



商家名店

Dignity Memorial 公司
最美的墓園 Memorial Oaks
最受華裔人士喜歡
隆重推出優惠:
高達 15% OFF 生前計劃墓產優惠
60個月 0%利率, 無需信用評估
身前契約高達 10% OFF
僅在本月底之前有效
立即致電: 832-913-5888

路易斯安那州西南部
最大的賭場

COUSHATTA CASINO RESORT

更多空間 更多遊戲
更多贏的機會

我們擁有品種繁多的遊戲以及
寬闊的場地, 您能夠更加盡情的享
受您最愛的遊戲! 我們現在已經開
放, 期待您的到來。

COUSHATTA CASINO RESORT
KINDER, LOUISIANA
Louisiana's Best Bet!

菁英地產
World Elite Realty
www.werly.com
專業精準 誠信可靠
歡迎地產經紀人加盟
賣房優惠 再買房更多優惠
281-529-5588
Kevin Jiang Kevin@werly.com

優信保險
BESTTRUST INSURANCE AGENCY
汽車 · 房屋 · 商業 · 醫療
代理多家保險公司
保項佳 · 價格公道 · 服務親切
6420 RICHMOND AVE STE 360,
HOUSTON, TX 77057
besttrustins@gmail.com
713-239-2358 (Office)

Allwin Insurance Agency
安穩保險
汽車 · 房屋 · 商業 · 醫療 · 人壽 · 年金
www.allwininsurance.com
代理多家 · 方便比價 · 價格便宜 · 保項最佳
Office: 713-952-5031
Fax: 713-952-5032
E-mail: yangdeqing@yahoo.com
6901 Corporate Dr Suite 218 Houston, TX 77036
愛客戶如親人 · 視信譽如生命

Helen Go
helen@helengo.com
www.helengo.com
713-981-6888
買賣促銷 專業管理
二十多年豐富地產、
買賣、管理、租賃、經
驗誠助您投資致富
新舊房屋 · 購物商場
土地投資 · 商業大樓
工業倉庫 · 公寓餐館

Venture Equity 房屋買賣/貸款/投資/商業
永創佳業 1031物業延稅交換
Lance Chau
(713) 271-9898
Lchauemail@yahoo.com
RMLO NMLS 246133
近59號公路中層公寓, 2臥2衛, 2臥半2衛
近Westheimer 3房2.5衛房, 售\$189K
Fast Easy Mortgage
貸款: 買房、重貸、出租房貸款、抵押兌現、不查收入
6120 Westline Drive Houston, Texas 77036

恆信貸款
NMLS #301604 www.trinfund.com
房屋貸款 · 舊款重貸
利息低廉 · 經驗豐富
Peter Ma
請電: 馬先生
6918 Corporate #A6, Houston, TX 77036
Tel: (713) 961-3900 Fax: (713) 961-9099

糯米地產
Michelle Lee
281-919-7286
Real Estate
地址: 14090 Southwest Fwy #102, Sugar Land, TX 77478
專精: 學區房 投資 租售 商業地產
誠信高產鑄就口碑
專業敬業換您放心
糖城 Greatwood 4500尺 47萬9
59公路南 77435 農場售19萬8
休斯頓 77071 1.88英畝地售17萬5
Humble 77090兩層 3153尺售18萬9
Cypress 77433兩層 110尺售17萬9

TOP ONE MORTGAGE
群智貸款
外國人貸款, 保證最低
最低利息。B1, B2,
J1保證通過
只要一年P&L盈虧表,
不查稅表
W2用一年VOE貸款方式
不查收入貸款
Construction Loan,
Lot Loan
713-364-7788
832-498-7566

星印美地產投資公司
Sandra Tsui 陳小姐 (國、英語)
siagroupkw@gmail.com
Mei Tan 陳太太 (國、台、英語)
281-630-2212
1. Memorial好學區, 2015年豪華洋房, 4房3.5浴3車庫, 高級裝修配置, 高挑客廳, 電影院, 遊戲間, 書房, 特製廚具, 美麗後院。僅售\$1,185,000。
2. 東城區, 近I-59及I-45; 有鐵門社區, 設計大氣, 新穎獨立屋, 2房2.5浴2車庫, 敞開式客廳廚房, 漂亮木地板, 挑高屋頂, 落地窗, 廚房石英檯面, 1630尺。僅售\$318,000。
3. 近醫學中心, 有鐵門社區, 二層樓洋房, 3房2.5浴2車庫, 全屋木地板, 高挑客廳, 2,814尺。僅售\$475,000。
4. 百利高中學區, 非常漂亮一樓洋房, 3房2.5浴2車庫, 全屋新裝修, 光線充足, 複合木及瓷磚地板, 不銹鋼廚具, 花崗石檯面, 私家泳池, 2,210尺。僅售\$454,900。
5. West U, 近醫學中心, 聯排房, 好學區, 交通方便, 三房二浴, 二車庫, 月租\$1,950。
6. 百利市, 近610, 八千尺住宅土地, 65' x 126', 僅售\$450,000。

2022 休斯頓黃頁
開跑了!
即日起接受預約

免費刊登商家地址電話
網上中文黃頁
不斷探索 開發新商家

刊登黃頁請掃二維碼聯系 Nicole
Tel: (281) 498-4310 Fax: (281) 498-2728
11122 Bellaire Blvd, Houston, TX 77072



Southern DAILY

Make Today Different

Southern Daily News is published by Southern News Group Daily

Thursday, June 03 2021

U.S. to give ransomware hacks similar priority as terrorism

The U.S. Department of Justice is elevating investigations of ransomware attacks to a similar priority as terrorism in the wake of the Colonial Pipeline hack and mounting damage caused by cyber criminals, a senior department official told Reuters.

Internal guidance sent on Thursday to U.S. attorney's offices across the country said information about ransomware investigations in the field should be centrally coordinated with a recently created task force in Washington.

"It's a specialized process to ensure we track all ransomware cases regardless of where it may be referred in this country, so you can make the connections between actors and work your way up to disrupt the whole chain," said John Carlin, principle associate deputy attorney general at the Justice Department.

Last month, a cyber criminal group that the U.S. authorities said operates from Russia, penetrated the pipeline operator on the U.S. East Coast, locking its systems and demanding a ransom. The hack caused a shutdown lasting several days, led to a spike in gas prices, panic buying and localized fuel shortages in the southeast.



tions, and to allow us to develop a comprehensive picture of the national and economic security threats we face, we must enhance and centralize our internal tracking," said the guidance seen by Reuters and previously unreported.

reserved for a short list of topics, including national security cases, legal experts said.

In practice, it means that investigators in U.S. attorney's offices handling ransomware attacks will be expected to share both updated case details and active technical information with leaders in Washington.

The guidance also asks the offices to look at and include other investigations focused on the larger cybercrime ecosystem.

According to the guidance, the list of investigations that now require central notification include cases involving: counter anti-virus services, illicit online forums or marketplaces, cryptocurrency exchanges, bulletproof hosting services, botnets and online money laundering services.

f hosting services refer to opaque internet infrastructure registration services which help cyber criminals to anonymously conduct intrusions.

A botnet is a group of compromised internet-connected devices that can be manipulated to cause digital havoc. Hackers build, buy and rent out botnets in order to conduct cyber crimes ranging from advertising fraud to large cyberattacks.

"We really want to make sure prosecutors and criminal investigators report and are tracking ... cryptocurrency exchanges, illicit online forums or marketplaces where people are selling hacking tools, network access credentials - going after the botnets that serve multiple purposes," said Carlin.

Mark Califano, a former U.S. attorney and cybercrime expert, said the "heightened reporting could allow DOJ to more effectively deploy resources" and to "identify common exploits" used by cybercriminals.



Colonial Pipeline decided to pay the hackers who invaded their systems nearly \$5 million to regain access, the company said.

The DOJ guidance specifically refers to Colonial as an example of the "growing threat that ransomware and digital extortion pose to the nation."

"To ensure we can make necessary connections across national and global cases and investiga-

The Justice Department's decision to push ransomware into this special process illustrates how the issue is being prioritized, U.S. officials said.

