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Southern DAILY Make Today Different

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Monday, December 21 2020

Inside C2

'Powerful tradecraft': how foreign cyber-spies compromised America



(Reuters) - Speaking at a private dinner for tech security executives at the St. Regis Hotel in San Francisco in late February, America's top cyber defense chief boasted how well his organizations protect the country from spies.

The SolarWinds headquarters are seen in Austin, Texas, U.S., December 18, 2020. REUTERS/Sergio Flores U.S. teams were "understanding the adversary better than the adversary understands themselves," said General Paul Nakasone, boss of the National Security Agency (NSA) and U.S. Cyber Command, according to a Reuters reporter present at the Feb. 26 dinner. His speech has not been previously reported.

Yet even as he spoke, hackers were embedding malicious code into the network of a Texas software company called SolarWinds Corp, according to a timeline published by Microsoft and more than a dozen government and corporate cyber researchers.

A little over three weeks after that dinner, the hackers began a sweeping

intelligence operation that has penetrated the heart of America's government and numerous corporations and other institutions around the world.

The results of that operation came to light on Dec. 13, when Reuters reported that suspected Russian hackers had gained access to U.S. Treasury and Commerce Department emails. Since then, officials and researchers say they believe at least half-a-dozen U.S. government agencies have been infiltrated and thousands of companies infected with malware in what appears to be one of the biggest such hacks ever uncovered.

Secretary of State Mike Pompeo said on Friday Russia was behind the attack, calling it "a grave risk" to the United States. Russia has denied involvement.

Revelations of the attack come at a vulnerable time as the U.S. government grapples with a contentious presidential transition and a spiraling public health crisis. And it reflects a new level of sophistication and scale, hitting numerous federal agencies and threatening to inflict far more damage to public trust in America's cybersecurity infrastructure than previous acts of digital espionage.

Much remains unknown -- including the motive or ultimate target.

Seven government officials have told Reuters they are largely in the dark about what information might have been stolen or manipulated -- or what it will take to undo the damage. The last known breach of U.S. federal systems by suspected Russian intelligence -- when hackers gained access to the unclassified email systems at the White House, the State Department and the Joint Chiefs of Staff in 2014 and 2015 -- took years to unwind.

U.S. President Donald Trump on Saturday downplayed the hack and Russia's involvement, maintaining it was "under control" and that China could be responsible. He accused the "Fake News Media" of exaggerating its extent.

The NSC, however, acknowledged that a "significant cyber incident" had taken place. "There will be an appropriate response to those actors behind this conduct," said NSC spokesman John Ullyot. He did not respond to a question on whether Trump had evidence of Chinese involvement in the attack. Several

A shipment of Pfizer's coronavirus disease (COVID-19) vaccines is unloaded from a United Airlines cargo-only flight from Brussels to O'Hare International Airport in Chicago, Illinois, U.S. December 2, 2020. United Airlines/Handout via REUTERS.

government agencies, including the NSA and the Department of Homeland Security, have issued technical advisories on the situation. Nakasone and the NSA declined to comment for this story.

Lawmakers from both parties said they were struggling to get answers from the departments they oversee, including Treasury. One senate staffer said his boss knew more about the attack from the media than the government.

'POWERFUL TRADECRAFT'

The hack first came into view last week, when U.S. cybersecurity firm FireEye Inc disclosed that it had itself been a victim of the very kind of cyberattack that clients pay it to prevent. Publicly, the incident initially seemed mostly like an embarrassment for FireEye. But hacks of security firms are especially dangerous because their tools often reach deeply into the computer systems of their clients.

Days before the hack was revealed, FireEye researchers knew something troubling was afoot and contacted Microsoft Corp and the Federal Bureau of Investigation, three people involved in those communications told Reuters. Microsoft and the FBI declined to comment.

Their message: FireEye has been hit by an extraordinarily sophisticated cyber-espionage campaign carried out by a nation-state, and its own problems were likely just the tip of the iceberg.

About half a dozen researchers from FireEye and Microsoft, set about investigating, said two sources familiar with the response effort. At the root of the problem, they found, was something that strikes dread in cybersecurity professionals: so-called supply-chain compromises, which in this case involved using software updates to install malware that can spy on systems, exfiltrate information and potentially wreak other types of havoc.



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Monday, December 21, 2020

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LOCAL NEWS

Moderna COVID-19 vaccine begins rollout as U.S. races to broaden injection campaign

DETROIT/LOS ANGELES/NEW YORK (Reuters)

- U.S. distribution of Moderna Inc's COVID-19 vaccine began on Saturday, with more than 3,700 sites due to start receiving and administering shots as soon as Monday, vastly widening the rollout started last week by Pfizer Inc.

Amid record coronavirus infections and deaths, Moderna has already moved vaccine supplies from its manufacturing plants to warehouses operated by distributor McKesson Corp.

Workers on Saturday were packing vaccines into containers and loading them on trucks, U.S. Army General Gustave Perna said during a news conference. Trucks will set out on Sunday and shipments will start reaching healthcare providers as soon as Monday, he said.

Doses of vaccine must travel with security guards, including U.S. Marshals, and will be stored in locked refrigerators. U.S. plans call for at-risk groups such as elderly people in nursing homes and medical workers to receive injections first.

The Food and Drug Administration on Friday approved an emergency use authorization for Moderna's vaccine, the second COVID-19 vaccine to receive approval. The jab developed by Pfizer and its German partner BioNTech SE was approved Dec. 11.

Pharmaceutical services provider Catalent Inc's facility in Bloomington, Indiana, is filling and packaging vials with Moderna vaccine and handing them to McKesson. The company is shipping them from its facilities including those in Louisville, Kentucky and Memphis, Tennessee, which are close to air hubs for United Parcel Service Inc and FedEx

Corp.

Pfizer organized its own distribution system. The U.S. government's vaccine program, dubbed Operation Warp Speed, is in charge of logistics for Moderna's distribution under Perna.

'MY FAULT'

Perna apologized to U.S. governors for confusion on the vaccine's availability after the U.S. government reduced the number of doses states would receive in the upcoming week.

States including Oregon and Washington, which are ramping up to get frontline healthcare workers vaccinated as quickly as possible, said their allocation had dropped by as much as 40%.

Perna said he made an error estimating the number of doses that would actually be cleared by regulators for shipment, which was fewer than the number of doses produced.

A small shopping basket filled with vials labeled "COVID-19 - Coronavirus Vaccine" and medical syringes are placed on a Moderna logo in this illustration taken November 29, 2020. Picture taken November 29, 2020. REUTERS/Dado Ruvic/Illustration

He said there are no problems with Pfizer's or Moderna's manufacturing processes. A spokeswoman for the U.S. Department of Health and Human Services said 7.9 million doses of Pfizer and Moderna vaccines would be delivered nationally this week.

"Please accept my personal apology if this was disruptive in your decision making, and in your conversations with the



people of your great state," said Perna, appealing to state governors.

The Moderna delivery system will have some of the same players as Pfizer's but will differ in key ways.

Transportation companies UPS and FedEx are giving priority to vaccines on planes and trucks that are moving holiday gifts and other cargo. Their drivers will handle the bulk of the last-mile Moderna vaccine deliveries. They are going directly to vaccination sites, unlike Pfizer's which was sent to large hubs and redistributed.

"We added a lot of aircraft, a lot of temporary workers. (Vaccines) are a very small fraction of total volumes," said Wes Wheeler, a UPS executive in charge of vaccine shipments. Moderna's vaccine is available in quantities as small as 100 doses and can be stored for 30 days in standard-temperature refrigerators, while the inoculations from Pfizer come in boxes of 975 doses, must be shipped and stored at -70 Celsius (-94 F), and can be held for only five days at standard refrigerator temperatures.

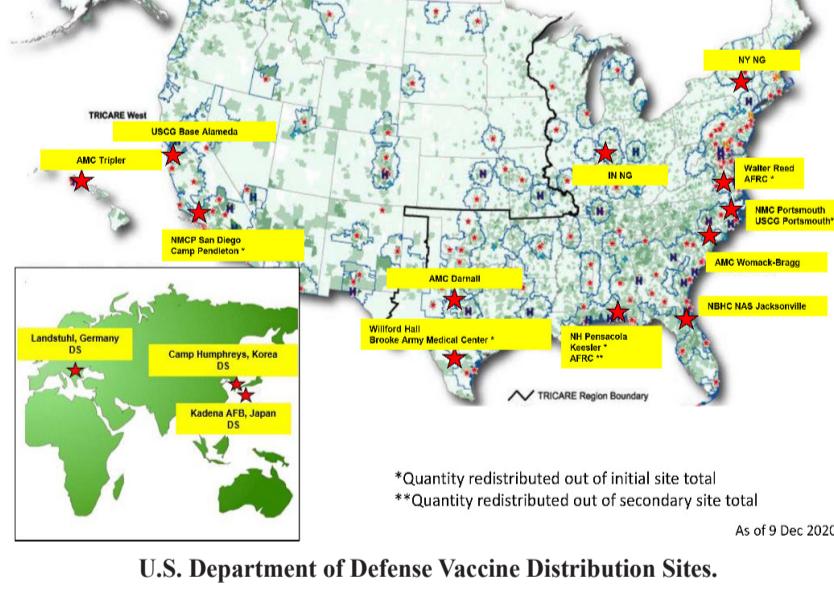
Stay Home!

BUSINESS

Wear Mask!

Prevention Of Waste Of Highly Perishable Vaccines Before Expiration Date Is A Concern

Effective Vaccine Distribution Planning Impacted By Short Supplies And High Demand Initial DoD Distribution Sites



U.S. Department of Defense Vaccine Distribution Sites.

Compiled And Edited By John T. Robbins, Southern Daily Editor

The initial rollout of Pfizer's COVID-19 vaccine has begun, and vaccines are shipping across the U.S. Demand for COVID-19 vaccines will outpace supply for the foreseeable future. Yet experts have warned that a substantial proportion of these highly perishable vaccines could go to waste if they are not being used before they expire. With such short supplies and high demand, worrying about waste may sound paradoxical, but is actually a predictable result of two well-known medical distribution challenges: complicated storage requirements and variability in demand.

