



If you would like to share news or information with our readers, please send the unique stories, business

news organization events, and school news to us including your name and phone number in case more information is needed.

For news and information consideration, please send to News@scdaily.com or contact
John Robbins 832-280-5815
Jun Gai 281-498-4310

Mr. Lee's Commentary and Dairy



Inside C2

Southern DAILY

Make Today Different

Southern Daily News is published by Southern News Group Daily

Thursday September 17, 2020 | www.today-america.com | Southern News Group

U.S. charges seven in wide-ranging Chinese hacking effort



WASHINGTON (Reuters) - The U.S. Justice Department said on Wednesday it has charged five Chinese residents and two Malaysian businessmen in a wide-ranging hacking effort that encompassed targets from videogames to pro-democracy activists. Federal prosecutors said the Chinese nationals had been charged with hacking more than 100 companies in the United States and abroad, including software development companies, computer manufacturers, telecommunications providers, social media companies, gaming firms, non-profits, universities, think-tanks as well as foreign governments and politicians and civil society figures in Hong Kong.

U.S. officials stopped short of alleging the hackers were working on behalf of Beijing, but in a statement Deputy Attorney General Jeffrey Rosen expressed exasperation with Chinese authorities, saying they were - at the very least - turning a blind eye to cyber-espionage.

"We know the Chinese authorities to be at least as able as the law enforcement authorities here and in likeminded states to enforce laws against computer intrusions," Rosen said. "But they choose not to."

He further alleged that one of the Chinese defendants had boasted to a colleague that he was "very close" to China's Ministry of State Security and would be protected "unless something very big happens."

"No responsible government knowingly shelters cyber criminals that target victims worldwide in acts of rank theft," Rosen said.

The Chinese Embassy in Washington did not immediately return an email seeking comment. Beijing has repeatedly denied responsibility for hacking in the face of a mounting pile of indictments from U.S. authorities.

Along with the alleged hackers, U.S. prosecutors also indicted two Malaysian businessmen, Wong Ong Hua, 46, and Ling Yang Ching, 32, who were charged with conspiring with two of the digital spies to profit from computer intrusions targeting videogame companies in the United States, France, Japan, Singapore and South Korea.

The Justice Department said the pair operated through a Malaysian firm called SEA Gamer Mall. Messages left with the company were not immediately returned. Messages sent to email addresses allegedly maintained by the hackers also received no immediate response.

U.S. Assistant Attorney General for National Security John Demers said on Wednesday that the Malaysian defendants were in custody but were likely to fight extradition.

The Justice Department said it has obtained search warrants this month resulting in the seizure of hundreds of accounts, servers, domain names and "dead drop" Web pages used by the alleged hackers to help siphon data from their victims.

The Department said Microsoft Corp MSFT.O had developed

measures to block the hackers and that the company's actions "were a significant part" of the overall U.S. effort to neutralize them. The company acknowledged this in a statement that applauded government officials for "taking action to protect our customers."



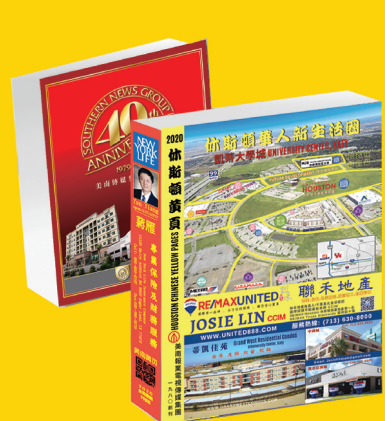
HOUSTON 休斯顿2021

黃頁

廣告版位，自即日起
開始預約



網上中文黃頁
不斷探索
開發新商家



免費刊登商家地址電話

Free Listing

微信：AD7133021553
Email：cla@scdaily.com

美南日報 INTERNATIONAL TRADE CENTER 15.3 美南新聞 Southern News Group

Tel:(281) 498-4310 Fax:(281) 498-2728

www.scdaily.com 11122 Bellaire Blvd, Houston, TX 77072

DISCOVER NEW BUSINESS

www.scdaily.com

WEA LEE'S GLOBAL NOTES

09/16/2020

CORONAVIRUS DIARY

We Are Very Proud Of Our Heritage

Professor Anne Chao of Rice University and the Asian Center recently asked me to be part of her show project which will join with the New York Museum of Chinese in America on October 21, 2020. The show will also be co-hosted by Nancy Yao Maasbach, President of the museum.