"We've used this model around terrorism before but never with ransomware," said Carlin. The process has typically been

WEA LEE'S GLOBAL NOTES

CORONAVIRUS DIARY

06/03/2021



Wea H. Lee
Wealee@scdaily.com

Chairman of International District Houston Texas
Publisher Southern Daily Wea H. Lee

Southern News Group Chairman / CEO
 Chairman of International Trade & Culture Center
 Republic of Guiana Honorary consul at Houston Texas



America Goes Back To Normalcy



Americans are celebrating steps toward normalcy. President Biden is pushing a major effort toward his goal of having 70% of all American adults to be vaccinated by July 4. Biden also plans to recruit 1,000 black-owned barbershops and salons to provide "shots at the shop" nationwide. The president wants Americans to head into

the summer this year feeling dramatically different from last year's summer. All of us deserve it after the long, long dark winter we've all endured.

In New York City, they have started to vaccinate Americans over 12 years old. The state of Alaska has begun offering coronavirus vaccinations at the airports in time for summer travel.

Unfortunately, many countries around the world, including Taiwan, are still out of vaccine. The government is still reviewing the application to let Foxconn's Terry Kuo buy 5 million doses of the BioNTech vaccine

to be donated to the people of Taiwan. The shots would be airlifted from Germany to Taiwan.

Shanghai Fosun Group has a contract with BioNTech to sell the vaccines in greater China, including Taiwan, but the

government said they will only deal with BioNTech in Germany and they do not trust vaccines from China. Because of the political reasons, whether or not Terry Kuo can get the vaccine delivered is still in the government's hands.





A boat passes by Manhattan as pictured from the Graduate Roosevelt Island hotel in New York City. REUTERS/Carlo Allegri



Smoke rises from a fire onboard the MV X-Press Pearl vessel as it sinks while being towed into deep sea off the Colombo Harbour in Sri Lanka. Sri Lanka Airforce Media/via REUTERS



A migrant holds her baby as she receives a shot of the Johnson & Johnson vaccine against the coronavirus in the Mavrovouni camp for refugees and migrants on the island of Lesbos, Greece. REUTERS/Alkis Konstantinidis



People listen to speakers after the remains of 215 children, some as young as three years old, were found at the former Kamloops Indian Residential School, during a vigil in Vancouver, British Columbia, Canada. REUTERS/Jennifer Gauthier



Wang Tianchang, 78, waters a tree planted on the edge of the Gobi desert on the outskirts of Wuwei, Gansu province, China. The Wangs have been fighting desertification since they settled on barren land near the village of Hongshui in Wuwei, a city in Gansu close to the border with Inner Mongolia, in 1980. A local institution in north-west China's Gansu province, Wang and his family lead busloads of young volunteers from the provincial capital of Lanzhou into the desert each year to plant and irrigate new trees and bushes. REUTERS/Carlos Garcia Rawlins



Firefighters and a rescue dog search for victims between the debris of a collapsed building in Rio das Pedras slum, Rio de Janeiro, Brazil. REUTERS/Ricardo Moraes

Vaccine Boosters Could Be Necessary As Soon As September



Illustration: Sarah Grillo/Axios

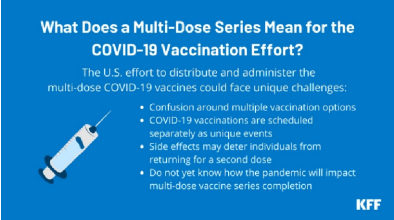
Compiled And Edited By John T. Robbins, Southern Daily Editor

The first Americans to be vaccinated against the coronavirus could require a third “booster” shot as early as September, the CEOs of Pfizer and Moderna told Axios. Driving the news: “The data that I see coming, they are supporting the notion that likely there will be a need for a booster somewhere between eight and 12 months,” Pfizer CEO Albert Bourla said yesterday during an Axios event. That means some Americans could need a booster as soon as September or October, he added. State of play: Only time will tell how long protection from the first two vaccine doses will last, but there’s no evidence yet that it’s fading. Even if protection does begin to fade — which is common among vaccines — it won’t happen overnight. And as the virus continues to spread around the world, it’s possible that vaccine-resistant variants could eventually emerge. (The existing vaccines are highly effective against the variants currently circulating in the U.S.)



What they’re saying: “I think we will almost certainly require a booster sometime within a year or so after getting the primary [shot] because the durability of protection against coronaviruses is generally not lifelong,” NIAID director Anthony Fauci told Axios’ Mike Allen at the same event. “I think as a country we should rather be two months too early, than two months too late with outbreaks in several places,” Moderna CEO Stéphane Bancel wrote in an email. “People at highest risks (elderly, health-care workers) were vaccinated in December/January,” he added. “So I would do [a] September start for those at highest risk.”

The other side: Experts caution to consider the drug companies’ predictions in context with their broader business goals. “It’s not proven that we need boosters yet. Whereas it’s appropriate to plan for boosters, you’ve got to look at whether there’s a corporate agenda behind this,” said Cornell professor and virologist John Moore.



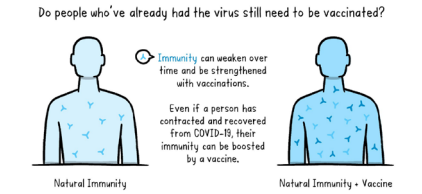
“As of now, we don’t have any evidence that protective immunity has dropped to a troubling point, and certainly not for people immunized in December, January, February,” he added. “It’s hard to say where we will be in November because right now it’s May.” The bottom line: Even if you received your first shot in December, you don’t need to worry that you’ll wake up tomorrow having lost all of your immunity. “Personally, if I was in that situation, I wouldn’t be worrying about it — not yet. But I would want to see that data later in the year,” Moore said. The decline in protection would be gradual, and researchers around the world are gathering data on the subject through clinical trials and real-world evidence.

U.S. COVID booster shots study tests mixing vaccine brands



Photo: Justin Tallis/Pool/Getty Images U.S. health officials have begun a clinical trial with adults fully vaccinated against COVID-19, administering a booster shot of a different vaccine brand to the one they’ve already received, the National Institutes of Health announced Tuesday.

Why it matters: The study will examine immune responses and the safety of mixing different vaccines. Scientists will also measure the shots’ efficacy in staving off emerging variants, according to a statement from the NIH. • Per a statement from NIAID director Anthony Fauci: “Although the vaccines currently authorized by the U.S. Food and Drug Administration offer strong protection against COVID-19, we need to prepare for the possibility of needing booster shots to counter waning immunity and to keep pace with an evolving virus.”



• If booster shots are required, this study could help health officials decide which vaccine combinations are best. **Details:** The study will examine 150 volunteers who’ve received one of the three COVID-19 vaccines authorized for use in the U.S. — Johnson & Johnson’s, Moderna’s and Pfizer-BioNTech’s. • Each vaccine group will have enrolled some 25 people between the ages of 18 and 55 and about 25 people in the 56 years and older age group. • “Twelve to 20 weeks following their initial vaccination regimen, participants will receive a single booster dose of the Moderna COVID-19 vaccine as part of the trial,” according to the NIH. • Another aspect of the study will see volunteers who’ve yet to receive a coronavirus vaccine enrolled. Initially, they’ll receive the two-dose Moderna vaccine before receiving a booster dose of a vaccine about 12 to 20 weeks later.



The data is still not in on whether booster

shots against COVID-19 will be necessary. The disease has only been around for slightly over a year, and the vaccines for five or six months. Drug companies have been suggesting that booster shots will be necessary, particularly with the rise of more infectious variants, such as those originating in South Africa and the U.K. Clinical studies of booster shots are already ongoing. Nonetheless, it’s still not known just how long the protection from vaccines lasts. But drug companies are not the decision-makers for this. **The U.S. Centers for Disease Control and Prevention (CDC)**’s Advisory Committee on Immunization Processes **plans to meet** and make a recommendation to the CDC on booster shots. Those conversations, however, have not yet begun. **The big picture:** Research indicates that all three vaccines authorized for use in the U.S. protect against variants, to varying degrees. • The Public Health Agency of Canada updated its coronavirus vaccine guidance on Tuesday to permit Canadians to receive a different dose for their second shot, though it still recommends using the same brand. • Health officials in the United Kingdom are expected to release initial results this summer of a clinical trial testing the effectiveness of mixing COVID-19 vaccines (Courtesy axios.com)



Doctors And Moms
Recommend COVID-19
Vaccine To Get Kids’ Lives
‘Back To Normal’



Nina and Layla Attisha have missed out on a lot of “critical parts of being a regular kid” over the last 14 months.

Compiled And Edited By John T. Robbins, Southern Daily Editor

Nina and Layla Attisha have missed out on a lot of “critical parts of being a regular kid” over the last 14 months, including in-person schooling, sports, summer camps and sleepovers.

