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THURSDAY, November 2, 2017 | www.today-america.com

Southern News Group

# Uzbek man planned deadly New York truck attack for weeks

Southerr



Gina Cherelus, Daniel Trotta

 $\mathbf{A}$ n Uzbek immigrant su spected of killing eight people in New York City followed plans laid out by the militant Islamic State group and planned the attack weeks in advance, U.S. investigators said on Wednesday.

Police said they had interviewed Sayfullo Saipov, 29, who was shot and arrested by police moments after the rampage in lower Manhattan on Tuesday, in which a rental truck was driven down a riverfront bike path.

"It appears that Mr. Saipov had been planning this for a number of

weeks," New York Deputy Police Commissioner John Miller told a news conference.

"He did this in the name of ISIS (Islamic State) and along with other items recovered at the scene were some notes that indicate that," said Miller. "He appears to have followed almost exactly the instructions that ISIS has put out on its social media channels to its followers."

The attack was the deadliest on New York City since Sept. 11, 2001, when suicide hijackers crashed two jetliners into the World Trade Center, killing more than 2,600 people. A further 12 people were injured, some critically, in Tuesday's attack. Similar assaults using vehicles as

weapons took place in Spain in

August and in France and Germany last year.

The suspect allegedly swerved the pickup onto a path filled with pedestrians and bicyclists on a sunny

autumn afternoon, mowing down people in his path before slamming into the side of a school bus.

He then exited the vehicle brandishing what turned out to be a paint-ball lamic State-inspired attacks gun and a pellet gun before a police officer shot him in the abdomeThe suspect underwent surgery for gunshot wounds at Bellevue Hospital, where he has been interviewed by police, Miller said.

Saipov reportedly lived in Paterson, New Jersey, a one-time industrial hub about 25 miles (40 km) north west of lower Manhattan.

People gather at what according to local media is the apartment of Sayfullo Saipov, the suspect in the New

York City truck attack in Paterson, New Jersey

He had rented the pickup from a Home Depot Inc hardware store south of Paterson. U.S. Senator Lindsey Graham urged authorities to treat Saipov as an enemy combatant, a move that would allow investigators to question the man without him having a lawyer present.

New York Governor Andrew Cuomo said that Saipov had been radicalized while living in the United States.

"He is a depraved coward, is what he is, and he was associated with ISIS, and he was radicalized domestically,' Cuomo said in an interview with CNN.

The majority of the 18 Iscarried out in the United States since September 2014 were the work of attackers who developed radical views while living in the United States, said Alexander Meleagrou-Hitchens, research director at George Washington University's Program on Extremism.

### **Local News**

Trump nominates Houston lawyer Ryan Patrick as top federal prosecutor



Marialuisa Rincon

President Donald Trump Wednesday announced the nomination of former state District Judge Ryan Patrick to be the U.S. Attorney for the Southern District of

If confirmed by the Senate, Patrick, the son of Lt. Gov. Dan Patrick, will be the top federal prosecutor in the district that includes 8.3 million people in Houston, Galveston and Corpus Christi and the Rio Grande Valley.

"I'm honored to be nominated by President Trump with the support of Sens. Cornyn and Cruz," Patrick said Wednesday. "I look forward to being confirmed by the Senate." U.S. Sens. John Cornyn and Ted Cruz, Texas Republicans who nominated Patrick and Grayson County District Attorney Joseph D. Brown to the federal bench, issued statements Wednesday after the White House announcement.

"Both Joe Brown and Ryan Patrick have demonstrated clear reverence and respect for the law throughout their careers as public servants," Cornyn said. "I look forward to moving their nominations forward and getting them confirmed as soon as possi-

Cruz applauded the president's decision.

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## The Lishan Spirit

Mr. Wea H. Lee (President of Southern News Group)

I am here representing the International District and our many friends from the international community to pay our deepest respects to Leeshan Birney. Leeshan has not only been our model, she has been our leader and a true pioneer.

Over the last 20 years, Leeshan has been a tireless worker for our community, and as a founding member of the International District and because of her enthusiastic contributions, we have met on a monthly basis to overcome many difficulties in the effort to make our international community a better place to live.

Many of us as new immigrants have come from different



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corners of the world to seek our liberty and also business opportunities. new chapter of immigration history and millions of newcomers really appreciate Leeshan's example that

has paved the way for the rest of us. Leeshan, I am so proud

to have been one of your close friends and colleagues. All of us will continue to fight on to achieve your goal making this great land an even

better place to live.



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電視



# BUSINESS

Amid rising tensions with North Korea, the US has launched a worldwide nuclear war drill involving nuclear-capable missiles and bombers

The worldwide annual war games began on Tuesday.

US Strategic Command (StratCom) described the secretive drill called "Global Thunder", as preparing their forces for "wherever they are needed".

