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Inside C2

Southern DAILY

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‘We’re going to war, bro’: Fort Bragg’s 82nd Airborne deploys to the Middle East



FILE PHOTO: U.S. Army paratroopers assigned to the 1st Brigade Combat Team, 82nd Airborne Division, walk toward an awaiting aircraft prior to departing for the Middle East from Fort Bragg, North Carolina, U.S. January 5, 2020. REUTERS/Bryan Woolston/File Photo

FORT BRAGG, N.C. (Reuters) - For many of the soldiers, it would be their first mission. They packed up ammunition and rifles, placed last-minute calls to loved ones, then turned in their cellphones. Some gave blood.

The 600 mostly young soldiers at Fort Bragg, North Carolina, were headed for the Middle East, part of a group of some 3,500 U.S. paratroopers ordered to the region. Kuwait is the first stop for many. Their final destinations are classified.

“We’re going to war, bro,” one cheered, holding two thumbs up and sporting a grin under close-shorn red hair. He stood among dozens of soldiers loading trucks outside a cinder-block building housing several auditoriums with long benches and tables. Days after President Donald Trump ordered the drone killing of Iranian military commander Qassem Soleimani, raising fears of fresh conflict in the Middle East, the men and women of the U.S. Army’s storied 82nd Airborne Division are moving out in the largest “fast deployment” since the 2010 Haiti earthquake.

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The 82nd’s commander, U.S. Army Major General James Mingus, waded through the sea of camouflage-uniformed men and women as they prepared to leave the base near

Fayetteville on Sunday. He shook hands with the troops, wishing them luck.

One soldier from Ashboro, Virginia, said he wasn’t surprised when the order came. “I was just watching the news, seeing how things were going over there,” said the 27-year-old, one of several soldiers Reuters was allowed to interview on condition they not be named. “Then I got a text message from my sergeant saying ‘Don’t go anywhere.’ And that was it.”

While the killing of Soleimani has ratcheted up tensions between the United States and Iran, it remains to be seen whether they will escalate to full-out conflict.

Trump last week said he ordered the killing to stop a war, not to start one. And despite Tehran’s strident rhetoric, analysts say Iran will want to avoid any conventional conflict with the United States and is likely to focus on asymmetric strikes, such as sabotage or other military action via proxies.

Risks seemed to be pushed to the back of the minds of the younger soldiers, though many packed the base chapel after a breakfast of eggs, waffles, oatmeal, sausages and 1,000 doughnuts.

One private took a strap tethered to a transport truck and tried to hitch it to the belt of an unwitting friend, a last prank before shipping out.

“THIS IS THE MISSION”
The older soldiers, in their 30s and 40s, were visibly more

somber, having the experience of seeing comrades come home from past deployments learning to walk on one leg or in flag-draped coffins.

“This is the mission, man,” said Brian Knight, a retired Army veteran who has been on five combat deployments to the Middle East. He is the current director of a chapter of the United Service Organizations military support charity. “They’re answering America’s 911 call,” Knight said. “They’re stoked to go. The president called for the 82nd.”

There was lots of wrestling holds as the troops tossed their 75-pound (34 kg) backpacks onto transport trucks. The packs hold everything from armor-plated vests, extra socks and underwear, to 210 rounds of ammunition for their M4 carbines. A sergeant pushed through the crowd shouting for anyone with Type O blood, which can be transfused into any patient. “The medics need you now. Move,” he said, before a handful of troops walked off to give a little less than a pint each. UNCERTAINTY PREVAILS
While members of the unit - considered the most mobile in the U.S. Army - are used to quick deployments, this was different, said Lieutenant Colonel Mike Burns, an Army spokesman. “The guys are excited to go, but none of us know how long they’ll be gone,” Burns said. “That’s the toughest part.”

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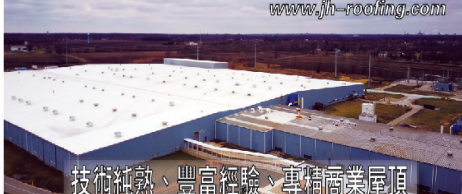
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Taiwan to vote in shadow of China pressure, Hong Kong protests

TAIPEI (Reuters) - Taiwan votes on Saturday in an election overshadowed by renewed Chinese efforts to get the island to accept their rule, and as Taiwan nervously watches Hong Kong protests, worried they may be next if China ever succeeds in bringing them under its control.
Taiwan President Tsai Ing-wen attends a campaign ahead of the presidential election in Changhua, Taiwan, January 7, 2020. REUTERS/Ann Wang
Taiwan has been a democratic success story since holding its first direct presidential election in 1996, the culmination of decades of struggle against authoritarian rule and martial law under the Kuomintang, which ruled China until forced to flee to Taiwan in 1949 after loosing a civil war with the Communists.

President Tsai Ing-wen of the pro-independence Democratic Progressive Party is seeking a second term, and is being challenged by the Kuomintang's Han Kuo-yu, who favors close ties with Beijing and says this is the only way to ensure Taiwan's security and prosperity.

The issue of China has taken front and center in the campaign, especially after President Xi Jinping warned last year they could attack Taiwan, though said he'd prefer a peaceful "one country, two systems" formula to get control of the island.

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Both Tsai and Han have rejected "one country, two systems", though the DPP has painted a vote for the Kuomintang as effectively a vote for that model. Han has angrily denied this.

On Monday, Tsai's team released a slick new campaign video comparing Taiwan's freedoms with the struggle in Hong Kong, interspersed with images of Xi and Hong Kong leader Carrie Lam.



Taiwan President Tsai Ing-wen attends a campaign ahead of the presidential election in Changhua, Taiwan, January 7, 2020. REUTERS/Ann Wang

"A few hundred miles from here, many young people are using their blood and tears to defend freedom," Tsai wrote on Facebook in introducing the video.

The idea of imposing a "one country, two systems" model of a high degree of autonomy much like China offers the former British colony of Hong Kong has never been popular in Taiwan.

It is even less so now after months of anti-government protests in the former British colony. The protesters have widespread public sympathy in Taiwan, and both the DPP and Kuomintang have pledged to help those who flee to the island.

Han has complained of "dirty tricks" being used to smear him as a puppet for China, especially revelations in Australian media from a self-proclaimed Chinese spy who claimed China has supported Han. Han

strongly rejects this.

"I beseech Taiwan's people, in the 2020 presidential and parliamentary election, open your eyes. I hope Taiwan's people see these wicked smears to paint me black, red and yellow and make a rational decision," Han said on Tuesday.

