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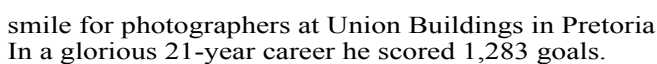
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Friday , December 30 2022|

President Nelson Mandela and Brazilian soccer legend Pele



With his winning smile and an aw-shucks humility that charmed legions of fans, he was better known than many Hollywood stars, popes or presidents – many if not most of whom he met during a six-decade-long career as player and corporate pitchman.

Yet even in unguarded moments among friends, he rarely complained. He believed that his talent was a divine gift, and he spoke movingly about how soccer allowed him to travel the world, bring cheer to cancer patients and survivors of wars and famine, and provide for a family that, growing up, often did not know the source of their next meal.

We are currently preparing to launch the “young speech leadership Training camp” to teach young generation how to make speech and show their leadership. We hope one day Harvard will name a Asian American President.



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A man stands at a site of a residential house damaged during a Russian missile strike, amid Russia's attack on Ukraine, in Kyiv, Ukraine. REUTERS/Valentyn Ogirenko



A performer takes part in a fire show at the beach in Phuket, Thailand December 28, 2022. REUTERS/Jorge Silva



Jose Aguilera, 22, a Venezuelan migrant seeking asylum in the U.S., and awaiting the end of Title 42, stands covered by a blanket at the border between Mexico and the United States, in Ciudad Juarez, Mexico. REUTERS/Jose Luis Gonzalez



A local is seen by a window after her house is destroyed by a Russian military strike, as Russia's attack on Ukraine continues, in the village of Stepne, in Zaporizhzhia Region, Ukraine. REUTERS/Stringer



Revelers take part in the traditional "Els Enfarinats" (The Floured) festival, in the town of Ibi, Alicante Province, Spain. REUTERS/Eva Manez



Turkey's Fatih Arda Ipcioglu in action during the men's HS137 training ski jump at the Four Hills Tournament, Oberstdorf, Germany. REUTERS/Lisi Niesner

Covid-19 Public Health Emergency Has Been Extended In The U.S.

Compiled And Edited By John T. Robbins, Southern Daily Editor



Last Friday the Biden administration extended the Covid-19 public health emergency for another three months. U.S. Department of Health and Human Services Secretary Xavier Becerra officially renewed the declaration, extending it through October 13, 2022. The emergency declaration has been in place since January 2020, and the latest renewal comes as the Omicron offshoot BA.5, the most contagious variant yet, continues to stake its claim in the US. Daily case rates, though vastly undercounted, are the highest they've been in months, as are Covid-19 hospitalizations and deaths. Data published this week by the US Centers for Disease Control and Prevention shows that more than half of the country's population lives in a county with a "high Covid-19 Community Level," where the health care system is at risk of becoming overwhelmed and universal indoor masking is recommended. "The Public Health Emergency declaration continues to provide us with tools and authorities needed to respond to the highly transmissible COVID-19 subvariants that are currently circulating around the country," a Biden administration official told CNN. "The PHE provides essential capabilities and flexibilities to hospitals to better care for patients, particularly if we were to see a significant increase in hospitalizations in the coming weeks." Indeed, ensemble forecasts from the CDC published this week do predict that hospitalizations in the US will rise over the next month. It's the first time in weeks that the forecasts have predicted an increase in hospitalizations, instead of a stable outlook.

"Without the PHE in place, we would be limited in our ability to provide broad and equitable access to lifesaving treatments through our Test to Treat initiative, for example, which relies on flexibility for telehealth and operations," the official said. "Not renewing the PHE would leave us with fewer tools to respond and mean more Americans would get severely ill and end up in the hospital." The public health emergency declaration allows many Americans to obtain free Covid-19 testing, therapeutic treatment and vaccines. Once it ends, people could face out-of-pocket costs depending on whether they

are covered by Medicare, Medicaid or private insurance. But vaccinations would generally continue to be free for those covered by Medicare and private insurance, while state Medicaid programs would determine whether to continue covering vaccinations for their enrollees. Also, Medicare has relaxed the rules governing telehealth so that many more beneficiaries can access such services during the declaration. Telehealth services are no longer limited just to those living in rural areas, and enrollees can conduct visits at home, rather than having to travel to a health care facility, and they receive a wider array of services via telehealth. These flexibilities will end for most beneficiaries after the emergency expires.

And states are not involuntarily disenrolling residents from Medicaid during the declaration, in exchange for receiving more generous federal matching funds. As many as 14 million people could lose Medicaid coverage after the emergency ends, according to separate projections by Kaiser and the Urban Institute. Plus, many low-income families are receiving enhanced food stamp benefits thanks to the declaration, though some states have ended their own public health emergencies and stopped the beefed-up allotments. A separate emergency declaration allows for the emergency use authorization of testing, treatments and vaccines. Its end date will be determined by the secretary of the US Department of Health and Human Services. Its end date will be determined by HHS, and the agency has committed to provide at least 60-day notice before any change. (Courtesy cnn.com)

Related
Bill Gates Hopes World Leaders Will Fund A Global Health Team To Prevent The Next Pandemic
Bill Gates wants world leaders to create a Global Epidemic Response and Mobilization team — or GERM, for short, to help prevent future pandemics. In a video interview from the Kirkland offices of his private investment firm, he said that for an estimated \$1 billion a year, with the U.S. likely chipping in \$250 million, the team would be "the best bargain you'll ever see."



Bill Gates envisions a global health team to prevent the next pandemic.

"More Americans died in [the pandemic] than Americans died in all the wars put together," Gates said. "This thing was, you know, superbad." Compared to the cost of addressing climate change or opioid abuse, for example, "the sums involved here are actually pretty modest." Gates' proposed team is a key idea in his book, "How to Prevent the Next Pandemic," which was published in May with the intention of prompting debate — not just about GERM, but also about improving testing, speeding vaccine and treatment development, and shoring up health systems worldwide. Yet Gates — whose fortune and foundation, co-chaired with ex-wife Melinda French Gates, give him an outsized influence on public health — said discussion about the team "has started out a little bit slower than I expected." Pandemic prevention is "not a huge topic in the Congress, or even in the executive branch, right at the moment," he said.

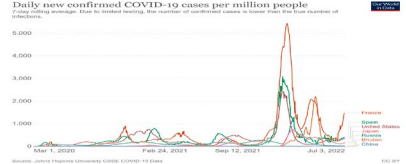
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COVID-19: Highlights Of The Coronavirus Pandemic This Week



1. How COVID-19 is affecting the globe
Confirmed cases of COVID-19 have passed 549.1 million globally, according to Johns Hopkins University. The number of confirmed deaths has now passed 6.33 million. More than 12.09 billion vaccination doses have been administered globally, according to Our World in Data. The US Food and Drug Administration has recommended that COVID-19 vaccine manufacturers change the design of their booster shots to tackle the currently dominant Omicron BA.4 and BA.5 COVID-19 subvariants. Pfizer is seeking full US approval for its oral COVID-19 antiviral treatment, which is currently under emergency use authorization. It comes as Pfizer and BioNTech announced that they've signed a new \$3.2 billion deal with the US government for 105 million doses of their COVID-19 vaccine. Russia is ending all COVID-19 restrictions, it said on 1 July. However, it did not rule out re-introducing measures if required.

