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Warren ends White House bid, leaving Biden, Sanders to fight for Democratic nod

Southern DAILY

Make Today Different

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Inside C2

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China's new imported coronavirus cases at record; no domestic transfers for second day



A police officer in a protective suit keeps watch on inbound travellers at Shanghai Pudong International Airport following a global outbreak of coronavirus disease (COVID-19), in Shanghai, China March 20, 2020. cnsphoto via REUTERS ATTENTION EDITORS - THIS IMAGE WAS PROVIDED BY A THIRD

BEIJING/SHANGHAI (Reuters) - China's imported coronavirus cases have risen to a record 228, data showed on Friday, as infected travellers spread to ever more provinces, adding pressure on authorities to toughen entry rules and health protocols.

For a second day in a row, China found no domestically transmitted cases of the virus that emerged in its central province of Hubei late last year, according to new daily figures registered on Thursday.

Fears of a second wave of infections are growing just as China brings its epidemic under control, with the spread of the virus in Europe and North America spurring a rush homewards by Chinese expatriates, many of them students.

"The number of imported cases in China has further increased, and so the pressure to be on guard has also increased," Wang Bin, an official of the National Health Commission, told a news conference in Beijing on Friday.

Mainland China had 39 new imported infections on Thursday, the commission said. Fourteen of these were in the southern province of Guangdong, eight in the commercial hub of Shanghai and six in the capital, Beijing, it said in a statement.

The main entrypoints for infected travellers have been

key transport hubs such as Beijing, Shanghai and Guangdong, including the city of Shenzhen, near Hong Kong.

A smattering of imported cases were also reported in the city of Tianjin and the provinces of Liaoning, Heilongjiang, Shandong and Gansu in the north, as well as in the provinces of Zhejiang, Fujian, Sichuan, and the region of Guangxi further south, taking China's total imported infections to 228.

The commission did not say where the cases were believed to have originated, but provincial authorities said some of the travellers had been in Britain, Spain and the United States. "Everyone is being very vigilant about those coming back from abroad. We must absolutely not let our guard down," Cao, a Beijing resident who gave only his surname, told Reuters.

"We cannot relax this vigilance so much that we see a rebound."

In Gansu, five officials were punished for picking up travellers returning from overseas without permission, including two who have tested positive, the official Xinhua news agency said.

As concern grows over infected arrivals from overseas, the foreign ministers of China, Japan and South Korea held a video conference on Friday to discuss cooperation to rein in the pandemic.

The new imported case in Tianjin, a city of 11 million, was a

23-year-old woman studying in London who came home via Zurich, Tokyo and Beijing, Xinhua said.

The northeastern city of Shenyang said its first imported case was a traveller arriving from London via Seoul, who displayed no fever or respiratory tract symptoms at the airport on March 16.

Many outbreaks overseas were caused by travellers from China who were pre-symptomatic and so had not been screened or isolated, the Yale School of Public Health said in a study.

China has long recommended self-isolation by returning travellers, but authorities in some regions now enforce 14 days in quarantine in a medical facility for people returning from any of 24 badly-hit nations, to limit the risk of spread by those not yet showing symptoms.

For a second day, there were no new cases in the outbreak epicentre of Wuhan, the capital of Hubei, the National Health Commission said.

Mainland China's tally of infections stands at 80,967, with the death toll at 3,248 by Thursday, an increase of three from the previous day.

Globally, 245,000 people have been infected and more than 10,000 have died.



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Coronavirus spreads fear, isolation, death to elderly worldwide

(Reuters) - Grace Dowell, a 63-year-old grandmother, has stopped grocery shopping and canceled all her doctor's appointments. No one is allowed into her rural Maryland home. Every piece of mail is disinfected.

Dowell decided last week that strict isolation was the only way to protect herself, her husband and her mother from COVID-19, the virus that has killed more than 10,000 people across the globe and is proving especially deadly for the elderly.

Dowell, a retired labor union worker, has rheumatoid arthritis and a compromised immune system. Her husband Donald, 74, suffers from emphysema. Her mother, Margaret Hildebrandt, 93, also has a lung disease and needs oxygen. Dowell took over her mother's care from a visiting nurse because she worried an outsider could contaminate the home.

"If my mom gets this, she'd be gone in a day," said Dowell, who wears a baby-monitor and answers her mother's calls for help through the night. "My mom beat cancer nine times. I don't want her to die from this."

