美南日報

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及周末企檯
意者請電:
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832-512-3595

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有經驗師傅及助手
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713-532-3127

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2pm後電或親臨舊店:
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薪金面議。電話：
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餐館請炒鍋
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中餐堂吃店,誠請
炒鍋和企台。
意者請電:
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(無人接聽可短信)

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●經理助理：
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$14 起薪,會英語.
意者請電:
214-924-8009

高級堂食餐館
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樓面:懂英文有經驗
薪金可議,
意者可電:
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糖城餐館請人
Mamak Malaysian Restaurant. 糖城店,
誠聘企台。新店剛開張,新手可以培訓.
環境好,小費高。電:
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*Hiring Server
Pepper Twins Restaurant at River Oak
hiring **Servers**, full/part time,
great income, hours flexible.
Please call **346-204-5644**
or stop by at
1915 W Gray St. Houston, TX 77019

*Now Hiring
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Pepper Twins Restaurant at River Oak
hiring a Manager, full time,
great salary + all benefits,
Please call :
412-956-2766 to apply

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●油包 ●炒鍋
意者請電：936-443-2523

珍寶海鮮城 誠聘
點心師傅 、點心熟籠、點心幫手
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需少許英文, 全工或半工均可
做滿三個月後,公司提供Bonus獎勵金
請電:281-988-8898 或親臨面談
11215 Bellaire Blvd, Houston, TX 77072

新皇宮點心海鮮酒樓 (ChinaBear)
『薪優』 全方位誠聘:
經理, 企枱, 收銀, 帶位, 廚房師傅,
點心師傅, 炒鍋, 抓碼, 油鍋, 打雜等等...
意者請電或親臨面談:
281-240-8383 713-303-8998
12755 Southwest Fwy, Stafford TX 77477

餐館請人 Restaurant Hiring

外賣店請人
近中國城
誠請全工送外賣
懂英文.
有意者請電
281-568-8788

糖城翠苑中餐館
誠請 企台/收銀
全職/兼職
小費好
有意者請電:
832-606-3731

誠聘(中國城)
- LVN / RN (PT)
- Office Assistant (PT)
- 司機 ● 清潔半工
- 廚房幫工打雜

周一到周五
電:281-781-9389
未接請短信稍後再覆

城中區中餐館
誠 請
●半工炒鍋
●半工外送員
意者請電:
832-620-2560

糖城餐館,薪優
堂吃外賣店,誠請
●企台●廚房抓碼
意者請電:
281-313-3300
另日餐請企檯
646-243-5660

糖城中餐館
『薪優』誠 請
有經驗企檯多名
意者請電:
832-955-6957
832-814-3029

餐館請人
誠招外賣員
位Spring,
249與99交界
聯系人:林先生
832-310-0739

中餐館請人
誠聘半工外送員
有經驗,要報稅
離中國城15分鐘
4670 Beechnut
意者請電:
713-307-2882

中國城中餐館
『高薪』聘 請
廣東炒焗
意者請電:
281-210-8392
黃師傅

Buffet店請人
距中國城8分鐘
Buffet店
誠請 全工 / 半工
熟手企台,帶位
意者請電:
713-789-0845

美式中餐館
Downtown地區
薪優,誠招炒鍋,
廚房關系簡單
有意請電至:
713-835-1705
如未接,請短信留言

餐館請人
位於西北區
誠聘企枱, 炒鍋,
半工外送員.
有意者聯系:
281-966-5342

粵菜餐館,薪優
東禾酒家請人
中國城,敦煌廣場內
誠請炒鍋和企枱
抓碼和油爐
意者請電:
713-981-8803

中餐外賣店
位於45號南
薪優,誠請
●幫炒 (能炒雙飛)
●打雜兼包外賣
提供吃住. 請電:
713-614-3873

金山餐館請人
位Downtown誠請
●企檯, 抛鍋, 抓碼
~以上薪水好~
意者請電: 阿泰
916-529-7337
2001 Jefferson
Houston, TX 77003

中餐館請人
位290/ 8號附近
招全職/兼職
收銀,炒鍋,油鍋,打雜
意者請電:
832-623-4949
832-773-2913

長樂活動中心
誠聘廚房助理
意者請電:
281-208-7709
713-884-5612

糖城中餐館
誠請炒鍋一名
聯系電話:
832-277-2317

堂吃外賣店
誠請可接電話企台,
店不忙,小費好.
加時薪,
離糖城15-20分鐘.
半職/全職皆可
意者請聯絡:
626-592-5535

餐館請人
路州Shreveport
中餐堂吃店,誠請
炒鍋和企台
請電/短信：
832-819-8111
(無人接聽可短信)