So when the 15- and 12-year-old sisters became eligible to receive a COVID-19 vaccine this week, their mother said they jumped at the opportunity. They were among the first teens in their age bracket to get a first dose of Pfizer’s vaccine Thursday, May 13, in Bloomfield Hills, Michigan..

“Like most kids, they’ve missed out on so much this year,” said Dr. Mona Hanna-Attisha, a Michigan pediatrician and mother of two daughters. “All these things that are critical parts of being just a regular kid, these are normal things for normal health and development of children.”

Hanna-Attisha joined other doctors and vaccine advocates virtually Thursday to discuss the safety and effectiveness of Pfizer’s COVID-19 vaccine and to encourage parents to get their children vaccinated if they’re 12 years or older. Her daughters received the vaccine during a live broadcast of the event, hosted by the Protect Michigan Commission.

For my kids and for kids all over, the pandemic has taken a huge toll on their mental and emotional health, on their social wellbeing and on their educational experiences,” said Dr. Hanna-Attisha. “And as a pediatrician, I know that kids also get physically sick with COVID, it should

not be minimized.”

Earlier this week, the CDC’s independent advisory committee unanimously voted to recommend use of Pfizer’s two-dose vaccine for individuals 12 to 15 years old. The minimum age under the FDA’s emergency use authorization was previously 16.

Nina, 15, and Layla Attisha, 12, receive Pfizer’s COVID-19 vaccine Thursday, May 13, during a live broadcast hosted by the Protect Michigan Commission. (Video screenshot)

Dr. Joneigh Khaldun, the state’s chief medical executive, called the authorization process vaccines must go through “rigorous” and said that process hasn’t changed with COVID-19. The drug must be reviewed by the FDA, as well as the CDC’s independent advisory committee made up of medical and public health experts, before it can be given approval or emergency use authorization.

In clinical trials involving more than 2,100 participants, the vaccine was 100% effective in preventing COVID-19. There were five “serious adverse events” reported out of 1,131 vaccinated partici-

pants, compared to two SAEs out of 1,129 placebo recipients. Among those events, officials said “no SAEs were judged to be related to vaccination.”

Trial vaccine recipients did report similar mild-to-moderate side effects as adults who have received the vaccine, including pain at the injection site -- more prominent after the first dose -- and fatigue, headache, chills and muscle pain as well as fever and joint main -- more prominent after the second dose.

Side-effects typically ease after a day or two.

More than 1.5 million kids have been diagnosed with COVID-19 since the start of the pandemic. More than 13,000 have been hospitalized, and there have been at least 127 deaths linked to the virus. In more than 3,000 cases, children developed multi-system inflammatory syndrome about 2-5 weeks after getting COVID-19.



“The potential long-term scars of COVID on our children are yet to be realized and as a pediatrician, these are things that we’re going to have to follow the consequences of for really years after this pandemic, but it doesn’t have to be this way anymore,” said Hanna-Attisha.

“We can prevent all of this with a vaccine and that’s why I’m so excited as a pediatrician and also as a mom, we can go back to normal, our kids can go back to all those activities that once again are so critical for their normal growth and development.”

Related: Why expanded vaccine eligibility won’t speed up Michigan’s race to 70% vaccinated

Another woman who spoke during the virtual event Thursday was Lisa Sanchez Metropoulos, a Genesee County mother of two. She said her 12-year-old son’s asthma has made COVID-19 more dangerous to their family, which has forced her to constantly tell him he couldn’t partake in activities like playing football and soccer, enjoying Boy Scouts, or even visiting with friends and extended family.

So when she heard that her son and 14-year-old daughter were now eligible for a vaccine, she “did a little happy dance” with tears in her eyes.



“As a mom, to look at him and say (no) every time he asked to do something or see someone, it’s heartbreak-

ing,” she said. “Finally, I wouldn’t have to answer his questions about when things to back to normal with ‘hopefully soon.’ I can give him a date to look forward to and that has been everything.”

“Both of my kids will be vaccinated as soon as possible, and it just feels like a huge, huge weight has been lifted off of us. We just have so much to look forward to as a family now.”

The Pfizer vaccine has been administered in more than 138 million doses across the country, including more than 4.15 million doses in Michigan. It requires two doses, spaced three weeks apart, for maximum efficacy, and is effective in preventing COVID-19 for at least six months.

CVS and Rite Aid pharmacies are among the locations that have begun taking appointments to vaccinate the younger population, as has the federal clinic at Ford Field in Detroit. Health departments and hospital systems have also begun scheduling clinics aimed at getting shots to the newly eligible youths.



Youths must be accompanied by an adult to receive a COVID-19 vaccine, and can now get additional vaccines in the same appointment if they fell behind on their recommended schedules during the pandemic, according to the CDC.

Appointments, including walk-ins, are available throughout the state. For more information, visit the state’s COVID-19 vaccine website. (Courtesy https://www.mlive.com/)

Related

C.D.C. Is Investigating a Heart Problem in a Few Young Vaccine Recipients

The agency is reviewing several dozen reports that teenagers and young adults may have developed myocarditis after vaccination, officials said. But the agency has not determined whether the vaccine caused the condition.



A teenager in Nashville received a first dose of the Pfizer-BioNTech vaccine earlier this month. Brett Carlsen for The New York Times

The Centers for Disease Control and Prevention is looking into reports that a very small number of teenagers and young adults vaccinated against the coronavirus may have experienced heart problems, according to the agency’s vaccine safety group.

The group’s statement was sparse in details, saying only that there were “relatively few” cases and that they may be entirely unrelated to vaccination. The condition, called myocarditis, is an inflammation of the heart muscle, and can occur following certain infections.

The C.D.C.’s review of the reports is in the early stages, and the agency has yet to determine whether there is any evidence that the vaccines caused the heart condition. The agency has posted guidance on its website urging doctors and clinicians to be alert to unusual heart symptoms among young people who had just received their shots.

“It may simply be a coincidence that some people are developing myocarditis after vaccination,” said Dr. Celine Gounder, an infectious disease specialist at Bellevue Hospital Center in New York. “It’s more likely for something like that to happen by chance, because so many people are getting vaccinated right now.”

The cases seem to have occurred predominantly in adolescents and young adults about four days after their second dose of one of the mRNA vaccines, made by Moderna and Pfizer-BioNTech. And the cases were more common in males than in females.

“Most cases appear to be mild, and follow-up of cases is ongoing,” the vaccine safety group said. The C.D.C. strongly recommends Covid vaccines for Americans ages 12 and older.



“We look forward to seeing more data about these cases, so we can better understand if they are related to the vaccine or if they are coincidental,” said Dr. Yvonne Maldonado, chair of the American Academy of Pediatrics’s Committee on Infectious Diseases. “Meanwhile, it’s important for pediatricians and other clinicians to report any health concerns that arise after vaccination.”

Experts emphasized that the potentially rare side effect of myocarditis paled in comparison to the potential risks of Covid, including the persistent syndrome called “long Covid.” Acute Covid itself can cause myocarditis. (Courtesy https://www.nytimes.com/)

德意志的七张面孔

没有任何一个中世纪的统治者能够像卡尔大帝一样，直到今天仍然家喻户晓。提到他，人们几乎会自动联想到历史上的丰功伟绩。在其他欧洲语言中，他的名字和别名甚至已经融合成为不可分割的整体：Charlemagne 或者 Carolomagno。

毫无疑问，他是一位杰出的统治者；但是，他的性格怎样？关于卡尔大帝的外貌特征和个人才能，我们又知道多少？为了寻找这些问题的答案，我们要查找关于卡尔的文献。和其他统治者相比，有关卡尔的文献比较完善：有一名几乎和他同时代，并且和他关系非常好的传记作家为我们记录了卡尔的生平。

艾因哈德出身于东法兰克的贵族家庭，知识渊博，在8世纪末进入卡尔大帝的宫廷后迅速取得了一番成就。在卡尔大帝死后大约十年，他写成《卡尔大帝传》。

中世纪时期，君主的观察者通常会把君主描绘成符合基督教美德标准的模范式人物，君主的个人特征则显得无足轻重。艾因哈德却不强调基督教的美德，而是较为看重普世的、稳固不变的特征：卡尔“在智慧和心灵方面超过了所有同时代的统治者”。在叙述卡尔的私人和家庭生活之前，艾因哈德先论述了卡尔否泰不挠的韧性。东罗马帝国皇帝对卡尔心存敌意，但卡尔仍然以良好的耐心和强大的心灵予以包容。此外，艾因哈德还对卡尔大帝的形象作了一番栩栩如生的描述：