Fulfillment centers solve demand variability
 For a given county, it is reasonable to expect demand for COVID-19 vaccines to be relatively stable. But forecasting demand at individual vaccination sites within a county on a weekly or daily basis is going to be challenging. People might miss or skip appointments for a variety of reasons, and few hospitals have the ability to share real-time usage and inventory information with public health authorities. Any time there is a mismatch between supply and demand, there is waste: Doses could spoil if they were already

defrosted, or be sitting unused in freezers at one hospital while another hospital nearby is running short.

Efficient shipping and storage could prevent a lot of wasted vaccines.

Fast fulfillment of uncertain demand is not unique to vaccine distribution. Amazon faces highly volatile demand for millions of products and yet is able to offer same-day and one-day delivery to 72% of the U.S. population. Its secret lies in regional fulfillment centers that pool inventory to meet demand across large regions.

Instead of shipping vaccines directly to hospitals and pharmacies, states could set up regional "fulfillment centers" in different

counties with pooled inventory – much like Amazon's. These fulfillment centers can restock vaccination sites on demand on a daily or weekly basis as needed. By using this just-in-time distribution strategy, supply could better match demand at specific sites and reduce potential waste of vaccines.

Getting vaccines to where they are needed
 Regional fulfillment centers can help alleviate waste from fluctuating demand at different local sites, but you still need to be able to get vaccines to fulfillment centers. The faster this happens – and the less storage needed along the way – the less possibility for wasting vaccines. Pfizer's vaccine has to be kept at minus 70 degrees Celsius (minus 94 degrees Fahrenheit) for long-term storage. This requires expensive, ultralow-temperature freezers that have quickly become scarce as countries and states race to build their vaccine logistics infrastructure. Moderna's vaccine requires only regular freezers, but some rural areas in the U.S. and many developing countries lack cold-chain infrastructure.

By supplying vaccines when needed, fulfillment centers could help deal with spikes and slumps in demand. (Photo/AP Photo/David Goldman.)
 One way to minimize storage needs is to use an approach called cross-docking. Walmart, sometimes called "the king of cross-docking," popularized this idea that all but does away with excess storage requirements.

Instead of taking deliveries from incoming trucks to intermediate national or state-level warehouses, and then from warehouses to outgoing trucks, cross-docking skips the storage step. You can simply move goods across a loading dock directly from the trucks that came from airports or vaccine manufacturers straight to the outgoing trucks that are headed to various regional fulfillment centers.

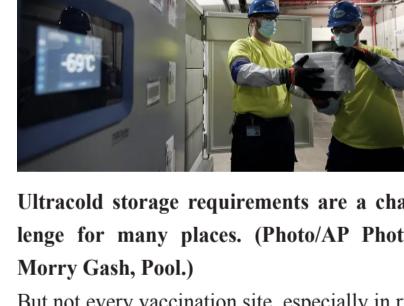
Applying the cross-docking idea to vaccine distribution would greatly reduce the need for cold storage by getting rid of the need for freezers at

intermediate warehouses. This would be especially beneficial to rural areas and developing countries.

To be certain, cross-docking requires meticulous planning and coordination from vaccine manufacturers, distributors, health departments, ground transportation companies, health care providers and patients, but it is doable.

A smooth chain from manufacturer to hospital

U.S. health authorities could set up a system that uses cross-docking and freezer trucks to first deliver the vaccines from airports or manufacturers to multiple regional fulfillment centers while minimizing the need for intermediary storage. Pfizer's vaccine is shipped in packages containing a minimum of 975 doses. Once taken out of the freezer and put in a refrigerator, each vaccine can last no more than five days.



Ultracold storage requirements are a challenge for many places. (Photo/AP Photo/Morry Gash, Pool.)

But not every vaccination site, especially in rural areas, can give 975 doses within five days. At the fulfillment centers, the vaccines would be split up into smaller packages and moved into vehicles that distribute these defrosted doses in small batches to local vaccination sites for just-in-time immediate use.

Large retailers like Amazon and Walmart have developed time-tested supply-chain tools that public health authorities could learn from. Designing effective COVID-19 vaccine supply chains could help vaccinate the population efficiently and smoothly with less waste. (Courtesy theconversation.com)

Related

"D-Day" For Vaccine Distribution

Saturday December 12th was D-Day for COVID-19 vaccine, when distribution of small vials that hold the hope of ending the coronavirus pandemic began to be packed for delivery at

a manufacturing facility in Michigan.

"D-Day was a pivotal turning point in World War II. It was the beginning of the end," Gen. Gustave Perna, co-leader of Operation Warp Speed in charge of logistics, said at a news conference Saturday. "And that's where we are today."

The Pfizer-BioNTech vaccine, authorized by the Food and Drug Administration Friday night for emergency use, will be delivered to 145 hospitals, clinics and public health systems in all 50 states on Monday morning. It was being packaged Saturday at the Pfizer manufacturing site in Portage, Michigan just outside of Kalamazoo. On Sunday the packages will begin the journey to distribution hubs to be shipped by UPS and FedEx, Perna said.



Pfizer's COVID-19 vaccine is being shipped in specially designed, insulated containers that hold. Each vaccine shipping box weighs about 80 pounds.

"Right now, boxes are being packed and loaded with vaccine with an emphasis on quality control," he said.

That involves Pfizer personnel taking five-dose glass vials of vaccine out of subzero freezers and packing them into the company's specially designed shipping container, Wes Wheeler, president of Global Healthcare at UPS, told USA TODAY.

Each vaccine shipping box weighs about 80 pounds and holds up to 4,875 doses of vaccine. There are five doses per vial. The vials are packed in flat boxes about the size of a small pizza box, each of which holds 195 vials. As many as five of these are stacked together in a reusable, insulated cardboard box that is topped with 50 pounds of dry ice. (Courtesy usatoday.com)

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Editor's Choice



Smoke rises from the Bond Fire as evacuation orders are issued for nearby residents in Orange County, south of Los Angeles, California. REUTERS/Mike Blake



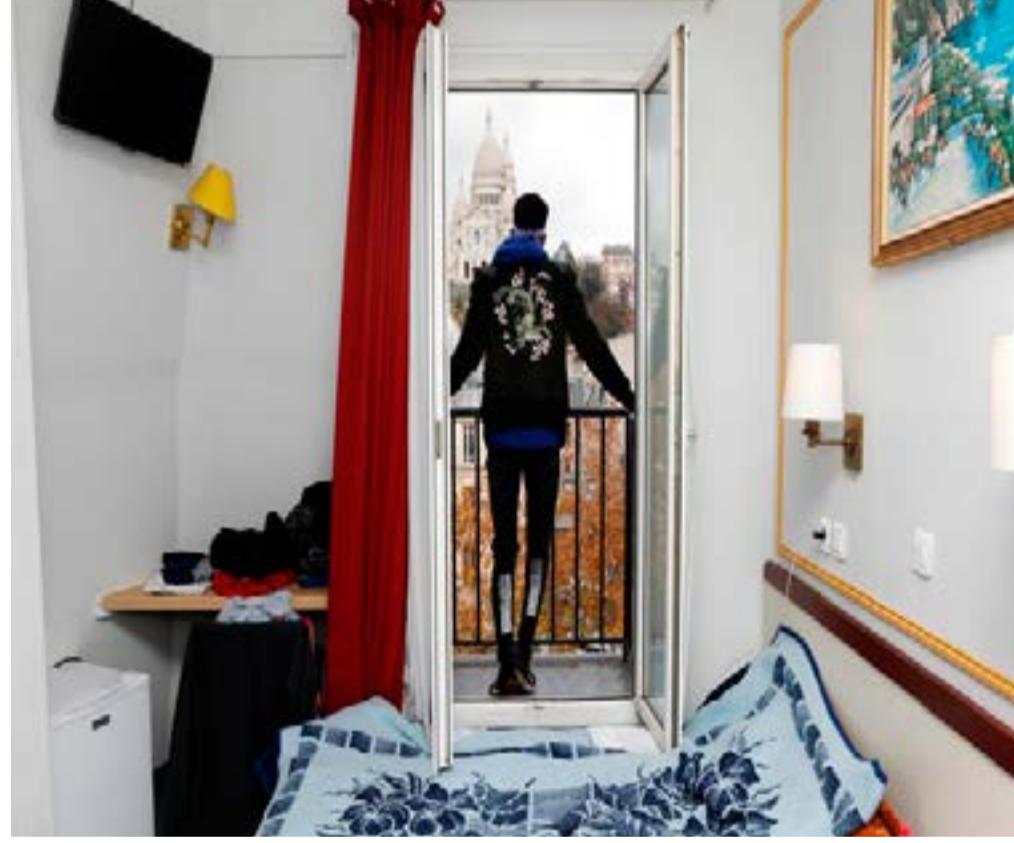
Supporters of President Trump participate in a "Stop the Steal" protest in Washington, November 14. REUTERS/Leah Millis



A health care worker collects a swab sample from a man during a rapid antigen test for army members and volunteers before the start of a mass test of Vienna's population in Austria. REUTERS/Leonhard Foeger