The elderly are especially vulnerable in the global pandemic and health officials and governments are increasingly calling for extreme measures to safeguard them. Across the globe, many cities have all but shut down as officials issue dire warnings for younger people - who can carry the virus without knowing it - to avoid their parents and grandparents. But this growing isolation of the elderly has spawned its own crisis, as families try to balance the need to care for loved ones with directives to stay away, shifting the burden to overstretched governments and medical facilities.

Studies suggest the severity of coronavirus rises with age. In Italy, which now has the world's highest death count, the average age of those dying is 80, according to a study by the Italian national institute of health. In China, where the pandemic started, people 70 and older accounted for just 12 percent of all infections but more than half of all



Grace Dowell, 63, poses for a photo at her home in Sunderland, Maryland, U.S., March 18, 2020. Picture taken March 18, 2020. REUTERS/Linda So

deaths, according to the Chinese Center for Disease Control and Prevention. In the United States, people 65 and older have thus far accounted for 31 percent of cases, 53 percent of intensive care hospitalizations and 80 percent of deaths, according to U.S. government data.

Beyond the grim statistics, the pandemic has spawned countless small dramas of isolation and anxiety across the globe. In a village in Lebanon, a grandmother walked herself off in her home, unable to properly grieve her

dead husband. In Spain, nursery home workers produced a Facebook video so residents could reassure their loved ones. And in Colombia - where the government on Tuesday ordered citizens 70 and over to stay inside until May 31 - seniors stocked up on supplies for two months of isolation.

"They need to take these measures because many people are taking the situation lightly," said shopper Carlos Manrique, 74, as he loaded up on pota-

toes, eggs and rice at a supermarket in Bogota. "I'm taking care of myself, as God orders."

Just as often, older people greeted the epidemic with defiance.

"I am not worried about the coronavirus at all," said Yutaka Kobayashi, 85, who refuses to wear a mask while working in his Tokyo shoe store. "People of my generation were made to wash their hands by their mothers and grandmothers."

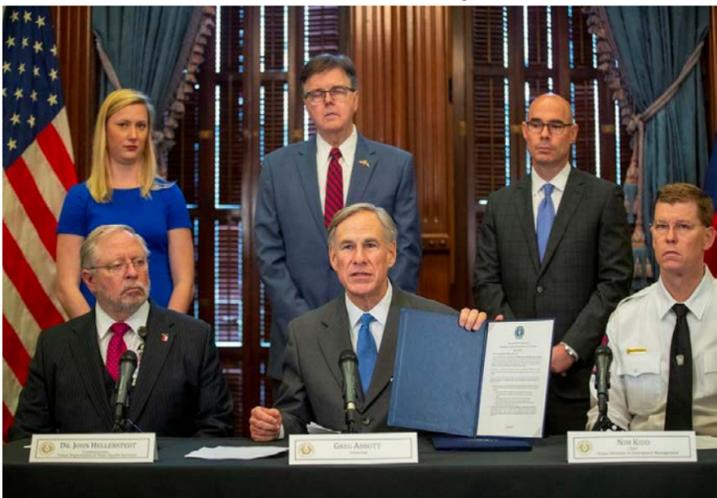
Stay Inside!

BUSINESS

Wash Your Hands!

Statewide Declaration Runs March 20th Through April 3rd And May Be Extended

Texas Gov. Abbott Declares Disaster - Schools, Bars, Gyms Closed Statewide-Restaurants "To Go" Only



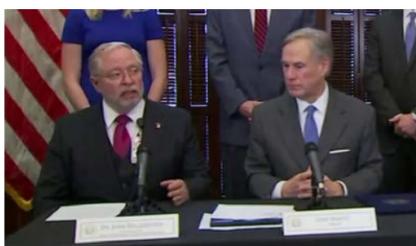
Texas declares public health disaster, closes restaurant dining rooms and schools for 5 million students.

Compiled And Edited By John T. Robbins, Southern Daily Editor

Texas Gov. Greg Abbott (R) took statewide action Thursday to mirror actions taken locally in Dallas and Tarrant counties earlier this week by declaring a disaster and ordering schools, bars, clubs and gyms to close and for restaurants to offer only "to go" service.

The statewide declaration comes after more than 250 people across the state have been infected by the virus including four who have died, three of whom were in North Texas. On Thursday, 20 new cases were confirmed in Dallas County, including one death, and another 10 were confirmed in Tarrant County.

Abbott said Texans should gather in groups of no more than 10 people and that they should avoid large crowds.



Dr. John Hellerstedt Commissioner of the Texas Department of State Health Services (DSHS) explains "the time to act is now" and that statewide coronavirus measures are necessary.