In Anne's letter, she wrote, "The director of MOCA reached out and invited our archive, the Houston Asian American Archive, to talk about the amazing people we have in this region of the country."

Dr. Anne Chao, adjunct lecturer in the school of Humanities is co-founder of the "Houston Asian-American Archive" for which she serves as project manager. Its mission is to foster a deeper understanding of Houston's immigrant history and to document the unique cultural legacy of

Asian-Americans. Anne's parents, Ting Tsing and Wei Fong Chao, made it possible with a generous gift to set up the Chao Center for Asian Studies at Rice University.

Founded in 1980, the Museum of Chinese in America is dedicated to preserving and presenting the history, heritage, culture and diverse experiences of people of Chinese descent in the United States.

The Museum promotes dialogue and understanding among people of all cultural backgrounds bringing 160 years of American Chinese experience to life. Here people can see a vivid part of American history displayed through its exhibition, educational and cultural programs.

Today, Chinese Americans are facing new challenges in America. More than



one hundred sixty years ago our pioneers came to America to build the railroad. Many people joined in the war and sacrificed their lives. We really need to archive all of the stories to educate the general public as well as our next

generation.

Thank you Anne for your and your family's contributions to our community. We are all looking forward to a better tomorrow.



Southern News Group Chairman / CEO
Chairman of International Trade & Culture Center
Chairman of International District Houston Texas



Publisher Southern Daily Wea H. Lee

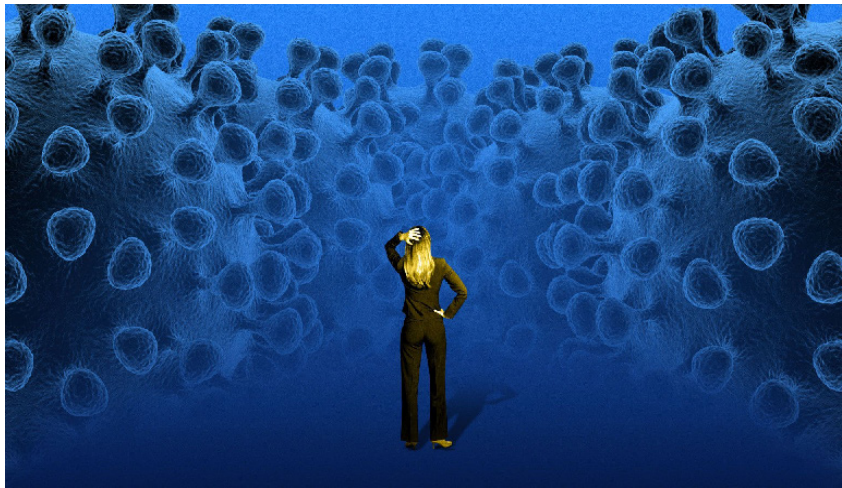
Stay Home!

BUSINESS

Wear Mask!

A Significant Improvement

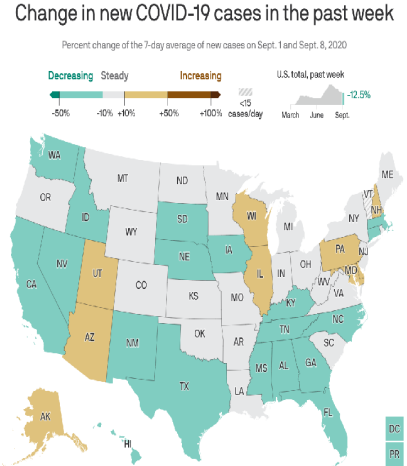
New Coronavirus Infections Fell By Nearly 13% Last Week



Compiled And Edited By John T. Robbins, Southern Daily Editor

Why it matters: Things are moving in the right direction again after a brief plateau, and getting the virus under control now will give the U.S. a much better shot at a safe autumn.