The Pentagon has not released many details about the exercise, but its mission statement is to prepare the American nuclear command center for war.

The drill comes as the US is threatening to launch a military strike against North Korea with Russia and China warning against any

Moscow has spoken out over the drill, saying, "Russia's nuclear potential significantly outstrips that of the US."

According to reports, US forces are expected to practice first strike and missile defense exercises during the drill.

America's B-52 Stratofortresses and B-2 bombers conducted strike missions during the last year's drill.



"These exercises achieve the vision of a unified team, integrating all the capabilities of US Strategic Command across the globe wherever and whenever needed," US Air Force General John Hyten said.

"We need to integrate our strategic capabilities in order to deliver multi-domain effects against any adversary, anywhere in the world, at any time," he added.

According to reports the administration of US President Donald Trump is working on a new nuclear weapons policy that would end the post-Cold War disarmament and allow Washington to expand its arsenal.

Trump and his top national security advisers discussed the matter in September at the White House, where the first draft of the new Nuclear Posture Review (NPR) was present-

Apparently, Congress and US allies have been briefed on the progress of the new NPR, which is still being debated and is expected to be completed by the end of the year, The Guardian reported Sunday.

Among the elements being considered under

The Pentagon's Mission Statement Is To Prepare The American Nuclear Command Center For War

### U.S. Launches Worldwide Nuclear War Drill



the expansion plan are new low yield warheads for ballistic missiles as well as sealaunched cruise missiles



A US nuclear-capable B-2 bomber taxis the flightline during Exercise Global Thunder 15.

Washington is currently keeping some 450 long-range nuclear missiles in underground silos across the US, in addition to an undisclosed number deployed to its military bases

Tensions between the US and North Korea have dramatically increased following a series of weapons tests by Pyongyang and an ugly war of words between Trump and North Korean leader Kim Jong-un.

Trump has called on China, North Korea's main ally, to help contain North Korea's nuclear and missile programs.

But relations between the United States and Russia have hit their lowest ebb since the end of the Cold War in 1991, largely due to the crises in Ukraine and Syria and over allegations Moscow meddled in the 2016 US presidential election.

The North Korean leader has ordered the production of more rocket warheads and engines, shortly after the United States suggested that its threats of military action and sanctions were having an impact on Pyongyang's behavior.



Pyongyang says it will not give up on its

nuclear deterrence unless Washington ends its hostile policy toward the country and dissolves the US-led UN command in South Korea. Thousands of US soldiers are stationed in South Korea and Japan.

A former American Senate foreign policy adviser has said the risk of war between the United States and North Korea has increased by about 30 percent, after the US Air Force decided to place its fleet of B-52 nuclear bombers on 24-hour alert for the first time since 1991.

### Related

### **Putin And Trump Deploy Nucle**ar Bombers To North Korea

Vladimir Putin and Donald Trump have joined forces and deployed nuclear bombers to North Korea amid fears of World War 3 breaking out with Pyongyang.

President Trump sent a nuclear-capable B-2 stealth bomber and President Putin sent missile-carrying Tupolev-95-MS bombers towards the North Korean peninsula.

Thesun.co.uk reports: A spokesman said: "Two strategic bombers Tupolev-95MS of Russia's Aerospace Force have carried out routine flights over international waters of the Sea of Japan and the western part of the Pacific Ocean.

"At certain sections of the route the Tupolev-95MS crews were accompanied by a pair of F-18 fighters (of the US Air Force), and a pair of F-15, F-4 and F-2A fighters (of the Japanese Air Force)."

The threat of nuclear missile attack by North Korea is accelerating, US defence secretary Jim Mattis warned at the weekend.

Mattis made his remarks as he accused the North's leader Kim Jong-un of "illegal and unnecessary missile and nuclear programs".



**U.S. Defense Secretary James** 

Speaking in Seoul alongside South Korean defence minister Song Young-moo, he warned: "North Korea has accelerated the threat that it poses to its neighbours and the world.'

Because of this, he said, military collaboration between the US and South Korea had taken on "a new urgency".

Mattis added: "Any use of nuclear weapons by the North will be met with a massive military response." The news came shortly before reports

emerged of a tunnel collapse at an underground nuclear test site, prompting fears of a radioactive leak. The North says it needs nuclear weapons to

counter US efforts to strangle its economy and overthrow the Kim government. Nato chief Jens Stoltenberg called North

Korea a "global threat" today and said he backed tighter sanctions against it during a visit to Japan, which has been targeted by Pyongyang's provocations.