The governor added that people are not permitted to visit nursing homes or retirement centers unless they are providing critical assistance. This recommendation comes a day after Abbott visited Arlington where a resident of the Texas Masonic Retirement home, with no travel history, was confirmed to have died after contracting the virus.

Abbott's declaration goes into effect Friday at midnight and will remain in effect until April 3; the

governor said the declaration may be extended depending on need.



Gov. Greg Abbott @GovAbbott

In accordance with @CDCgov guidelines, four executive orders were issued today to limit public gatherings and help reduce exposure for Texans. Texas is at a pivotal moment in our response to #COVID19; it is important we act now.

Governor Of Texas Executive Orders On Coronavirus Epidemic



GOVERNOR GREG ABBOTT

For Immediate Distribution | March 19, 2020 | (512) 463-1826

Governor Abbott Issues Executive Orders In Accordance With Federal Guidelines To Mitigate Spread Of COVID-19 In Texas

AUSTIN - Governor Greg Abbott today announced a series of Executive Orders relating to COVID-19 preparedness and mitigation. The four orders serve to limit public gatherings and help reduce exposure for people across the state. These orders are in accordance with federal guidelines issued by the President and the Centers for Disease Control and Prevention (CDC), and will aid in the state's efforts to stop the spread of COVID-19.

Governor Abbott was joined for the announcement by Texas Department of State Health Services (DSHS) Commissioner John Hellerstedt, MD, Texas Division of Emergency Management (TDEM) Chief Nim Kidd, Lieutenant Governor Dan Patrick, and Speaker Dennis Bonnen.

Commissioner Hellerstedt also announced that he has declared a Public Health Disaster which will give state and local officials additional tools to respond to COVID-19. The Governor's Executive Orders, combined with the Public Health Disaster, provide Texas with enhanced tools and protocols to help state and local partners in their ongoing efforts to respond to, track the progress of, and limit the spread of COVID-19 in Texas.

"The State of Texas is at a pivotal moment in our response to COVID-19, and it is imperative that we act now on preemptive measures to slow the spread of this virus," said Governor Abbott. "One of the most effective ways we can do this is by promoting more social distancing and ensuring Texans avoid large group settings such as bars, restaurants, gyms, and schools where the risk of spreading COVID-19 is high. We must also continue to protect our most vulnerable populations, which is why the State of Texas is barring all visitations at nursing homes and retirement or long-term care facilities except in the case of critical assistance. Today's executive orders are precautionary measures that are in line with guidelines from the CDC and they will strengthen Texas' ability to safeguard our communities and respond to COVID-19. As Texans, we must continue to work collaboratively to slow the spread of this virus and protect public health."

The following orders have been issued by Governor Abbott:

- **Order No. 1:** In accordance with the Guidelines from the President and the CDC, every person in Texas shall avoid social gatherings in groups of more than 10 people.
- **Order No. 2:** In accordance with the Guidelines from the President and the CDC, people shall avoid eating or drinking at bars, restaurants, and food courts, or visiting gyms or massage parlors; provided, however, that the use of drive-thru, pickup, or delivery options is allowed and highly encouraged throughout the limited duration of this executive order.
- **Order No. 3:** In accordance with the Guidelines from the President and the CDC, people shall not visit nursing homes or retirement or long-term care facilities unless to provide critical assistance.
- **Order No. 4:** In accordance with the Guidelines from the President and the CDC, schools shall temporarily close.

These orders will be effective on a statewide basis starting at 11:59 PM on March 20, 2020 and will end at 11:59 PM on April 3, 2020, subject to extension thereafter based on the status of COVID-19 in Texas and the recommendations of the CDC.

This executive order does not prohibit people from visiting a variety of places, including grocery stores, gas stations, parks, and banks, so long as the necessary precautions are maintained to reduce the transmission of COVID-19. This executive order does not mandate sheltering in place. All critical infrastructure will remain operational, domestic travel will remain unrestricted, and government entities and businesses will continue providing essential services.

For offices and workplaces that remain open, employees should practice good hygiene and, where feasible, work from home in order to achieve optimum isolation from COVID-19. The more that people reduce their public contact, the sooner COVID-19 will be contained and the sooner this executive order will expire.

Under Chapter 81 of the Health and Safety Code, Commissioner Hellerstedt's Public Health Disaster Declaration triggers a number of important tools for state and local officials to respond to COVID-19:

- Texas and local health authorities can more easily require property owners to disinfect, decontaminate, and seal off property that might be contaminated.
- It authorizes health authorities to take additional control measures that they see fit to control and eradicate the threat to public health.
- It streamlines the process for state and local health authorities to invoke the courts to enforce quarantines of individuals.
- Activates enhanced tools for DSHS to collect disease and health information and to share that information with law enforcement personnel and first responders as appropriate.