By the numbers: The U.S. is now averaging about 37,000 new cases every day. That's a lot, and we're not even halfway back to the lower totals we were recording before cases surged this summer. But the U.S. has been recording steady progress since August.



Data: The COVID Tracking Project, state health departments; Map: An-

drew Witherspoon/Axios

Yes, but: A handful of isolated events, including the Sturgis motorcycle rally and some particularly bad college re-openings, caused that progress to flat-line last week.

• It's good that we're back on track, but the pause was a reminder of just how easy it is for the virus to come roaring back when public health measures lapse.

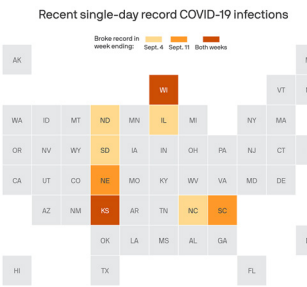
Where it stands: The number of new infections fell last week in 18 states, including the big summer hotspots as well as some of the states that saw the biggest spikes last week.

• The U.S. averaged roughly 710,000 coronavirus tests per day over the past week, a drop of about 3% from the week before.

• The fact that the decline in cases was bigger than the decline in tests makes it more likely that cases are actually going down, not just that we're not finding as many.

Details: Each week, Axios tracks the change in new infections in each state, compared to the week before. We use a seven-day average to minimize the effects of one-off quirks in states' reporting.

4 states set single-day coronavirus case records last week



Data: Compiled by Axios; Map: Danielle Alberti/Axios

Four states set new highs last week for coronavirus infections recorded in a single day, according to the COVID Tracking Project and state health departments. Kansas and Wisconsin surpassed records set the previous week.

Why it matters: Dramatic single-day increases have become less frequent after a massive spike this summer — and things are moving in the right direction again.

Records broken:

- Sept. 5: None.
- Sept. 6: None.
- Sept. 7: Kansas (1,694)
- Sept. 8: None.
- Sept. 9: Nebraska (502)
- Sept. 10: Wisconsin (1,592)
- Sept. 11: South Carolina (2,454). The state's dramatic spike coincided with a testing backlog from the holiday weekend, per the COVID Tracking Project. The state health department said Monday that technical issues at the University of South Carolina (USC) that caused delayed reporting also contributed to the burst.

Zoom in: Nebraska reported over 500 cases in one day for the first time last week. Gov. Pete Ricketts dropped restrictions on bars, restaurants, gyms and weddings on Sept. 9, although some local mask mandates remain, the Omaha World-Herald reports. Hospitalizations in the state have steadily increased since mid-July.

• Kansas Gov. Laura Kelly extended the state of emergency — prohibiting some evictions — and agreed not to close busi-

nesses to fight the spread of the virus, although she will have the ability to do so beginning next week, the Kansas City Star reports.

The big picture: New coronavirus cases fell by nearly 13% last week, according to a seven-day average tracked by Axios. States also reported 4% fewer tests over the last week, per the COVID Tracking Project.

What they're saying: NIAID director Anthony Fauci told MSNBC that it's unlikely life in the U.S. will go back to normal by the end of 2020, saying pre-coronavirus conditions may not return until "well into 2021, maybe even towards the end of 2021." (Courtesy axios.com)

Research Update

Researchers Begin Clinical Trials Examining Blood Thinners As Coronavirus Treatment

U.S. researchers are beginning two clinical trials examining the use of blood thinners to treat COVID-19, the National Institutes of Health (NIH) announced Thursday.

One study will focus on people who were hospitalized for COVID-19 and the other will focus on those who were infected, but not hospitalized.

The studies are funded through President Trump's "Operation Warp Speed," which seeks to accelerate COVID-19 treatments and vaccines.

A third study that will start at a later date will test blood thinners on people who have recovered and no longer test positive for the coronavirus to see if it affects their chances of developing blood clots after recovery.



NIH officials told reporters in a conference call Thursday that they anticipate the studies will be completed within "months not years," Bloomberg reported.

Doctors have used anticoagulants in various ways in the past, but the studies will give them "a clear sense what is the most beneficial way" to use the drug, according to NIH.