"SCARING TAIWAN"
In the run-up to the election, China has repeated its "one country, two



写给文字女人



文字女人，简而言之，就是喜欢文字的女人。

中午偶得空暇，打开闲置许久的电视机，随意调频，眼睛在名为《漂亮李慧珍》电视剧那儿落下了，大脑活动最终跟着故事的情节而前进着。剧中女二夏乔说气质女人不光颜值高，还有内涵。我顿觉，一语惊人！我在方格子裡、键盘上摸打滚爬了二十几年，也算是挤进了文字女人的队伍中，然而，惭愧的是，看书不多，有时偶闻别人称呼美女，亦不惊。在当今“美女”一词烂大街的时代，心中自然知道这是泛指，不是特指。既然如此，一定不会大惊小怪、受宠若惊的！

我对于文字的情愫是很深很浓的。今日可无肉，但必须得有书，不管是大家的佳作，还是小作者的习作，都会翻上几页，似乎方可对得起光阴。面对泛着丝丝墨香的文字，梳理着自己缕缕情思，别有一番情趣，日子就不会那么单薄消瘦了。

作为一个文字女人，会给自己留下灵魂安放之处，借着沁人心脾的文字，不紧不慢，不枝不蔓，娓娓道来，“尽人事顺天意”这六个字，在文字女人的纤手轻轻地敲击键盘声，宛若潺潺流水，绵绵不断，偶尔急躁，偶尔徐缓，或扼腕惋叹，或大声惊呼，直抒胸臆，采用比兴或者托物言志的手法，借助文字这个载体来抒发胸中细腻如丝的感情，回头细细品味咂摸，真乃妙不可言也！

文字女人，多数是很有情怀的女人，对身边所发生的事情颇为敏感，抓住一个思考点来进行发散思维，就能写出不同新意的文章来，带给自己和他人不一样的感受。

“始于容颜，陷于才华，终于人品”的规律总是伴随存在的。前不久，邂逅了一位文字女人，令我羡慕不已！

见其人，闻其声，品其韵。曾有人说，文字女人是感性人群，大脑细胞是简单排列的。为此，我还和人家进行过一番理论，各有己论，不一而足。

在我看来，文字是高雅艺术，女人是唯美的化身，二者合在一起，应该是天作之合、绝美呈现。那种外在的气质，既儒雅又知性；那内在的底蕴和内涵，既醇厚又有韵味。

文字女人，大度而宽容，温柔而多情，理智而从容，沉静而淡定。放下粗犷的音调、夸张的肢体语言、不假思索地呼喊，换上温婉的谈吐、优雅的姿态，莲步于双方平等交流的空间。这样，才能将文字女人身上散发出来的一种美韵，悄无声息地流露、蔓延出来，如一股股清泉，缓缓流入逐渐渗透到别人的心田，潜移默化地感染着别人、影响着别人。

文字女人给自己的定位，已表明了发展方向。像茫茫人海中忽见一粒熠熠夺目的珍珠，吸引着大众的眼球。而作为小资的文字女人，肩膀上的使命同样也不可忘记。

在今日见到的一位文字女人，优雅无比。远见她款款而来，不急不躁，步履稳重，姿态优雅。落座后，交流中得知她读书不少，大半个地球上都留下她的足迹。席间，她喝茶的动作不徐不疾，不急不躁；和她交流，如春风润心，那文雅的谈吐，那温婉的语气，那丰富的知识，就是一种享受、一种学习！

我向她学习的不仅是可见的东西，还有一些隐性的优点。

文字女人过了不惑之年，就要学会放下许多过往的故事，放下各种难以舍弃的背负，认真活好当下的每一天，让自己做精彩每一天的主人。而这位优雅的文字女人，她已将有意识放慢语速，在乎语气语调，关注别人的感受，练成了一种日常、一种常态，所以她才显得非常得体，非常大方，非常优雅。

“腹有诗书气自华”，做个文字女人，每日以文字为伴，让文字的馨香浸润心脾，润泽灵魂，优雅的气质，在不经意间，就会显现在一颦一瞥、举手投足间。一旦选择了做文字女人，就得俯下身子用文字来修炼自己的内心，练就一颗宠辱不惊、静观云卷云舒、花开花落的淡定之心。文字女人会在文字中、现实中生活着，将物质与精神世界无缝隙地对接，抛弃浮躁与浅陋，有温度、有质感，深情地活着，诗意地活着，优雅地活着，乃文字女人的终极目标！

风雪中路

漫天的大雪，美丽着眼中的世界。飘飞的雪花，改变了一个季节。

这是一场眷恋着美丽世界的冬雪，雪花站在树上眺望远方，把树枝压弯了腰；它在路上奔跑，让车辆无法通行；它在高压线上荡秋千，把线路压断……

吃过早饭，顶着风雪，踏着足有一尺深的积雪走出居住的小区，去站点等候每天都光顾的二路公共汽车。

雪花在朔风中奔跑着，无情地抽打着行人的脸颊，像泼妇毫无遮掩的骂街般尽情地发泄着。裸露的肌肤很快就有了麻木感，却又感觉不到寒冷。道路上是积雪，每迈进一步，厚厚的积雪都会淹没脚面。路边的树冠上站满了白雪，给这座小城增添了许多情趣。一些被压断的树枝横七竖八地趴在路面上，又为浪漫的景致增加了一丝凄惨和荒凉。公交车是无法通行的，偶有那种被称为丰田霸道的越野车在厚厚的积雪中旁若无人地飞驰而过，任由积雪参杂着雪水溅到行人的鞋面或裤角上。也有出租车司机叫喊着“十元一位”或“二十元一位”，在大灾面前做着强盗般的生意。

看来，公交车面对雪灾也无奈地关门歇业了，今天只能步行上班了。

此时，道路上的行人早已熙熙攘攘，看着眼前的情景，仿佛回到了二十年前的光景，那时候不论是上班还是上学，不论单位与家的距离是远还是近，人们大都是以步行为主。走在路上，今天或许能遇到老李，明天也许就遇上老王，一路看着风景一路聊着天就走到了单位，感觉不出时间的漫长，也感觉不到路途的遥远，久而久之，步行这段路程已经不是负担，几个同路人也都成为无话不谈的好朋友，工作中的一些事情也在一路行走中进行了充分的交流和沟通。