Japan has eased its COVID-related travel advice for China, India and 32 other countries, changing it from "do not make non-urgent trips" to "travel with caution". A fresh wave of COVID-19 cases in France should peak towards the end of July, according to the government's top scientific advisor. Bhutan will reopen to international tourists in September for the first time since the start of the pandemic. Spain expects tourist arrivals to hit 90% of pre-pandemic levels this summer.

Macau SAR, China, has begun a new round of COVID-19 testing for its 600,000 residents, as authorities attempt to prevent the spread of cases.



2. Omicron-specific COVID-19 shots could increase protection
Omicron-specific COVID-19 vaccines can improve protection when used as a booster, global health regulators say. The European Medicines Agency (EMA) says that regulators have agreed on key principles for updating COVID-19 shots to respond to new variants. While the existing coronavirus vaccines continue to provide good protection against hospitalization and death, the regulators say, vaccine effectiveness has taken a hit as the virus has evolved. As such, an Omicron-specific or bivalent booster — meaning a vaccine that includes the new strain and the original coronavirus strain — could "increase and extend" protection, an EMA statement says.



3. Cities in eastern China tighten COVID-19 restrictions
Cities in eastern China have tightened COVID-19 curbs after new cases emerged. Wuxi, a manufacturing hub in the Yangtze Delta on the central coast, has halted operations at many public venues located underground, including shops and supermarkets. Dine-in services in restaurants have been suspended and the government has advised people to work from home. Si county in Anhui province locked down its 760,000 residents and suspended public traffic as it reported 288 COVID-19 cases on Saturday. And Yiwu, China's export capital for small commodities, has cancelled flights to Beijing for an unspecified period. The moves are part of China's strict approach to tackling COVID-19 outbreaks, but lockdowns have taken their toll on the country's economy. (Courtesy https://www.weforum.org/)

"A Red Alert For Child Health"
UN: 25 Million Kids Missed Routine Vaccinations Because Of COVID



Hazel Harris, 4, sits in the arms of her mom, Heather, after she got her COVID-19 vaccination at Children's Hospital New Orleans,

Tuesday, June 21, 2022. Children under five can now receive the vaccination. (Photo/Chris Granger/The Times-Picayune/The New Orleans Advocate via AP)

GENEVA — About 25 million children worldwide have missed out on routine immunizations against common diseases like diphtheria, largely because the coronavirus pandemic disrupted regular health services or triggered misinformation about vaccines, according to the U.N. In a new report published Friday, the World Health Organization and UNICEF said their figures show 25 million children last year failed to get vaccinated against diphtheria, tetanus and pertussis, a marker for childhood immunization coverage, continuing a downward trend that began in 2019. "This is a red alert for child health," said Catherine Russell, UNICEF's Executive Director. "We are witnessing the largest sustained drop in childhood immunization in a generation," she said, adding that the consequences would be measured in lives lost. Data showed the vast majority of the children who failed to get immunized were living in developing countries, namely Ethiopia, India, Indonesia, Nigeria and the Philippines. While vaccine coverage fell in every world region, the worst effects were seen in East Asia and the Pacific. Experts said this "historic backsliding" in vaccination coverage was especially disturbing since it was occurring as rates of severe malnutrition were rising. Malnourished children typically have weaker immune systems and infections like measles can often prove fatal to them.

"The convergence of a hunger crisis with a growing immunization gap threatens to create the conditions for a child survival crisis," the U.N. said. Scientists said low vaccine coverage rates had already resulted in preventable outbreaks of diseases like measles and polio. In March 2020, WHO and partners asked countries to suspend their polio eradication efforts amid the accelerating COVID-19 pandemic. There have since been dozens of polio epidemics in more than 30 countries.

"This is particularly tragic as tremendous progress was made in the two decades before the COVID pandemic to improve childhood vaccination rates globally," said Helen Bedford, a professor of children's health at University College London, who was not connected to the U.N. report. She said the news was shocking but not surprising, noting that immunization services are frequently an "early casualty" of major social or economic disasters. Dr. David Elliman, a consultant pediatrician at Britain's Great Ormond Street Hospital for Children, said it was critical to reverse the declining vaccination trend among children.

"The effects of what happens in one part of the world can ripple out to affect the whole globe," he said in a statement, noting the rapid spread of COVID-19 and more recently, monkeypox. "Whether we act on the basis of ethics or 'enlightened self interest,' we must put (children) top of our list of priorities." (Courtesy ocregister.com)

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But Use Is Still Significantly Up Among Medicare Patients, Per HHS

Pandemic Spike in Telehealth Levels Off



Telehealth’s early bonanza during the pandemic has given way to persistently elevated use in primary care, a Department of Health and Human Services (HHS) report showed.

Compiled And Edited By John T. Robbins, Southern Daily Editor

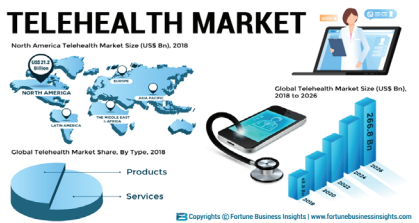
Analysis of Medicare fee-for-service (FFS) data showed an increase in Medicare primary care visits from 0.1% of all primary care in February to 43.5% in April, representing an increase from about 2,000 to 1.28 million telehealth visits per week. Meanwhile, there was a “precipitous” drop in in-person visits for primary care in mid-March as COVID-19 took hold in the U.S., then a rise from mid-April through May, according to the report from the Office of the Assistant Secretary for Planning and Evaluation. Use of telehealth in primary care “declined somewhat but appears to have leveled off at a persistent and significant level by the beginning of June,” the report noted. It still accounted for 22.7% of Medicare beneficiaries’ primary care visits as of June 3rd. Overall, weekly primary care visit rates have not yet returned to pre-pandemic levels. “Based on early experience with Medicare primary care telehealth at the start of the COVID-19 public health emergency, there is evidence that Medicare’s new telehealth flexibilities played a critical role in helping to maintain access to primary health care services -- when many beneficiaries and providers were concerned with trans-

mission of COVID-19,” the authors noted.