"There is currently no standard of care for anticoagulation in hospitalized COVID-19 patients, and there is a desperate need for clinical evidence to guide practice," NIH Director Francis Collins said in a statement. "Conducting trials using multiple existing networks of research sites provides the scale and speed that will get us answers faster." (Courtesy thehill.com)



Every 8 minutes, we respond to a disaster.

Your donation can help impact lives.



HELP NOW

redcross.org

Editor's Choice



A crow attacks a bat in central Kyiv, Ukraine. REUTERS/Gleb Garanich



Israel's Prime Minister Benjamin Netanyahu, U.S. President Donald Trump, Bahrain's Foreign Minister Abdulla-tif Al Zayani and United Arab Emirates (UAE) Foreign Minister Abdullah bin Zayed wave from the White House balcony after a signing ceremony



Johnny Islas, a firefighter from Las Vegas, monitors ambers from a firing operation near the Obenchain Fire in Butte Falls, Oregon. REUTERS/Adrees Latif



Tamika Palmer, the mother of Breonna Taylor, is comforted by family during a news conference announcing a \$12 million civil settlement between the estate of Breonna Taylor and the City of Louisville, in Louisville, Kentucky. REUTERS/Bryan Woolston



Jordan Spence and Dawson Stallworth watch waves come ashore as Hurricane Sally approaches in Orange Beach, Alabama. REUTERS/Jonathan Bachman



Russian opposition politician Alexei Navalny and his family members pose for a picture at Charite hospital in Berlin, Germany. @NAVALNY/via REUTERS



Smoke and flame are seen following an Israeli air strike in the southern Gaza Strip. REUTERS/Ibraheem Abu Mustafa



Japan's outgoing Prime Minister Shinzo Abe holds a bouquet of flowers as staff members of the official prime minister's residence applaud, as Abe leaves the residence, in Tokyo, Japan. REUTERS/Issei Kato

Leading Psychologist Explains How
People Can Cope With COVID-19



Mindfulness and meditation have been popular coping strategies during the pandemic.
(Photo/Simon Migaj on Unsplash)

By Lene Søvold, Clinical psychologist and mental health advisor, Norway

Compiled And Edited By John T. Robbins, Southern Daily Editor

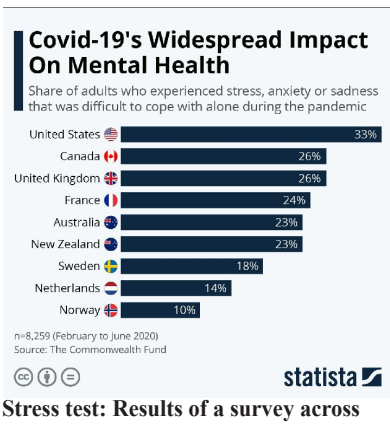
KEY POINTS

People have deployed four main coping strategies in response to the pandemic and its uncertainties.

Psychologists and counselors have also had to adapt with new ways of working.

How we respond to this crisis now could define our future resilience as a species.

Most of us have been affected by the COVID-19 pandemic to some degree. This may be on mental, emotional, social, business-related and/or financial levels; it may be acknowledged or not. In many ways, the pandemic has shed light on what is not working too well in our world. Depending on the coping strategies we have been using in response to this crisis, the pandemic is serving as a powerful catalyst both for societal transformation and new solutions to many pressing global challenges.



10 high-income countries Image: Statista

Both in my clinical work with patients, and in the general population, I have observed a variety of tendencies when it comes to the way people are coping during these uncertain times. These can be separated into four main categories:

1. Negative or destructive external expressions: This can involve constantly watching the news, reading about and disseminating information about negative developments, looking for hidden agendas and engaging in conspiracy theories. Furthermore, destructive outward tendencies can lead to people denying or ignoring the facts of the situation and consequently taking risks, personal and collective, by not adhering to physical distancing or other preventative measures.

2. Positive or proactive external expressions: This can manifest itself in reaching out to provide help, comfort and support to family, friends, neighbours or strangers in different ways. Others have found time to learn a language or read the books they always wanted, or have found pleasure in home activities like playing games, cooking, baking and engaging in creative hobbies.