后来改乘公交车，步行上班便不再被列入日程，每天习惯了早上出门去公交车站点，等候二线公共汽车；晚上下班走出单位同样是去公交车站点，乘坐二线公共汽车回家。公交车在家与单位之间架起了一座流动的桥梁，每天把我送到单位，再从单位送回家中。从此，机械式的生活便套牢了我的脚步，也套牢了我公式化的生活。尽管外面的世界很精彩，一颗沉寂的心也懒得去欣赏和品味。

这场大雪算得上是一场很大的灾难了，停水、停电、停车、停两气，百姓的生活受到了严重的影响。但我们换一种心态去看这场落雪，既然大自然的变化我们无法改变，我们就要适应它，去接受它，去融入它。既然没有公交车可乘，就不妨步行去上班，即使脚上的鞋子不再是当年的鞋子，换双鞋子还是可以走走当年很熟悉的这条老路的。

雪花还在不停的飘落着，风雪中，我走在路上，有许多与我一样的同路人。相遇了，点点头微笑着打个招呼，随意的聊上几句，很亲切，很自然，很开心，没有应酬中的那种虚伪和程序化，也不用遮遮掩掩地隐讳什么。

风雪中，我们在路上，脚下弹奏着有节奏的音律，树上绽放着美丽的花蕾，大地一片银装素裹。步行的人群中不时传出年轻人好奇的笑声和尖叫声，也有人拿着手机对着美丽的树挂拍照。忽然伟人的诗句飘入脑中：北国风光，千里冰封，万里雪飘……眼前银装素裹的北国边城，不正是伟人描绘的北国风光吗！

风雪中，我们在路上……

Editor’s Choice



A man, part of a group of trained Santa Clauses from various countries, wears a Santa Claus-themed bathing suit as he floats in the Dead Sea, at Neve Mid-bar beach in the Israeli-occupied West Bank



Philippines Airforce helicopter flies over Quiapo church two days before the annual procession to celebrate Black Nazarene feast day in Manila



A British woman, accused of lying about being gang raped, covers her face as she arrives at the Famagusta courthouse in Paralimni



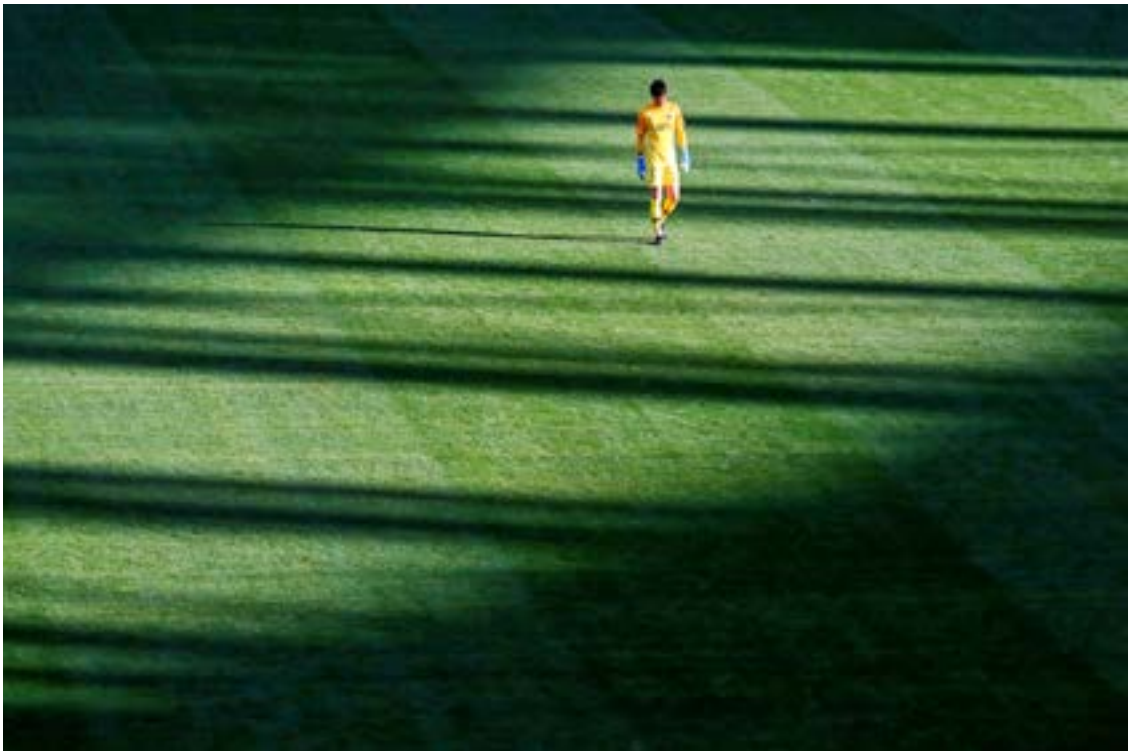
Charlotte O'Dwyer, the daughter of Rural Fire Service volunteer Andrew O'Dwyer, receives her father's helmet during the funeral for NSW RFS volunteer Andrew O'Dwyer at Our Lady of Victories Catholic Church in Horsley Park



A Secret Service agent directs news photographers in the Oval Office at the White House in Washington



Film producer Harvey Weinstein exits the New York Criminal Court after his sexual assault trial in the Manhattan borough of New York City



Soccer Football - Tokyo 2020 Olympics Test Event - Emperor's Cup Final - Vissel Kobe v Kashima Antlers - National Stadium, Tokyo, Japan - January 1, 2020. Kashima Antlers' goalkeeper Kwoun Sun-tae during the match. REUTERS/Issei Kato TPX IMAGES OF THE DAY



A boy is seen in silhouette as he runs on a beach in Colombo

Xiangchen Liu has started learning piano from his father and mother since he was three and a half years old. He has participated in many piano competitions and concerts since he was a young boy. He has won the Gold Medal of the US Open Piano Contest, the Gold Medal of Hong Kong International Open Piano Contest and the Gold Medal of the Southern American Chopin International Piano Competition, etc.

In December 2011, at the city concert held in China, the six-year old Liu Xiangchen deeply impressed the audience by his elegant and splendid performance in the City Music Competition Contest held in China. In November 2013, at the Baoli Theatre in



At Dalian Poly Theatre

Dalian, China, the 9-year-old Liu Xiangchen demonstrated his talented piano performance via his collaborated work on “Beethoven’s First Piano Concerto” with the Symphony Orchestra of Baoli Theatre in Dalian, China. His exquisite and marvelous performance surprised and impressed two thousand audience on site.