930
2:52 PM - Mar 19, 2020
Twitter Ads info and privacy
885 people are talking about this

While public schools are to remain closed, Abbott said superintendents should continue to find ways to continue education online or through other options. The order is not a shelter in place order, Abbott said. The order does not stop people from going to parks, banks or grocery stores and domestic travel remains unrestricted, but does recommend that they avoid large groups.

"We must strangle the expansion [of COVID-19] by reducing the ways we are currently transmitting it," Abbott said. "We are doing this now, today, so that we can get back to business as usual more quickly."

CORONAVIRUS CASES IN TEXAS



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"We must strangle the expansion [of COVID-19] by reducing the ways we are currently transmitting it," Abbott said. "We are doing this now, today, so that we can get back to business as usual more quickly." (Courtesy <https://www.nbcdfw.com/>)

Editor's Choice



A man wearing a face mask directs the homeless for food donations outside the Glide Memorial Methodist church in San Francisco



The bell used to open and close the markets hangs in front of an empty podium above the floor of the New York Stock Exchange (NYSE) as it prepares to close due to the coronavirus disease (COVID-19) outbreak in New York



A view of the Sao Conrado beach is seen during the coronavirus disease (COVID-19) outbreak in Rio de Janeiro



Ahmad al-Asmar, 84, and his wife Nouzat Awada, 79, perform Friday prayers inside their home as mosques are closed over concerns of the spread of coronavirus disease (COVID-19) in Sidon



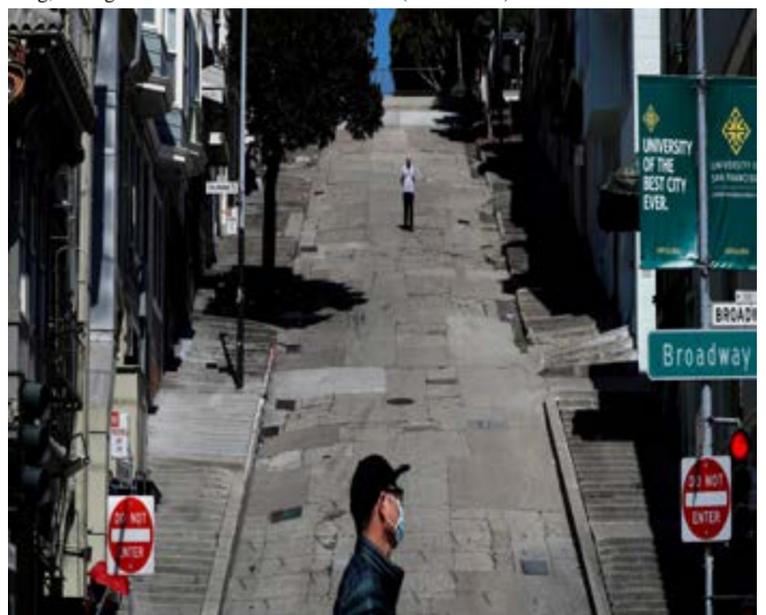
A woman wearing a protective face mask stands on a London Underground platform in central London



Flyers announce canceled concerts at the closed Punk Club So36, in the district of Kreuzberg, during outbreak of coronavirus disease (COVID-19) in Berlin



A goal post is seen at Copacabana beach during the coronavirus disease (COVID-19) outbreak in Rio de Janeiro



People walk on the streets, a day after California's Governor Gavin Newsom implemented a statewide "stay at home order" directing the state's nearly 40 million residents to stay in their homes for the foreseeable future in the face of the fast-spreading coronavirus disease (COVID-19), in San Francisco, California, U.S. March 20,

Some Blood Types May Be More Susceptible to COVID-19 Says Study



Compiled And Edited By John T. Robbins, Southern Daily Editor

New information about COVID-19 indicates that those with type A blood are more susceptible to the new coronavirus, according to headlines. But how reliable is this info, and should you be changing your behavior?

The study was undertaken by Chinese researchers and focused on 2,173 patients with COVID-19 from three hospitals in Wuhan and Shenzhen, and is currently available on the pre-print server **medRxiv** and has not yet been peer-reviewed.

The team looked at the distribution of blood types in the normal population in each area, and then compared it to their sample of patients with the virus, again in each area.

“Meta-analyses on the pooled data showed that blood group A had a significantly higher risk for COVID-19 compared with non-A blood groups,” the researchers write in their paper.