“The stable and sustained use of telehealth after in-person primary care visits started to resume in mid-April suggests there may be continued demand for telehealth in Medicare, even after the pandemic ends.” The findings overall match those from healthcare provider databases suggesting a 60% to 70% drop in health care office visits, partially offset by telehealth visits, with the start of the pandemic. Drug market research firm IQVIA has reported from physician surveys that about 9% of patient interactions were via telehealth prior to the pandemic but 51% during the shutdown, with expectation of a 21% rate after the pandemic, the HHS report noted. There have been calls for Medicare to make the loosened rules around telemedicine permanent, and some legislative movement in that direction, but private insurers have signaled the opposite. Fred Pelzman, MD, an internal medicine physician at Weill Cornell Medicine in New York City (and MedPage Today columnist),

said an informal survey of his patients indicated they would be willing to do up to 50% of their care via video tools. “We went from a handful of video visits in our practice to several thousand over the course of the months,” he said. “It’s a great way to take care of people, kept a lot of people safe, we think. What has happened is that as we started to open our practice back up again and offer appointments, the floodgates have opened and patients are declining video visits.”



Those patients opting for in-person visits tend to be older, braving what feels like a quiet time in the pandemic for the state to take care of necessary visits, he noted. “I think ultimately that we’ll plateau. It will probably come down a little more.” The study included Medicare FFS Part B claims from January through May 2020 for primary care services along with preliminary Medicare Part B primary care claims data up to June 3. Primary care services included evaluation and management, preventive services, and advance care planning. Telehealth usage increased most in urban counties early in the pandemic and saw smaller declines in May compared with rural counties across the country. Among cities, Boston had the greatest proportion of primary care visits by telehealth (73.1%) and Phoenix the lowest (37%). Notably, the rate “was not strongly associated with differences in COVID-19 severity across cities as measured by rate of hospitalizations per thousand Medicare FFS beneficiaries,” the report pointed out. (Courtesy <https://www.medpagetoday.com/>)

Related

Telehealth up 53%, growing faster than any other place of care

A striking indicator of telehealth’s building momentum suggests that now is the time for physicians to understand how care delivered at a distance can fit into a wide variety of

practices.



A national study of insurance claims filed for alternative settings of care found telehealth rocketed up 53% from 2016 to 2017. That growth greatly outpaced other places studied—14% at urgent care centers, 7% at retail clinics, and 6% at ambulatory surgical centers (ASCs). In a telling sign of the shift in the delivery of care, emergency departments were the one setting reported on that experienced a decline—it was 2%. The data—drawn from claim lines, the separate procedures listed within a claim—and analysis comes from a white paper, “FH Healthcare Indicators and FH Medical Price Index 2019: An Annual View of Place of Service Trends and Medical Pricing.” The paper was issued by Fair Health, a New York nonprofit that operates a vast database of commercial and Medicare claims.



Telehealth is rapidly growing in terms of claims, and advancing its signature combination of health information and telecommunications. It can encompass consultations such as video-conferencing with patients and fellow physicians—though generally not simply phone calls, emails or texts—as well the collection of health data and images that can be shared in real time or stored and transmitted.

Related Coverage

Which Medical Specialties Use Telemedicine The Most?

The No. 1 diagnostic category for telehealth was mental health in 2016, but that dropped to No. 5 in this most recent Fair Health report, accounting for 7% of the claim lines in 2017 compared with 31% in 2016. Other categories of telehealth grew in 2017, with 13% of telehealth diagnoses being related to injuries

or digestive system issues. Increasingly, the focus is on mobile devices—referred to as mHealth—allowing for ease and continuity of tracking patient data, and to facilitate communication with the health care team as well as researchers. For example, blood-pressure data can be collected at home, sent to a patient’s mobile phone and then be transmitted through an app. Even with all those developments, telehealth is still a tiny share of care provided. It accounts for 0.11% of the Fair Health claims lines data for 2017. That compares with 2.6% at emergency departments, 1.2% at urgent care centers, 0.91% at ASCs and 0.033% percent at retail clinics.

Payment catches up with telehealth

The AMA advocated for—and the Centers for Medicare & Medicaid Services has accepted—five new Current Procedural Terminology (CPT®) codes for 2019 that will allow physicians to be paid for their delivery of health care services using virtual technologies including remote patient monitoring (RPM) and e-consults. These include three CPT codes for RPM and two for e-consults with another health care professional. In the Fair Health white paper, telehealth claims were identified by CPT codes such as CPT 99441—telephone evaluation and management service provided by a physician to an established patient—or telehealth modifiers such as GQ.

Follow the AMA Playbook for digital success

The objective of the AMA’s 100-page Playbook is to provide “key steps, best practices and resources” for physicians who want to start and move forward in a quick and informed manner.



The authoritative guide discusses implementation, evaluating vendors and scaling up telehealth as a practice’s competencies and confidence grow. Also included are up-to-date CPT coding information, checklists and worksheets and other resources. (Courtesy <https://www.ama-assn.org/>)

《三体》解读：认为生存唾手可得是人类失败的根源

活世界。虽然物理世界未必就是不自然的，但绝不是只有一种讲述的方式。以我们的方式讲出一个全新的世界历史，这应当是我们和刘慈欣共同的处境和希望。”

01/ 黑暗森林，是霍布斯自然状态的宇宙版本

《三体》的作者一再说，小说中讨论的是终极问题。真正的终极问题只有一个，那就是生命，而这正是《三体》的主题：“宇宙很大，生命更大。”

这是什么意义上的生命？阿甘本曾注意到希腊文中表示生命的两个词现代西文里很难区分这两个词，但中文却可以，前者可译为生命，后者可译为生活。生命指的是纯粹生物性地活着，而生活指的是有善恶区分的生活方式。

亚里士多德在《政治学》中有一句著名的话：“人类为了生命而生，却以放弃的生活而存在。”但在阿甘本看来，现代主权理论，却建立在赤裸生命的关心之上，即没有任何好环形容的纯粹生命。霍布斯对自我保存的强烈关注，既是这一传统的结果，也开启了恶劣的先例。贯穿《三体》的黑暗森林理论，正是霍布斯自然状态学说的宇宙版本。

小说中触及了霍布斯未能看到的许多东西。按照叶文洁最初的描述，宇宙社会学有以下两条公理：

第一，生存是文明的第一需要；第二，文明不断增长和扩张，但宇宙中的物质总量保持不变。

还有两个重要概念：猜疑链和技术爆炸。

叶文洁，《三体》系列人物。她是大学教授、天体物理学家、ETO领袖，人类毁灭的元凶。叶文洁历经劫难，一生坎坷，她经历了文化大革命，目睹父亲惨死，多次被人陷害和设计。悲剧的前半生使叶文洁厌恶人类，这种观念直到改革开放后才逐渐缓解，但她始终相信人类无法自救，必须借助人类之外的力量才能拯救人类。

后来，罗辑对这个理论有一个更系统的描述：

宇宙就是一座黑暗森林，每个文明都是带枪的猎人，像幽灵般潜行于林间，轻轻拨开挡路的树枝，竭力不让脚步发出一点儿声音，连呼吸都要小心翼翼……他必须小心，因为林中到处都有与他一样潜行的猎人。如果他发现了别的生命，不管是不是猎人，不管是天使还是魔鬼，不管是娇嫩的婴儿还是步履蹒跚的老人，也不管是天仙般的少女还是天神般的男孩，能做的只有一件事：开枪消灭之。在这片森林中，他人就是地狱，就是永恒的威胁，任何暴露自己存在的生命都将很快被消灭。