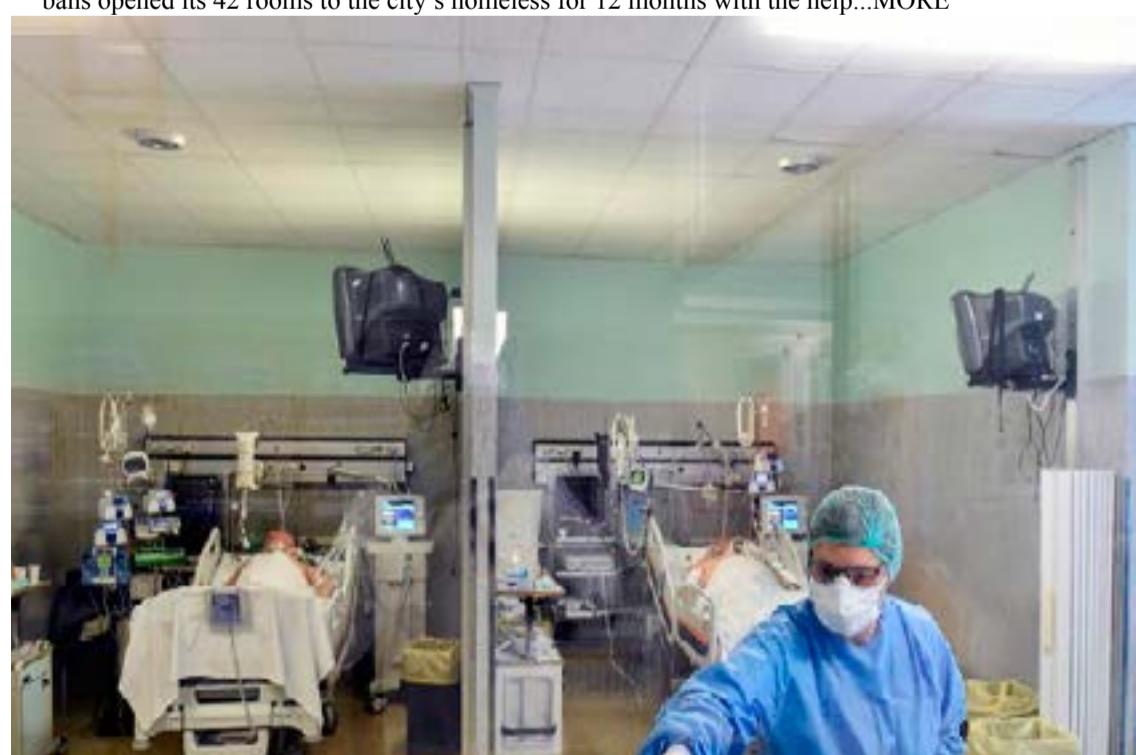
Rohingyas that will be shifted to Bhasan Char island are seen onboard a bus in Chattogram, Bangladesh. REUTERS/Mohammad Ponir Hossain



Asylum-seeker Ibrahim looks at the Sacre Coeur Cathedral from his room at the Hotel Avenir Montmartre in Paris, France. The hotel, deserted by tourists due to COVID-19 travel bans opened its 42 rooms to the city's homeless for 12 months with the help...MORE



A diver wearing Santa Claus costume swims in a large fish tank during an underwater performance at Sunshine Aquarium in Tokyo, Japan. REUTERS/Kim Kyung-Hoon



Medical personnel prepare in the emergency room of the Maggiore di Lodi hospital as a second wave of the coronavirus hits the country, in Lodi, Italy, November 13, 2020. REUTERS/Flavio Lo Scalzo



Soldiers at the U.S. Army Air Assault School conduct training while adhering to coronavirus recommendations, at Fort Campbell, Kentucky. REUTERS/Bryan Woolston

Monday, December 21, 2020

Southern DAILY Make Today Different

CDC Shortens COVID-19 Quarantine Time From 14 To 7-10 Days



Women walk past a novel coronavirus testing site in Los Angeles, California, December 1, 2020. (Lucy Nicholson | Reuters)

Compiled And Edited By John T. Robbins, Southern Daily Editor

(CNN) The Director of the US Centers for Disease Control and Prevention, Dr. Robert Redfield, informed Vice President Mike Pence and White House Coronavirus Task Force members on Tuesday that the CDC will soon issue new guidelines reducing the number of days close contacts should quarantine following exposure to a Covid-19 positive individual, two senior administration officials told CNN.

The new guidelines will recommend close contacts of those infected with the coronavirus should quarantine for 7 to 10 days after exposure, down from the 14 days currently recommended, the official said. Individuals can end their quarantine after 7 days if they receive a negative test, or 10 days without getting tested.

The CDC updated its definition of a close contact with a Covid-19 patient in late October to include multiple, brief exposures. The current definition includes exposures adding up to a total of 15 minutes spent six feet or closer to an infected person. Previously, the CDC defined a close contact as 15 minutes of continuous exposure to an infected individual.

Redfield announced the forthcoming quarantine guidelines during a coronavirus task force meeting on Tuesday, the officials said, describing the

change as a data-driven decision that has been under review for weeks.



Director of the US Centers for Disease Control and Prevention, Dr. Robert Redfield, One official said Pence has been pushing the CDC for months to review the guidelines.

Health experts continued to stress the importance of communicating and implementing mitigation measures to decrease the alarming number of coronavirus cases across the country, the official said. There was no discussion of President Donald Trump getting involved in public messaging around those mitigation measures.

Mitigation efforts include mask usage, social distancing, avoiding crowds and frequent hand-washing. (Courtesy www.cnn.com/)

The CDC previously recommended that any-

one who was exposed to the coronavirus quarantine for 14 days. Dr. Henry Walke, the agency's Covid incident manager, said the CDC still recommends a 14-day quarantine "as the best way to reduce the risk of spreading Covid-19." However, he said the agency has identified "two acceptable alternatives."

The quarantine can end after 10 days if the person has not developed any symptoms and can end after just seven days if the asymptomatic person also tests negative for the virus, Walke said. He added that the sample for the negative test should be collected within 48 hours of the final day of quarantine.

**QUARANTINE AFTER EXPOSURE
7 - 10 DAYS
↓ FROM 14 DAYS**

SOURCE: CDC

"We continue to refine our guidance to prevent transmission and protect Americans," Walke said. "Reducing the length of quarantine may make it easier for people to follow critical public health action by reducing the economic hardship associated with a longer period, especially if they cannot work during that time."

Walke added that local health officials can adjust the agency's recommendations to fit the situations of their jurisdictions. He said regardless of the length of quarantine, people should monitor their own symptoms for a full 14 days after an exposure.

Dr. John Brooks, chief medical officer for CDC's Covid-response, said ending a quarantine after 10 days without a negative test leads to about 1% risk of spreading the virus to others, based on modeling by the CDC and outside researchers. After a seven-day quarantine with a negative test, there's about a 5% chance of spreading the virus, he added.

The recommended quarantines apply to those deemed "close contacts" of Covid patients. The CDC defines a close contact as "someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset" or positive test result.

The rationale for announcing the shortened quarantine options was based at least partly in garnering more compliance among the public,

Walke said. He added that the agency has heard reports from local public health departments of people exiting quarantine early after an exposure.



Dr. Henry Walke CDC COVID-19 incident manager.

"In a situation where cases are rising, that means that the number of contacts are rising, and the number of people who require quarantine is rising. That's a lot of burden, not just on the people who have to quarantine, but also on public health," he said. "We believe that if we can reduce the burden a little bit, accepting that it comes at a small cost, we make greater compliance overall with people."

Public health specialists have been awaiting the change with "delighted anticipation," said Dr. Bill Schaffner, an epidemiologist at Vanderbilt University. The Wall Street Journal reported last week that the CDC was considering such a change.

The original 14-day quarantine period was based on what scientists believed to be the lengthy coronavirus incubation period, during which symptoms are not yet present and it's difficult to detect the virus. Schaffner pointed out that the 14-day recommendation "was written before testing was widely available" and researchers have since learned more about the virus.

"Several of us have thought for some time, that now that testing is available you could introduce that into the scheme of how to evaluate people who are in quarantine," he said, adding that this will help potentially exposed people return to work more quickly.

"This is good for public health and good for the economy," he said, "and good for people's mental health."

Saskia Popescu, an epidemiologist and biodefense professor at George Mason University, who reviewed the CDC's new guidance, said Wednesday it shows that the agency is "opting to look at this from a risk/benefit perspective."

"Ultimately, what this approach means is that we're recognizing the significant challeng-

es and burden that a 14 day quarantine entails," she said in an email to CNBC. "There's a better chance for success in having people comply with this."

Postpone holiday travel

In addition to the adjusted quarantine recommendations, Walke also announced that the CDC is recommending against travel for the winter holidays.



"CDC recommends that the best way to protect yourself and others is to postpone travel and stay home," Walke said. "If you do decide to travel, CDC recommends that travelers consider getting tested one to three days before travel and then again, three to five days after travel." Testing should be in conjunction with other risk-reduction protocols like a quarantine period, he added. Dr. Cindy Friedman, chief of the CDC's traveler health branch, added that the nation saw a lot of travelers over the week of Thanksgiving, which could exacerbate the outbreak.

"Even if only a small percentage of those travelers were asymptotically infected, this can translate into hundreds of thousands of additional infections moving from one community to another," she said. "Cases are rising and the safest thing to do is to postpone holiday travel and stay home."

CDC officials said that people ideally would still quarantine for the full 14 days, but that in an effort to boost compliance with quarantining and after "extensive modelling," they determined there was a low risk of people continuing to spread the virus in the final days of a quarantine.

"Reducing the length of quarantine may make it easier for people to take this critical public health step," said Henry Walke, the CDC's COVID-19 incident manager. (Courtesy cnn.com and thehill.com)

**SC 美国生活
Daily News**

美国入籍考试新增题库，128题翻译和答案全在这里

美国移民局USCIS近日发布关于公民入籍考试的新政策,变化包括以下:

- 1)题库从原来的100题增加到128题;
- 2)考试题目从原来的10题增加到20题;
- 3)考试通过本来是只要答对6题,现在必须答对12题才能过关;
- 4)即使答对12题,你必须要完成全部20题。不像以前,你只要答对6题,考官就会停止考试;现在即使你答对了12题,你也必须完成总共20道题目;

对于英文好,美国宪法、历史与政府结构有了解的华人应考者来说,考题改革并不是大问题。但是有相当一部分年纪较大,英文也并不是第一语言的申请者来说,考题的难度增加与考题数目增加,无疑会对他们心理上造成影响。考试的时候容易引起紧张,那就会影响答题的质量。

如何免去英文考试,用中文考试呢?

有一些申请者会问:我怎么样可以满足条件,免去我的英文考试,用我的本土语言进行考试?一般满足以下要求的申请者,可以用中文进行考试:

- 1) 年龄满50岁,持有绿卡超过20年,可用中文考试;
- 2) 年龄满55岁,持有绿卡超过15年,可用中文考试;
- 3) 年龄满65岁,持有绿卡超过20年,可用中文考试;

但是以上几个条件,只是允许你用中文考试,但并不能免除你的考试,你依旧是需要参加公民入籍考试和面谈的。

只有一种情况下,你可以免去公民考试:就是你具有心理、生理或精神疾病,并且在过去和将来可能持续12个月以上,以及这种疾病会对你的认知和读写能力造成实质性的影响。在这种情况下,你可以免去考试,但是你依旧不可以免去面试。

所以从以上要求看,移民局对于公民入籍考试的要求还是挺严格的,没有人可以随便免去考试或者面谈而直接公民入籍。

哪些常见疏忽会造成公民入籍被拒呢?