他身宽体壮，身材高大，但并不显得不合比例，因为他的身高是脚长的七倍；他头顶呈圆形，一双大眼睛炯炯有神，鼻梁稍高，头发灰白，但很漂亮，表情友善，乐观开朗。因此，他无论坐立，都显得英姿勃发；尽管他脖子略显粗短，小腹稍稍隆起，但是身体的其他部分很短，可以掩盖了这些小瑕疵。他步态坚定，男子汉气概十足，说话音调较高，让人觉得与他的身形不甚匹配；他很健康，只是在临终前四年经常发烧，最终只能一只脚跛着走路。

但是，即使在最后四年，他也常常自行其是，不遵从医生的建议，甚至有点讨厌医生，因为医生建议他戒掉他经常吃的烤肉，改吃煮肉。他按照法兰克人的习俗，经常骑马打猎……他很喜欢

冒着热气的温泉，经常练习游泳，且非常娴熟，可以说无人能够超越他。因此，他晚年在亚琛建了一所皇宫，住在那里直到去世。他不仅邀请他的儿子们来温泉沐浴，还邀请贵族和他的朋友，常常还有他的随从和护卫们，所以，有时候会有上百人和他一同沐浴。

或许，当年的温泉并没有这么拥挤，因为艾因哈德为了颂扬卡尔，把他理想化，常常会有所夸张。而且，艾因哈德在文辞表达上极力模仿苏维托尼乌斯对古罗马皇帝的描写方式，只有少量细节采用了他自己的表述方式。对卡尔大帝骸骨的测量确认艾因哈德对卡尔身高的描述属实：卡尔大帝的确超过一米八。毕竟，艾因哈德还是提到了这位伟大统治者身体上的一些小瑕疵：鼻子大，脖子短，小腹隆起，声音尖细等，因此，或许艾因哈德的其他描述也是可信的。

我们的信息来源并没有特意描写卡尔的性格特征，但至少我们仍能隐约推测到卡尔的一些缺点：固执、暴饮暴食、渴望始终处于人群中心的表现欲。艾因哈德的陈述还反映出，卡尔平易近人，是个非常开放的人。卡尔一定非常喜爱美食，因为艾因哈德在其他地方也强调了卡尔大帝食欲极好：“在吃饭方面，他却不能节制，还常常抱怨说，斋戒有损健康。”但他一贯憎恶酩酊大醉，不仅对自己，对朋友亦是如此。

节选自《卡尔大帝》马提亚斯·贝歇尔

德意志的魂灵用血肉筋骨架起恢弘天幕

头顶的历史银汉与幕下的时间之河相映相鉴

我们仰望那最耀眼的七点明星

追怀两千年的沉浮变迁

欧洲之父卡尔大帝、宗教改革家马丁·路德、约翰·加尔文、军事天才腓特烈大王、铁血宰相俾斯麦、新时期的第一位领袖康拉德·阿登纳、以及世纪人物维利·勃兰特，他们都有着传奇色彩与戏剧性经历，在不同的时期扮演过关键角色。透过各自的时代横截面，串联起演变的脉络，浮现出流动而绵远的德意志历史宏景。

C. H. 贝克出版社 (C.H. Beck Verlag) 由 Carl Gottlob Beck 建于 1763 年，是德国历史最悠久的出版社之一，专业出版古代史研究、文学研究、历史、法律



律和文学著作。这套《贝克德意志史I》选取这七个德意志历史人物，是世界历史绕不开的七点坐标，是真正的德意志群星：他们构建了明晰的历史星象图，他们的性格浸染了德意志文化，他们的一举一动决定了德国乃至世界的迈进方向。

本书是贝克出版社长盛不衰的经典出版物，选取德国公认历史专家，吸收学界最新研究成果，传递通识教育。每一本书的作者单独拎出来，都是响当当的顶尖学者：

《卡尔大帝》马提亚斯·贝歇尔，波恩大学中世纪史教授

《马丁·路德》托马斯·考夫曼，哥廷根大学教会史教授

《约翰·加尔文》克里斯托夫·施特罗姆，海德堡大学教会史教授

《腓特烈大王》约翰内斯·库尼施，科隆大学近代史教授

《俾斯麦》埃伯哈德·科尔布，科隆大学历史学教授

《康拉德·阿登纳》玛丽露易丝·雷克，法兰克福大学现代史教授

《维利·勃兰特》贝恩德·福伦巴赫，波鸿大学教授

看通史，一般读者最怕遇见大部头，想读却无力挑战，睡前躺着看两眼弄



不好还容易砸脸上。这套德意志史没有这些问题，全书篇章短小、语言精炼、节奏轻快，架构清晰，用人物群像的速写取代历史的巨幅长卷，在体现学术厚重感的同时，又不失趣味。

2021 开年，广西师范大学出版社一口气推出多本年度重点作品，这套刚刚面世的《贝克德意志史I：皇帝、改革者

与政治家》，便是今年你不能错过的一套图书。32开，比手掌大一点，轻薄简约，将厚重历史完美纳入小巧开本中，你可以在任何场景下阅读它，地铁里，公交上，排队时，不感兴趣的社交中……拿一本，随时与传奇人物展开对话，不费力就能用阅读为自己搭建一座小小精神避难所。

特工歸來！ 《貝肯熊2：金牌特工》定檔7月23日 撲哧一夏熊抱暑假

暑假最受期待的動畫電影《貝肯熊2：金牌特工》於今日發布了“熊抱天下”定檔海報和預告，宣布定檔。作為《貝肯熊》系列推出的第二部動畫電影，《貝肯熊2：金牌特工》三年磨一劍，驚喜亮相——北極熊特工貝肯再次倒黴出發，新角色海豹小迪歡樂上線，化身貝肯鐵粉。影片將於7月23日全國上映，“熊抱特工組”暑期出擊，邀大家歡樂一夏！

新角色小迪鐵粉上線！ “熊抱特工組”暑假出擊

作為《貝肯熊》系列電影的第二部，影片銜接前一部的劇情，擁有超級大腦芯片的特工熊貝肯在陰差陽錯下被反派首領奪走了芯片，為了尋回芯片貝肯踏上了與特工局鬥智鬥勇的旅程，還在旅途中結識了一位新朋友——海豹小迪。小迪是海洋館裏有名的貝肯“鐵粉”，以貝肯為偶像的他立誌成為一名優秀特工，為了達成這個目標，小迪幾乎寸步不離地粘著無奈的貝肯，“熊抱特工組”就此誕生，攜手對抗反派陰謀。

這次發布的“熊抱天下”海報，貝肯小迪齊齊亮相，貝肯表情或

驚訝、或搞怪、或挑釁、或歡樂，每一張都堪稱經典，看來這次的尋找芯片之旅必定亮點滿滿。作為鐵粉的小迪則裝備齊全：背包、射箭、變裝……樣樣不落，看上去有模有樣，儼然一個完美特工，與他不靠譜的偶像貝肯形成鮮明對比。而定檔預告裏的特工貝肯看似酷帥十足，卻老在關鍵時刻破功掉鏈，讓人啼笑皆非，卻又好奇這樣的他要如何保護世界的安全。

鐵粉小迪如何學習從粉絲進階成為完美特工？這對看起來有些不靠譜的“熊抱特工組”能否拯救世界？7月23日邀你一探究竟。

《貝肯熊》系列電影第二部撲哧一夏歡樂滿分

作為一個誕生於2002年的經典IP，“歡樂”、“搞笑”一直是《貝肯熊》的最大亮點，有觀眾感嘆《貝肯熊》承載了他的童年回憶：“每次看到這個都會想起上學時老師在課間給我們放的3分鐘小動畫”。也有更多觀眾單純喜歡貝肯的簡單快樂：“這只熊不功利不浮躁，想到什麼就做什麼，生活就該這樣簡簡單單”。一直以來，《貝肯熊》都通過傳遞樂觀向上、積極