“Whereas blood group O had a sig-

nificantly lower risk for the infectious disease compared with non-O blood groups.”

But the paper also clearly states that although the results were significant, it’s not an all-or-nothing result.

As per the study, the normal population in Wuhan has a blood type distribution of 31 percent type A, 24 percent type B, 9 percent type AB, and 34 percent type O.

Those with the virus, by comparison, were distributed as follows: 38 percent type A, 26 percent type B, 10 percent type AB, and 25 percent type O. Similar differences were observed in Shenzhen.

As you can see, the percentages between the normal population and those with the virus have some differences - but it doesn’t mean that people with type O blood type are immune; and not everyone who gets the virus is going to be type A. Far from it.

So, these relatively small differences, if replicated in studies with larger data pools, could lead to slight changes in the way we manage the spread of the disease; but even so, it probably won’t change anything about the way we individually should be trying to limit the spread of the virus.

So, that’s the low-down on the study. But this raises another fascinating topic

- how our blood types can change the way we are affected by certain viruses is interesting in itself.

Blood can be categorised in many ways, but the one you’re most familiar with - the ABO blood group categorisation - is based on having particular molecules or ‘antigens’ on the surface of your blood cells (as charted in the image below).

	Group A	Group B	Group AB	Group O
Red blood cell type				
Antibodies in plasma			None	
Antigens in red blood cell	A antigen	B antigen	A and B antigens	None

This is important for things like blood transfusions, because our immune system can see the other types as intruders. We already know that some viruses - for example, noroviruses - directly exploit these differences in blood cell antigens. Norovirus is a stomach flu, and people will usually be infected through the digestive system. Those antigens on our blood cells are also on the surface of cells that line the intestine, and norovirus requires certain antigens to latch on to.

“This difference in susceptibility [to norovirus] has an interesting consequence,” microbiologist Patricia Foster writes for The Conversation. “When an outbreak occurs, for example, on a cruise ship, roughly a third of the people may escape infection.

“Because they do not know the underlying reason for their resistance, I think spared people engage in magical thinking – for example, ‘I didn’t get sick because I drank a lot of grape juice’. Of course, these mythical evasive techniques will not work if the next outbreak is a strain to which the individual

is susceptible.”

So, how might the new coronavirus exploit our different blood types? At this point, we simply don’t know.

The authors of the blood group paper uploaded to medRxiv aren’t sure, but they suggest that maybe it has to do with the anti-A antibodies that both type B and type O have.

Viruses infect host cells by fusion with cellular membranes at low pH. Thus, they are classified as “pH-dependent viruses.” Drugs that increase intracellular pH (alkalinity within the cell) have been shown to decrease infectivity of pH-dependent viruses. Since such drugs can provoke negative side effects, the obvious answer would be that natural techniques that can produce the same results. There is no pharmaceutical that can compete with sodium bicarbonate for changing the pH of the bodies fluids.

Adjust Your Body’s pH And Beome More Alkaline To Protect Against COVID-19

You can adjust your body’s pH through diet, consuming of alkakine water and changes in lifestyle habits.



Put simply, pH is a measurement of how acidic or alkaline something is.

The pH value ranges from 0–14:

- **Acidic:** 0.0–6.9
- **Neutral:** 7.0
- **Alkaline (or basic):** 7.1–14.0

Certain food groups are considered acidic, alkaline, or neutral:

- **Acidic:** meat, poultry, fish, dairy, eggs, grains, alcohol
- **Neutral:** natural fats, starches, and sugars
- **Alkaline:** fruits, nuts, legumes, and vegetables

For additional information, go here: https://drsircus.com/general/viruses-are-phsensitive/?fbclid=I-wAR3WMBu3efpRXQCvwbKkp-Pvx1YiOwXWx171xxdLMzfyQH-COWyXsc4Trv8_g (Courtesy <https://drsircus.com>)

That’s just a hypothesis for now, and until we find out more, don’t take it as gospel. But it is a great example of how we are learning new information about the virus every single day. There’s currently a vaccine being trialled in humans; many are doing everything they can to flatten the curve; and while the pandemic is stopping the world in its tracks, communities are swapping supplies and helping those in need.

The research is available in full on medRxiv. (Courtesy sciencealert.com)

Related Viruses Are pH Sensitive Coronavirus infectivity is very sensitive to pH.