3. Negative or destructive internal expressions: This style of response is characterized by negative thinking. People worry about themselves or someone close to them getting sick, and form negative expectations about the future regarding their work, life in general, or the state of the world after the pandemic. Some seem to think that they are better prepared if they expect or prepare for worst-case scenarios, but this strategy is likely to create a spiral of negative thinking, avoidance, apathy and self-isolation, which can lead to increased feelings of anxiety,

depression, hopelessness and loneliness.



4. Positive or proactive internal expressions: These people have responded to the crisis by contemplating their personal lives and the state of the world, their true values and what changes they could make to live more in-line with them, and how they can contribute to the changes they would like to see in the world. Other examples involve practising mindfulness and meditation techniques; trying to be more present in their everyday life and to accept the present moment as it is, and becoming more appreciative of the things they take for granted in their lives. Such coping strategies can help create a greater sense of meaningfulness and faith in their own capabilities of managing the situation. Some people express combinations of these coping styles, while others appear less affected by focusing on making their daily routines as normal as possible.

Delivering mental healthcare during times of crisis
Even though mental health professionals in Scandinavia have adapted quite well during the COVID-19 outbreak, this might not be the case in parts of the world where demand has been higher and where working conditions and resources are not as good. Moreover, we need to be prepared for a rise in demands for mental health services across countries in the coming months when the full mental health impact of the pandemic is getting clearer. It is therefore crucial to have an adequate support system in place, not only to protect the health and wellbeing of frontline workers, but also of the mental health workforce.



Depending on their personal challenges and coping style, as well as other contextual factors, some patients have required either more frequent or longer therapy sessions – while others have been prone to pause or make slower progress in their therapy programmes. Overall, some additional efforts have been required in my clinical work during these months to help my patients process these challenges and ensure the continuation of care. So far, however, I have had very few cases of complete drop-out due to the pandemic, which indicates that people still are motivated to get help and work on both their pre-existing and new mental health issues during these times. With regard to my network of colleagues in the healthcare sector, I know that many have experienced challenges in adjusting to new technologies and ways of working. However, they have tried their best to be adaptive and creative during these times. They have been scheduling and facilitating consultations and appointments via video or telephone, if possible. Some have even offered ‘walk and talk’ sessions while practising physical distancing. In sum, the more proactive or adaptive coping strategies we use when it comes to protecting and managing our mental health during times of crisis can be helpful in creating relief from our symptoms, a greater sense of inner balance and wellbeing, more structure and meaning in the world around us and more empathy and collaboration across nations, as well as fostering new solutions to existing global challenges. The coping strategies that we use now and in the times to come will determine our resilience as a human species, and will strengthen our ability to adapt more smoothly to future crises. Choosing the more proactive or adaptive coping strategies will help us develop and cultivate our empathic, imaginative and creative skills, and will thus make us evolve both as individuals and as a human family. I believe the pandemic will contribute to speed up digitalization and other innovations within healthcare, and also change the ways we as professionals are working and engaging with our patients and clients in the times ahead. (Courtesy weforum.org)

Kelsey-Seybold is now scheduling **VIRTUAL** and **IN-PERSON** appointments!