餐館請人,薪優
誠聘炒鍋,打雜
909 Southmore Ave
Pasadena, TX 77502
有意者請電:
713-818-0335

壽司餐館請人
Restaurant Hiring

Help Wanted
New HEB Sushi Bar
Full Time/Part Time
Located **I-45 South / El Dorado Blvd.**
713-382-6843
壽司吧位新HEB超市內,
誠請全工半工壽司助手

*HEB超市內壽司吧請人
HEB, Kroger **Sushi Roll Available People** Priority
(Training Available) 10 mins from **Pearland**
Medical Center/ Hwy-288 / Rice Universty
Address: **6055 South Freeway,** Houston,TX
Please call: **832-808-0206**
誠請全工/半工壽司師傅及廚房幫手,
懂少許英文即可,近醫學中心及Rice大學

壽司餐館請人
Restaurant Hiring

二間壽司吧招工
位Kroger超市內
●**1801 S. Voss**
●**1505 Wirt Rd.**
急需壽司師父及幫手,
全工/半工均可.
『薪優』意者請電:
832-638-3640

糖城HEB壽司吧
誠招壽司助手
有無經驗均可
意者請電:
832-213-7345

壽司吧急聘
The Sushi Bar is Hiring
We are in urgent need
of **Part-time Sushi Helper** in Kroger.
9325 Katy Fwy,
Houston, TX 77024.
281-520-6774 (英)
713-299-4129 (中)

中日餐請人 Restaurant Hiring

中日餐請人 Restaurant Hiring

*路州全日餐
Lake Charles
『高薪』誠請
壽司師傅,學徒
廚房師傅,油鍋打雜,
全工企檯.
包吃包住,意者請電:
832-605-2131

*日餐誠聘
位10號公路,宜家
家私附近,日餐誠請
●兼職帶位,
●全職或兼職和企檯,
需英文流利和可報稅.
有意請電:
832-339-6112

*美日餐館,高薪
二家Galleria &1960
誠請經理,企檯,帶位
Bartender調酒師
需英文流利,懂酒水
全工/半工均可
小費極佳. 聯系電話:
281-636-8808

路州日餐,高薪
離休斯頓2小時,請
壽司新手學徒或師傅
新手油鍋或師傅
有午休2小時,包食宿.
意者請電:
337-764-7736

日本餐館請經理
Missouri City近Sugar Land,
誠請全職/半職經理.
需有經驗,說英語,
做事認真負責能報稅,
薪資面議.
有意向請聯系:
912-381-5292
346-303-3218

Qin Dynasty
城中區中日餐館,
誠請 半工外送員,
熟悉醫療中心,另請
半工經驗企檯,英文流利
懂酒水,需報稅.
電:713-660-8386
3-5親臨:5115 Bufflo Speedway#900

KATY日餐
誠請●企檯
●Sushi Man
●廚房師傅
意者請電或
短訊(無人接聽時)
832-232-1001

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糖城堂吃外賣店
轉讓. 經營多年,
生意穩定(周一公休)
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業主還有其他生意管理.
意者請電:
832-503-0453

*賺錢餐館轉讓
醫療中心黃金地段
5000呎餐館轉讓
新裝修,新設備
3835 Bellaire Blvd,
Houston, TX 77025
聯系電話：班女士
346-801-5176

*布菲低價轉讓
店在45公路,33出口
因東主有其它生意
無暇顧及,
房租1萬,月做10萬
淨收入1萬
意者請電:非誠勿擾
917-833-6565

堂吃外賣兼小Buffet轉租
無需轉讓費,
設備齊全.
詳情請致電:
210-380-2645
閑聊者勿擾！

*賺錢餐館出售
疫情期間外賣生意很好
東主退休有意出售.
有粵菜經驗者更佳.
意者請電:
210-396-0650
餐館在聖安東尼奧,
競爭極小。

Kroger壽司吧
轉讓, 近中國城
易經營,收入穩定,
年收入五萬以上
售價 :$25,000
位11565 Hwy-6 S.
Sugar Land, TX 77498
電:832-664-1410