人类花了几百年，经过耗资巨大的面壁计划和惨烈的末日之战后，才慢慢理解和接受了这套理论，并据此建立了与三体世界之间的威慑平衡。而罗辑的这段描述，也正适用于霍布斯的自然状态。在《利维坦》第13章，霍布斯充分描述了自然状态中的这种情形：

任何两个人如果想取得同一东西而又不能同时享用时，彼此就会成为仇敌。他们的目的主要是自我保存，有时则只是为了自己的享受；在达到这一目的的过程中彼此都力图摧毁或征服对方。

这样就出现一种情形，当侵犯者所引为恐惧的只是另一人单枪匹马的力量时如果

有一个人种植、建立或具有一个方便的地位，其他人就可能准备好联合力量前来，不但要剥夺他的劳动成果，而且要剥夺他的生命或自由。而侵犯者本人也面临着来自别人的同样的危险。由于人们这样互相猜疑，于是自保之道最合理的就是先发制人，也就是用武力或机诈来控制一切他所能控制的人，直到他看到没有其他力量足以危害他为止……在没有一个共同权力使大家慑服的时候，人们便处在所谓的战争状态之下。这种战争是每一个人对每一个人的战争。……人类的欲望和其他激情并没有罪。在人们不知道有法律禁止以前，从这些激情中产生的行为也是同样无辜的；法律的禁止在法律制定以前他们是无法知道的，而法律的制定在他们同意推定制定者前也是不可能的。

霍布斯的自然法与叶文洁—罗辑的宇宙社会学虽然表述不同，但之间有非常大的相通之处。

宇宙社会学公理一的基本内容就是霍布斯最基本的自然法，都以生存为第一原则。宇宙社会学的公理二，即资源有限，而文明不断扩张，霍布斯没有给以同样高的地位，但在描述中也当作了一个必要条件：“任何两个人如果想取得同一东西而又不能同时享用。”

猜疑链，也是霍布斯理论中一个非常重要的因素：在没有法律限制的时候，对于每个他人的潜在威胁，他只能自己判断，而最安全的方式，就是假定周围的人都是潜在的危险，从而先发制人，尽快消灭之。每个人都处在这样的猜疑中，没有更高的权威来裁决，就会陷入战争状态。

另外，霍布斯花了很大力气来论证，无论男人还是女人，无论精神还是身体，人们的力量相差无几，是大致平等的。这种平等，是他进一步讨论战争状态和自然权利的前提。

但在宇宙社会学中，这一前提是不存在的。文明之间并不平等，其差别就像地球上的各物种之间那样，甚至达到界一级，所以罗辑首先会想到达尔文，而且每个文明也

无法真正了解其他文明的实力。

特别是在漫长的文明演化中，随时可能发生的技术爆炸，使文明之间更无法猜测彼此的进化程度；技术飞跃的可能性是埋藏在每个文明内部的炸药，如果有内部或外部的因素点燃了它，轰一下就炸开了！地球是三百年，但没有理由认为宇宙文明中人类是发展最快的，可能其他文明的技术爆炸更为迅猛。我比你弱小，在收到你的交流信息后得知了你的存在，我们之间的猜疑链也就建立了，这期间我随时都可能发生技术爆炸，一下子远远走在你的前面，变得比你强大。

托马斯·霍布斯，英国政治家、哲学家。他创立了机械唯物主义完整体系，他提出“自然状态”和国家起源说，指出国家是人们为了遵守“自然法”而订立契约所形成的，是一部人造的机器人，反对君权神授，主张君主专制。

技术爆炸增加了彼此之间的模糊度，使猜疑链变得更加牢不可破。这使宇宙社会学构建了一个更加彻底的黑暗森林。《利维坦》甫一问世便备受诟病，霍布斯被当作邪恶的代名词，因为他所描述的那个丛林状态过于恐怖，他所理解的人性过于黑暗，但和刘慈欣所写的黑暗森林比起来，简直是小巫见大巫了。

毕竟，邪恶的霍布斯之所以设定所有人对所有人的战争，还是为了通过法律和社会契约结束战争状态，使人们能够安全地走出丛林状态。

然而，刘慈欣的黑暗森林却不存在建立社会契约的可能性，不可能产生一个制定法律、执行正义的宇宙级政府，人们对宇宙越是深入了解，就越是感到黑暗无比，“这一切，暗无天日。黑暗森林状态对于我们生存的全部”。

霍布斯所描述的地球上的丛林状态与利维坦，只不过是黑暗森林的一个角落，是宇宙社会学的一个特例，就像牛顿物理学只是爱因斯坦物理学的一个特例一样。

为恐惧的只是另一人单枪匹马的力量时如果

《西遊記之七十二變》 定檔 12.30 孫悟空遊學記



改編自中國古典四大名著《西遊記》的合家歡動畫電影《西遊記之七十二變》，宣布正式定檔12月30日，同時發布定檔預告及海報，小猴王孫悟空率眾神仙歡樂登場。

不同以往，影片集結了《西遊記》中超過上百種各方妖怪神仙，從定檔海報上看，可以

看到金角、銀角兄弟、牛魔王、獅駝王、蛟魔王和龍王等等一眾大家耳熟能詳的《西遊記》經典角色，小猴王孫悟空站在人群最前面舉手示意向大家問好，表情十分俏皮生動，此次各方妖怪神仙不再是取經路上的攔路虎，而是將和孫悟空一起進入三星洞仙法學院求學，故事充滿未知和新鮮感。定檔海報整體呈現出的全家福照片其樂融融，闔家團聚的歡樂氛圍，相信一定會為親子家庭觀眾帶來精彩紛呈的觀影體驗。

影片大刀闊斧改編《西遊記》中孫悟空三星洞學藝的篇章，將原本短篇幅的故事，進行趣味十足的重新演繹。定檔預告中孫悟空和牛魔王、獅駝王、金角銀角成為了從小學仙法的同學，共同學習七十二變仙家法術，逗趣的學仙法日常好不歡樂。隨着一個巨大的陰謀浮出水面，反派東海龍王與孫悟空爭奪金箍棒的野心展露無疑，仙界和龍族的大戰一觸即發。小悟空是如何經歷磨練，從懵懂的法術小白，成長為精通七十二變的一代大英雄齊天大聖，讓我們拭目以待！

值得一提的是，影片的幕後製作是來自國內外的流動畫及特效團隊專業電影人，導演覃劼曾參與《西遊記之大鬧天宮》、《西遊記之孫悟空三打白骨精》等多部頂級視效大片的製作統籌工作。為了能夠呈現出更好的動畫及打鬥特效，影片邀請曾參與過《鐵人》、《猩球崛起》等好萊塢大片的特效團隊參與影片的動作捕捉及特效製作，從定檔預告可以看出，影片炫目的大戰場面，畫面精良，場景宏大，三星洞仙法學院中各類仙法的演繹，都極具想象力。通過將《西遊記》中的傳統故事，用更國際化的特效進行結合呈現，這部高品質的合家歡動畫電影將成為元旦跨年期間全國親子家庭觀眾的觀影首選。