有些人觉得自己满足了所有条件,肯定没问题,但是依然被拒,而往往被拒的理由是他们想不到的。

常见的被拒的理由是:

- 1)没有登记服兵役 [Selective Service Registration]。在美国任何18到26岁之间的年轻人是需要登记服兵役。你不需要真正的服役,但是需要登记。如果你没有登记的话,你在之后的公民入



籍是会被拒的。

2)不满足良好道德标准(Good Moral Character)

),有些人觉得只要自己不作奸犯科,就不会影响到公民入籍。但是现在的移民政策越来越严格,比如你具有酒驾两次以上的记录,也会被拒绝公民入籍申请。

3)没有满足居住条件(Residency Requirement)

)。公民入籍考试的居住条件是指,你要在过去5年至少30个月以上是居住在美国,单次离开不能超过六个月,以及递交申请前三个月都是必须居住在美国。很多人觉得我在递交公民申请

N-400之前都满足了这些条件,我就可以通过。

其实并不是这样。对于居住条件的要求,是必须在你最终公民入籍批准之前都必须保持的,意

思就是你在考试之前的三个月,你也必须居住在美国。

当然,以上只是一些容易被人疏忽的地方,在实际进行公民入籍申请时,还是不可以掉以轻心。

很多人觉得我已经拿到绿卡那么多年,转公民应该没什么问题。

其实事实并不是这样,转公民有比较严格的要求,尤其在现在严峻的移民政策下。如果有任何问题,可谘询专业的律师,避免绕弯路,因为公民入籍的时间一般要1年左右,如果因为一点疏忽最后被拒,那就得不偿失了。

最近美国移民局USCIS,对于公民入籍考试题库

进行了新的变革,由原来的100题增加到128题

。但都是英文版本,我们将其翻译成中文版本,

方便公民申请者更好的阅读和记忆。只要你背熟,基本考试不会有问题。

顺便要提醒一下,考试由原来的10题增加到20题。依旧需要60%的通过率才可以通过考试。

所以你本来只要答对6题,现在你必须答对12题才可以通过考试。所以希望所有公民入籍的申请者,可以复习看以下中英文版本的题库,争取一次通过。

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(文章来源:美房吧)

华人医生Jason美国战疫日记



从3月20日陆蓓与Jason医生合作发布第一篇日记到现在，华人医生战疫日记即将“满月”。它已成为夏洛特华人疫情生活中关注的一项重要内容。

3月16日，在美国东南部北卡罗来纳州的最大城市夏洛特，华人医生Jason结束了第一天的抗疫工作。当地时间3月13日，美国总统特朗普刚刚宣布美国进入紧急状态。

回家以后，Jason医生先把车子停在另外的地方，将其隔离。自己则从后门进家，将衣物脱在太太准备的一个小帐篷里，随后淋浴、单独吃饭、办公，和太太只能隔空说话。虽然已尽可能做到隔离，但空气无法隔离，Jason医生与太太仍心存压力。因为不断从国内了解到疫情的最新情况，所以在美抗疫之初，Jason医生与当地的医生及民众相比，还是有着格外的小心。

与此同时，在夏洛特，来自上海的陪读妈妈陆蓓，因为疫情的暴发，回国的航路越来越不方便，最后决定留在夏洛特，和家人一起度过抗疫的时光。陆蓓曾做过财经记者、编辑，现在国内某互联网头部企业担任新闻发言人。

2018年夏天，陆蓓的女儿来夏洛特上学，她开始在上海职场和夏洛特陪读生活中游走。2019年圣诞节全家在美国团聚，陆蓓原计划春节后回上海继续工作。而在疫情之下，所在公司批准了她的无薪事假，还寄来两批口罩，让她安心陪家人。

Jason医生恰巧是陆蓓的家庭医生。春节前武汉疫情最严峻的时候，在一次夏洛特华人朋友聚会上，陆蓓和Jason讨论起疫情的话题。职业的敏感性让陆蓓觉得，她可以做些什么。就这样，由Jason医生口述，陆蓓执笔的华人医生Jason战疫日记便有了第一次亮相。

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心有猛虎，细嗅蔷薇

已过知天命年纪的Jason医生，在北卡夏洛特地区行医约20年。而且，他与武汉有着特殊的情感联系。其早年本科及研究生毕业于武汉同济医科大学，并留校同济医院行医任教，赴美后在杜克大学医学院完成住院医师培训，获美国

全科医师资格证书。Jason医生目前在一家叫作Urgent Care的私人诊所上班。Urgent Care的日程是一天12个小时，连续工作两天以后休息。对Jason医生这个年龄来说还是有体力考验的。

据陆蓓介绍，夏村有近3万华人，但这里能说中文的医生很少。Jason是融汇中美文化和医学专业的全科医生，更可贵的是他为华人社区开讲座，建立免费的问诊微信群，每年去湖北家乡的县城义诊，并且带去捐助医疗设备。

“在几次聚会上见到他，他开着十岁高龄的小汽车，穿着最简单的格子布衬衫，话不多，但耐心智慧。”从陆蓓执笔的Jason医生战疫日记里，对他的性格也能窥出一二。

面对疫情一线的危险，他不掩饰忧虑，但也毫不犹豫出征。“我已过知天命的年纪，对生死已经看的比较开了。我知道这次疫情会上前线去，会有很大的可能性被感染。说不害怕，那是假的，但我还是比较坦然。人这一辈子就应该做一些有意义的事情。”

遇到有困难的患者，他免费问诊。

“今天有三个病人，我很了解他们，其中两位是美国人，一位是华人。他们分别在旅馆和餐馆工作，因为疫情他们已经两个礼拜没有上班，经济上有困难，诊疗费付不出来。我说知道你们受到影响，那么多年我了解大家，这次不收费用。医生最基本的职责是救死扶伤。”

他也会因为一个画面，热泪盈眶。“今天在电视上面看见纽约的消防队员在消防车上拍手鸣笛，向医务人员致敬。我看到这一幕的时候，眼泪禁不住地要下来。”

休息日，Jason医生除了锻炼身体，还会侍弄自己的花与茶。“今天还花时间把自己的后院进行了整理，把松针铺上、把花种上，准备明天又去上班。”

“心有猛虎，细嗅蔷薇。”或许是对Jason医生内心的最佳写照。

夏洛特与纽约的“特殊纽带”

在美国，纽约是第一大金融中心，夏洛特紧随其后。美国第二大银行美国银行及其美林证券的总部，以及美国前五大银行之一的美联银行的总部均设于此。富国银行集团也在夏洛特成立富国银行集团的东部总部。作为美国北卡罗来纳州最大和全美第17大的城市，夏洛

特也是美国东南部地区经济发展速度最快的城市。

夏洛特与纽约之间的飞行时间大约为2小时左右，据陆蓓介绍，因为“金融”这个纽带，夏洛特与纽约成为彼此的“候鸟城市”，大量金融人在这两个城市之间往返。

而纽约州已成为全球新冠肺炎确诊人数最多的州。据美国霍普金斯大学最新的统计数据显示，截至北京时间4月16日10时，全球确诊病例突破200万例，纽约州确诊病例超过21万例，占全球确诊人数的10%。夏洛特所在的北卡罗来纳州确诊5376例，在全球确诊病例中排名第23。

与纽约如此紧密的关联之下，Jason医生表示，希望纽约能够守住。如果纽约守不住的话，定会影响周遭，夏洛特更是不可避免。“我们现在发现有一些人逃离纽约城到其他的地方去避难，这些人有可能就成为一个火种，散发病毒。”

Jason医生曾在散步的路上碰到过一对从纽约来的年轻人。他们所有的行李只有背后的双肩包，以及怀里的孩子。他们在夏洛特并没有亲戚朋友，但却打算在这里待下去。“愿他们能够在夏洛特地区找到一份工作，安下心来重整旗鼓。留得青山在不怕没柴烧。我觉得这对年轻人有勇气，敢于闯到一个新的地方，虽然是被迫的。但愿这个决定是对的，愿他们平安。”

至4月4日，Jason医生在日记中表示，夏洛特已经感受到了从纽约来的海浪。“我感觉夏洛特地区新冠病人数量绝对是增加了，就像海浪一样从纽约推过来，我们受到震动了。”

Jason医生所在的诊所是一个很大的连锁医疗机构，在纽约有五十多个诊所。病人多，加上医务人员感染，导致纽约的诊所人力完全不够。总部的行政人员很聪明，病人打电话到纽约诊所，他就把电话转到夏洛特地区，让护士做初步的电话接待和转诊手续。“我们的护士现在都可以用纽约腔说话了。”

初期防护像在“裸奔”

Jason医生所在的门诊，普通病人跟新冠病毒检测的病人是混在一起的。所以对他们来说压力很大，现在是流感流行季节，早春花粉过敏也开始增多，加上新冠病毒感染，这三类问题都有上呼吸道感染的一些症状。这三类问题都可以和你们的家人留在家中！”

“主要还是靠‘打感情牌’。”陆蓓说。

弱势群体，尤其是老年人弱势群体在Jason医生的战疫日记里反复被提到。

“在美国有几个主要的弱势群体，一类是黑人和墨西哥裔，因为他们的经济、居住条件比较差，很容易被感染，他们的死亡率比其他人群要高四倍以上。这让人震惊。这证明在美国存在着严重的医疗保健不平衡的问题。第二类弱势群体就是老人，老人既是弱势群体又是高危人群，死亡率很高。”

Jason医生在日记里讲述了一个令他落泪的病例。一名80多岁的老太太独自来看病，先生在家没办法动弹。Jason医生诊断后觉得她没有什么大的问题。

到后来老太太说了实话：“我知道我的问题不是很大，但是医生我能不能向你请求一件事情，能不能把你们医院的手套和口罩拿一点点。我们尽量待在家里面，但是最需要的时候，我们老两口要

随着疫情的日趋严峻，Jason医生和同事也在不断升级防护措施。“一是个人防护必须增加，以前是病人没有呼吸道症状，医护人员做诊疗时自己可以不戴口罩。但是现在不管怎样我们都全程戴口罩。二是候诊室保证只有一个病人，其余病人在车里等候。三是诊所里面划分了清洁区、污染区、缓冲区。医护人员洗手的频率再提高。”