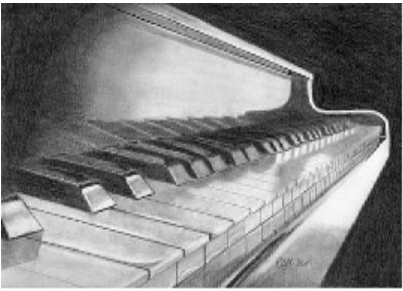
Xiang chen Liu performed with a symphonic orchestra when he was only nine years old and he played the “Concerto in C major, op.15, no. 1.”

Xiangchen Liu is a sunshine boy, because under the guidance and influence of his mother, he started his voluntary charity activity with his family since his childhood. As an active member, typically Xiangchen Liu played piano and violin to entertain the senior citizens at multiple nursing homes during weekends. And he also voluntarily tutored blind children and kids suffering autism on playing piano and also performed



Xiangchen Liu

Compiled And Edited By John T. Robbins, Southern Daily Editor



together with them to encourage them and raised fund for them. Besides that, Xiangchen Liu and his elder brother had participated many charity performances to raise the international traveling fund from China to USA for blind children and kids from poor families in Northeast

China to participate piano contest in US. Because of his dedicated hard work and financial contribution to charity work, he was awarded the title of Sunshine Youth by the Dalian Management Committee of China Lions Federation.

Not only for his superior piano performance, he is also an excellent violin player, and he was admitted to the School District Symphony Orchestra with excellent performance this year. In addition, he also likes sports, swimming, basketball, table tennis, archery and skiing. Skiing is his favorite sport. It appears that Xiangchen Liu is an outstanding student balanced in morals, tal-

ent and physical field.



Xiangchen Liu said: Pianist is his future pursuing career and he will strive to become an excellent piano performer and piano educator. While pursuing his dreams, he is determined to use his dedicated knowledge to help and train more

blind children and kid suffering autism. Xiangchen Liu believes that his passion to help can help improve the intelligence of many disabled group and help make them smarter to help them enjoy a better life.

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Houston Tops Global Trade’s Seventh Annual Roundup



Global Trade Magazine ranked the 10 best cities for each related category, awarding points that ultimately put Houston, Texas, over the top as America’s Best City.

Compiled And Edited By John T. Robbins, Southern Daily Editor

For Global Trade’s seventh annual list of America’s Best Cities, we have crunched the numbers from various public and private sources regarding ports, education, utilities, NAFTA access, export assistance, intermodal access, skilled workforce, transportation, workforce development programs and quality of life.

Global Trade ranked the 10 best cities for each related category, awarding points that ultimately put Houston, Texas, over the top as America’s Best City. Charts throughout this section show the top cities and their rankings overall and in key areas, while honorably mentioned are the top 10 cities to watch, any of which could be on the way to leading a future Global Trade list of America’s Best Cities. But first, here are the top 20 cities, with their rankings, overall scores and some details about what made them leaders.

1. Houston
Overall score: 44
Top category: Education and Colleges (No. 1)
The Houston-The Woodlands-Sugar Land metropolitan area also topped the U.S. Department of Commerce International Trade Administration’s 2018 goods export data for the nation’s 392 Metropolitan Statistical Areas. That Texas metropolitan area had \$120.7 billion in goods exports while also showing the highest annual dollar growth in exports, expanding \$25 billion from 2017 to ’18.

2. Minneapolis
Overall score: 38
Top category: Skilled/Educated Workforce (No. 4)
Eight miles west of Minneapolis is Minnetonka, which is home to a key player in the region’s beefy export data. Cargill Inc. reported global beef sales helped lead the nation’s largest privately held company to a \$915 million profit for the quarter ended Aug. 31. Minnesotans can moo about state exports rising 10 percent to a record \$23 billion in 2018, outpacing the nation’s 8 percent jump.

3. Chicago
Overall score: 37
Top category: Transportation Infrastructure (No. 5)



Chicago
Trading defines Chicago’s importance as a major international city, with two of the biggest commodity exchanges based there. With exports of \$47.3 billion, the Chicago-Naperville-Elgin (Illinois-Indiana-Wisconsin) Metropolitan Statistical

Area was fifth the U.S. Department of Commerce International Trade Administration’s 2018 goods export data for the nation’s 392 MSAs.

4. New York
Overall score: 32
Top category: Capable, Connected and Logistically Viable Ports (No. 1)
“If you want to start a business, create a new product or have a big idea, New York City is the place to be,” then-mayor Michael Bloomberg said in 2012. That remains true today of the world’s epicenter of finance, communication and culture. The New York-Newark-Jersey City (New York-New Jersey-Pennsylvania) Metropolitan Statistical Area came in second in the U.S. Department of Commerce International Trade Administration’s 2018 goods export data for the nation’s 392 MSAs, with exports of \$97.7 billion.

5. Seattle
Overall score: 29
Top category: Transportation Infrastructure (No. 4)
About 70 percent of the Port of Seattle’s containerized cargo originates in, or is destined for, regions of the country outside the Pacific Northwest, making Seattle a trade gateway of regional, national and international significance. That’s partly due to being closer to Asia and Alaska than any other major U.S. seaport and also to two major U.S. railroads being within two miles of container terminals, and two major interstate highways just minutes from all terminals.

6. Los Angeles
Overall score: 27
Top category: Transportation Infrastructure (No. 3)



Los Angeles

Home to Hollywood, Los Angeles means showbiz, with movie studios, TV stations, and more. Its West Coast location also makes it a key hub for trade with Asia. With exports of \$64.8 billion, the Los Angeles-Long Beach-Anaheim Metropolitan Statistical Area was third in the U.S. Department of Commerce International Trade Administration’s 2018 goods export data for the nation’s 392 MSAs.

7. San Francisco
Overall score: 25
Top category: Education and Colleges (No. 7)
San Francisco has a long history as an international gateway and is one of the major global business centers in the U.S.; its home to international companies such as Kikkomann (Japan), GCL Solar (China), Aegon (Netherlands), Deutsche Bank (Germany) and Globant (Argentina). Frisco has also gained an international reputation as a center for innovation and entrepreneurship, with many global brands having been founded there, including GAP, Levi Strauss, URS Corp., Gensler, Salesforce and Twitter.