動畫電影《西遊記之七十二變》將於12月30日上映，帶上寶貝，歡樂賀歲！

《絕望主夫》發布預告 常遠帶頭「掀翻」異世界

12月22日，跨年爆笑喜劇電影《絕望主夫》發布最新角色海報及「開個腦洞」版預告，全國預售已經開啟，即將爆笑跨年。該片由張琦執導，常遠領銜主演，李嘉琦、王成思、郭祥鵬、周大勇、陶亮、高海寶、李海銀、蘇伊可主演，李誠儒、李萍、趙柯、蔣詩萌、宋木子特別出演，魏翔、王寧、王智、黃才倫友情出演。電影中，主人公胡鐵男（常遠飾）突遭電梯意外，即將經歷一場令人捧腹的異世界旅程。影片將於12月30日全國點映，12月31日登陸院線陪伴觀眾歡喜跨年。

電影《絕望主夫》在世界觀設定上發揮了天馬行空的想象力，一邊是正常的現實世界，另一邊則是宛若哈哈鏡的全新異世界，觀眾將跟隨主人公胡鐵男的脚步去體驗現實世界與異世界之間碰撞出的諸多笑點。最新曝光的海報中，片中角色在兩個世界所呈現的反差狀態展現得十分生動有趣，電影的各個主人公在哈哈鏡的映照下形象發生顛覆性改變：胡鐵男（常遠飾）及「主夫團」成員高达（王成思飾）、王富球（郭祥鵬飾）從精英男士變身家庭主夫，沉穩的背影與生動的表態反差感十足；妻子許薇薇（李嘉琦飾）與女警察（王智飾）在鏡中成為堅毅果斷的女強人，與她們在片中現實世界溫婉的形象形成鮮明對比；男禮賓（魏翔飾）則十分搞怪，誇張的表情逗人發笑，但這個角色的隱藏身份更加神秘，他在影片中將為胡鐵男與「主夫團」量身定制下怎樣的考題？給他們的生活開一個怎樣的「玩笑」？而「主夫團」成員們又將如何迎接這場爆笑又扎心的改造？不禁令人十分期待。

最新曝光的預告片中，男禮賓運用神秘力量將胡鐵男帶入換位異世界，目的是要消除他深入骨髓的大男子主義，開局就從人生巔峰跌落、胡鐵男發起爆笑

反击，“主夫團”強勢集結，主演王成思、郭祥鵬、周大勇、陶亮等一眾喜劇“熟面孔”閃亮登場，喜劇卡司云集，讓捧腹“笑”果直接拉滿，他們陪胡鐵男一起大鬧異世界，包袱頻頻笑料不斷，讓這段異世界改造之旅極具喜劇看點。預告串聯出跨年必看《絕望主夫》的四大理由，趣味魔性的打開方式創意感滿滿，同時也將影片的爆笑氣質展現得淋漓盡致，“生活就是起起落落落落”、“打不過就加入”、“男人哭吧不是罪”等魔性旁白預示着主人公胡鐵男即將在異世界面臨種種奇遇。胡鐵男的掙扎不僅能碰撞出如“主夫團結”、“主夫學院進修”、“鋼鐵直男大改造”等諸多看點，而且也巧妙地展現了人物在異世界中的成長之路，在搞笑的劇情中頻頻反轉，在幽默的氣氛中展示真情。

電影《絕望主夫》將於2022年12月30日全國點映，12月31日跨年檔全國上映，預售現已開啟，敬請期待。



《大漢軍魂》上映 黃海冰周海媚再現古代戰爭



日前，電影《大漢軍魂》正在線上熱播。《大漢軍魂》由導演谷石軍執導，劉衛兵擔任編劇，黃海冰、張晨光、杜玉明、周海媚等眾多明星出演。

《大漢軍魂》講述了由黃海冰飾演的一代名將耿恭駐守邊塞疏勒城，遭匈奴兩萬精銳鐵騎圍城。兩軍力戰，各有傷亡，大漢將士雖擊退匈奴，卻也僅剩下300餘人守城。敵方再次進攻，圍而不打，妄想將斷糧缺水的漢軍逼至投降。

在將領耿恭的帶領下，漢軍們浴血孤城數月，最後僅剩13人，面臨着彈盡糧絕，耿恭率領僅剩的13人打開城門浴血抗敵，拼死守護城池抵禦外侵，這一壯舉成就了真正的大漢軍魂，為後代世人所稱頌。

《大漢軍魂》將這塵封的歷史藝術化的呈現給大家，杜振河作為《大漢軍魂》的聯合出品人，他說：「《大漢軍魂》力圖把人物的精神和家國大義傳達出來，這才是我們這部影片的意義。」

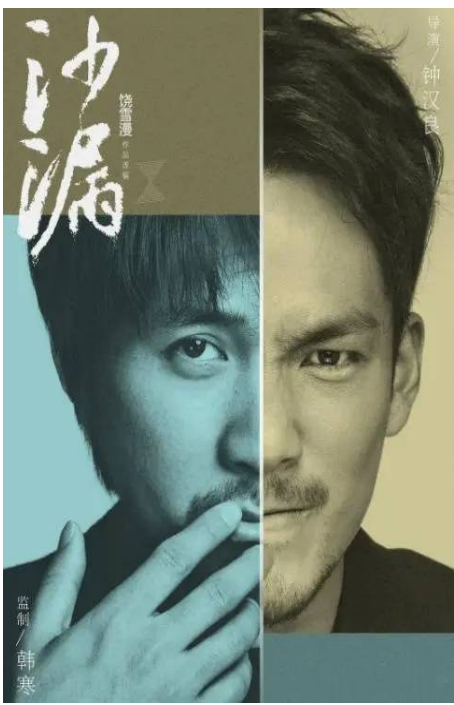
饒雪漫透露影版《沙漏》進展 鍾漢良不再擔任導演

日前，作家饒雪漫出席第四屆海南島國際電影節主題論壇，透露了電影《沙漏》的最新進展，表示影片劇本已經改到了第十二版，將於2023年開拍。

2015年，由蘇有朋執導的電影版《左耳》大獲成功後，《沙漏》電影化也隨即宣布啟動。2015年11月，影片在北京舉行了盛大的發布會，官宣編劇饒雪漫、導演鍾漢良、監製韓寒，但之後這個項目一直處於「難產」狀態。2021年9月，電影版《沙漏》在電影局立項，2022年9月曾發布概念海報，當時曾宣布過由饒雪漫擔任編劇，溫婧導演。

至於為何啟用90後新人導演？饒雪漫表示，這部小說寫於2008年，每一個跟我聊的主創問我的第一個問題是大家還會對2008年的女性感興趣嗎？如果只是照搬當年的小說，恐怕現在的觀眾不一定愛看。饒雪漫覺得，「這樣的導演在17歲的時候正好在讀我的小說，她們說我們30多歲的時候再來導這個作品有一種很不一樣的感覺。」