“CDC掉链子了”

直到战疫持续一个月后的今天，Jason医生仍表示，美国的病毒检测存在很大问题。

“现在在医院核酸检测大概几个小时就可以拿结果。我们urgent care是送到专门的检验中心去测，一般要三四天。现在在美国检测还存在很大的问题，不是所有人都可以检测，必须病情比较重才能检测，这是完全不能原谅的事情。感到很遗憾。”

对于雅培的检测试剂问世，Jason医生还是感到比较欣慰的。诊所之前早有雅培的快速检测仪器，原来是用于检查流感和链球菌的。“我们用原来的机器，加上新冠病毒试剂，就可以大大推进检测速度。病人只需要等待十几分钟。”但现实却是，仪器有，试剂不足。

诊所现用于快速诊断流感和链球菌感染的仪器，4月初也可以用来快速诊断新冠病毒感染，5至15分钟出结果。

“早期诊断、早期隔离的要求在美国目前没有达到，所以前期CDC（美国疾病控制和预防中心）在试剂盒方面确实掉了链子。”

3月26日，北卡正式开始实施“居家令”。

受新冠病毒的冲击，在美国这样一个以私人企业为主的国家，如果没有工作对生活的影响很大。所以经济压力角度来说，“封城”或是停工这样联防联控的做法，实施起来难度比在中国要大得多。

Jason医生所在地区对新冠病人采取的救治方案是：轻症或者中度症状的病人，尽量在家里隔离治疗，医院只收治重症或者危重症病人，这样可能才能防止医院的床位或者ICU病房被挤兑。

但这就会存在一个问题：如何保证在家里隔离治疗的病人完全“足不出户”，不会在“无意”中感染社区里的其他人？

陆蓓在接受采访时表示，社区是完全开放的状态，没有任何物理隔离，这一点确实值得担忧。但好在夏洛特居住密度较低，一定程度上会缓解这一风险。

问及如何落实“居家令”，陆蓓举了另外一个华人医生的例子。华人女医生Ming在她的facebook上放了夏洛特女性医生组织的宣言书——“我们是你们的医生，我们在前线！我们是你们的朋友，邻居，姐妹，妻子，女儿和母亲！我们正离开我们的家人而出现！所以你们可以和你们的家人留在家中！”

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有口罩，也要有手套，你能不能给我一点点。”

除了自己居住的老人，老人院的情况也不容乐观。美国连续发生多次老人院感染事件，北卡的四五家老人院也都发生了暴发的情况。

Jason医生走访好几家老人院发现，里面的工作人员戴的都是自制的口罩，有的则是带着纱巾。随即，Jason医生与他所在的橄榄树基金的志愿者们动员华人社区各界的力量，为老人院捐赠口罩。他们在每一个地方留下大概200至500只口罩。“我们送去的几千只口罩，假如能够预防一例老人被感染，那我们都值了。”

令人哭笑不得的“插曲”

疫情期间，不乏有过度紧张的状况。Jason医生在日记中就讲述了这么一个故事：“有一个病人打电话预约新冠病毒的检测，他没有任何身体症状，就是心里很害怕。我们的护士按照常规问一些问题：你为什么要查？你有什么症状吗？你有没有跟疫区的人或者是去过疫区的人有接触？他说，我没有任何症状，但是我跟疫区的人有联系。我的奶奶在西雅图疫区最严重的地方，我给奶奶打了电话，而且不光打电话还通过视频打FaceTime……”

居家隔离期间，还有意想不到的“风险”。Jason医生在某一天内缝合了三个病人，两个是被狗咬伤，一个是摔伤，另外还有两例是骨折，在股骨颈和肩关节部位。“一个父亲教小孩骑自行车，玩杂技一样的摔下来，右边肩关节粉碎性骨折。给他做了简单的固定，建议他转诊专科医院，可能还要做手术。”

当初中国疫情暴发之时，包括Jason医生、陆蓓在内的海外华人，在美国多方搜集防护物资寄回国。而现在，他们又要从中国或全球其他地方筹集物资支援当地。

“社区里面有很多人为我们捐献N95口罩，特别是华人为夏洛特两家很大的医疗系统捐赠。他们从不同的地方努力地去筹集防护设备，我很感动。疫情牵扯的不是一个国家而是整个人类。这些温暖让我看到战胜疫情的希望。”Jason医生在日记中如此表示。

除了接受捐赠，Jason医生自己还筹建了一个名为“橄榄树基金”的公益组织。主要是为了服务夏洛特社区，每个月有健康讲座，每年有一次大型的义诊。对中国的边远山区，对留守儿童以及医疗方面也有支持。

疫情期间，橄榄树基金每周六都会有一个在网上节目，邀请一线医务人员，来为社区同胞答疑解惑。他们与武汉的专家连线，为海外华人讲解新冠病毒防护知识；也邀请过美国的心理咨询师和治疗师，谈谈新冠病毒感染对于普通人群心理健康的影响；也会策划关于新冠治疗的中医疗法讲座。数千名在美华人通过线上的节目，“让新冠感染的病去神秘化”，缓解了内心的焦虑。

“希望这个平台，把整个社区放在一起，大家互相照亮。因为在家庭隔离的话，政府几乎靠不上，只能靠自己。假如社区有一个很好的指导协调作用，对整个华人社区抗击疫情是有好处的。希望我们的社区在这样一个抗疫的过程中变得更加和谐。”Jason医生说。

“我真的相信，通过大家一起协同合作，尽全力一定会把这个疫情控制住。我对这个世界抱有很大的希望，本来我就不是一个悲观的人。我现在仍乐观。希望和乐观是应对惊涛骇浪时的良药。作为医生来说，尽力执行那句医界名言：有时治愈，常常帮助，总是安慰。我尽力在这个世界上留下一些美好的印记。”

陆蓓在整理的Jason医生战疫日记中说，在黑漆漆还不见亮的疫情期间，Jason医生已经变成了夏村的一盏灯，始终散发着温暖的光。

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美国人喝酒的习惯与规矩(上)

感情浅,舔一舔;感情深,一口闷;
感情铁,喝出血,这是中国人的酒话。
那么,外国人是如何对待杯中物的
习惯与规矩

酒是一种好东西,然而如果没有一个
好的喝酒规矩,它就可能成为一种
有害物质。

大家都知道,饮酒既可以给人们带
来快乐,也会给人们造成烦恼,甚至会
危害身心健康。今日中国社会上流行的
饮酒习惯,有不少值得反思之处,看
看别的国家的喝酒规矩也许对我们有
启发,特别其他国家为了保护青少年
健康而立的各种法律更值得我们参考。
迄今为止,中国尚未对青少年饮酒
进行立法,未来应该补上这一课。我在
美国前后生活了将近十年,本文就以
我的所见所闻来谈谈美国人喝酒风俗
。

美国人喝烈酒要掺水

美国的商店里啥酒都有卖,诸如伏
特加、白兰地、威士忌等这些烈酒都
有,但是我在美国那么多年,参加过各种

大大小小的家庭和学校宴会,从没见
过有人喝这种烈酒。在我的印象里,他
们通常只喝啤酒或者葡萄酒。啤酒的
酒精度一般在5度以下,葡萄酒的酒精
度则在13度左右。这种低度酒也被看
做一种饮料,可以在一些学术讲座这
些正式的场合饮用。

前几年我回斯坦福大学访学,期间
去听了一场哲学系的学术讲座,主讲
人是来自剑桥大学的教授。这种场
合都提供饮食,但是这次还有葡萄
酒。讲座是下午五点开始,正是该吃晚
饭的时候,有人就提议是否可以边吃
边听,自然得到大家的一致同意。那次
我连喝了两杯红酒,感觉有点儿上头,
晕晕乎乎的,不过听起哲学讲座,浮想
联翩,思维特别活跃,感觉到悟性特别
高。

这是美国的一种文化,没有把吃饭
和学习分得那么开,也没有把学术讲
座看得那么严肃。斯坦福大学还有一
种“午餐盒讲座”,就是利用中午12点
到下午1点这个时段,安排一个小型的

讲座,大家带著各种食品
饮料,边吃边喝边听,真
是啥味道都有。孔子说
“食不言,寝不语”,这是
我们的老规矩,可是人家
利用吃饭午休的时间来
办讲座,也算是一种另类
思维吧。

不仅听众可以边喝酒
边听讲座,讲座者也可以
边喝酒边做报告。也是在
那次回斯坦福大学访学
期间,还听了华裔学者丘
成桐的讲座。他是哈佛大
学的大教授,是菲尔兹奖
获得者,迄今华裔只有两
个人获得过这个数学界
的最高奖项。丘成桐讲的
内容我听不大懂,印象不
深,但是他给我留下印象
最深的是边喝酒边讲座
的“名士风度”。讲座开始
时,讲台上放著一个大高
脚酒杯,里
边盛著红葡
萄酒,他
是边喝边讲,
讲座完了,
酒也喝完了。
有些人说,
讲座前喝点
儿红酒可
以使得思路
更活跃,不知
是否有道理
。

中国人不
会在正式的
工作场合饮
酒,在这一
点上美国人
就显得很任
性,但有一
点,他们喝的都是
啤酒或
者葡萄
酒,烈酒则绝不会
出现在这种场合。

如果要见识西方人是
如何喝烈酒的,只有到酒
吧里了。我跟朋友一起去
酒吧体验过一两次,发现
他们喝烈酒的习惯也很
另类,一般要加冰块或者
掺冰水喝。服务员斟酒时
,杯子底部就那么一点酒
,加上几个大冰块,再烈

的酒也变成“水性杨花”了。还有一种
喝法就是,给你一瓶像白兰地这种烈
酒,再提供一大瓶冰水,自己调和著喝
。这种掺水喝烈酒的方法倒是新鲜,咱
们中国的白酒都是高度烈酒,不知道
是否能掺水喝,不知道是否有人尝试
著这样做。

美国如何禁止青少年饮酒?
在中国,青少年可以随时随地接触
酒和品尝酒,没有很明确的法律限制,
所以一个人从小到大什么年龄开始喝
酒,完全决定于生活环境。而对饮酒危
害青少年身心健康的问题,大人也缺