*城中賺錢餐館出售
近Galleria區
生意穩定
意者請電:
832-620-2560

中餐館退休轉讓
超過37年賺錢老店
位於休斯外圍
連地及生意一併出售
生意穩定,含設備
因東主退休出售
意者請電:Kathy
936-662-6412

美式中餐轉讓
外賣堂吃賺錢老餐館
西北白人區Kroger超市旁,離中國城30分鐘
房租便宜,
因缺人手,忍痛轉讓
意者請洽:非誠勿擾
832-830-3906

創業良機
在高銷售額的超市內
Sushi Bar出售
東主退休,13年老店,
月營業額3萬以上
意者請下午3點後電
或簡訊,歡迎看店:
832-660-2521

KATY中餐館出讓
生意佳
意者請電:
917-287-6173

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Very busy for To-go business
Energy Corridor Houston.
1800呎, 地點極佳,地處交通繁忙地段,
外賣生意好,歡迎看店議價.
有意者請電：281-725-4664

*賺錢餐館出售
●近Memorial 高級區中餐館,設備齊全,
年收入60萬, 業主榮休,僅售$79,000.
●位於Katy 亞洲城餐館,年收入過百萬,
僅售$30萬,機會難得,預購從速.
有意者,請洽德州地產:
713-988-1668, 832-734-6888(中文)

外賣店轉讓
位於Humble
生意穩定,已經營11年,
生意9萬.
~可做工看店~
有意請電:非誠勿擾
859-327-1938

中餐堂吃外賣店出售
離休斯頓唐人
街40分鐘, 唯一
中餐堂吃外賣店售
歡迎看店詢價,
非誠勿擾.電:林先生
713-417-8699

Buffet店急讓
位Corpus Christi
8000多呎,客源多
生意穩定,設備齊全
一周營業7天
因缺人手忍痛出讓
另請炒鍋及Sushi
281-781-6900

中國城賺錢餐館出售
位中國城百佳超市旁
2400呎,房租便宜
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歡迎看店議價
281-501-9898
718-864-8551

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新地磚,好區,5分鐘到
59號,6號高速公路,
5房2衛,最優Clement
高中,初中.意者請電:
832-287-8233

休士頓民宿租 Houston Hostel USA
中國城惠康前,百利大道上,獨立屋,旅館式
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無限快速上網,包水電.拎包入住,免簽長約,
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Line/微信: **houstontours**
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美南新聞電子報

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- 分類廣告請預付廣告費，如中途停刊者，恕不退還費用。
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200 Home Service 家庭服務

聘住家通勤阿姨
照顧小孩
及做簡單家務.
(晚上不用陪睡)
身體健康並接種新
冠疫苗. 有意者電:
832-867-1088

***誠招阿姨**
招Katy接小孩,做飯,
打掃衛生的阿姨
周一到周六
時間: 5pm到9pm
主要: 接小孩,准備4人
晚餐和簡單的家務!
347-654-7999
646-247-9221

***誠招住家阿姨**
Katy區,大人白天上班
照顧放學後小孩
做簡單早晚餐及家務
需有經驗,做事俐落,
人隨和好相處
一周工作5-6天
薪資優, 請電:
832-373-8183

聘通勤半職阿姨
有身份,健康有愛心,
打完新冠疫苗.可以接
送和照顧小孩,做飯及
簡單家務.一周5-6天
下午2:30-7:30.
酬薪商量.610西南.
1/3開始工作. 請電:
281-414-5318

***招聘家政服務人員**
別墅包住待遇優厚
現招聘可長期住家家政服務人員,
夫妻更佳,地理位置好,居住環境佳,
繳納保險,薪水優厚。
崗位職責:
1、負責別墅的日常維護保養工作。
2、按雇主要求清潔、整理房間、修理草坪,維護室外環境等相關工作。
3、按別墅雇主要求完成其他相關工作
職位要求: 男女不限,需要有相關工作經驗,中文流利,可用英文進行簡單溝通,身體健康,品行優秀,無犯罪記錄
聯系人:Rainie **832-853-3126**

家政助理 管家 Housekeeper

誠聘家務助理
家住I-10/8號
煮飯及做家務
一周工作3-5天
會國語/粵語或英語
時間彈性:
約下午3-9點
917-566-2211

Katy高薪
誠聘 **全職阿姨**,
做飯、做家務,
開車接孩子上下學!
孩子已大!
住家不住家均可!
電:**832-546-7746**

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誠徵老人照顧家庭看護
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須報稅,地點在糖城和休士頓地區.
電話:**713-271-8515**(公司)
或:**713-820-5748**(私人)