For example, the MHV-A59 strain of coronavirus is quite stable at pH 6.0 (acidic) but becomes rapidly and irreversibly inactivated by brief treatment at pH 8.0 (alkaline). The viruses and bacteria which cause bronchitis and colds thrive in an acidic environment. Keeping our pH in the slightly alkaline range of 6.8-7.2 can reduce the risk and lessen the severity of colds, sore throats and bouts of influenza.

Medical scientists have already concluded that a 8.4% solution of bicarbonate of soda (baking soda) is a safe inhibitory drug for respiratory bacterial, fungal, and mycobacterial growth.



没有见识的努力，都是瞎忙



和朋友聚会，问起最近在做什么，很多人的回答都是：嗨，瞎忙呗。

在这个快节奏的社会，忙忙碌碌成了我们的日常。每个人都忙，忙着上课，忙着工作，忙着应付领导，忙着恋爱结婚。

经常会有人感叹，你看那个谁谁谁，整天那么忙，真的是好努力！

忙和努力，不知道什么时候就被划上了等号。

别再说你努力，你那只是瞎忙

这个社会好像每天都在散播“忙碌焦虑”：努力吧，忙起来吧，别让大把的时光浪费在你的懈怠里。

但是，让自己忙起来，真的就是努力吗？未必。

你的身边一定有这样拼命干的同事：着急急来上班，时刻都是绷紧弦的状态，一刻不得闲；有任何的活动都参加，别人下班他加班，总感叹时间不够用。

但是，公认的“拼命三郎”，不一定是好员工。

明明可以2个小时做完的工作，却要拖成6个小时；明明可以借助科技进行数据分析，却不愿意学习利用；项目推进到一半发现不对

劲，不总结经验，只是立刻推翻重来……

他们一直在忙碌，但忙得没有方向，忙得不够坚持，忙得不分主次……这样的忙，至多只是营造了一种苦哈哈的形象，做的却是无用功，实际上是用一种拼命努力的姿态，来掩盖能力和思维上的缺失。

思维没有调整，能力没有提升，这样的忙碌，只是感动了自己，最终也拖累了自己。

会忙碌的人，都做到了这四点

1. 善察方向

孔子曾说：暴虎冯河，死而无悔者，吾不与也。必也临事而惧，好谋而成者也。

这句话的意思是说：做事没有目标没有方向，只会一味使用蛮力的人，是不值得交往的。

瞎忙碌，便是在没有目标和方向地忙碌。整天被外部力量推着赶着，永远有忙不完的活，永远在救火，但是却说不上来忙了些啥，为了啥。

有人曾说：决定人生的不是所站的位置，而是所朝的方向。从某种层面来看，方向，甚至大于努力。

人生旅途上，在努力之前，要先明白，有些事能做，有些事不能

做。能做的事，努力之后自然有好结果，不能做的事，却越努力越糟。

知道自己的目标是什么，每一个阶段的奋斗有什么意义，这样的忙碌是充实，而不是庸碌。

2. 要事优先

有这样一则故事：

山谷的禅房里有一个小徒弟非常勤奋，从早到晚，忙碌不停。

有一天，他忍不住来找老禅师，说：“师傅，我这么累，可也没见什么成就，这是为什么？”

老禅师沉思了片刻，说：“你把化缘的钵拿过来，再去拿几个核桃放进来”

十来个核桃一放到碗里，整个碗就都装满了。小徒弟说：“这碗眼看已经满了，再放核桃进去就该往下滚了。”

“哦，碗已经满了是吗？你再捧些大米过来。”