8. Atlanta
Overall score: 20
Top categories: Transportation Infrastructure and Intermodal Access (No. 2)
“Hot-lanta” was the 16th largest exporter in the U.S. in 2016, with a 7 percent increase over the previous year leading to \$20.5 billion in the total Atlanta goods export value. What’s more, that represented a whopping 80 percent jump in export growth from 2006.

9. New Orleans
Overall score: 19
Top category: Capable, Connected and Logistically Viable Ports (No. 9)
Ports situated along the Mississippi River—from Baton Rouge to Myrtle Grove—are close enough together (some are even adjacent) to act as one large port complex often referred to the New Orleans Port Region. The region brings together all modes of transportation (ocean, barge, rail and truck) to link ports 228 miles upriver from the Gulf of Mexico with the gulf, Caribbean Sea, Atlan-

tic Ocean and Panama Canal. The Port of South Louisiana moves more tonnage than any other North American port.

10. Austin
Overall score: 17
Top category: Skilled/Educated Workforce (No. 8)

11. Boston
Overall score: 15
Top category: Skilled/Educated Workforce (No. 5)
12. Omaha and Savannah
Overall score: 14 each
Top Omaha category: Developed Workforce/Development Programs (No. 4)
Top Savannah category: Intermodal Access (No. 6)

13. Denver
Overall score: 13
Top categories: Skilled/Educated Workforce and Developed Workforce/Development Programs (No. 1)
14. Jacksonville and Milwaukee
Overall score: 12 each
Top Jacksonville category: Capable, Connected and Logistically Viable Ports (No. 5)
Top Milwaukee category: Export Assistance (No. 2)
15. Boise
Overall score: 11
Top category: Best City to Live in (No. 4)
16. Charleston, Detroit, Washington, D.C.
Overall score: 10 each
Top Charleston category: Capable, Connected and Logistically Viable Ports (No. 4).

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鞏俐片場意外受傷？

《中國女排》發“成為郎平”特輯為鞏俐慶生



中国女排 2020 大年初一

“連背影都會演戲！”在《中國女排》過往發布的預告中，鞏俐飾演的郎平幾乎收獲了全網好評，連最熟悉即指導的中國女排姑娘們都驚呼“太像了”。而不僅是戲內，戲外的鞏俐也同樣成為了姑娘們的“導師”，貼心引導首次演電影的中國女排隊員們入戲，其專業實力和親和態度也得到了朱婷、林莉等人的壹致稱贊。12月31日鞏俐生日當天，電影《中國女排》發布了壹支特輯，揭開鞏俐“煉成”郎平的秘密。2020年大年初壹，導演陳可辛執導，鞏俐、黃渤、彭昱暢、白浪領銜主演的電影《中國女排》即將全國上映。

專業！
片場教女排姑娘演戲，朱婷大贊鞏俐“貼心”

中國女排姑娘們首次演戲，戲裏的“郎指導”鞏俐，在戲外也成為了姑娘們最貼心的“引路人”。在《中國女排》最新發布的特輯中，鞏俐不僅在開拍前對女排姑娘們傾囊相授，不斷引導她們入戲：“文戲方面，真的妳們要以心靈來溝通了，想情感方面當時所處的環境”，戲後她又立馬對隊員們進行“熊抱式”鼓勵。朱婷更稱贊她：“很尊重每壹個人，她真的很細心從妳身上學習，她能照顧每壹個人的情緒”。無論是專業指導還是情感關懷，鞏俐都成為了女排姑娘們最貼心的導師。

而鞏俐飾演的郎平，也同樣得到了女排姑娘們的壹致認可。“她第壹天走進來的時候我們所有人驚呼，真的好像！”惠若琪驚嘆道，“推眼鏡的動作、

手的動作、豎大拇指、走路、那種眼神、說話的口吻。”還原度高到在場的人沒壹個不驚嘆。而上周“新壹代女排”預告發布後，更有不少人稱贊“分不清這到底是鞏俐還是郎平了。”作為數次拿下國際影後的實力演員，鞏俐再次用她出眾的專業實力讓觀眾驚艷。

敬業！
為出演下苦功，鞏俐認真態度獲郎平本尊點贊

在本次發布的特輯中，首次曝光了《中國女排》拍攝現場的壹則幕後。鞏俐拍戲時手臂不慎被卷入攝影機，指甲蓋都被掀起了壹半！但面對眾人的緊張關懷，她卻反復強調“沒事兒沒事兒，還能再拍”。鞏俐高度敬業的態度，讓在場的幾位中國女排姑娘都有些感動。此前，鞏俐在電影《中國女排》首支預告正式亮相後，郎指導就表示“這個背影好熟悉，看得我都有點恍惚了，真像，鞏俐贊！”而其為出演郎平下的苦功，更獲得了郎指導本人的大力稱贊：“她確實做了好多功課。”鞏俐曾在採訪中直言，拍這部電影自己就要“和排球壹起過日子”。影片籌備期，她就被拍到出現在北侖排球訓練基地，近半個月的時間裏，鞏俐幾乎每天都在中國女排的訓練場邊觀摩學習，隨身攜帶紙筆不斷記錄各種要點；還堅持每天練排球，連教練都誇她“妳當演員可惜了，應該當排球運動員啊！”雖然已經是拿獎無數的演藝界前輩，但鞏俐對自己參演的作品仍然沒有壹絲懈怠，用網友的說法“這才是真正的好演員！”

肖央：没想到《誤殺》這麼火 故意不看原版

公映三周的電影《誤殺》依然熱度不減，占據排行榜的前三，總票房接近8億元。接受本報記者專訪時，主演肖央[微博]坦承自己當初拍攝時內心深處“並不是很確定”甚至“有點悲觀”，看到現在的成績，他笑稱是“僥幸做對了”。

拍攝之前故意不看印度原版電影

觀眾最熟悉的是肖央的喜劇表演風格，但肖央自己壹直希望能夠嘗試正劇角色，飾演性格豐滿的人物。

制作方2015年買下印度電影《誤殺瞞天記》版權後，確定的第壹人選就是肖央，肖央當時還向對方求證，“妳確定要我演有壹個17歲女兒的爸爸嗎？”對方的回答是“妳可以”。

肖央直到現在都沒有看過印度版《誤殺瞞天記》，他覺得，如果提前看了，難免會下意識地模仿這部影片，而“不看就像是壹個新的劇本”，他希望用自己的風格來詮釋這個角色。

《誤殺》中李維傑這個角色是肖央之前沒有遇到過的。他為這個角色做了充分準備，為了讓自己看起來更老更黑，他曬得身上都掉了壹層皮。他還飛到泰國，尋找片中李維傑壹開始悠閑的生活狀態。肖央還需要去想象壹個有17歲女兒的父親的心態，“他會如何處理跟孩子的關係”等等。