Alan Chang, M.D., F.A.C.O.G.
Obstetrics and Gynecology
Cantonese and Mandarin

- The Woodlands Clinic
- Kingwood Clinic

Guiying Hu, M.D.
Hematology/Oncology
Mandarin

- Berthelsen Main Campus
- Spring Medical and Diagnostic Center

Jeanie Ling, M.D.
Ophthalmology
Ophthalmic Surgery
Glaucoma Specialist
Mandarin

- Berthelsen Main Campus
- Tanglewood Clinic

Amy En-Hui Chen, M.D.
Family Medicine
Mandarin

- Meyerland Plaza Clinic

Frank Hua, M.D.
Internal Medicine
Mandarin

- Spring Medical and Diagnostic Center

John Tam, M.D.
Internal Medicine
Cantonese and Mandarin

- Fort Bend Medical and Diagnostic Center

Yee-Ru (Amy) Chen, D.O.
Family Medicine
Cantonese, Mandarin, and Taiwanese

- Downtown at The Shops at 4 Houston Center

Kuangzoo Huang, M.D.
Family Medicine
Mandarin

- Meyerland Plaza Clinic

Wayne Tie, M.D.
Ophthalmology
Mandarin

- Berthelsen Main Campus
- Clear Lake Clinic

Charlene Crockett, M.D.
Pediatric Ophthalmology
Mandarin

- Berthelsen Main Campus
- Tanglewood Clinic

Jennifer Lai, M.D.
Pediatrics
Mandarin

- Tanglewood Clinic

Eileen Wu, M.D.
Orthopedic Surgery
Mandarin

- Spring Medical and Diagnostic Center
- The Woodlands Clinic

Philip L. Ho, M.D.
Urology
Mandarin

- Clear Lake Clinic
- Berthelsen Main Campus
- Spring Medical and Diagnostic Center

Jia Lee, O.D.
Optometry
Mandarin

- Spring Medical and Diagnostic Center

Chen Xie, M.D.
Ear, Nose, and Throat
Mandarin

- Berthelsen Main Campus
- Clear Lake Clinic

Joyce Holz, M.D.
Gynecology
Mandarin

- Berthelsen Main Campus

Tri Lee, M.D.
Endocrinology
Cantonese

- Berthelsen Main Campus
- Kingwood Clinic
- Meyerland Plaza Clinic

Beth Yip, M.D., F.A.A.P.
Pediatrics
Cantonese and Mandarin

- Pearland Clinic

Whether you're new to Kelsey-Seybold or a current patient, you have a choice of where you can safely get care. Call our **24/7** Contact Center at **713-442-0000** to schedule a same-day or next-day virtual **Video Visit** or, for non-respiratory illnesses, an **in-person appointment** at a Kelsey-Seybold Clinic near you.



世华美南分会9月13日台湾特色美食网

世界華人工商婦女企管協會美南分會9/13日台灣特色美食教學網絡直播活動進展順利圓滿。

美南分會的洪良冰會長致詞：雖然疫情仍然持續，但是休士頓全僑對慶祝我們中華民國國慶仍然是如此的如火如荼的進行中，怡中主委辛苦了。我們世華美南分會很高興能夠配合休士頓慶祝國慶活動籌辦這個有意義的台灣特色美食網。

在此要非常感謝休士頓經濟文化辦事處及僑委會的對我們的大力支持及贊助今天的活動以及淑瑛名譽總會長贊助這一次我們四位講師的禮物。

世華美南分會至今已經成立了35年我們本著本會的四大宗旨，不斷地邁進，今年也因為疫情需要我們捐贈了許多的防疫物資和食品給不同的單位，謝謝理監事團隊對本會的貢獻及支持。

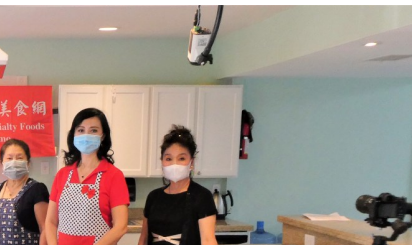
今天非常感謝四位講師來為我們授課

因為時間的關係不再多說了，希望大家喜歡今天的節目，祝大家身體健康，萬事如意。

因為疫情場地嚴格限制當場參加除了世華美南分會洪會長還有經文處羅處長，僑教中心陳主任，何主委，黎淑瑛名譽總會長，王副會長，宓麥蘭理事以及場地的主人陳逸玲，加上四位主廚，四位主廚個個展現台灣特色美食，也當場做完試吃，每道菜及甜點都很讚。網上收看直播節目的人數也非常踴躍參與，回響相當不錯。

回響如下：你們的節目做的很好，休士頓因為有你們這些熱心公益的活動使社區很和諧很活躍，讓住在休士頓的人感到很幸福，溫暖，自豪，在疫情防控的情況下你們還能堅持這樣做真的很不容易，為你們加油！點贊！

本报记者秦鸿钧报导



休斯顿市议员 Edward Pollard 造访 District J 进行考察和资源提供



休斯顿市议员 Edward Pollard 日前在其管区 District J 特别进行造访考察居民生活形态等包括推广人口普查，并发放物资积极保持与居民们最佳的通讯和第壹时间的协助服务。困难帮扶和社区服务等方面向地区提供最新及时信息。