小徒弟又捧来了一些大米，他沿着核桃的缝隙把大米倒进碗里，竟然又放了很多大米进去。

师傅接着往里加水，这次连缝隙都被填满了。但他不知道师傅能否放进去更多的东西。

老禅师笑着说：“你再去拿一勺盐过来。”盐化在水里，水一点儿女都没溢出去。

这说明了什么？

如果你的生命是一只空碗，当全都是大米般细小的事情占据你的空间时，那些大核桃又怎么放得进去呢？

如果你整日奔波，异常忙碌，那么，你很有必要想一想：生命是一只空碗，什么才是你的核桃。

对于一个瞎忙的人来说，什么时候做什么事，完全随机无序。

但真正会忙的人，是有的放矢的人。小到日常工作，大到人生规划，他们永远懂得，自己该在哪些事情上花时间。

3. 抬头看路

生活中，我们有很多人，在稳定的工作里忙碌奔波，失去了适应变化的能力。

他们只顾埋头走路，以为岁月静好，现世安稳，对新生事物视而不见，视野所能容纳的世界，也越来越小。

与之相比，会忙的人，既有埋头干活的韧劲儿，也有抬头看路的清醒。

行动之前，抬起头，在别人看不见的时候，就努力去看见了。在别人漫无目的的忙碌的时候，就花必要的时间去想清楚问题的本质是什么了。

所以，他们做事不会低效率，

也不会被时代的滚滚浪潮，拍死在沙滩上。

4. 不断精进

瞎忙的人经常处于无意义的焦虑状态，总在担心可能存在的变数，总害怕工作没保障、行业没前途、选择有风险。任由焦虑消耗宝贵的时间和精力，却很少做出点实际行动。

而会忙的人明白，世界上唯一不变的就是变化。

与其无谓地焦虑，不如先踏出那一步，让自己保持在成长进步的状态，弥补自己的漏洞和短板，持续不断地努力。

生活，就是一种永恒沉重的努力。

不要为一时的得失心灰意冷，不要沉迷于当前的收获，不要满足于一时的努力，灿烂的人生，需要不断精进武装的自己，这也是我们面对未知变化最有力的武器。

古人讲：“天道酬勤”，前提是，满怀热忱地努力、迅速高效地行动，并走在正确的道路上。

没有见识的努力，是瞎忙；没有头脑的拼命，是愚蠢。

生活不仅需要力气，还需要巧劲。以见识为基础的努力才有价值；有头脑武装的拼命才有力量。

美大选选民1/10为移民 亚裔选民中移民比例高达2/3

据美国侨报网综合报道，根据皮尤研究中心当地时间2月26日发布的报告，美国有资格在今年大选中投票的选民中有1/10是移民，创下历史新高。至于党派偏好，最近的选举显示，移民选民已经向民主党倾斜。在外国出生的选民中，100万人来自中国

皮尤的报告指出，入籍的公民选民中有34%是拉丁裔，而亚洲裔有31%。

在所有外国出生的选民中，有16%来自墨西哥，人数达到350万，是符合条件的移民选民中的最大群体。其次是

来自菲律宾(140万)、印度(120万)和中国(100万)的选民。

西语裔和亚裔外国移民的投票率要高于这些人群中的美国出生人口。

皮尤报道，在外国出生的合格选民中，约有22%是白人移民，有480万人，他们成为第三大族裔群体。非裔移民选民人数约为230万，他们在选民中所占的比例已从2000年的7%增加到2018年的10%。

符合资格的移民选民大多数居住在加利福尼亚、纽约、得克萨斯和佛罗里达。报告说，其中2/3的人在美国生活

了20多年，其中63%的人精通英语。

拉丁裔选民中只有25%是移民。但在亚裔选民中，移民的比例占到了2/3。非裔选民的移民比例是8%，白人是3%。

美国出生的选民人数约为2.38亿，数量仍然远远超过外国出生的选民。但是，据皮尤报道，移民选民的数量一直在增加，美国出生的合格选民的数量却在放缓。

从1965年《移民和国籍法》成为法律后，移民人口从人口占比5%增长到13.9%，这是外国出生的选民人数增长

的部分原因。

移民选民人数增长的原因之一，近年来成为公民的移民人数和比例增加了。该报告援引国土安全部的话说，从2009年到2019年，有720万名移民入籍并成为公民。其中，2018年有超过75.6万移民成为公民。

移民选民向民主党倾斜

皮尤研究中心没有提供有关移民选民的政党偏好的数据，但最近的选举显示，随着共和党的观点更加强硬，移民选民已经向民主党倾斜。

一项最新民调显示，由于来自各个阶层选民的支持，佛蒙特州参议员桑德斯显然是加州总统初选的赢家。

在加州，桑德斯获得了37%的民主党初选选民的青睐。

桑德斯在加州的拉美裔选民中继续显示出巨大的优势，42%的拉美裔选民表示计划投票给他，13%的拉美裔选民表示将投票给拜登或布蒂格格。

桑德斯在加州的非裔美国选民中也占主导地位，35%的人支持他。

2020年计划移民 应该明确哪些事情？

近年来，对于国内高净值家庭而言，投资移民基本上可以用大势所趋来形容，随着中国国际化步伐的加快，除了传统的移民大国美国、澳洲、加拿大以外，欧洲以其优越的教育、医疗、投资条件吸引着众多国内投资移民人士的关注。