Stoltenberg is in Tokyo to meet Prime Minister Shinzo Abe and other senior officials including defence minister Itsunori Onodera later in the day. (Courtesy http://yournewswire.com)

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### Meet Dr. Li-Min Hwang



Li-Min Hwang, M.D., M.P.H. OB/GYN Cantonese & **Taiwanese** Clear Lake Clinic Pasadena Clinic

"我 盡 我 的 全 力 照 護 病 人 , 並 提 供 以 病 人 需 求 為 主 的護理,實證醫學和微創 手術。我相信良好的病患 教育可以提供預防性的健 康維護。"

Dr. Hwang is certified by the American Board of Obstetrics and Gynecology. He earned his undergraduate and medical degree from the National Taiwan University College of Medicine in Taipei. He completed residency programs at National Taiwan University Hospital and St. Luke's Hospital, Bethlehem, Penn. In addition, he earned a postgraduate degree of Master of Public Health in maternal and child health from the prestigious Johns Hopkins University School of Hygiene and Public Health in Baltimore, Md. He is a member of the American College of Obstetricians and Gynecologists, Texas Medical Association and Harris County Medical Society.

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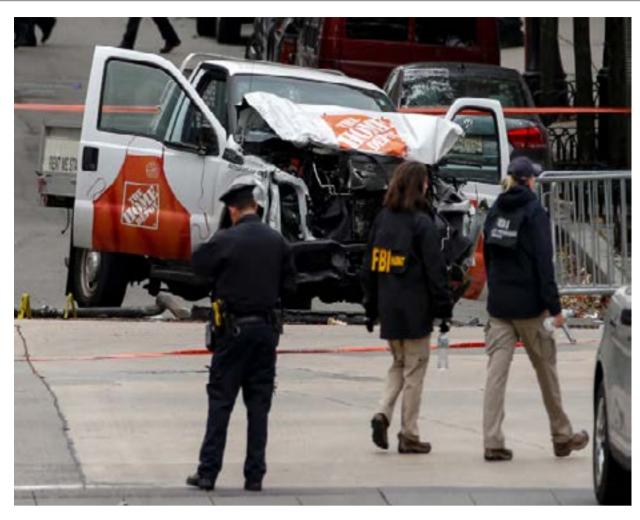
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# A Snapshot Of The World



Parents pick up their children from P.S./I.S.-89 school after a shooting incident in New York City



FBI agents and NYPD investigate a pickup truck used in an attack on the West Side Highway in lower Manhattan in New York



A trader works on the floor of the New York Stock Exchange shortly after the opening bell in New York



Rep. Adam Schiff (D-CA) asks questions, as executives appear before the House Intelligence Committee to answer questions related to Russian use of social media to influence U.S. elections, on Capitol Hill in Washington



People in costume await the subway on Halloween in the Manhattan borough of New York



Olympian figure skater Ashley Wagner speaks during an event in Times Square to celebrate 100 days from the start of the PyeongChang 2018 Olympic Games in South Korea, in New York



Examples of Facebook pages are seen, as executives appear before the House Intelligence Committee to answer questions related to Russian use of social media to influence U.S. elections, on Capitol Hill in Washington



U.S. Army Sergeant Bowe Bergdahl is escorted out of the courthouse after the sixth day of sentencing proceedings in his court martial at Fort Bragg, North Carolina



An aerialist demonstrates jumps on a trampoline during an event in Times Square to celebrate 100 days from the start of the PyeongChang 2018 Olympic Games in South Korea, in New York



# COMMUNITY

### In Memory Of Leeshan Birney

Compiled And Edited By John T. Robbins, Southern Daily Editor

Respects to Mrs. Birney Have Been Offered

By Her Long-time Friend And Colleague,

Wea H. Lee, Chairman of the International

The Lishan Spirit

Representing the International District and

our many friends from the international

community, I want to pay our deepest re-

spects to Leeshan Birney. Leeshan has not

only been our model, she has been our leader

Over the last 20 years, Leeshan has been a

tireless worker for our community, and as a

founding member of the International Dis-

trict and because of her enthusiastic contri-

butions, we have met on a monthly basis to

overcome many difficulties in the effort to

make our international community a better

Many of us as new immigrants have come

from different corners of the world to seek

our liberty and also business opportunities.

Leeshan Birney's success story has really

opened a new chapter of immigration history

and millions of newcomers really appreciate

Leeshan's example that has paved the way

Leeshan, I am so proud to have been one of



March 24, 1939 - October 27, 2017

District, as follows:

and a true pioneer.

place to live.

for the rest of us

Community leader, role model and real estate pioneer, Leeshan Chuang Birney, passed away peacefully on October 27, 2017 due to complications from liver cancer at the age of 78. She was surrounded by members of her

She was a remarkable business leader and role model to so many. Her family, while mourning her untimely death, also want to celebrate their incredible mother, wife, grandmother, aunt, sister, business and community leader as well as so many other roles. The business she founded, Stone Mountain Properties, is now in the trusted hands of her family and employees. Leeshan had been planning this transition for years. The company has full confidence in continuing to lead and evolve the business into the future through the remarkably talented people in her organization and many new systems being implemented.