電影《沙漏》根據饒雪漫同名小說改編，圍繞莫醒醒的青春及成年後治癒心結的故事展開。講述了莫醒醒因母親救失足男孩離世而患心理疾病。幸而在



好朋友米砂、路理的陪伴下度過了溫暖的青春。然而醒醒卻發現路理就是那個失足男孩，無法接受真相的醒醒不辭而別。十年後，醒醒重遇好友，決心直面過去，打開心結。

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張作驥失最佳導演沒有得失心 反曝《當愛來的時候》拿大獎小插曲



導演張作驥執導新片《夏日天空的那匹紅馬》，22日舉行首映會，他率演員李亞臻、鍾尙庭、黃懷德、吳威翰、陳映如出席映前的媒體聯訪，提到今年入圍金馬獎最佳導演，最後與獎項失之交臂，自己是否會有得失心？張作驥表示並不會，反倒希望演員、劇組技術人員能被看到。

但話鋒一轉，張作驥直言他2010年執導《當愛來的時候》，入圍第47屆金馬獎14項之多，公布的前8項竟都掛零，讓他一陣心悶，從禮堂溜出去上廁所的時候，在男廁外巧遇侯孝賢，侯孝賢看出他的失落，就叫他不要那麼著急，典禮還沒結束。接著張作驥索性走出禮堂外抽菸，但忘記帶識別證回不了典禮現場，結果《當愛》最後拿下最大獎最佳劇情片，他是從其他的入口趕忙跑回來領獎。

張作驥這次金馬獎不敵學生陳潔瑤槓龜最佳導演獎，但他並沒有得失心。

金馬執委會執行長聞天祥盛讚張作驥是「最會拍吃飯的導演」，張作驥說：「我新的片子拍更多在吃飯，其實肚子餓自然會吃，要變換菜色、他們餓，才會吃得好看，吃飯應該

很多人會拍，只是大家不拍。」張作驥形容吃飯是一個家庭裡非常重要的事情，也有可能是和解的過程，「我以前常常跟我爸媽鬧脾氣，我不想道歉，一起吃飯也是種和解。」

因為疫情延宕拍攝進度，以致李亞臻需在冬天拍夏天的戲。

至於演員方面，李亞臻分享拍攝最困難的，是電影因為疫情延宕，夏天的戲要冬天拍，外面是大冬天，戲服卻是夏天；鍾尙庭則演出自閉症兒，每天狂吃布丁，用吸管插著吃，他說其實自己高中去福利社買布丁就都是這樣吃，口感稠稠的挺不錯。

黃懷德本是舞者，這次在片中化身另類鰐舌歌手，跟李亞臻有感情線，以往肢體語言強過話語的他，這次斜槓演員，唱歌跟背台詞都算是挑戰；片中飾演哥哥的吳威翰，他的人生經歷跟電影有幾分相似，都遇上面臨家中長輩需要長期照護的問題，讓他感同身受；最妙的是陳映如，她說：「我以為這個角色最後會是孤單的，這角色最大的關鍵點是要等待，就跟我現實生活中一樣，結果我拍完就真的有愛情來了。」

《山椒魚來了》

山椒魚呆萌可愛樣貌吸引
伍佰首次為電影旁白獻聲



曾以行腳節目《MIT台灣誌》獲得無數金鐘獎的知名製作人與主持人麥覺明，熱愛登山的他時常關注山林與生態保育議題，繼《黑熊來了》喚醒大眾對黑熊保育的關注，創下千萬票房佳績，2023年再推出歷時17年拍攝的生態電影《山椒魚來了》，記錄臺灣特有種山椒魚的調查研究，今（12/23）發布電影正式海報與預告，公布定檔於2023/2/10（五），也曝光電影邀請到搖滾天王伍佰首次為電影獻聲，擔任電影敘事，以自我風格獨具的感性嗓音，帶領觀眾聽故事。

提及邀請伍佰合作的契機，麥覺明導演團隊與音樂總監王希文討論音樂時，考慮到旁白配音和詞曲演唱的調性，開玩笑發想「感覺伍佰還有電影主題曲演唱人陳昇跟山椒魚都是臺灣特有種」，沒想到伍佰爽快答應，也促成了他第一次為電影擔任旁白敘事，伍佰透露在配音時重點是想把故事講清楚，不要講太快，因為自己看完影片的直覺是：舉止輕緩的山椒魚，說話應該是有著驕傲的優雅，讓故事中有情緒的流動。

生態電影《山椒魚來了》用文字和影像記錄長年奔闖在山之巔、水之涓的山椒魚研究人員，他們研究的對象「山椒魚」不是魚，而是和青蛙一樣擁有卵、蝌蚪、成體，三種不同生命形態的兩棲類動物。山椒魚出現在億萬年前的地球上，經歷了恐龍大滅絕、人類誕生，是珍貴的活化石。電影敘事伍佰分享山椒魚是他前所未見的生物，透過《山椒魚來了》電影也看到前所未見的臺灣高山美景，非常震撼，也因此整個配音過程都很興奮，認為山椒魚呆萌的樣子異常可愛，卻有著滿滿的生命力。

《角頭》影集版開拍 龍劭華、小鬼「有望回歸」

億萬票房電影《角頭》強勢進軍影集市場，成為台灣首部電影IP延伸影集續集的作品，今（20）日影集正式盛大開鏡，演員高捷、蔡振南、張嘉年、喜翔、龍天翔、王識賢、孫鵬、鄭人碩、黃騰浩、王陽明等人盛裝出席，卡司海一字排開超過40人，超狂開鏡陣容令人驚嘆。

《角頭》系列電影以拳拳到肉的寫實黑幫電影擁有大批死忠粉絲，此次影集版結合三部系列電影的各大派系，聚集台灣資深、中生代與新生代演員共同飆戲，黑白兩道超過8派勢力人馬在影集中搶權奪勢，展現擴大規模的企圖心。三部系列電影都有參與的高捷也興奮表示：「現在很多年輕人都是透過《角頭》認識我，很高興台灣能有影視IP如此成功，希望角頭宇宙能不間斷地持續發展，我也能一直演下去。」近年鮮少出現在螢幕前的孫鵬也跟著影集重回《角頭》宇宙：「這次能夠跟很多新一代演員合作，看到整個影視界的老幹新枝，其實很感動。」他也開玩笑說：「這幾年家裡很多事情，算是有滋潤了人生，這次就把這些養分全奉獻給《角頭》。」

2015年創下8000萬票房佳績的《角頭》首部電影主演蔡振南、王陽明等人此次也透



過影集版再次回歸《角頭》宇宙。時隔7年再次合作，蔡振南也表示再次與這群熟悉的組合拍戲相當興奮，加上結合不同系列的角色一起飆戲，相當期待影集版的新火花。而許久未有戲劇作品的王陽明也很興奮能透過熟悉的角色回到大家面前，開頭馬上興奮地向觀眾喊話：「Michael is back！」高捷笑著也回應：「Welcome back！」