乏这个意识。一个六七岁的小孩到商
店给大人买酒,售货员一般不会过问
买的酒是让谁喝的,更不会限制他买
酒。我见过一个五岁的小女孩被一帮
成年人哄著喝了一杯啤酒,结果喝得
满脸通红,不少大人看了还很开心。这
在美国都属于违法行为,警察要来干涉
的。

美国对青少年饮酒有严格的法律规
定,到21岁成年才能喝酒。然而光有一
个法律还不行,如何执行才是关键。美
国人的做法是,全民监督,不给青少年
沾酒的机会。(未完)



美国人喝酒的习惯与规矩(下)



所有餐馆和商店严格执行这一法律。去年我送女儿到美国读书,期间几次到餐馆吃饭,她好想尝尝啤酒。餐馆服务人员就让她出示驾照证明自己的年龄,虽然女儿在新加坡有资格喝酒,新加坡规定是18岁就可以喝酒,但是在美国还不到喝酒的年龄,只好作罢。我经常到商店里买东西,看到凡是买酒的年轻人,售货员都要他们出示年龄证明才决定是否卖给他们酒。在这种氛围下,美国的年轻人也养成了自觉习惯,不到年

龄也不会喝酒。在美国,一个人到了16岁就可以学开车,但是在喝酒的合法年龄之前只要测出血液酒精含量,不论多少都会受到严惩,轻者吊销执照,重者甚至会被拘留。然而成人是可以适度饮酒的,只要血液里的酒精度不超过一定的指标就没事。一般来说,成年人喝一杯啤酒驾车是没事的。

实际上,美国各州对饮酒有不同的规定,有些

州甚至不允许成年人在公众场合的室外饮酒,大概也是为了避免给青少年以不良的影响。去年我又回加州访学,一天傍晚,我从商店买了两瓶啤酒,又到墨西哥餐馆买了一个烙饼卷,然后坐在餐馆外的一张椅子上边吃边喝。这时一位老美过来告诉我,在公众场合喝酒是违法的,警察会来干涉,如果真想在外边喝,必须用报纸什么的把酒瓶子裹起来,不能让别人看到你是在喝酒就行了。

美国有些大学对喝酒规定很严,如果晚宴提供酒精饮料,必须事先向警察申请报备,宴会时间不得超过晚上11点。我有一位哈佛大学的朋友曾经告诉我这么一件事,他们举办学术会议时晚上开了一个晚会,提供有啤酒和葡萄酒之类的东西,事先也向当地的警察局报备了,但是大家谈得开心忘记了时间,过11点后警察就来清场,还要过问主办者为何这样做。

在美国,大学校园里的餐馆和商店都不售卖任何酒精饮料,也是出于尽量减少青年学子接触酒的机会。为何美国少见醉鬼?

美国人到了法定喝酒年龄后,谁都可以喝点,但是他们一般都是适可而止。我在美国生活那么多年,周围那么多美国朋友,从来没有听说过有酗酒者,也从来没有见到一次有人醉酒。美国人喝酒习惯是自斟自饮,也是自娱自乐,他们不劝酒不划拳,不在酒上看情谊的深浅,不在酒上比能力的高低,也没有看别人醉酒后出洋相的癖好。



酒的嗜好,因此一个家庭妇女爱喝酒会被当成另类。

美国人对喝酒的理解既简单又单纯,就是饮

食的一种调配,社交场合的一种礼仪方式,给交谈增加一些情趣。

中国酒与欧美酒的区别

中国酒文化源远流长,造酒业十分庞大,然而在国际市场所占的份额却有限。我一直在思考,这究竟是为什么?

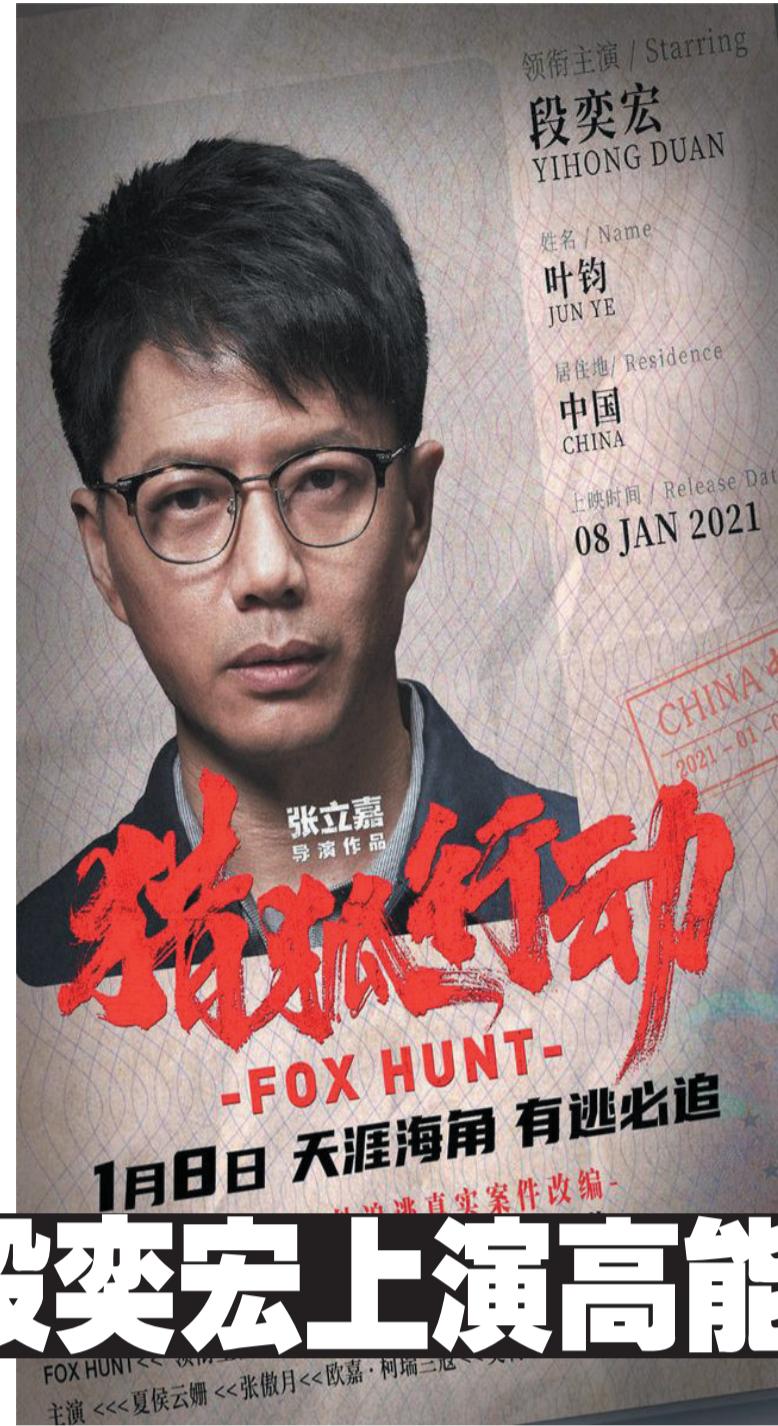
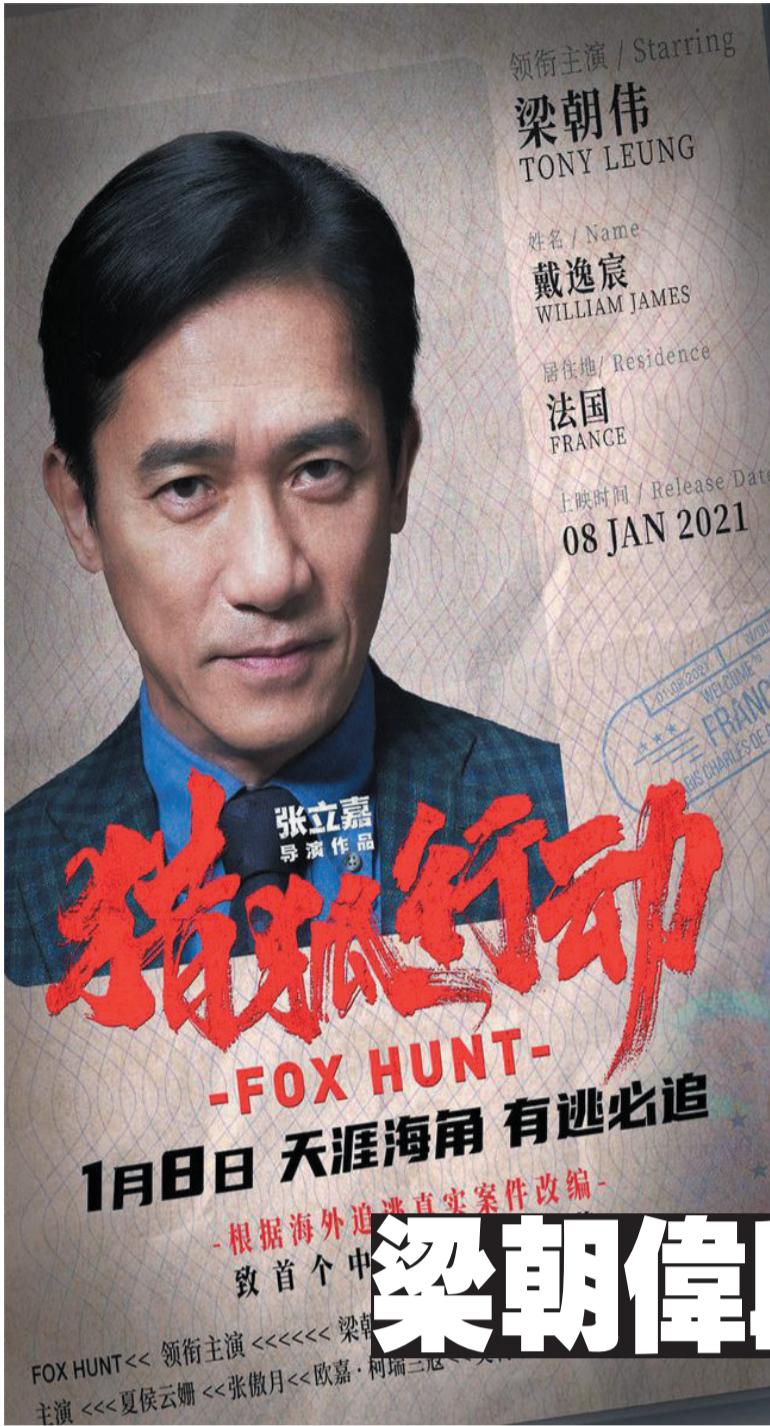
美国到处都是酒吧,商店里售卖来自世界各地的形形色色的酒,但很少卖中国酒。然而在美国的酒吧里或者酒类专卖店经常可以见到日本的清酒,不少美国人还是很能接受日本酒的。中国酒出口美国,一般也只能在中国食品店见到,多是旅居海外的华人购买。