在肖央看來，李維傑壹家壹開始過著平靜的生活，但當這個家庭遭遇了不被風雲後，作為父親的李維傑的潛力才被激發，“他就像壹個牧羊人，並沒有管好自已的羊，被狼咬傷了壹只，他要彌補自己的過錯，跟女警察局長鬥智鬥勇，就要變得比狼還要兇猛。”肖央認為，李維傑並不是壹個傳統意義上的英雄，自己既要演出這個人物在出事前後的不同狀態，但又不能讓觀眾感到前後

完全不像同壹個人，“中間的分寸拿捏最難”。

雖然生活中還沒有孩子，但肖央在見到女兒的扮演者許文珊後發現，自己有點不知道跟這個正值青春期的女孩如何交流，這種感受跟片中的父親不知道跟叛逆期的女兒如何溝通的感受很像，“我就順著這個心態去演，塑造這段關係。”

拍攝難度最大的是結尾處的兩戲。片中的所有角色都聚集在壹起，等著揭曉謎底。肖央回憶，這場戲拍了3天，所有的人都站在泥裏，非常辛苦，其中還有上千群眾跟警方衝突的戲。導演柯汶利特意選擇用升格鏡頭來拍攝人物的面部特寫，“技巧用在不對的地方就只是技巧；如果用對了地方，那就是情感，會對人的心靈產生震撼。這場大雨給所有的人壹個洗禮，有壹種真相被沖刷出來的感覺；同時，大雨也像是在責備很多人。”

肖央也沒有想到這部電影公映後會這麼火，他甚至覺得，自己在拍攝期間“有點悲觀”，這來自於他在創作上的完美主義傾向：只記得自己沒有做好的地方。當年拍攝《老男孩》短片，創作《父親》和《小蘋果》歌曲的時候，他同樣也沒有想到推出後會火成那樣。

將來自己導演壹兩部好電影

肖央在電影中的表演松弛而克制，他飾演的李維傑帶著似笑非笑的表情，觀眾能從中讀出很多的含義來。這份在鏡頭前的從容和自信，可以追溯到他在北京電影學院上學時，常常被很多同學拉去拍學生作品，他也是來者不拒，樂於幫忙。但當時的他，還真的沒有想過未來去當壹個演員，正是這種沒有得失心的淡定，讓肖央始終保持從容的心態。

其實早在2003年韓國導演奉俊昊拍攝的《殺人回憶》推出後，就有同學告訴肖央，

他跟片中的主演宋康昊有點像，當時他只是聽著壹樂。有網友評論，他在《誤殺》中扮演的李維傑，很有韓國大叔的味道。肖央也不太清楚為何觀眾會這麼看，“這可能是我自己氣質裏自帶的，學是學不來的。”

生活中的肖央曾經敏感害羞，但站在鏡頭前的肖央，壹下子變得從容鎮定。他認為，對於很多演員來說，只有在角色裏，他們才是安全的，是最能發光的。肖央自己也壹樣，在角色裏，他可以盡情自信地釋放自己的個性。

壹直以來，肖央都在嘗試不同的身份，他上中學的時候是學繪畫的，後來進入北京電影學院學習廣告制作。畢業後拍攝短片和嘗試當歌手，是網絡上的風雲人物。後來跟王太利[微博]合作，拍攝了《老男孩》短片，繼而拍攝了《老男孩之猛龍過江》大電影，卻意外讓《小蘋果》這首歌紅遍了大江南北。這幾年，除了演戲，他還到處當歌手演出。他認為，不斷的跨界嘗試，其實是在尋找自己在藝術領域的突破，找到自己最擅長的角色，“這是壹個不斷發現自己的過程。”在外人看來，現在的肖央是光鮮的，但只有他自己知道，自己也曾有過艱難時刻，這壹路走來是多麼的不容易。

從39歲到49歲，是壹個男演員的黃金時代。肖央告訴記者，未來的十年，自己希望能夠“演壹些好的電影；跟王太利的‘筷子兄弟’壹起，唱幾首好歌；導演壹兩部好的電影。”當記者求證只是導演“壹兩部電影”，他肯定地回答“夠了”。因為他基本上都是圍著電影創作，只是崗位不同。至於有網友提議，《誤殺》中的李維傑今後會不會出現在陳思誠[微博]導演的“唐探”系列中，肖央回答：這得問這個系列的導演陳思誠。



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"德尼羅就像是我的兄弟 我非常信任他" 阿爾帕西諾:德尼羅讓我演的"愛爾蘭人"



在多年舞臺表演經歷之後，他第壹次在大銀幕上被觀眾們特別關注到時，已經三十出頭了，帕西諾在《毒海驚濤》中，用精彩強烈的表演詮釋了壹個癮君子的角色。這個角色讓當時正在為《教父》進行選角的弗朗西斯·福特·科波拉註意到了他，他本來正在考慮找已經成名的演員來演邁克爾·柯里昂這個角色，比如傑克·尼科爾森、羅伯特·雷德福還有沃倫·比蒂。

但最終是帕西諾贏得了這個角色，這在很大程度上定義了他的職業生涯，他在科波拉這部獲得了眾多獎項的作品、它的續集，還有其他多部影片中的表演都備受好評，例如《衝突》，以及之前提到過的《熱天午後》，還有《伸張正義》《疤面煞星》《聞香識女人》《忠奸人》《驚爆內幕》等等，這些作品讓他壹步步成為了那壹代演員中，首屈壹指的天才表演者。

在職業生涯早期階段，經常與帕西諾壹起被提及的還有壹個名字，那就是羅伯特·德尼羅。“我跟他在他年輕的時候就認識了，我們當時都才二十多歲，”帕西諾回憶道，“我遇見他的時候，還住在紐約B大道和C大道之間的14街，當時我正在與吉爾·克雷伯格戀愛，她已經去世了。她是個非常好的人，我們關系很親密，在壹起許多年(5年)。”