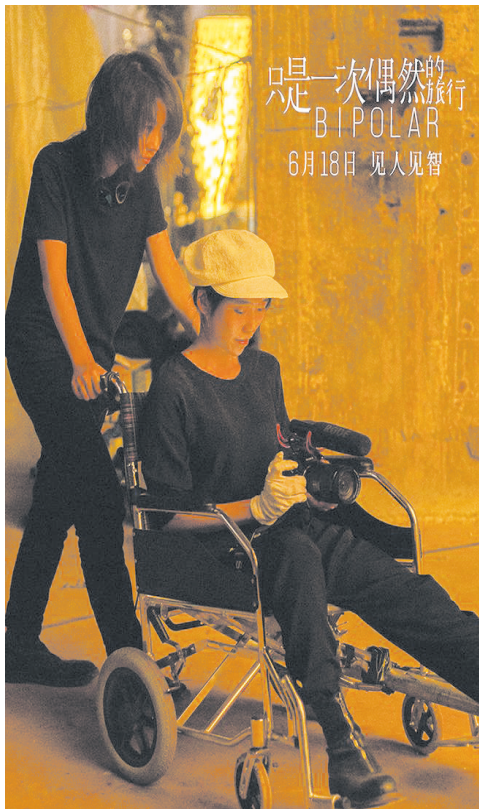
努力的態度鼓舞著每個人的生活，為大家帶來歡樂，正如很多被《貝肯熊》陪伴多年的觀眾說的那樣：“不開心的時候看會開心，開心的時候看會笑瘋。”

觀眾的喜愛和支持賦予了作品生命力，而《貝肯熊》製作團隊也在這19年中深耕動畫領域，潛心研究，不斷創新。這次的《貝肯熊2：金牌特工》是製作團隊籌備三年的誠意之作，無論是對角色的設計，還是對故事情節的打磨，都進行了全方位多角度的升級。影片用心塑造憨萌貝肯以及鐵粉小迪這兩個可愛角色，相信這些一定能讓觀眾感受到《貝肯熊》系列自帶的輕鬆和快樂。而兩人組成的看似不靠譜的“熊抱特工組”經歷的種種趣事，也一定會再次為各個年齡層的大小朋友們帶來歡樂。

電影《貝肯熊2：金牌特工》由奧飛影業（上海）有限公司、霍爾果斯聚千澄影業有限公司、麥頌影視投資（上海）有限公司、蘇州星龍傳媒有限公司出品，影片將於2021年7月23日全國上映，邀請大家共同歡度暑假看貝肯，一起撲哧一夏，歡樂不停！



電影《只是一次偶然的旅行》主創揭秘 竇靖童緣何領銜主演？



電影《只是一次偶然的旅行》釋出主創訪談視頻，導演李孟橋、領銜主演竇靖童、主演賀開朗齊聚一堂回顧電影拍攝期，從陌生到熟悉，其中不乏趣事，三人回答默契十足，導演李孟橋更披露緣何選角合作竇靖童、賀開朗。《只是一次偶然的旅行》講述竇靖童飾演的少女獨自上路朝聖，偶遇一

只“神蝦”，繼而打破常規與自己和解的故事。據悉，影片將於6月18日全國公映，見人見智。

為什麼是她 她導演李孟橋談選角OnePick

當導演李孟橋被問到電影選角時，談到三人初次見面，自己內心已經認定：“電影中的男女主角就應該是這樣。選擇他們兩位是因為覺得非常合適。這個故事剛寫一個框架的時候，第一個腦海中想到的人就是童，然後也發給她看了。開朗也是我覺得他很符合角色的狀態，很真誠，合適是最重要的理由。”

關於影片的故事，導演李孟橋這樣闡釋：“其實是講女主角在這一路上，遇到了很多打破她邏輯、常識、對標籤執著的那些人與事，講述了將心打開，回到當下的過程。”看似偶然的旅行，也源於我們對本身生活的審視。“我們其實

是對自己很有期待的，不論你承認不承認，我們非常堅信這種概念，對概念有很多吹毛求疵的設定，你希望自己是這樣的，你希望別人也這麼認為。但如果你不能完整地接納自己，其實你就更容易產生散亂的情緒，這個也是我跟主人公有共鳴的感受。”

將心打開“偶然”才有縫隙進 來旅行的意義自己定義

竇靖童首挑大梁領銜主演，其對影片的主旨表達也有著自己的理解，如同片名所暗示，將心打開，“偶然”才有縫隙進來：“這部電影就像一面鏡子，對我來講它反映出我自己的內心，用鏡子這個詞語來推薦給大家，看看大家是不是也是這樣的感受。”

而對於影片中女孩的這趟旅程，竇靖童也關聯出人生相似的意義：“我覺得我們在這個世界上就好比是一個信號接收器，這個世界上的一切發生的事件也好，或者我們遇到的人，其實都是一種信號。當你封閉接收器的入口，其實你是困在一個地方，你沒有辦法往前走。所以女孩在旅程當中，不斷遇到不同的人，跟他們有一小段一小段經歷，她在慢慢打開自己，產生反應，使她逐漸能夠從條條框框裏走出來。”

《私奔的外婆》長沙開機 豪華演員陣容首曝光

由愛奇藝出品，光芒影業、十間傳媒聯合出品製作，李樯擔任總編劇兼監製的女性公路題材超級網劇《私奔的外婆》在長沙正式開機。首波主演陣容驚喜曝光，領銜主演閻妮、鄧恩熙、張瑤，特別出演姚晨、王珞丹、梅婷、焦剛、李倩、郭柯宇、王妍之、鄧元清（以上排名不分先後）。

概念海報時空鏡像 宣傳片傳遞溫暖質感

《私奔的外婆》取材自匡扶搖人氣同名漫畫，主要講述了五年前外婆突然離家出走，去見識更為廣闊的世界，尋找並再造自己的新生活。五年後外婆的孿生姐姐婆婆和外孫女竇綺一起尋找外婆，並在這個過程中重新認識自己的故事。著名編劇李樯首次觸網，頂級電影製作班底打造精品電影化劇集，引領劇集全新審美。

官方新曝光的概念海報畫風清新，色調溫暖，帶給人治愈心靈的感覺。海報中，婆婆和

外孫女背著行囊一起行走在尋找外婆的路上，她們頭頂上的藍天鏡像出坐在大巴車頂私奔的外婆，更突顯出外婆的“酷颯”之風。此外，官方發布的概念宣傳片也傳遞出故事溫暖的底色。外婆的生活不只有柴米油鹽醬醋茶，還有詩和遠方。

人物海報驚喜曝光 老戲骨聯袂演繹眾生百態

《私奔的外婆》發布了全女性人物海報，外婆私奔之旅中的首批旅途人物曝光，超強演員陣容引發觀眾期待。閻妮一人分飾兩角挑戰外婆和婆婆兩個角色，鄧恩熙飾演的外孫女在尋找外婆的過程中逐漸打開心房，張瑤飾演外婆的女兒。此外，還有姚晨、王珞丹、梅婷、焦剛、李倩、郭柯宇、王妍之、鄧元清（以上排名不分先後），實力派演員加盟，演繹眾生百態。

開機現場，主創分享了各自對故事的理解

並表達了對這部劇的期待。大家表示，原版漫畫就很溫暖治愈，總編劇兼監製李樯擴充了這個故事，加入了一些新的角色，使得人物更加豐滿立體，故事也更加豐富有層次。原漫畫作者匡扶搖分享道，他本身就是湖南人，漫畫的故事就發生在湖南，沒想到拍攝也在湖南，是很奇妙的緣分，希望這個關於“尋找”的故事能夠帶給大家不一樣的體驗。



GOLDEN BANK
金城銀行
www.goldenbank-na.com

聯邦中小企業署優先審核銀行
(SBA Preferred Lender)

9315 Bellaire Blvd., Houston, Texas 77036

Phone: 713-777-3838

歡迎洽詢

聯邦中小企業商業貸款 (SBA Loans)
商業貸款 (Commercial & Industrial Loans)
商業房地產貸款 (Commercial Real Estate Loans)
商業公寓住宅貸款 (Multi-Family Real Estate Loans)
海外信用保證基金 (OCGF)

Bill Chen 陳啟輝

SVP/Lending Officer

專線電話: 713-596-6968

BillChen@goldenbank-na.com

Ivan Zhu 朱寧遠

FVP/Lending Officer

專線電話: 713-596-6809

IvanZhu@goldenbank-na.com

與金城銀行攜手完成夢想並邁向成功



《熱帶往事》開啓預售曝“文武兼備”特輯 彭於晏爲角色減重32斤

由寧浩監製，溫仕培執導，彭於晏、張艾嘉、王硯輝領銜主演，章宇友情出演，姜珮瑤、盧鑫、陳永忠、鄧飛主演的電影《熱帶往事》將於6月12日全國公映。6月2日起，《熱帶往事》已在各大票務平臺全面開啟預售，率先引爆端午檔。影片更曝光“文武兼備”彭於晏人物特輯，呈現他為角色付出，對自我“下狠手”的嚴苛自律——提前吃素半年，為角色減重32斤，創下自己成年後的最低體重，在片場甚至脫水上陣，只為全情沈浸於角色狀態之中。