与欧美酒和日本的清酒相比,中国白酒的制作工艺有一个明显的不同,就是酒精的挥发性很高,不仅喝酒时空气里充满著酒气,喝了酒的人呼出的气流也是扑面而来的酒精夹带著饭菜味儿。欧美酒的类型很多,然而不管是低度的还是高度的,也不管是什么味道的,一般都不太挥发酒精,所以酒吧或者餐馆一般闻不到酒气儿,喝酒的人也不会让人闻到他呼出气流的酒精味。

中国的酒若要走向世界,则要研发一些10度左右的低度酒,因为西方的大众喝的一般都是这种酒精度的酒。

酒是一个巨大的国际市场。中国酒要走向世界,要在国际市场上分一杯羹,必须首先克服酒精挥发的制作工艺问题,同时也要大大降低酒精度,如此方能创造出中国酒的世界品牌。





獵狐行動海報

梁朝偉段奕宏上演高能跨境追捕

根據海外追逃真實案件改編，由張立嘉執導，梁朝偉、段奕宏領銜主演，夏侯雲姍、張傲月、歐嘉·柯瑞蘭寇等聯袂主演、首部反映中國警察跨境追捕的電影《獵狐行動》將於2021年1月8日全國上映。影片今日發布壹組角色海報，梁朝偉化身“紅通”經濟犯罪嫌疑人，外表文質彬彬，眼神中卻透出壹絲陰狠，段奕宏所率領的“獵狐小隊”則集結登場，整裝待發，氣場不輸。

兩方陣營火藥味十足，追逃之戰一觸即發。不少網友表示：“梁朝偉和段奕宏眼神太帶感了，想看！”

段奕宏“苦追”梁朝偉七年

梁朝偉坦言：他是最懂我的人

此次發布的角色海報以證件的形式呈現各個角色的信息，梁朝偉身著藍色格紋西裝，神

情冷峻，猶如壹只殘忍冷酷的狐狸，嘴角的狡詐微笑更是令人不寒而栗。段奕宏則眼神警覺，從容不迫，沈穩帥氣中暗露鋒芒，而“獵狐小隊”的另外兩名成員，夏侯雲姍和張傲月同樣幹練簡明，目光堅定，中國經偵民警為民而戰，“天涯海角，有逃必追”的驍勇氣勢撲面而來，不少網友紛紛評論：“角色怎麼個個都這麼帥氣，太期待了！”

梁朝偉在片中飾演“紅通”經濟犯罪嫌疑人戴逸宸，為了權錢利益不擇手段，被日益膨脹的欲望拉入深淵，而段奕宏飾演的經偵民警“苦追”戴逸宸七年，期間經歷種種危難都毫不退縮。梁朝偉在談及片中兩人角色關係時，坦言段奕宏是最懂他的人，更提及：“他追了我七年了，我講的東西他都很理解，我跟他的關係好像是認識很久的朋友，但又是敵人。”



舞者胡金泉壹角，受到廣大影迷的喜爱，並多次提名最佳男配角獎，此番他飾演“花花公子”方毅國。戲骨雲集，真情出演，他們在片中的精彩演繹，也著實令人期待。

《雲水》是“壞猴子72變電影計劃”又壹新導演處女作，由花滿山(上海)影業有限公司、北京劇客影視文化傳媒有限公司、北京壞猴子文化產業發展有限公司聯合出品，優酷電影有限公司發行。影片將於12月21日上映，敬邀您見人心。

“獵狐小隊”全員硬核出擊 海外追逃演繹生死情義

影片中由段奕宏、夏侯雲姍、張傲月組成的“獵狐小隊”各司其職，奔赴在這場沒有硝煙的戰場上，就像現實中每壹位真實存在的中國經偵民警壹樣，他們面對艱難毫不退縮，以除惡務盡為己任，用實際行動踐行著“天涯海角，有逃必追”的堅定信念。隊長葉鈞（段奕宏 飾）負責局勢把控，不僅在制定戰略上有勇有謀，面對犯罪分子更是壹身颶爽舉槍對剛；隊員郭小佳（夏侯雲姍 飾）負責信息收集和情報分析，作為“獵狐小隊”中唯壹的女生，無論是信息處理能力，還是與犯罪分子正面對決都巾幘不讓須眉；而“獵狐小隊”的另壹位隊員趙毅（張傲月 飾）則擔負起保護隊友的重任

， 在危險的追逃之路上更是多次無畏艱險“扛槍上陣”。

談及片中“獵狐小隊”三人之間的關係，段奕宏坦言：“每個隊員都有自己的特長，我們互相配合，把自己的優勢發揮到最大。”張傲月則用“隊友、戰友、朋友”來形容這段生死之交，更透露：“我們之間有著生死壹線的微妙關係，因為大家都不知道下壹秒會發生什麼，很有可能我走了，或者他走了，所以我們之間的關係會更密切壹些。”

電影《獵狐行動》由上海電影（集團）有限公司、墨客行影業（北京）有限公司、上影新浪潮影業（上海）有限公司、霍爾果斯墨像科技有限公司、冠宇影業（北京）有限公司出品，將於2021年1月8日全國公映。

刺殺小說家 雷佳音楊冪狼狽

將於2021年大年初壹上映，由《繡春刀》系列導演路陽執導，寧浩監制的奇幻動作冒險電影《刺殺小說家》曝光壹支全新預告，更清晰地展現了小說改變現實的故事設定，娓娓道來壹場關於信念的奇幻冒險。“只要相信，就能實現”，預告中小說異世界和現實世界相互影響，兩個世界的人物命運交織相連，引人遐想不斷。

除了兩個平行世界的故事設定，新預告中每個人物也更加飽滿立體，尤其是被反派楊冪雇佣，去刺殺小說家董子健的雷佳音。看似十分酷炫的殺手設定，卻沒想到是片中挨打最多的人，更是被雇主楊冪各種狠揍，可以說是史上“最慘殺手”了。

電影中，楊冪雇佣雷佳音，去刺殺小說家董子健。有意思的是，不同於以往電影中帥氣的殺手形象，預告中的雷佳音胡子拉碴，十分邋遢，額頭被打出血，被按在浴缸裏苦苦掙紮，慘狀十足。據悉，這次雷佳音有不少被虐的戲，酒瓶子木板凳砸腦袋、電話線勒脖子……被踹被打更是家常便飯，明明是殺手，卻是挨揍最多的，這也讓他忍不住“吐槽”導演路陽，“不把我虐死不罷休”。

預告中，楊冪飾演的反派屠靈也讓人印象深刻。開頭壹邊點煙，壹邊雲淡風輕“雇兇殺人”的樣子，隔著屏幕感受到了壹股很勁兒。這次楊冪徹底過了壹把反派癮，人狗狠手狗黑，多次暴揍雷佳音。

此外，董子健演繹的兩個角色，壹個是悶悶的宅男，壹個勇猛無畏，截然不同的性格特點，可以說挑戰不小。初次看完劇本，董子健就對角色感受頗深，腦海中冒出許多想法。而爲了專心等這部電影，他還推掉了很多項目，令導演路陽很受感動，“很慶幸這個角色是小董來詮釋”。



美南新聞日報

(Southern Chinese Daily News)

增進福祉的主張

知福：是最大的幸福
惜福：是最好的儲蓄

培福：時時都有福
種福：人人都享福

Four Practices for helping Oneself and Others:

A proposition for Getting Along with others

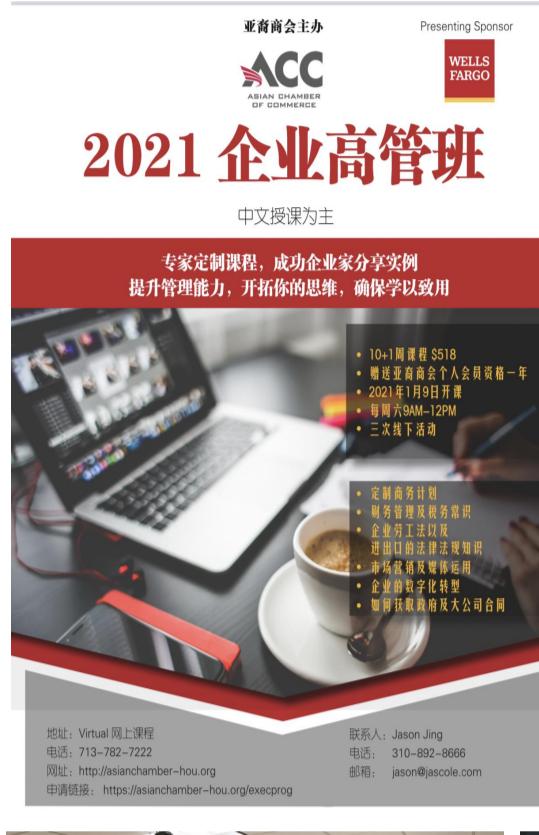
**Feeling grateful: Feel grateful for the chance to develop*

**Feeling thankful: Feel thankful for the opportunity to hone your practice*

**Reforming yourself: Reform yourself through the Dharma*

**Moving others through virtue: Influence others through virtuous action.....*

由休斯顿亚商会开设，富国银行独家赞助 「企业家高管培训班」2021年1月9日正式开课



由休斯頓亞商會（Asian Chamber of Commerce）開設，富國銀行（Wells Fargo）獨家贊助的企業家高管培訓班，在大家的千呼萬喚下，跳過了難熬的2020年，定于2021年1月9日正式開課。