“她是在莎拉·勞倫斯大學上學的時候認識羅伯特的，他們壹起跟布萊恩·德·帕爾瑪合作了電影(1969年的《婚禮宴會》)。我跟羅伯特在街上相遇，她把我介紹給他，我永遠不會忘記那壹幕。我覺得第壹次見他的時候，認為他是個很有意思的人。我甚至問吉爾，‘這個有趣的人是誰？’他身上散發著壹種特殊的能量，我甚至難以理解那種能量，但我能感覺得到。然後她說，‘哦，他是個好演員，我跟他合作過。’”

然後生命中發生了壹些事，把我們聚到了壹起。我們似乎是在差不多的時候‘出名’的。在大概1969年，或者七十年代左右的時候我才有了點名氣。我以前都是在劇院裏演戲的，那是另壹個領域。之後我們在電影方面就開始齊頭並進了，總有人拿我倆做比較等等。有很多報道說的都是我們，然後我們就會時常聚壹下。”

“當時是剛剛出名的時候，感覺跟之前很不壹樣——我們不怎麼討論這個話題，這也不是壹下子就很容易接受的東西。我覺得我們當時都有點猝不及防，可以說當妳處於那個位置時，妳就會經歷那樣的狀況。我們需要壹段時間去適應名氣。”

“我跟羅伯特偶爾會見壹面，聊聊我們經歷的事。我覺得這樣的溝通讓我們產生了持續壹生的壹種連接，我覺得他就像我的兄弟，我信任他。還要謝謝羅伯特讓我出演了這個角色——這是他的主意，整個項目都是。”

帕西諾提到的項目和角色是電影

在職業生涯早期階段，經常與帕

《愛爾蘭人》中的吉米·霍法——對老壹輩美國人來說，這是壹個知名人物，但年輕人對他的了解可能就不多了，外國觀眾更不了解他。那麼帕西諾是如何完成飾演霍法這個人物的挑戰呢？這是壹個富有魅力的工人階級勞動領袖，壹位工會組織者，由於誤判形勢和壹些錯誤的決定，壹場有組織的犯罪侵入了他的團體，他只能眼睜睜地看著權力從自己手中溜走。

“有很多關於他的資料，給了我很大的幫助，”帕西諾解釋說，“我找到了關於他最關鍵的東西。因為當妳讀到關於某個歷史人物的資料時，總會有些修正主義在裏面。但妳要嘗試去把這些東西拼湊在壹起，跟劇本裏的人物相融合，妳演的這個角色是基於妳正在拍的特定劇本。不管怎樣，我了解到了很多東西。”

“我了解了牠起勢的那段時期，當時牠只是壹個少年，他是工會壹方的人，我知道當時工人們經歷了什麼，以及童工現象等等。馬丁和其他制作者人們也給了我不少幫助，他們給了我壹小段關於他的歷史。然後在我飾演霍法這個人物的時候，我會去看霍法在不同年齡階段的樣子。有些事實還讓我挺吃驚的。”

“最讓我驚訝的是，他曾壹度是除了美國總統之外最受歡迎的人物，他曾經是真正的榜樣，因為牠有著壹顆赤誠之心，願意幫助工人和普通民眾。我希望我飾演的這個角色能體現出這種熱情，因為妳能看到，他是壹個不會向任何人低頭的人。他是獨壹無二的。”

就像帕西諾本人壹樣。



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《周師傅專欄44》周師傅告訴你：什麼是防禦駕駛（上）



在美國，不開車沒法生活！尤其是在我們大德州，地方大，到哪裏都得開幾十分鐘半個小時的車，所以，不管你是新移民還是青少年，當務之急是考上駕照，自己開車！

今天，周師傅告訴你——什麼是防禦駕駛（上）？

防禦性駕駛本質上是以一種利用

安全駕駛策略的方式駕駛，從而使駕駛者能夠以可預測的方式應對已識別的危險。這些策略遠遠超出了基本交通法規和程序的指導。

通過防禦性駕駛課程(安全班)，學生可以通過預測情況並制定明智的安全決策來降低駕駛風險，從而提高駕駛技能。這些決策是根據完成安全駕駛操作時出現的道路和環境條件來執行的。

A) 防禦駕駛的好處

參加防禦性駕駛課程(安全班)的好處因州而異，但通常包括：當拿到駕照後，上安全班後，駕駛執照上的積分，並確保保險費率不會增加。在某些州，參加防禦性駕駛課程可能會導致三到五年的保險費率降低多達10%。

正如防禦性駕駛課程(安全班)的好處因州而異，要求也一樣。大多數基本的防禦性駕駛課為時四小時。

B) 基本防禦性駕駛課程包(安全班)包括什麼

防禦性駕駛課程的內容由每個州規定，旨在根據您所在州的法律對您進行培訓。但是，大多數防禦性駕駛班

都包含類似信息。以下各節提供了防禦性駕駛課程(安全班)通常涵蓋的信息的基本概述。

1) 交通事故

交通事故造成的損失對社會和個人都有影響。每年約有41,000人因交通事故喪生，另有3,236,000人受傷。在所有致命的車禍中，約有38%與酒精有關，另外30%與超速有關。

這些碰撞的原因，情感影響以及在碰撞中花費的金錢成本通常會在防禦性駕駛課程中(安全班)涵蓋。良好的防禦性駕駛的目標是通過適當地教育學生在駕駛時要謹慎和良好的判斷來減少發生此類事故的風險。

2) 心理因素

在道路上，駕駛員必須處理幾個可能影響其駕駛的因素。盡管其中一些超出了駕駛員的控制範圍，但如果駕駛員知道尋找的內容和處理方法，則心理因素可以由駕駛員控制。

防禦性駕駛課程往往側重於駕駛員如何克服負面的心理因素，例如不必要的壓力，疲勞，情緒困擾和憤怒。他們還提供指導，幫助您在方向盤後

樹立積極的態度，並更加專注於駕駛任務。

3) 人為因素 - DUI

每年受毒品或酒精影響的駕駛繼續影響著成千上萬的美國駕駛員。盡管每種藥物對您身體的特定作用發生在不同的階段，但駕駛員在這種影響下操作車輛的影響是災難性的。

在所有防禦性駕駛課程中，非常常見的組成部分是關於毒品和酒精在美國道路上的作用的教育。話題往往包括該州對血液中酒精含量的限制，您的判斷力，抑制，運動技能和感官如何受到毒品和酒精的影響以及在這種影響下被判有罪的後果。