端午檔最強犯罪片開啟預售
彭於晏為《熱帶往事》減重32斤創紀錄

自電影《熱帶往事》官宣提檔至6月12日全國公映後，電影的相關話題熱度便持續走高。作為端午檔期唯一一部強類型犯罪片，自6月2日起電影《熱帶往事》已在各大票務平臺全面開啟預售，搶先燥熱端午檔。片方也全新曝光“文武兼備”彭於晏特輯，全方位將其《熱帶往事》的突破性付出一一呈現，通過身體上的操練、飲食上的限制，以及情緒上的管控，讓自己全方位進入到角色的狀態之中。

此次曝光的人物特輯中，彭於晏一改往日“穿衣顯瘦，脫衣有肉”的型男形象，反而以暴瘦形象示人。據悉，片中彭於晏所飾演的角色王學明是一個基層的空調修理工人。為此，彭於晏專門找到朋友的父親——一位從事了大半輩子空調維修的技術人員，認真學習相關技能，看圖紙、量尺寸、扛氣瓶……而空調師傅壓低帽子，常年不換工作服，“存在感甚微”的體態神情，也被彭於晏學來所用。而在彭於晏對該群體經過觀察後，他還發現年輕的空調修理工普遍身形偏瘦。為此，他提前吃素半年，並在開機前一個月進入強化減脂期，每天堅持兩個小時的運動，加上極為嚴格的飲食控制，使得常規體重156斤的他在電影開機第三周時降到124斤，共減重32斤，創下身高1米82的彭於晏自成年以來的最低體重。

彭於晏嚴苛自律為角色脫水上陣張艾嘉贊其“演技自然”王硯輝稱其“可愛樸實”

彭於晏極度嚴苛的自律和對角色的執著，都讓《熱帶往事》眾主創們連連稱贊。監製寧浩直言：“很欽佩，非常的敬業。我

跟他說，我跟著你練，一起瘦一下，結果一試連一堂課都沒下來。”導演溫仕培回憶：“有一些鏡頭為了達到最佳的效果，他會提前一兩天進行脫水。脫水意味著可能兩三天他不怎麼喝水。在現場實在渴得不行，他只會喝一口礦泉水，抵一口，然後再吐出來。他就是一個對自己非常嚴厲的演員，他會無形中影響到所有的創作者，我們都想要付出同樣的努力去完成這個電影。”

作為一個正面積極的樂天派，無論在生活中，還是銀幕上，觀眾熟悉的彭於晏總是以正能量的形象示人，而他接戲的理由也總是與此相關——“希望可以感染或激勵到看電影的人。”彭於晏為《熱帶往事》所付出並展現的角色共情力，也讓片中與其上演對手戲的前輩們十分感慨。張艾嘉表示：“他這次的造型讓我覺得有點同情他，就像同情我自己的角色一樣。我從他身上看到了某一種梁媽的寂寞，那種沒有人跟他說話，沒有人懂得他在想什麼。他就是一個很自然的演員。”王硯輝則大贊彭於晏的質樸：“這次接觸彭於晏，我知道了他為什麼能從一眾演員中脫穎



而出。因為他非常真實，太可愛了，很樸實，工作認真。我們每一次關於戲的交流都會有火花，就亮得啪啪啪閃的那種東西，我覺得特別好。”

電影《熱帶往事》由壞猴子（上海）文化傳播有限公司

、北京京西文化旅遊股份有限公司、北京歡喜首映文化有限公司、北京阿裏巴巴影業文化有限公司、騰訊影業文化傳播有限公司出品。影片現已全面開啟預售，將於6月12日全國公映。

寧願寂寞也不要隨便找小S提醒女生不要隨便結婚：



近日，小S在社交平臺分享對婚姻的看法，提醒未婚女性不要隨便找個人就結婚，她稱：“千萬不要被長輩洗腦，什麼都幾歲還不結婚！有些人可能被爸媽逼急了，就找一個人硬結婚，但婚姻這個事真的不是開玩笑的，你也不是說不喜歡了就能馬上離婚，寧願一個人寂寞也不要隨便找一個，最後可能相處兩年你就看他很不順眼，就很痛苦，真的是寧願單身享受自由，就偶爾寂寞沒關係，就跟姐妹淘也很好啊，亂結婚真的是一件很可怕的事。因為萬一不小心生了小孩，到時候又要離婚，那真的是一件很麻煩的事”。

小S在某段採訪中爆料自己曾因為是女孩被嫌棄。徐媽媽也坦言當初得知第三胎是女兒時有很大的壓力。小S取名為徐熙娣，小名叫婷婷，也是家裏希望下一胎可以是兒子。但是如今徐媽稱最幸運的就是有了三個女兒，如果第三胎生的是男孩兒簡直是“倒大黴”了。小S也有在聊天中提到自己懷第三胎時有試過可以生兒子的偏方，但是最後得知是女兒的時候，小S有躲到廁所裏哭，因為她覺得很對不起自己的第三個女兒。

小S和徐媽關於生男生女的觀點也得到了不少網友的認可：“女孩男孩都很好，看得出來小S很孝順啊！”“不管男孩女孩，健康就好。”“願每個女孩都被溫柔以待。”

感佩執法高風險 劉冠廷轉演警察辦懸疑命案

金馬男星劉冠廷從打火英雄「轉任」辦案警察，在最新作品《第三佈局 塵沙惑》改行當刑警辦懸疑命案，他滿是感觸：「不管是演警察或消防員，學到的有一個共通點就是要先學會如何保護自己，因為這2個都是風險很高的職業，深深覺得欽佩。」宣傳之餘他不忘提醒觀眾注意健康、在家運動，也再次打氣：「勤洗手、少出門，關心自己也關心別人，我們一起加油！」

《第三佈局 塵沙惑》釋出劉冠廷角色幕後花絮影片，從一開始的菜鳥警察模樣、帥勁十足的實彈射擊畫面，劉冠廷說，這部劇的題材相當考驗演員鋪陳一個角色的技巧，要達到角色的平衡非

常關鍵，也需要下很多功夫，「『陳家豪』這個角色可以是形象陽光的警察，但也有一些內心陰影的部分要詮釋。」為精準演出警察辦案時的敏銳與直覺，開拍前劉冠廷接受了3個月的專業訓練，他說：「劇組安排我們跟著刑警們實習，鍛煉體能、擒拿、射擊，還有上課，透過一邊學習一邊觀察，去了解他們看案發現場的角度，以及真正刑案現場時跟影視呈現的差距，去體會身為警察應具備哪些技能以及觀念，最難忘的就是聽他們分享自己親身遇到的故事。」

《第三佈局 塵沙惑》敘述年輕有為的民意代表楊啟逍（莊凱勛 飾）接手父親旅館

生意，遊走黑白兩道。徐梓薇（張榕容 飾），前特勤小組成員，因公受傷破格升職。1起移工脫逃案意外牽扯上分屍案，徐梓薇與菜鳥警察陳家豪（劉冠廷 飾）私下調查，懷疑與毒蛇集團有關。然而上司斥責徐梓薇越權查案，將她調職去擔任楊啟逍的隨扈。沒想到2人的命運早在3年前的1樁挾持案就陷入糾纏，宛如羅生門般的破案過程，讓所有人一步步地走入某人精心策畫的「佈局」之中…《第三佈局 塵沙惑》將於6月13日在CATCHPLAY+影音平台、HBO頻道、HBO GO同步首播，每週日晚上9點，1次播映2集。