300 Company Hiring 公司請人

300 Company Hiring 公司請人

***醫療診所誠聘**
診所助理
中英文流利,懂電腦
具有顧客服務經驗,
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*薪水從優
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意者請將履歷表傳到:
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Receiption (前檯)
全工或半工均可
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每小時$14.位中國城
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Bellaireclinic2@yahoo.com

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speaking Chinese & simple English. Lily & Helen
713-383-8818
or Email: **helen@fourseasonsfood.com**

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工廠生產線
全工**操作員**數名
有身份.有經驗優先.
意者請電:
281-908-6800

中國城黃金廣場
方太專門店,**薪優,**
誠聘男女員工
有意者請電:
713-772-7888
713-772-2889

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誠請**會計**和**管理**.
勤奮好學,三年工作
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工作環境好.可辦綠卡
請來電或短訊:
832-868-1090

***老人公寓誠聘**
兼職維修工,
懂相關大廈維修
知識及經驗,
薪高及時間可面談.
請在辦公室時間電
找何小姐
713-995-4538

***長樂活動中心**
誠聘**廚房助理**
意者請電:
281-208-7709
713-884-5612

***裝修請人**
誠 請
裝修師傅及**小工**
會英語爲佳
有意者請電:
346-383-1087

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- Office Assistant (PT)
- 司機 • 清潔半工
- **廚房幫工打雜**

周一到周五
電:**281-781-9389**
未接請短信稍後再覆

300 Company Hiring 公司請人

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年薪+獎金+保險+年假.
同時招聘**有合法身份合同工**,薪資優厚,
沒有經驗可培訓
有意者請聯系:**571-524-6858**

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Misc customer services, office admin., trainable, multitasking, detail oriented, good communication & computer software skills, bilingual English/Chinese, good personality, ethical, 1-2 years experiences.
Resume to: **leng.wwu@gmail.com**

***裝修公司請人**
誠請**有經驗的裝修工人**,
需要木工,牆體,瓷磚等師父及幫工,
有經驗者優先,待優。
聯系人:Richard
聯系電話: **832-778-0090**
832-289-2279

臨床實驗室高薪招聘
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  整理實驗室樣本,非常簡單.
  需要懂簡單英語.不需要學歷.
- **實驗室操作員**:$18-25
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聯系: **281-513-7010**

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招聘 **售後客服人員**。
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薪優福利好。
聯系方式請電:**832-509-9095**

Experience Accountant
2-year related working experience
Bachelor Degree in accounting
Fluent in English and Spanish
carrie.chiang73@gmail.com
6969 N. Freeway, Houston, TX

Office Assistant
Fluent in English, Spanish and Chinese
Highly motivated / Organized
Excellent knowledge of MS Excel
carrie.chiang73@gmail.com
6969 N. Freeway, Houston, TX

***電腦公司招聘**
技術人員或**業務員** 2-3名
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需本科或以上學歷.
公司也可以sponsor身份。
有意者請將求職信及簡歷發至
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建築工程公司誠聘
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需有駕照和車,能英文交流。
需有責任心及良好的溝通
和解決問題的能力。
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保險代理公司 請人
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有經驗及執照者有bonus,
沒經驗者可培訓。需中英文流利。
意者請電郵簡歷及薪資要求及歷史到:
jericlu@luins.com
或短信到:**832-876-8399**

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一經錄用,待遇從優。
有意者請發郵件給: Jessie聯系
Jessiew@scdaily.com

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有經驗空調,水電維修人員一名,
薪金面議,若試用期通過,可享有薪假
期和申請住宿,醫保,401K福利.
聯絡電話:**713-777-0212**
M-F 9:00AM-6:00PM

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意者請電: **832-266-2637**
履歷至:**wearesignsusa@gmail.com**

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Ethan.jiang@ebankcardservice.com
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有誠意者電或簡訊:
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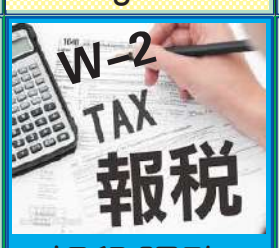

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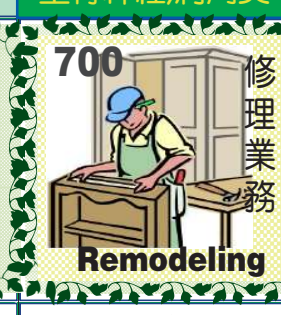
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Pandemic Cancels Texas African Business Summit

Inside C2

Thursday, December 09 2021|

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MOSCOW, Dec 8 (Reuters) - Russian President Vladimir Putin said on Wednesday that Russia would send ideas to Washington within a week

MOSCOW, Dec 8 (Reuters) - Russian President Vladimir Putin said on Wednesday that Russia would send ideas to Washington within a week to follow up his talks with U.S. President Joe Biden on the Ukraine crisis.