She is survived by her husband, James Birney, son Ceyan Birney, daughter Shanlenn Birney Colby, grandson Alden Colby and granddaughters, Adelia Colby, Alexandra Colby and Celine Birney. Her daughter Mayling Edina Birney passed away last month in September.

your close friends and colleagues. All of us will continue to fight on to achieve your goal making this great land an even better place



Leeshan Birney receives award from former Houston Mayor Bill White.

Memorial Services are planned in both Houston and New Jersey. The Houston service will be held Saturday. November 4, 2017 - 10:00 a.m. at Memorial Oaks Funeral Home, 13001 Katy Fwy, Houston, TX 77079. In lieu of flowers, please consider donating to or participating in one of these organizations that Leeshan supported:

1. The Alliance, which creates opportunities for refugees, immigrants, and underserved residents to achieve their goals for self-sufficiency and improve their quality of life.

2. International Leadership Foundation, for the next generation of Asian Pacific American Leaders.

3. Tzu-Chi, an international humanitarian organization whose mission is to relieve the suffering of those in need, and create a better world for all.

4. Chinese Community Center is a comprehensive social service community center in Southwest Houston, Texas, that provides support programs to a diverse population.



Leeshan Birney (right) and her husband, James Birney (left)

5. Asia Society Houston, promotes mutual understanding and strengthening partnerships among the peoples, leaders, and institutions of Asia and the west.

6. Museum of Fine Arts, Houston, an organization that is more than 100 years old and ranks nationally among the top 10 art museums in exhibition space, memberships, endowments, and attendance.

7. HOPE Clinic, a volunteer-run, non-profit clinic, provides health care services to all regardless of patients' ability to pay. A unique characteristic of HOPE Clinic is its capacity to provide services in 14 different languages, including: Mandarin, Cantonese, Vietnamese, Korean, Burmese, Arabic, and Spanish. 8. American Liver Foundation, whose mission is to facilitate, advocate and promote education, support and research for the prevention, treatment and cure of liver disease. October is Liver Cancer Awareness.



Leeshan Birney was the Founder and Principal of Stone Mountain Properties, a family run business in New Jersey and Texas, engaged in purchasing and renovating properties. Stone Mountain Properties currently owns and manages properties aggregating over 2,600,000 square feet, including office buildings, storages spaces, and industrial warehouses in New Jersey and Texas. Mrs. Birney also developed Sun Blossom International Villages, which provides beautiful environments and innovative services in residential programs. This project was chosen as a principle community model for the Asian community tour of The Neighborhood U.S.A. Conference hosted by the City of Houston in May 2002.

Mrs. Birney maintained extensive involvement with the community and regularly participated and contributed generously to civic, community, and educational groups,

with roles that included: Directorship in the Houston Housing Finance Corporation, Marketing Committee Chairmanship on the Asian American Business Council (AABC), served as a Board Member of the Asian Chamber of Commerce, served on the Advisory Board Member of the Chinese Community Center and as an Advisor Abroad for the Global Federation of Chinese Business Women, was a Member of the Fundraising Committee for the Asian Chamber of Commerce, served as a Planning Board Commissioner for the City of Houston, was an Honorable Vice Chairman in the Houston. Taiwanese Chamber of Commerce, and served as a Board Member for Dance of Asian American.



To help disadvantaged students with more educational opportunities, Education Division of Taipei **Economic and Cultural Office in** Houston initiated a scholarship fundraising project by inviting several successful Taiwanese entrepreneurs living in Houston to sponsor study expenses in Taiwan and round-trip air tickets for outstanding students from low income families at Houston Independent School District's Sharpstown International High School. Leeshan Birney actively supported this effort. (2nd from right)

Along with a myriad of honors, Mrs. Birney has been awarded for her dedication and commitment with the Chinese21.com Outstanding Chinese Entrepreneur Award (2010), the ILF-Regional Leadership Award (2010), the State of Texas-Yellow Rose of Texas Award (2010), the Chinese Community Center-Excellence of Community Development Award (2009), the Texas State Representative-SW Houston and Chinatown Improvements Commendation (2009), the Chinese Professional Club-Corporate Impact Award (2008), and the University of Houston Law Center Arrivals Awards for Immigrant Achievement (2007).

Mrs. Birney received an M.B.A. from New York University (NYU) in Economics, an M.S. at Columbia University in Nutrition.

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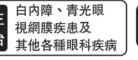
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# COMMUNITY

**Local Event** 



Lowe's to hire 100 employees at Beaumont, Port Arthur stores

By Katherine Feser

Lowe's will host a job fair Thursday to fill more than 100 positions at its Port Arthur and Beaumont stores. The home improvement retailer is adding 3,500 employees in Texas to help communities recover from Hurricane Harvey.