王陽明在第一部中與已故男星小鬼（黃鴻升）有精彩對戲，被問到拍攝過程是否會想起小鬼？王陽明感慨說：「肯定會，我聽說有驚喜，說不定有特別的東西。」此外，參與前傳演出的龍劭華也已離世，出品人暨監製張威儀則表示，「龍哥就先在天上看我們演出，不然去年就應該拍，小鬼和龍哥的部分，我們會再重新調整角度。」透露會在影集中加入巧思，讓兩人以不同方式出現。

黃騰浩頹廢風重返角頭宇宙 常被誤認日本人自曝「反差萌」



黃騰浩日前現身《角頭》影集拍攝開鏡，頹廢模樣將重現電影版壞痞子「阿標」的年輕時代，他的不羈氣息也吸引澳洲重機摩托車品牌 Deus Ex Machina 合作，黃騰浩笑說這些看起來很帥氣的照片，其實拍攝過程一波三折。

黃騰浩說，前往拍攝的途中山路崎嶇，好不容易抵達目標地點後，因為近期陰雨連綿，原本選好的拍攝地點突然起了伸手不見五指的濃霧，讓拍攝團隊只好臨時另覓合適處，但也因為這個意外的小插曲，發現了不在原本計劃中的祕境。為了拍攝到好的畫面，黃騰浩頂著狂風上山下海，還好最後的成品也有超乎預期的效果，一切總算值得。

近年露營與戶外活動風氣盛行，許多品牌也趁勢推出兼顧機能及時尚的商品。本身也是

機露及戶外活動愛好者的黃騰浩，以其獨特的成熟魅力，來詮釋此次全新系列「POWDER TOOLS - 日本支線」。黃騰浩透露自己蠻常被誤認為日本人，他笑說每次遇到這種情況，他就會故意說兩句日文逗對方。雖說有著熟男的性格外型，但私底下的黃騰浩就是個頑皮的大男孩，常常逗身邊的人開心，他自己也搞笑地說：「我這叫反差萌！」

而黃騰浩對於露營及戶外活動的熱愛，也可以從之前《角頭》YouTube頻道的露營系列影片窺見一二。在電影《角頭2》飾演結局關鍵角色「阿標」的黃騰浩，近期也隨著《角頭》盛大開鏡，重返角頭宇宙。黃騰浩表示：「這次《角頭》影集的精彩程度絕對超越以往，阿標也在其中有許多不同面向的表現和挑戰，請大家拭目以待。」

休士頓黃頁

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宋仲基承認 戀上英國女生

◆宋仲基女友
被指是曾做演員的
Katy Saunders。
網上圖片

◆宋仲基不避嫌與女友一同返韓。

網絡截圖



◆宋仲基日前到新加坡宣傳《財閥家的小兒子》，當運中的他心情特別靚。

宋仲基與宋慧喬合拍《太陽的後裔》擦出愛火，2017年結婚，2人的婚姻卻僅維持1年8個月，最終在2019年離婚，此後雙宋的感情生活備受外界關注，至26日宋仲基大方承認有新戀情。

出外宣傳女友愛相隨

據韓媒報道，宋仲基與英國出身且長相甜美的圈外人正在交往，宋仲基為了女友，即使行程再繁忙，只要有空就會和對方約會，雙方很細心呵護這段感情。對於這段感情宋仲基並沒有特別隱瞞，宋仲基多次到外地宣傳時也會帶女友同行，像是日前《財閥家的小兒子》在新加坡舉行活動，女友也愛相隨，當時他也大方向工作

人員介紹“這是我女朋友。”有網民亦公開多張二人在印尼拍拖的照片。而消息傳出後，有網民在討論區留言聲稱曾目睹2人聯婦產科，因而傳出女方可能已懷孕。

女友被起底曾是演員

網絡上也流傳着一段2人一同現身韓國機場的影片，女方雖然戴口罩，但見她擁有一雙大眼睛及一頭長髮，甚具氣質。有網民立即蒐集訊息，指宋仲基女友很可能是現年38歲的英國女演員Katy Saunders（全名Katy Louise Saunders），Katy的父親是英國人，母親是哥倫比亞人，在英國出世，比宋仲基大1歲，她曾於2014年參演美國電影《懸疑第三者》（Third Person），不過已息影，現職英語

教師。當中兩大證據，包括今年9月舉行的2022 APAN Star Awards上宋仲基以《黑道律師文森佐》獲得大賞，他的感言年聽之下感謝了“Katy”、“Nara”、“Maya”和“Antes”4個“人”，但原來除了Katy之外，其實Nara是宋仲基的愛犬，而Maya Antes是Katy的愛犬；另一證據便是在網友發布的影片中，宋仲基早前到海外參加某場婚禮，身旁的人便是Katy Saunders，據說宋仲基是參加Katy Saunders親戚婚禮。對於一切爆料，宋仲基透過所屬經理人公司火速回應，大方承認二人去年透過熟人介紹相識，並結緣1年，兩人一直保持着良好的感情，希望大家送上祝福！可是除了交往事實以外，無法確認其他信息。



◆過百名工作人員在夫聖誕卡上簽名送給Eason。

Eason收連番聖誕驚喜

香港文匯報訊（記者 子棠）陳奕迅（Eason）25日晚首度在紅館過聖誕開演唱會。原本Eason要應付逾20場演出，相當有防疫意識，這段時間除了演出的數小時會接觸觀眾及少量工作人員，及往返紅館外，都是一個人留於酒店足不出戶，不過25日晚的連番驚喜，令他不用過一個Lonely Christmas！

25日當Eason上車出發到紅館時，工作人員早已為他的座駕布置了聖誕裝飾，Eason上車時發現也嚇了一大跳。

當他抵達紅館錄排時，發現響起的不是他熟悉的音樂而是聖誕歌，最初也扁一扁嘴，一臉迷惘，其後看到一眾舞蹈員向他衝過來又跳又唱聖誕歌，祝他聖誕快樂，再送上過百工作人員一起簽名的大聖誕卡，及收錄了一條這13場捧場的圈中好友鼓勵片段，令Eason驚訝得不懂反應，良久才說：“多謝多謝！哈哈，我係咁，唔好理我，我心裏面好開心，感動！”繼而他逐一向大家隔空飛吻，並指身體由很累變得充滿力量！



當晚完騷後，又有數百觀眾待Eason的座駕離開時為他大唱聖誕歌。此外，莫文蔚一家三口、鄭融等26日晚也有來支持。

不怕被誤會性取向 周嘉洛強調喜歡異性

香港文匯報訊（記者 子棠）近年人氣急升的周嘉洛成為廣告新寵兒，26日Boxing Day又有商演活動搵真銀，他坦承進賬的確有增多，把握賺錢的黃金機會，還笑言除夕和農曆新年尚有檔期未爆滿，歡迎各大商戶預約。