中美酒樓

CHINESE AMERICAN RESTAURANT

281-498-1280

超值套餐

新推出超值特價菜
(全天供應) **\$5.50**

特別推薦

- 干逼軟殼蟹
- 金針雲耳蒸雞
- 釀三寶
- 西汁蝦球
- 羊腩煲

<p>清蒸海上鮮</p> <p>京都排骨</p> <p>菜膽北菇</p> <p>椒鹽大蝦</p> <p>蔥油霸王雞</p> <p>蘭遠滑牛</p> <p>薑蔥雙龍蝦</p> <p>雪花海鮮羹</p> <p>雪花海鮮羹</p> <p>薑蔥雙龍蝦</p> <p>白灼椒鹽大蝦</p> <p>蘭遠滑牛</p> <p>京都排骨</p> <p>海鮮大會</p> <p>北菇扒菜膽</p> <p>清蒸海上鮮</p> <p>送水果或甜品</p>	<p>八人份 \$119.95</p> <p>十人份 \$139.95</p>	<p>四人份 \$35.95</p> <p>六人份 \$51.95</p>
<p>干燒全魚</p> <p>蔥油霸王雞</p> <p>京都排骨</p> <p>蘭遠滑牛</p> <p>老火例湯</p>	<p>四人份 \$35.95</p> <p>六人份 \$51.95</p>	<p>四人份 \$35.95</p> <p>六人份 \$51.95</p>

地址：11317 Bissonnet, Houston, TX 77099

FOTILE

A BREATH OF FRESH ENGINEERING™

全美首家方太官方旗艦店

方太 華人首選廚電品牌

探索健康廚房的秘密---到店購買

休斯頓方太官方旗艦店

281-201-8186
3510 Hwy 6,
Sugar Land, TX 77478

休斯頓中國城店

713-772-7888
9968 Bellaire Blvd # 190,
Houston, TX 77036

暢銷側吸系列 櫥下煙機風扇系列 歐式頂吸煙機

大火力電具 三合一水槽洗碗機 蒸箱烤箱

台疫情升溫 林志玲梁靜茹籲自律防疫 賈永婕日送百便當 挺醫護 小S響應

香港文匯報訊（記者 文芬）近期台灣新冠疫情升溫，醫療系統飽受壓力，不少藝人都十分關心台灣的狀況。有“三鐵辣媽”之稱的女星賈永婕近日宣布決定每天送100個愛心便當為醫護加油打氣，並親自送便當到醫院，其好友小S（徐熙娣）得知後也二話不說加入響應，並說：“英雄們加油！”林志玲和老公AKIRA在東京抗疫，仍關注台灣疫情狀況，得知萬華、中正等重災區缺飲用水，林志玲立刻透過慈善基金會捐贈100箱水救急，馬來西亞華女歌手梁靜茹也呼籲大家自律防疫。



●小S對醫護人員說“英雄們加油”



●賈永婕坐車起行，親自送餐到醫院。

賈永婕前日在臉書發文：“6月1號日子總要有一點不同！昨晚我發了一個小小的心意，我要每天送100個愛心便當給前線的醫護人員，幫他們加油打氣！”她聽說醫護人員總是忙到沒時間吃飯，希望自己小小的心意，能夠給醫護人員暖暖的力量，“謝謝你們，因為有你們在前線作戰，我們可以安心的宅在家”，而她1日也親自送便當到振興醫院，2日到了國泰醫院，接下來也打算繼續下去。她笑言：“希望疫情趕快結束，不然我要破產囉！”

林志玲捐贈100箱水應急

而好姊妹小S聽到她的想法二話不說也要加入，賈永婕還誇好姊妹“她檢查我們的卡片，說怎麼沒有她的名字，我們加上之後還說會不會不清楚”，小S也轉發賈永婕帖文寫下“英雄們加油！謝謝你們！”

另外，林志玲和老公AKIRA在東京抗疫，仍關注台灣疫情狀況，早前得知萬華、中正等重災區缺飲用水，林志玲立刻透過“志玲姊姊慈善基金會”捐贈100箱水救急，暫時解決當地民眾的燃眉之急。

林志玲表示：“我們能做的，除了遵守防疫規定及提高自身免疫力之外，仍可盡己之力幫助需要我們伸出援手的朋友。”最後，她不忘呼籲大家一起“謹慎防疫，溫暖待人”。

梁靜茹取消生日月慶祝

林志玲早前也拍攝2條防疫宣導影片，建議大家靠均衡飲食、泡熱水澡、曬太陽等方法提高自身免疫力，以及養成勤洗手、漱口習慣，還有不去密閉空間或人多的場所，她強調：“自主隔離自我管理，留在家就是保護好你自己，

也保護好我們的醫療體系，一起加油！”

此外，馬來西亞華女歌手梁靜茹將於6月16日迎接43歲生日，不過由於全球新冠疫情持續延燒，近日原本忙於為6月12日高雄巨蛋演唱會排練的梁靜茹，因為疫情被迫順延，心繫家鄉大馬的她，近日開了一場直播為台馬兩地打氣。梁靜茹感嘆各地疫情嚴峻，請求粉絲留言“世界平安”取代“生日快樂”4個字，呼籲大家自律防疫，“如果遇到講不聽的人，給他們看看醫護病房裏大家奮戰的照片。”希望把所有人的能量及願望分給全世界。

梁靜茹表示，這段時間除了短暫出門替孩子到學校拿作業、採購食物，所有時間都待在家中。她表示自己以往生日都是從6月第一天慶祝到6月底：“今年我不過生日了，沒什麼好慶祝的，我們應該要把生日的能量及願望分給全世界，不能夠在這種困境之下還這麼天真、自私，有什麼資格慶祝自己的快樂呢？你可以過得很好，但請不要慶祝，因為這個世界已經很困難了。”

她感慨提到：“其實疫情本來沒有那麼糟糕的，如果人人都抱著僥倖的心態，又怎麼會好起來呢？”梁靜茹更表示，大家現在還能平安地待在家中，有影集看、有飯吃、有家人陪伴，最該感謝前線醫護的無私奉獻，大家更應該自律地遵守防疫規定。梁靜茹直播時也分享出門和回到家如何消毒，並鼓勵大家接種疫苗，她指出“保護自己也是保護他人。”



●梁靜茹鼓勵大家接種疫苗。



●賈永婕（左）備餐為醫護人員打氣。



●林志玲拍片嗶聲呼籲大眾注意防疫。



●林志玲跨海捐百箱水。

驚恐症近日復發 余文樂積極面對

香港文匯報訊（記者 阿祖）余文樂與太太王棠云及一對子女，四口子過著幸福生活，即使在疫情之下，余文樂與家人一直要留在台灣生活，但他仍經常親子樂，又跟太太過二人世界放閃。看似幸福背後，原來余文樂背負著沉重壓力，他曾透露這兩年是他最不如意，過得最困難的日子，而且與在港的家人足有一年沒見過面。他日前亦於社交網發文自爆曾在3年前患上驚恐症，最近還再度復發：“我3年前突然在飛機上很害怕，然後手腳發麻，呼吸不了，我感覺快要死，所以我衝了去找空姐說，

我不行，我要回去，我不要飛了。後來空姐幫忙問機上有沒有醫生，剛好有一位外國醫生，他檢查後，給我吃了一點鎮定劑，我才平安度過這趟旅程。後來我回去看醫生，證實了是驚恐症。”

余文樂追查自己的病因，發覺是因長期的工作壓力所致。而經過醫生診治及定期吃藥，1年後病徵已沒再出現，但卻沒想到事隔2年後，前幾天又突然發作：“我感覺很失落，也很害怕，我怕我以後都起不來，但我相信我保持著正面態度和心情，我還是可以克服它的！”他更寄語同樣有這種病的朋友們，跟他一樣抱著樂觀和正面的態度去面對自己的問題：“不用害怕，病一定會好的！加油！”



●余文樂3年前患上驚恐症。

《雷神4》澳洲煞科 基斯花絮照曝光

香港文匯報訊（記者 文芬）《雷神奇俠》第4集《Thor: Love and Thunder》早前在澳洲拍攝，最新宣布煞科，預計在2022年上映。

飾演雷神的基斯漢斯禾夫（Chris Hemsworth）2日在社交平台發文，表示拍攝已經完成，並鋪出型格十足的黑白照，讓影迷期待電影的上映。

基斯預言這是部非常瘋狂的電影，不但刺激有趣，亦會觸動人心。他又特別感謝所有的演員以及工作人員：“是他們促成又一次不可思議的漫威之旅，繫好安全帶！準備好，我們電影院再見！”

至於基斯好友兼助理Aaron Grist亦在社交

平台PO出多張幕後花絮的照片。他更直呼“這是有史以來最好的團隊！”