Applicants can apply Thursday at the Port Arthur store, 8383 Memorial Blvd., from 10 a.m. to 2 p.m. Full- and part-time positions include cashiers, loaders, customer service associates and sales specialists in flooring, millwork, appliances and pro services. Applicants are asked to bring social security cards and photo IDs.



For information on other job fairs, visit Lowes. com/Harvey.

Lowe's employs more than 21,000 people at 143 stores in Texas.

# Houston council refers plan for homes in west Houston floodplain to mayor

By Mike Morris

The Houston City Council on Wednesday unanimously referred a proposal to build hundreds of homes in a west Houston floodplain back to Mayor Sylvester Turner.

The mayor supported the referral, which sometimes is used to further study a complicated or controversial item and other times effectively is used to kill proposals.

Councilwoman Brenda Stardig, who represents the area around the proposed development and had given her support to the idea, moved that it be referred back to the Turner administration without an up-ordown vote

"I want to take this opportunity to thank the administration for looking at what we need to do post-Harvey, as the mayor has indicated, on developments in flood-prone areas, and I'd like to take this opportunity now to refer this back to the administration," she said.

Aside from the mayor stating he supported the move, there was no other discussion on the item, which passed unanimously.

Arizona-based Meritage Homes announced last May that it planned to build hundreds of single-family homes on the site of the recently closed Pine Crest Golf Club at Clay and Gessner in a master-planned community to be called Spring Brook Village. The finished project is expected to include homes for up to 800 people, with properties priced between the high \$200,000s and the mid-\$500,000s.



Hun dred

The entire 151-acre site sits in a flood plain, Harris County Flood Control District maps show. But officials said the developers' drainage plan, once built, is projected to place most of the tract in the 500-year floodplain rather than in the riskier 100-year floodplain. The builder has said it plans to build the homes at a higher elevation to remove the structures themselves from the 500-year floodplain, as well. Council was asked to consent to

the developer's request to create a municipal utility district to pay for roads, water, sewer and drainage infrastructure on the site. Representatives for MetroNational

and Meritage Homes who were present at the council meeting did not offer immediate comment,

referring questions to public relations staff.





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星期四

2017年11月2日

Thursday, November 2, 2017

# 美一机场安检人员 在行李中发现巨型活龙虾



美国波士顿罗根机场安检人员在周 末扫描旅客托运的行李中,竟然发现一 只活龙虾。安检人员说,在行李托运中 ,托运活虾并没有违反安全法规,只是 ,这只足足有20磅重的龙虾着实罕见。

机场安检人员 26 日在推特上展示 C 航厦安检人员展示的大龙虾的照片。 机场安检处媒体联络人麦卡西在推特 中写道, "安检人员很有技巧地检查 托运行李中的各样物品……包括20多 磅的龙虾"。他表示,在新英格兰地 区,托运龙虾其实很常见,但这么大 的却很少。

据机场安检处网页,托寄活龙虾必 须放置在透明、塑料和防漏的容器内。 安检人员在把龙虾送上飞机前,会以目 测检验龙虾。

但安检处建议要携带龙虾的旅客在 启程前先与航空公司联络。安检处虽不 禁运龙虾,但不知各航空公司的相关规 定如何。

# "哈利波特"推出20周年 全球书迷穿长袍庆祝



6月26日是"哈利波特"(Harry Potter) 系列丛书第1集出版满20周年,从印度尼西 亚到乌拉圭,世界各地的哈利波特迷们穿戴 长袍和眼镜,庆祝"哈利波特"满20岁。

此外,来自全世界的粉丝们来到英国 伦敦国王十字车站,在小说中描述的站台 前排起长龙,拍照留念。

为了庆祝"哈利波特"系列图书推出 20年,Facebook还向网站和移动应用添加 了复活节彩蛋。

这些复活节彩蛋其实是一 系列魔法,它们的名称是哈利: 波特、格兰芬多、拉文克劳、胡 菲普、斯莱特林的,用户轻点这 些彩蛋的时候,将显示魔杖施放 魔法的酷炫动画。

报道称, "哈利波特和魔法 石" (Harry Potterand the Philosopher's Stone)是"哈利波特 (Harry Potter)系列丛书第1集 ,该书于1997年出版,它向读 者介绍了哈利波特和其他配角。

据悉, "哈利波特和魔

法石"一书的作者JK罗琳(J. K. Rowling)当初是在吃了不少闭门羹,遭多家 出版社退稿后,才得以成功发行这本小 说,成为7集系列小说中的第1集; "哈利波特"原著7集在全球畅销不衰 ,并且拍成8部卖座电影。