本屆企管班由于疫情的關係，改為線上課程，並計劃組織三次線下的活動。這個方案讓課程可以更安全地進行，并降低了運作成本。學員費用也做了大幅度的下調，同時還擴充了課程的數量和質量，保留了往屆學員一致認為最實用的商業計劃制定、財稅專業知識、勞工進出口稅法、政府及大企業合同協議等內容。選對今年的特殊商業環境，增加了大家關注的市場應對和企業的數字化轉型等與時俱進的應急課程。

2021年的企管班組委會，沿襲了亞商會的優良傳統，都是由往屆的企管班學員組成。

此次企管培訓班主要課程包括商業計劃、財務、金融、營銷、合同法和勞工法、獲取政府和大公司訂單的途徑與技巧等，共10+周課程。每周六上午9:12點上課，每次3小時課堂時間，並有課前交流、講師授課、問答、講師和學員互動。2021年1月9日開課8:30am開放互動聊天時間。

各個科目均由相關領域的成功企業家/專家主講和分享成功經驗，全程以中文授課為主。

講師陣容（部分）：

- 趙建平：三峽集團瀘陽美國公司總裁、中歐商學院的企業管理碩士
- Christine M. Hollinden: Hollinden 市場+戰略營銷創始人、講師
- 信心：Briggs & Veselka 合夥人、美國稅務專家、CPA
- Brian Gargano, Nguyen & Chen LLP (元臣律師事務所)
- 張曉陽：市場營銷學博士/Z LAB公司總裁
- David Hsu: Import and Export Attorney, (Givens & Johnston, PLLC)
- 李明：Offshore Intel 首席運營官
- SBA：聯邦小型企業管理局高級顧問
- City of Houston：休斯頓城市發展與商業管理局
- Wells Fargo: 富國銀行高級金融顧問，高級商業貸款專員

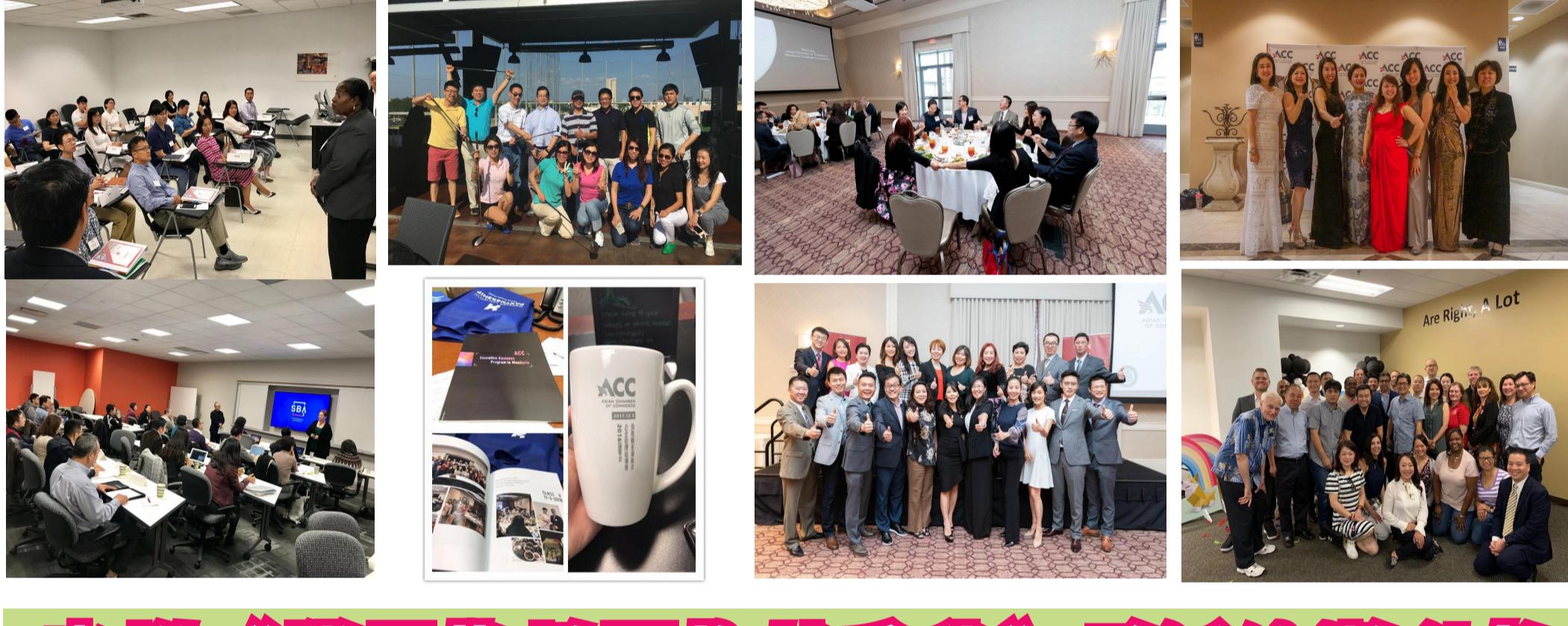
註冊費用：每人\$518。贈送價值\$200的亞裔商會個人會員資一年。

授課地點：網上

報名註冊網站：<https://asianchamber-hou.org/execprog>

本期培訓班只招收25名學員，額滿為止。報名截止日期為1月4日。由於名額有限，組委會保留其最終錄取決定權。本期不能參與者，將被安排在下一期。

本报记者秦鸿钧报导



电影《明天你是否依然爱我》圣诞浪漫必备！打卡Angelababy李鸿其同款完美圣诞约会



正的圣诞老人惊喜亮相。在芬兰完成拍摄的2020年最后一场爱情电影《明天你是否依然爱我》中，圣诞老人见证了赵希曼与费力之间限定壹天的相爱，圣诞老人本尊更是著泳装惊喜出镜。打雪仗、坐旋转木马、逛圣诞老人村、向极光许下爱情承诺.....作为圣诞节最具圣诞氛围的爱情甜片，电影《明天你是否依然爱我》是年末所有情侣以及对爱情向往的观众的不二之选。目前影片预售已全面开启，和喜欢的人壹起去看真圣诞老人带来的礼物，领略最纯正的芬兰风光和圣诞氛围，和ta壹起许下最美好的圣诞心愿吧！即刻购票约会必备！Angelababy与纯正圣诞老人邀你赴约Merry Christmas！和你壹起去看《明天你是否依然爱我》，就是圣诞老人送给我最好的圣诞礼物！今日圣诞老人亲自为大家带来了这个圣诞节的特殊礼物——圣诞老人携Angelababy和李鸿其“壹本正经”地娓娓道来今年度最浪漫的圣诞观影指南，影片中极致的圣诞元素悉数曝光，更有圣诞老人本人泳装惊喜出镜。

在被限定的24小时内，赵希曼（Angelababy饰）和费力（李鸿其饰）在圣诞老人故乡的圣诞老人村，打雪仗、乘雪橇，壹起坐旋转木马，美妙的夜晚和圣诞老人壹起烧烤，更是对著极光许下爱情心愿。无论做什么，只要我们在壹起，就是最完美的圣诞节。影片所塑造的甜蜜氛围，令观众提前感受到了圣诞的浪漫与美好，是2020年圣诞档期必看爱情电影。更重要的是，电影《明天你是否依然爱我》是送给所有观众的圣诞礼物，和喜欢的人壹起打卡2020年最后一场爱情电影，收获独家浪漫。与观影指南壹起曝光的圣诞主题剧照中，Angelababy、李鸿其的浪漫瞬间被甜蜜定格。赵希曼和费力与憨态可掬、神情慈祥的真圣诞老人共度甜蜜圣诞，两人坐著圣诞老人的专属列车，在圣诞老人村写下自己的心愿，在圣诞老人的见证下收获自己的爱情。这些充满仪式感的浪漫细节都将在影片中壹壹呈现，为观众带来圣诞档最适合约会的爱情电影。

圣诞约会甜片预售已开启！Angelababy与圣诞老人同框超可爱电影《明天你是否依然爱我》作为圣诞节期中最有圣诞氛围的爱情电影，在圣诞老人的故乡——芬兰完成拍摄。在圣诞老人村，Angelababy与李鸿其也首次见到了真正的圣诞老人。聊起这段拍摄经历，Angelababy欣喜雀跃地向观众分享了自己与圣诞老人之间的趣味互动：“圣诞老爷爷是整部电影中我印象最深刻的人物。这是我第壹次和真正的圣诞老人聊天，他问我住哪儿，我说住在壹个公寓里。我以为是个很正常的聊天，我就问他‘那你呢’，他突然跟我



说‘我住在壹个Top secret year mountain’。我当时就觉得他是真实存在的了。拍摄结束我又问他是是要开很久的车回家，他说‘我的驯鹿在外面等我呢！’完全不破梗！我觉得我遇见了真实的圣诞老人，这就是圣诞节最好的礼物。”

作为2020年最后一场爱情电影，《明天你是否依然爱我》的浪漫氛围和满满的爱情仪式感，是无数情侣和对爱情向往的人，圣诞节首选爱情电影的观影理由。赵希曼、费力在芬兰圣诞老人村的甜蜜点滴，也唤起众多网友内心对爱情的期待与向往，使得网友纷纷安利身边的人。目前影片预售

已全面开启，众多网友自发在网络平台“@”最特别的ta，约喜欢的人壹起在岁末年初的平安夜、圣诞节，去影院打卡电影《明天你是否依然爱我》。圣诞最浪漫的小事就是带TA去看《明天你是否依然爱我》看Angelababy...演绎最难忘恋爱。

让我们壹起在真正圣诞老人的见证下，共赴今年圣诞最浪漫的爱情电影之约吧！

电影《明天你是否依然爱我》由CMC Inc.华人文化集团公司旗下华人影业和引力影视等企业与宁波合乐影纪文化传播有限公司出品，和合影视（深圳）有限公司，海韩影视娱乐有限公司（香港），上海绚毅影视文化传媒有限公司联合出品。影片将于2020年12月24日正式上映。据悉，《明天你是否依然爱我》由华人影业负责全球发行。目前预售已开启，电影将于12月24日起，在美国、加拿大、澳大利亚、新西兰、英国等国家同步登陆大银幕，更多地区即将定档敬请期待。

德州上映影院：

普莱诺 Plano Cinemark Legacy 24+XD
休斯敦 Houston Cinemark Memorial City
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