今天我們就先講到這兒，下周我們繼續講動態中發生的車禍、安全設備和防撞技術。

王朝駕校經驗豐富，針對不同需求的個人，可以設計不同的教學計畫

，適應不同學生的需要。學員可以在王朝駕校內考筆試，不用去交通局排隊浪費時間，6小時就可以拿到學車證，輕松上路。王朝駕校的教練Alison是交通局的路考官，她可以直接給學員考路考，王朝駕校是中國城唯一可以直接考路考的駕校。所以，如果您英文不好，如果您初來乍到不熟悉情況，請找王朝駕校學習開車，邁出您美國生活的第一步。

王朝駕校 A K Driving School
地址：9600 Bellaire Blvd, #120, Houston, TX 77036
周師傅電話：832-633-5555



出了车祸不要紧，李医生免费帮你治，最新技术MLS镭射治疗仪无痛、快速、有效！

(本報記者黃梅子)在美國，每個人都要開車，如果出了車禍怎麼辦？一般來講，傷員要被送到急診室進行一系列檢查，比如腦部CT、胸腔CT、腹腔CT等。如果需要手術，你就不會猶豫了，馬上進行。如果內部器官完好，也沒有傷筋動骨，只是肌肉或軟組織受傷，可以尋求中醫或西醫復健治療。這時候，找李醫生，他可以幫你免費治療！不用你自己掏一分錢，全部由保險公司買單！不管是你的過錯還是對方的過錯導致的車禍，只要汽車買了保險，你把保險號告訴李醫生，由他負責免費將你治好！

李醫生診所有牽引療法，包您一次就減輕疼痛80%！大多數治療腰椎病的西醫和中醫都是採用推拿療法，配合藥物或針灸，有一定療效，但都遠遠比不上牽引療法。

最近李醫生又引進了最先進的MLS鐳射治療儀，無痛、快速、有效！MLS鐳射治療儀是四級雷射，非一般市面上的二級雷射能比擬，儘管都是雷射，但其波長和效果還是不一樣，MLS雷射專利技術領先業界20年，是唯一不會燙的四級雷

射，快速安全有效！經過FDA認可，對於治療急性及慢性肌腱損傷、挫傷、水腫(瘀青)、退行性關節病變以及椎間盤病變有著驚人的療效。

病人A先生，45歲，由於是一直從事體力勞動，腰痛病已經好幾年了，起先感覺腰部酸痛，由於工作忙，沒有引起重視。去年開始，病情加重，腰椎間盤突出，腰部疼痛難忍，並且左側大腿根往下發麻，走路困難甚至站立都難以維持。經幾家醫院治療無好轉，也試過中醫針灸推拿，化費了上萬治療費，病情不見好轉，走路需要人扶，並且一側臀部肌肉開始萎縮。後來到李醫生診所做牽引治療和MLS鐳射治療，第一次治療疼痛就減輕很多，一個療程下來，病情明顯好轉，自己可以走路了，可以單獨開車來治療只需一個人。再治療一個療程，癥狀基本消失，身體恢復，現能夠正常上班。

病人B先生，出了車禍之後開始沒感覺，3-4星期之後才會覺得肩痛、背痛，才想起來去求醫，幸虧找到李醫生，幫他與保險公司聯繫，不光治好了病，自己還不用掏一分錢，而且有

英語好的護士幫忙與保險公司交涉，省心！

病人C女士，雖然車禍後很快去看李醫生，但看了幾次感覺稍好之後，就三天打魚，兩天曬網。等到身體出了大毛病，才又想起再去看醫生，幸虧有李醫生診所的護士幫忙打電話給保險公司使得理賠順利，否則不但自己要出冤枉錢，對自己身體更是不利。

很多人認為小車禍沒有傷筋動骨，不去看醫生，不知道車禍後任何問題都可以由保險公司負責，白白錯過了免費治療的良機。遺憾的是，5年、10年，甚至20年之後，大多數人(尤其是老年時期)就開始出現了病癥。一般是頭部、視力、手腕、肩部、腰部以及骨骼其它部位等，總是感覺哪兒不對勁兒，找不到原因。其實，這就是車禍後遺癥。車禍後遺癥有一個顯著的表現就是長期腰痛背痛頭痛，嚴重時出現神經肌肉癱瘓和萎縮。腰部長期反復疼痛，休息時減輕，勞累就加重，常常有彎腰困難，久坐後疼痛，彎腰過久後疼痛加重等癥狀。部分患者出現眩暈、頭痛等癥狀，甚至引發鼻炎、耳炎，也伴有手麻、手

酸。

Texas Spinal Care的李醫生治車禍後遺癥和腰椎間盤突出有20多年的經驗，李醫生畢業於加州大學聖荷西分校，行醫多年，信譽卓著。他採用非手術治療，獨家採用牽引療法，並配合推拿、注射、器材和營養相搭配的方法，治療車禍後遺癥和腰椎、頸椎間盤突出非常有效，病人無痛苦、不用專門請假，可以邊工作邊治療，而且整個療程的費用比手術治療時的copay還低。

李醫生專精車禍後的複健，車禍後PI與PIP都收。請打電話給李醫生免費諮詢。中文請與queen陳聯繫。

Texas Spinal care

電話：713-278-2225

網址：http://txspinalcare.com

診所地址：2600 S Gessner RD, Suite 120, Houston, TX 77063

診療時間：每周一、三、五全天，二、四、六上午。



專程來參加年會的著名蒙古青年歌手阿木古楞(左)和音樂人巴達榮貴獲國會議員Al Green頒發了“美中文化交流大使”獎牌。



苗龍理事(中)代表他的父親「騰龍集團」苗董事長接受國會議員Al Green(右)頒發的「美南商會」會長的牌匾。(左)為美南山東同鄉會會長修宗明。：



「周潔曉慧舞蹈學校」表演舞蹈《九兒》。



主持人豐建偉醫師(左一)介紹由「德州華人醫生舞蹈團」表演「牛仔舞」。



「東方明珠時裝表演隊」作時裝表演《神話》。



蒙古青年歌手阿木古楞(左三)，巴達榮貴(右二)在年會現場巧遇蒙古老鄉哈吉利(右三)，哈吉利是休市地產界名人「聯禾地產」負責人Josie林(左二)的老公。旁為好友陳瑩(左一)、秦鴻鈞(右一)。



美南山東同鄉會四十周年年會，政要、嘉賓雲集，近千人與會。



出馬就選福過郡稅務總長的張晶晶(左)在主持人豐建偉(右)的介紹下，向全場老鄉溫情喊話。



楊復(左)趙啓男(右)夫婦表演精彩的配樂朗誦詩《詩意中國》。