"哈利波特"系列奇幻小说作品被指 把整个世代的男孩和女孩变成热情的读者 ,每当新一集小说发行时,总吸引大批死 忠书迷在书店前排队。

# 立斯加航空推"日食航班" 方便欣赏日全食奇观

阿拉斯加航空 公司26日宣布,将 于8月21日推出一个 特别的"日食航班 ,以便于精挑细 选出的旅客欣赏日

全食奇观。 据报道,这个 航班将于太平洋时 间当天上午7时30分 从俄勒冈州波特兰 起飞,不对外出售 机票,仅限获邀的 约50名天文学家和 日食追逐者乘坐。

公司将从7月21日起举行在线竞赛 ,每名公众都有赢得该次航班2个 座位的机会。

据悉,将于8月21日出现的日 全食又被称作"美国大日食"(The Great American Eclipse),是美国本 十99年来的首次贯穿东西海岸的日

日全食通常发生在当月球处干 太阳和地球之间,阻挡了太阳光的 时候。届时,太阳将被月球的影子 完全挡住。

"美国大日食"的最佳观测 , 西起俄勒冈州海岸,东至 南卡罗来纳州海岸。观赏日全 食需做好防护措施,并佩戴专 用的眼镜。

阿拉斯加航空发言人哈蕾·尼 格(Halley Knigge)说,去年有一群 狂热的日食追逐者订购了由安克

雷奇飞往檀香山的一个航班,为 了欣赏到太平洋上空的日全食, 他们成功说服航空公司更改了飞 机航路。于是该公司今年也有了 同样的想法。

尼格表示,这个航班将采用波 音737型飞机执飞,飞行时间在4-5 小时之间,为确保每个人都能欣赏 到这难得一见的天文奇观,航班仅 限50人乘坐。

# "狗大便"甜点热卖 售价不到1美元

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"狗大便"甜点

, 没想到也广受

维莱万说:"这

很奇怪,没人做

!"她用椰奶、

明胶和食用色素

,做出这份不寻

曼谷甜点师



蛋糕店里的甜点总是色香味俱 全,光是五颜六色的外表,就足以 吸引顾客在店里流连忘返。但泰国 狗大便形状的甜 点,而人们喜欢

欢迎。

常的甜点。 30岁的维莱万是上班族,利用 周末发展她的小生意,她曾尝试过 好几种不同的模型,最终在数月前 做出这份大受欢迎的新甜点。

一开始,是因为客人要求"奇 特形状",让维莱万决心做出吸睛 的东西。她解释说:"大部分人看 过花朵的形状,所以泰国人觉得这 东西有趣。"

据悉, "狗大便" 甜点现已成 为维莱万最受欢迎的项目,每月可 卖出约1000份,每份售价不到1美 元。

维莱万也承认不是人人喜欢这 个新点子。她说: "我上传甜点照 片到脸书给客人看……有人喜欢, 也有人表示不喜欢。"

Mei Zhang, MD **小**古殿科 + 學殿 學 玄 思 学 貝勒醫學院住院醫師畢業 原貝勒醫學院家庭醫學系助理教授 十餘年臨床醫療經驗 Board Certified by ABFP

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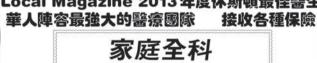
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100多年前,华人开始远渡重洋, 抵达北美大陆开创新生活,在落地生 根之后,在北美大陆的一些城市中也 出现了唐人街。虽然当今的华人已经 在美国加拿大各个城市的不同地方定 居,唐人街早已不是华人居住的唯一 地点,但因为其记载着早期华人移民 的历史,一直还是海外游客的游览地 ,也是在北美,能看到中国字,听到 乡音的去处。

在全球各地,许多大城市,从伦 敦、温哥华、墨尔本到马尼拉,都有 唐人街。美国则有很多唐人街。这些 地区与其他移民文化分享他们的文化 ,从视觉、听觉和饮食选择上,体现 出异域风情,让游客感受到一种独特 的体验。在美国,中国城是留学生心 中不可或缺的一站,因为只有在中国 城才能解得了那一份乡愁和思念。在 美国不同的城市或大或小有着不同的 唐人街,今天为大家带来去美国不能 不去的十大唐人街:

1. San Francisco (旧金山,旧金山)

从1850年代开始,作为华人到美 国落脚的第一个集中区的是旧金山唐 人街。旧金山唐人街是亚洲之外最大 的华人社区,它位于金融区附近,拥 有狭窄古老而倍具风情的街道

到唐人街游览自然不要错过享受 美食,因这里实在是个美食家的乐园 ,不论粤菜、川菜、江浙菜、京菜、 台菜或中西糕饼,在这里都可吃得到 。金门蛋挞,湖南家乡菜更是不可错



过的美味。

2. New York City 纽约

从第五大街开始,纽约唐人街会 带你进入一个真正的中国城。在那里 可以远眺帝国大厦,拥挤街道上,几 乎望眼所及都是中文招牌、广告,走 在唐人街街头,耳边听到的对话也几 乎都是中文,贩卖著新鲜鱼类、蔬菜 的传统市场摊贩,是当地唐人街的最

