞏義石窟寺賞帝后禮佛圖

提起石窟，大家最先想到的是龍門石窟、雲岡石窟、莫高窟及麥積山石窟，這“四大石窟”，其實在河南，除了位於洛陽的龍門石窟外，相鄰的鞏義石窟寺亦不遜色。在記者看來，它的石窟“更北朝”，寺內的“帝后禮佛圖”更是目前內地保存最完整的孤品，中國石窟浮雕藝術中罕見的傑作，堪稱無價之寶。  
鞏義石窟的具體位置在洛陽鎮的寺灣村，距洛陽與鄭州都很近，交通便利。和龍門石窟一樣，鞏義石窟也是由

北魏皇家開鑿的，後來隋、唐、宋各代相繼鑿佛造像，形成巍然壯觀的石窟群。據說，這座石窟寺選出過一個家喻戶曉的“名人”：唐玄奘正是在這裡出家的。

石窟寺其實算是佛廟的一種，有石窟，有寺院，就像龍門奉先寺也曾是盛極一時的國家級寺廟一樣，石窟寺可以籠統地代稱佛教石窟。鞏義石窟寺建於邙山餘脈的大力山下，共分5窟，現存造像328個，有大小造像7,743尊，自西向東排開，氣場十足。據鞏義市文史專

家王保仁介紹，石窟寺開鑿於交通便利的洛水之濱，但自北魏以來，洛水不斷氾濫，使大量泥沙淤積下來，地平面因此不斷抬高。1,500年來，石窟寺地面上升十數米，暮色籠山，從遠處看去，石窟眾佛儼然已半入黃土之中。

鞏義石窟寺有著相對統一的佈局，絕大多數窟內設有中心柱。石柱四面開鑿佛龕，周邊窟壁上層雕刻千佛，下部鑿開一行中型佛龕，最下層刻有伎樂天或神王力士，完整地雕造了一個繡穆安詳的佛國勝境。



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第一窟的菩薩像。

跟隨導遊，記者來到寺中最大的第一個洞窟，高和寬分別是6.5米和6米，在這裡保存着全國僅有的帝后禮佛圖。據鞏義市文史專家王保仁介紹，不少人都是衝着帝后禮佛圖而來。這兒共有18幅禮佛圖，第一窟窟門兩側內壁，左側

是帝王禮佛圖，右側是皇后禮佛圖，像連環畫一樣，都分上中下三層，採用高浮雕，有限空間中刻出眾多人物來。禮佛圖中，有誇張身高對比，帝王個頭最高，侍從最多。大臣愈來愈低侍從愈來愈少，高低錯落有致。

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美南國際電視STV15.3為方便觀眾收看，「電視廣播合為一體」不需任何付費，觀眾可24小時直接收看及收聽該頻道，行車間也可方便收聽，輕鬆獲取美南電視節目以及各類國際、社區重大資訊。

操作指南如下，讓觀眾24小時收看收聽：

- 掃二維碼(QR code)：觀眾只要掃描報上的二維碼，就可連結到美南國際電視，直接在手機上觀看STV15.3。
- 今日美南公眾號直播：觀眾可在「今日美南」公眾號上，點選「美南電視」裡的「美南國際電視直播」就可輕鬆連接至STV15.3。
- 下載Apps收看：可在蘋果商店搜尋「Today America」，下載Apps，除可用手機讀報更方便，也可以在Apps裡收看STV15.3 電視直播。
- Google搜尋：觀眾只要在Google網站搜尋「Southern TV - STV15.3 Houston」或輸入該平台網址「http://media.maqt.com/?1497381&proc=1」就可直接連結美南國際電視直播平台。

如需開車時收聽廣播，請連接車載音響設備(數據線/藍牙設備)，效果更佳。

www.today-america.com

美南日報 INTERNATIONAL TRADE CENTER LIVE 美南新聞 Southern News Group www.scdaily.com Tel:(281)498-4310 Fax:(281)498-2728 11122 Bellaire Blvd, Houston, TX 77072



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 ■ 若是您曾嘗試各種注射療法，但是沒有效果，歡迎來試試我們的治療。

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