雖然賺到錢，但就無意買禮物獎勵自己，一心想當孝順仔買樓給媽咪：“我想媽咪住得舒服啲，心目中係800呎單位左右，2個人都夠住，如果將來結婚生仔就未必，但將來嘅嘢就唔講住。（已儲夠首期？）未呀！雖然搵多啲，但物價亦貴咗，所以希望學理投資。”

正忙於拍劇的他表示有趁宵夜時間與演員及幕後人員交換禮物，還很開心湊巧聖誕節當晚拍攝一場落Club戲，令大家有份輕鬆和Chill的感覺。說到他早前被拍下到gay bar消遣，他稱當晚是人生只落過一次就畀你哋見

到。他解釋當日是一班演員齊齊慶祝劇集《痞子殿下》有多個獎項成功打入《萬千星輝頒獎典禮2022》中的最後十強，亦是自己人生第一次到那些地方見識。笑指他也屬靚仔，有否被“抽水”？他謙稱：“現場靚仔過我的大有人在。（是否有排開女友陳滢在場保護？）不用，現場有好多人，大家一齊玩好開心。（有否送禮物給陳滢？）有交換禮物，但不是個別。”續問有否打開更大的男粉絲市場？他就打趣道即使不

到這類地方，他的市場一樣很廣闊。那麼又會擔心被誤會性取向，他搞笑地先表示不會擔心，繼而向鏡頭笑說：“我一直都鍾意女仔！”

◆周嘉洛坦承秘密出騷，進賬的確有增多。

彭澤英獲讚靚聲似呂方 “升呢”奪《中年好聲音》5燈

香港文匯報訊（記者 梁靜儀）無線節目《中年好聲音》25日晚一集繼續進行第二部曲《挑戰！兩個只能活一個》，是集共有19名選手出場，當中有4位選手奪得5盞燈，包括曹敏敏（Bobo）、支聲儀（Venus）、鮑聖光及彭澤英。

今回合另外兩位五燈選手則為“升呢”種子，分別是彭澤英及Bobo，二人齊齊由四燈種子變成五燈種子，似乎愈戰愈勇。獻唱《認錯》的彭澤英，獲張佳添直指刮目相看：“你把聲幾乎有呂方咁靚，揀啱歌真係好重要，呢首歌個Range好啱你。”

至於獻唱《氧氣》的Bobo，同樣獲張佳添大讚：“你個氣息做得好唔錯，呼吸、氣息係成首歌嘅命脈，氣息靚共鳴就會靚，加埋感情好好，5盞燈係值嘅。”



◆彭澤英大晒靚聲獻唱《認錯》。

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- 德州高等教育局認證頒授碩士學位
- 中醫專業碩士學位
- 綜合保健管理碩士學位

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- 中外中醫名流授課
- 中西醫學多元化教學
- 學科及臨床並重
- 全時或半時上課
- 日班或夜班課程

99 RANCH MARKET

Deal of the Week

本週驚爆特價 優惠超值

<p>1651567 15oz</p> <p>\$10.59 2 FOR \$14.00</p> <p>OX & PALM CORNED BEEF 碎牛肉</p>	<p>3653124 7.8oz</p> <p>\$13.59 \$7.98 /EA</p> <p>LKK ABALONE IN PREM OYSTER SAUCE 李錦記蠔皇極品鮑魚</p>	<p>1616611 32oz</p> <p>\$10.49 \$6.98 /EA</p> <p>LKK PREMIUM OYSTER SAUCE 李錦記舊庄蠔油</p>
<p>3CNT/PK</p> <p>\$5.99 /PK</p> <p>BROWN/SHINKO PEAR (KOREAN) 韓國新高梨(三粒盒裝)</p>	<p>\$19.99 /CS \$2.49 /LB</p> <p>FUJI APPLE WITH CHINESE LETTER (FU) 福字富士蘋果(中國)</p>	
<p>99¢ /LB</p> <p>CARA CARA PING ORANGE 加州紅橘</p>	<p>\$1.29 /LB</p> <p>TAIWAN SPINACH 台灣菠菜</p>	<p>\$16.99 /PK</p> <p>FO TIAO QIANG SINGAL PACK 精品佛跳牆</p>
<p>\$6.99 /LB</p> <p>GREENLAND TURBOT-HALIBUT 3-5KG 日本白鱈魚</p>	<p>\$2.99 /LB</p> <p>PORK BABY BACK RIB 小排骨</p>	<p>\$2.79 /LB</p> <p>DUCK PARTMISSING (FRZ) 冷凍鴨(不齊全)</p>

Weekend Special

3-Day Sale Friday, Saturday, Sunday ONLY

<p>2006/pk</p> <p>\$3.99 /PK</p> <p>KOREAN SHIITAKE MUSHROOM 韓國鮮花菇</p>	<p>25EA/CS</p> <p>\$27.99 /CS</p> <p>SUN GOLD KIWI 黃金奇異果</p>	<p>\$3.99 /LB</p> <p>FRESH LONGAN 龍眼</p>
<p>\$1.49 /EA</p> <p>GRAPE TOMATO 小蜜蕃茄</p>	<p>99¢ /LB</p> <p>CHINESE EGGPLANT 中茄</p>	<p>89¢ /LB</p> <p>CHINESE OKRA 勝瓜</p>
<p>\$6.99 /LB</p> <p>GARLIC STEM 蒜苔</p>	<p>\$12.99 /LB</p> <p>LIVE DUNGENESS CRAB 游水大肉蟹</p>	<p>\$8.99 /LB</p> <p>FRESH SALMON STEAK 新鮮三文魚排</p>
<p>\$7.99 /LB</p> <p>WHITE POMFRET 白鯧魚</p>	<p>\$2.99 /LB</p> <p>FRESH GLDN SAND BASS 新鮮老鼠斑</p>	<p>4lb up \$4.69 /LB</p> <p>ATLANTIC SALMON (WHOLE) 整條新鮮鮭魚</p>
<p>\$2.99 /LB</p> <p>PETRALE SOLE 比目魚</p>		

MEAT

<p>\$4.39 /LB</p> <p>BEEF SHANK BONELESS 牛花腱</p>	<p>\$1.99 /LB</p> <p>CHICKEN BREAST BONELESS/SKINLESS 去皮去骨雞胸肉</p>
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SEAFOOD

<p>4LB/PK \$5.99 /LB \$21.99 /PK</p> <p>16/20 H/L JUMBO WHITE SHRIMP 16/20 特大頭白蝦</p>	<p>\$2.99 /LB</p> <p>SQUID ARROW 600GM UP 大魷魚</p>	<p>1LB/PK \$14.99 /PK</p> <p>SCALLOP U10 10/20 特大干貝-帶子</p>	<p>180G/PK \$11.99 /PK</p> <p>BOLIED ABALONE WITH SHELL 韓國特級鮑魚</p>
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