各色美食令人眼花缭乱,如果有 时间朝皇后区的日落公园走去,你还 会发现法拉盛这个纽约最大的华人聚 居区。

3. Chicago 芝加哥

从市中心出发20分钟就能到达芝 加哥唐人街,一个世纪以来这里聚集 了7万多华人,他们的祖先是1905年 随着铁路建筑工程来到芝加哥的

大街入口处建有一座中国式大牌 楼,雕梁画栋,正面刻有孙中山手书 的"天下为公",背面刻有"礼义廉 耻",成为芝加哥唐人街的标志

当地的老四川饭店以招牌辣子鸡 吸引著无数的回头客。

4. Seattle 西雅图

这里的唐人街聚集著来自中国、 菲律宾、越南及日本的各色亚裔。华 裔劳工在1860年左右在西雅图定居。 庆喜公园 (Hing Hay Park) 是当地一 个重要的社区活动场所,同样重要的 还有陆荣昌亚洲博物馆(The Wing Luke Asian Museum) •

晚餐的时候,麦克面馆等餐馆必 然是座无虚席

5. Philadelphia 费城

在费城定居的广东移民最早可以 追溯至18世纪,但唐人街的真正建立 则是在上世纪60年代才开始。

费城唐人街是一个规模虽小却充 满活力的社区,在这里你不但可以尝 到原汁原味的北京烤鸭,同时各色东 南亚风味的餐馆也能让你流连忘返。 6. Honolulu 檀香山

建立于1860年代的檀香山唐人街 有将近15个街区,除了中国移民外, 还有韩国人、日本人、菲律宾人,在 这里组成了一个庞大的亚裔社区。

白天,游客们享受着阳光,品尝 著各式热带水果,入夜则是酒吧天堂 。喜爱美食的游客一定不能错过美味 的生蚝和扇贝,也不能错过皇家饭店 的叉烧包。

7. Boston 波士顿

位于波士顿的市中心的唐人街虽 然规模不大,但有着130年的悠久历 史。唐人街的入口矗立着庞大的中国 石狮,当地的餐馆有着各式不同的风 味。

8. Los Angeles 洛杉矶

虽然大部分的华人聚集地已经分 散到洛杉矶郊区,但市中心的唐人街 依然充满魅力。沿着66号公路,很快 你就能看到挂着灯笼,充斥着平价时 装的唐人街。

当然和其它的唐人街一样,无论 是传统的扬州炒饭,下午茶还是海鲜, 都散发着诱人的香味。凤凰饼店的草 莓蛋糕更是不容错过。

9. Houston 休斯顿

虽然没有传统的中国建筑和历 史遗迹,但休斯顿的唐人街依然是 地道的亚洲城。在市区的西南部大 约6英里的范围内,香港商城聚集著 各色店铺和美食,海鲜皇宫更是广 受欢迎。从包子到火锅,这里一样 不缺。

10. Washington, D.C.华盛顿特区

华盛顿的唐人街始建于1930年, 但大部分的华人已经搬到了郊区。如 今的唐人街仅是一个不大的商场,与 先前的那些唐人街比较, 这里的规模 显然是最小的,然而丝毫没有影响它 的吸引力。

唐人街入口中文招牌的星巴克格 外引人注目,托尼的海鲜楼和蒙古烧 烤吸引著众多的食客。

# 美国空姐告诉你坐飞机 只喝瓶装水的真实原因



根据"纽约邮报"引述美国空服员协会(AFA ) 指出,美客机航班上饮用水受到环境保护署 (EPA) 规范,但规定从宽,机上饮水用的水管 多久清洗一次,或许没有人会按时按点去检查的

伴随着航空公司越来越多,竞争压力增加, 各个国家的航空公司都开始拼服务、拼餐饮,也 遇到一些旅客非常喜欢机上餐饮,比如饭盒要两 份。但是根据美国航空公司知情人士认为,尤其 是经常天上飞的空服员对机上饮料更是退避三分 ,尤其是热水、咖啡或茶。

由于管理方面的疏忽,机上需要用到饮用水 ,包括开水、冰或热开水、热茶及咖啡等,受到 不少质疑,美媒甚至报导许多机上咖啡壶从未清 洗过。英国"独立报"(Independent)报导,航空 公司多久清洗机上的饮水用管线。