Aaron除了PO出與基斯戴上假髮的照片，還有《雷神》團隊的一群演員聚在一起吃飯、看球賽、海邊遊玩，甚至睡覺時候的偷拍照，從照片上就可看到，團隊相處十分友好。



●Aaron Grist鋪出與基斯搞笑合照。



●《雷神4》團隊一起吃飯。



●基斯在睡覺時被偷拍。網上圖片

德州脊椎中心/復健科診所

Texas Spinal care 最新技術治療腰椎、頸椎間盤突出！



車禍不要緊 免費幫你治

不管別人撞你，還是你撞別人；不管你有沒有保險，出了車禍打個電話給李醫生，他會幫你一切搞定！不用你花一分錢，全部由保險公司支付！！

腰痛、下肢痛、下肢麻木、前行困難、坐骨神經痛、頸部、肩部、上背部劇烈疼痛、手麻、手酸。採用非手術治療，運用推拿、器材和營養相搭配的方法治療腰椎、頸椎間盤突出非常有效，病人無痛苦、不用專門請假，可以邊工作邊治療，整個療程的費用比手術治療時的copay還低！！根據電腦診斷的結果針對受損的那一節椎間盤治療，準確！見效快！！一次治療下來疼痛馬上減輕80%！

李醫生治療椎間盤突出有20多年的經驗，畢業於加州大學聖荷西分校，行醫多年，信譽卓著。獨家牽引療法有奇效！

李醫生 還專精車禍後的復健，車禍後PI與PIP都收。中文護士

Texas Spinal care 診療時間：週一、三、五（8am-6pm）二、四、六（上午）

電話：713-278-2225 網址：http://www.txspinalcare.com

診所地址：2600 S Gessner RD, Suite 120, Houston, TX 77063



華美中醫學院

American College of Acupuncture & Oriental Medicine

- 美國高等教育部院校評鑑會認證
- 美國中醫院校評鑑會認證
- 德州高等教育局認證頒授碩士學位
- 中醫專業碩士學位
- 綜合保健管理碩士學位

詢問有關本校\$10,000的獎學金的詳情

電話：713-780-9777 網站：www.acaom.edu

9100 Park West Drive, Houston, TX 77063

請今天就申請！

- 中外中醫名流授課
- 中西醫學多元化教學
- 學科及臨床並重
- 全時或半時上課
- 日班或夜班課程



RANCH MARKET

請上網瀏覽 www.99ranch.com
或馬上加入我們各社群媒體訊息



打開微信
在公眾號搜索欄輸入
tawa99ranch

WEEKEND SALE Jun 04th - Jun 06th 2021

休士頓 HOUSTON Sun-Thur 9:00AM-9:30PM 713.932.8899
Fri-Sat 8:00AM-10:00PM
1005 Blalock Road Houston, TX 77055

糖城 SUGARLAND Sun-Thur 9:00AM-9:00PM 281.980.6699
Fri-Sat 8:00AM-10:00PM
3430 Hwy 6, Sugar Land, TX 77478

凱蒂 KATY Sun-Thur 9:00AM-9:00PM 832.321.9899
Fri-Sat 8:00AM-10:00PM
569 S Mason Rd, Katy, TX 77450

費斯可 FRISCO Sun-Thur 9:00AM-9:30PM 469.970.8899
Fri-Sat 8:00AM-10:00PM
9292 Warren Pkwy, Frisco, TX 75035

布蘭諾 PLANO Sun-Thur 9:00AM-9:30PM 972.943.8999
Fri-Sat 8:00AM-10:00PM
131 W Spring Creek Parkway Plano, TX 75023

卡羅頓 CARROLLTON Sun-Thur 9:00AM-9:30PM 972.242.9899
Fri-Sat 8:00AM-10:00PM
2532 Old Denton Road, Carrollton, Texas 75006

奧斯汀 AUSTIN Sun-Thur 9:00AM-9:00PM 512.381.8899
Fri-Sat 9:00AM-9:00PM
6929 Airport Blvd, Austin, TX 78752

(五)(六)(日)
週末特價
驚喜不斷
WEEKEND SALE

數量有限 售完為止 Fri. Sat. Sun. ONLY
Limited time offer. Limited quantity, while supplies last.



櫻桃(特級)
CHERRY (PREMIUM GRADE)
4.69 LB



白桃
WHITE PEACH
2.49 LB



香檳黃芒果
CHAMPAGNE MANGO
12'S 14'S 12.99 CS



盒裝黃金奇異果
GOLD KIWI
(CLAMSHELL PACK)
2LBS 6.99 PK



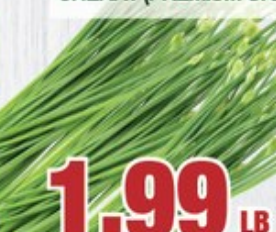
荔枝
LYCHEE
2.79 LB



紅毛丹
RAMBUTAN
2.99 LB



冬瓜
DON QUA
79¢ LB



韭菜花
CHIVES BUD
1.99 LB



波斯黃瓜
PERSIAN PICKLE
89¢ LB



中茄
CHINESE EGGPLANT
89¢ LB



大芥菜
LARGE GAI-CHOY
99¢ LB



雪裡紅
DAIKON LEAF
(SHEN LI HON)
69¢ LB



芥蘭苗
GAI LAN MUI
1.59 LB



油菜苗
YOU CHOY MUI
1.59 LB

HAPPY FATHER'S DAY

05/28-06/20/2021

THANK YOU GIFT CARD
父親節禮卡
SPECIAL OFFER \$97 NOW

Please ask your cashier for details.
請向結帳員查詢詳情。
Limited quantities, while supplies last.
數量有限, 售完即止。

大華超市手機APP

購物滿\$75
即可享受
當日免費
送貨服務

零服務費!

金額少於\$75的訂單,
僅收取\$10的送貨費

從下單的大華超級市場分店到
送貨地點20英里半徑範圍內均可
享受免費送貨服務

立即下載!

肉類 超低優惠 本週限定



BEEF HIND SHANK
帶骨牛腱
2.99 LB



CHICKEN LEG MEAT
雞腿肉
1.99 LB



CHICKEN BULGOGI
醬燒醃雞肉
8.99 PK



SPICY PORK BULGOGI
辛辣醃豬肉
9.99 PK



BEEF BULGOGI
醃黃金牛肉
16.99 PK

海鮮類



30/40 H/O WHITE SHRIMP
30/40 特大白灼蝦
4.99 LB



LOLIGO SQUID (TAIWAN) 15-20CM
台灣透抽
7.99 LB



LIVE MAINE LOBSTER-S
游水龍蝦
12.99 LB



WHITE BASS
新鮮五線立(野生)
3.99 LB



SHEEP HEAD
新鮮白立
1.59 LB



SPECIAL SALE Jun 04th - Jun 10th, 2021

優惠活動僅限大華超級市場 德州分店 99 Ranch Market TX Stores ONLY



1624625
6x375g
泰山八寶粥
TAISHAN MIXED CONGEE
6.58 /PAC



3691364-65
4x65g
義美優格雪糕
百香果/藍莓
I MEI ICE BAR YOGURT-
PASSION FRUIT/BLUEBERRY
5.88 /EA



2062137-41
12.7oz
瑞穗瓜子-原香/焦糖/
山核桃/五香/海鹽
MIZUHO SUNFLOWER SEED-
ORIGINAL/CARAMEL/WALNUT/S SPICED/SEA SALT
3.88 /EA



2056952
1.8L
金龍魚
特香花生油
ARAWANA PURE PEANUT OIL
14.98 /EA



1606426
8oz
李錦記
鮮味雞粉
LIKK CHICKEN
POWDER-BOUILLON
2.98 /EA



3662668
980ml
愛之味烏梅汁
AGV PLUM DRINK
2.58 /EA

APP EXCLUSIVE | APP 限定

\$7.99 OFF
ON LOCAL DELIVERY FEE OVER \$35

使用手機app訂購金額大於\$35
即可抵打運費\$7.99

DOWNLOAD NOW!
立刻下載!

Available on the App Store and Google Play



TEL: 469.970.8899 | Address: 9292 Warren Parkway, Suite #200 Frisco, TX 75035

99 Ranch Market is not affiliated with and is not an agent or representative of any company named herein. 99 Ranch Market and / or its affiliates, subsidiaries, agents and employees do not represent, sponsor or endorse the accuracy, reliability, content or advertisements, whether in text or graphical form, contained herein. Content provided and maintained by third parties are for advertisement and informational purposes only and constitute neither an endorsement nor a recommendation by 99 Ranch Market. The presence of such advertisement on the premise of 99 Ranch Market does not imply endorsement of the advertised company or product. 99 Ranch Market has no control and assumes no responsibility as to the performance or accuracy of products and services and services provided by third parties.