如今，移民已经成为许多家庭选择的另一种生活方式。社会大环境的变化，子女教育，资产保护等种种因素导致越来越多的家庭希望通过移民，让家人得到一个安全、健康的保护盾。

全球一体化时代，出国留学、境外旅游、跨境商贸成为中产阶级及富人阶层的生活常态，移民需求也随之迅猛增长。

2020年如果你想要移民，应该提前知道哪些事呢？

明确移民办理误区：

移民并不一定要获得国籍，很多朋友认为移民之后就不是中国人了，这在根本上是错误的。

“移民”所指的居留权，一般指“永久居留权”（即PR。某些国家还有类似永居的长期居留权）。对于移民者来说，其实并不需要放弃本国的国籍，如果真要获得国籍，需要在永居的基础上满足移民目的国的居住条件。

和国籍（公民）相比，持有永久居留权的“移民”除了政治权利不能享受外，大部分权利都可以享受。哪些事情需“提前规划”？

对于那些不怎么了解移民的朋友来说，不少人会认为，移民可能只要付出相关费用再加上必要的几个申请流程就可以办理成功了。

实际上，这样的想法是远远低估了“移民”这件事情流程的周期性，更不了解很多工作需要准备的提前量，以及很多因素之间的关联度。

问问自己，以下几点考虑好了吗？

- 移民国家和项目的选择
- 费用准备
- 申请人条件的准备
- 小孩适合移居时间



1、移民国家和项目的选择

首先要考虑，去哪个国家？同时要考虑，哪些移民项目适合自己的情况？这两个因素是密不可分的。

中国的移民群体中，移民的目的相当大的比重是为了子女的教育，那么移民的提前准备，就要和子女教育的选择和规划、以及未来的工作结合在一起。

小孩在外留学，每个父母都希望孩子能与本国孩子享受同等待遇，比如在他国可不可以享受与当地学生的学费待遇等等；以及全家在国外居住享受当地公民的同等待遇。

2、费用准备

常见的移民类型有投资移民、商

业移民（创业移民）、和技术移民（包括雇主担保）。这里面，几乎都需要相当的费用投入。费用的准备，不仅仅是资金的准备，还包括资金来源的准备。

有些国家的某些项目，对于资金合法来源的要求很高，这是某些移民项目的重要难点，而且往往还需要是“连续的收入”，就算是赠予，赠予人同样需要证明资金来源。总的来说，各位朋友务必要了解，不是“有钱”就等于“符合资金要求”。

3、申请人条件的准备

某些移民项目，特别是商业移民、雇主担保、杰出人才之类，对投资人的个人背景和条件等等有较高的要

求。

常见的个人背景要求有：商业经营管理背景，往往需要是一定比例的股东；相关行业、职位的工作经历和证明；专业方面的职称、证书；在相关企业的工作时间、在其中是不是高管，需要用各种方式证明；个人的专业领域成就、获奖记录、参与评委情况、媒体报道；学历达到一定要求，专业匹配；外语成绩达到一定要求。

以上只是小罗列了常见的一些移民项目要求。各个国家、不同的移民类别，上述要求各有不同，并非都要达到。这些材料的准备，大部分需要一定的“提前量”。提前多久，根据项目需要和准备难度不同。

4、小孩适合移居时间

到海外读书，就是目前越来越受重视的教育规划。现在越来越多的家长将子女的留学连同移民一起做规划。

这里面涉及几个重要的问题：

对不同年龄的小朋友来说，不同的父母教育理念和家庭规划下，何时出去合适？

一般来说，留学也要提前至少一年以上，年龄越大的留学，越早越好。

比较小的孩子，如果留学，有些国家没有陪读签证，父母怎么陪伴呢？这时候有个身份就能解决不少问题。

年龄比较大的孩子，在发达国家留学以后，想要留下（获得长期居留身份），现在普遍难度非常大。那么，要不要提前办移民身份？就不用担心这个问题了，还可以自由选择工作。

如果通过移民来解决到国外读书的问题，那么小朋友计划出去的时间段，和移民办理拿到身份的时间段是不是合适？

接受国外的教育，和移民办理有着密切的关系，所以想把小朋友送出去读书的家长朋友，是可以提前和移民一起综合规划的。

移民怎么办理好？新手过河，按照海外的移民局官网指导逐步申请，不说有没有这个时间和精力，能不能确切理解移民局各项细则要求，国外移民形势千变万化，资金投资成千上百万，有些国家还有严格的保持投资期要求，稍有差池，投资和身份就会前功尽弃。

所以大部分申请人会选择靠谱的移民公司来办理，保障资产和移民安全。而真正靠谱的移民公司，比如乔鸿移民，在移民界不仅具有很高的知名度，还拥有比较资深的移民办理经验，十余年投资移民办理，文案处理上早就驾轻就熟，即使是个别突发情况也能处理得游刃有余。

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