美网路媒体财经内幕(Business Insider)私

下采访空姐说,"空姐绝不会在飞机上喝热开水 !"鉴于此,一些经常旅行的空中达人也建议旅 客机上若要饮水,最好选择有瓶盖的矿泉水,或 者自己携带的水。

CNN"秘境探索"(Parts Unknown) 主持人波 登(Anthony Bourdain)常在媒体上说, 宁饿, 也不吃机上餐饮。波登告诉美国美食杂志 "BonAppetit","没有人吃过机上餐饮后,感觉是 好的"。他认为旅客吃它,是因为航程途中实在 太无聊。这是作为名厨出身的他,对于飞机餐的

"我从不吃机上餐饮,喜欢空着肚子抵达目 的地。"若真受不了飢饿,波登说,顶多点起司 蛋糕及红酒解馋。或许,我们有很多的其他未知 的原因,但是,既然有的选择的时候,尽可能的 选择合适的方式来保证自己旅途的幸福感,毕竟 菜品,饮水对我们来说,还是很重要的。

# 美国你不活应

对于很多新到美 国的人来说,刚到美 国,一切都显得那么 的新鲜,但也常常觉 得难以适应。

一、过人行道要 先按路边的按钮,待 绿色指示灯闪现后, 要迅速通过。 二、美国人看到

陌生人也会打招呼或 微笑示意。看到之后 ,要礼貌地回应,不 要躲闪对方的目光或 装做没看见,那样会 被视为不礼貌或没教 养。和亲近的人可以 礼节性地拥抱。

三、在饭店吃饭 要给小费,一般给消 费数额的10%--15%, 快餐厅不给小费。另 外,理发、在宾馆让 服务生帮忙等对服务 行业的都要给小费, 这可能会增加美国留 学生活费用,但无法 避免。

四、在美国一般 都是刷卡消费或者用 旅行支票,要带ID卡

五、所有卫生间里都有一次性马桶座垫纸和 卫生纸。

六、电压和插头和中国不一样,充电带转换

七、每天早晚要洗澡,经常更换衣服。

八、在商场购货要填写有关地址登记和 E-MAIL,因为他们会给你寄打折卡。经常去的 超市,可办优惠卡。

九、各种东西买的时候都收税,但每个州都 有那么几天不收税。在不收税的那几天买东西,



就便宜多了,可以帮 助减轻美国留学生活 压力。 十、洗衣服要直

接烘干,不要在外或 阳台上凉衣服。

十一、牙医巨贵 ,而且还得提前预约 ,排很长时间。来美 之前把牙该检查检查 ,做做窝沟封闭,避 **発蛀牙。** 

十三、所有餐厅 饮料都无限续杯,快 餐店交钱拿杯子,饮 料自己随便打

十四、30岁以下 的美国留学生女生请 穿比基尼去各种游泳 场所,但拒绝连体。

十五、加油站自 己加油,自己付账, 加油站都有擦玻璃的 一套东西,包括纸什 么的,加油的时候可

以顺便把玻璃擦了。 十六、不要接受 生人给的药或者糖, 也不要给生人,因为 可能是毒品,你承担

不了责任,也没人承

担你的责任。

十七、击掌要使劲、响亮,握手也是要用力

十八、到美国探亲,推荐买一个AT&T的手 机,7点以后电话免费,美国的手机卡和手机一

十九、美国人特别欢迎的礼物是中国的十二 生肖挂件和各种动物工艺品。

二十、请一定要带足治感冒和胃肠感染的药 和其他一些常用药。到美国药店买要一般都要医 生处方。到医院看个小病,很不方便还很贵!



洗牙,补牙,镶牙,植牙,根管治疗,儿童牙科,二十年臨床經驗 設備精良,环境舒适,價格合理,交通便利,接受多种牙科保險

王 成 牙醫博士 D.M.D. 波士頓大學牙醫學博士 中國醫科大學口腔醫學碩士 美國牙醫協會會員(ADA) 原Jefferson Dental Clinics 門診主任



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本报记者泰鸿钧摄









追於祖社七於

悼儀式。 二零一七年十一月四日上午十時,假Memorial Oaks Funeral Homes是一位卓越企業領袖、慈善家,同時也是一位好妻子、好母親上八歲。夫婿James Birney率子女隨侍在側。伯尼莊麗香女士在休二零一七年十月二十七日,距生於一九三九年三月二十四日,完

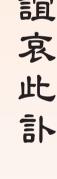
一七年十一月四日上午十時,假Memorial Oaks Funeral Home舉行

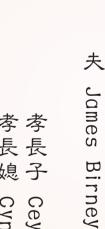


# 誼

謹此敬告諸

親友。





孝長吳 Celine Birney孝長兒 Ceyan Birney

孝長女 Mayling Edina Birney (歿)

孝外孫女 Adelia Colby 孝次女婿 Justin Colby 孝次女婿 Alden Colby Alexandra Colby

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族繁不及備載

·· Memorial Oaks Funeral Home 13001 Katy Fwy, Houston TX 77079

伯尼莊麗香 Leeshan Chuang Birney 女士,因肝癌病