Neither side spoke of a breakthrough after the two-hour video call but they agreed to keep talking about what the Kremlin called "this complex confrontational situation".

"We agreed we will continue this discussion and we'll do it in a substantive way. We will exchange our ideas in the very near future. Russia will draw up its ideas literally in the coming days, within a week we will give this to the U.S. side to consider," Putin told reporters.

The two leaders used Tuesday's call to set out their opposing positions on Ukraine, which says it is braced for a possible invasion by tens of thousands of Russian troops close to its border.

Biden warned Putin that the West would impose "strong economic and other measures" on Moscow if it invaded, while Putin demanded guarantees that NATO would not expand eastward. read more

In his first public comments since the conversation, Putin said it was "provocative" to pose the question of whether Russia planned to attack Ukraine, and once again accused Kyiv and NATO of threatening Russia's security.

"We cannot fail to be concerned about the prospect of Ukraine's possible admission to NATO, because this will undoubtedly be followed by the deployment there of military contingents, bases and weapons that threaten us," he said.

It would be "criminal inaction" on Russia's part not to respond, he said.

"We are working on the assumption that our concerns, at least this time, will be heard."

FIGHTER JETS
Russia, Ukraine and NATO have all stepped up military exercises as tensions have mounted in the past month.

Russian President Vladimir Putin chairs a meeting on economic issues via a video link in Sochi, Russia December 7, 2021. Sputnik/Mikhail Metzel/Pool via REUTERS
U.S. President Joe Biden holds virtual talks with Russia's President Vladimir Putin amid Western fears that Moscow plans to attack Ukraine, as Secretary of State Antony Blinken listens with other officials during a secure video call from the Situation Room at the White House in Washington, U.S., December 7, 2021. The White House/Handout via REUTERS

Russian military aircraft were scrambled on Wednesday to escort French Rafale and Mirage fighter jets flying over the Black Sea, RIA news agency quoted the defence ministry as saying.

Russia's foreign ministry said it had handed a note of protest to the U.S. embassy over "dangerous" flights of U.S. and NATO military planes near Russia's borders.

Ukrainian President Volodymyr Zelenskiy welcomed Biden's "personal role" in trying to attain peace in eastern Ukraine, where Ukraine says more than 14,000 people have been killed in seven years of fighting with Russian-backed separatists. read more

Zelenskiy said he hoped Ukraine and Russia could agree a new ceasefire and prisoner exchanges when their representatives held talks on the conflict in Ukraine's easterly Donbass region on Wednesday.

Ukrainian Foreign Minister Dmytro Kuleba told Reuters the talks between Biden and Putin had served the purpose of "deterrence and de-escalation". read more

A Russian foreign ministry official was quoted as saying the United States might be included for the first time in a group of countries working to end the conflict in eastern Ukraine.

RIA quoted the official, Oleg Krasnitsky, as saying there was no reason why the United States should not join the so-called Normandy grouping - comprising Russia, Ukraine, France and Germany - that has tried but so far failed to end the war.

"A lot depends on the position of Washington in settling the Ukrainian conflict. In principle, if the U.S. is really ready to make a contribution, we've always been open to America exercising its influence on Kyiv," he was quoted as saying.

The remarks appeared to indicate that Moscow was open to an offer by U.S. Secretary of State Antony Blinken last week for Washington to facilitate talks on the fighting.

In eastern Ukraine, some residents were sceptical that the Biden-Putin call would make any difference.

"We have been living in war for many years. And it is terrible that we got used to it. I don't know what will happen next. We'll see," said a 55-year-old teacher who gave his name as Vladislav.

Alexander Pipchenko, 52, said: "It was pointless. It's been going on for eight years already. In my opinion, it will not bear any fruit."

WEA LEE'S GLOBAL NOTES

12/08/2021

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Publisher Southern Daily Wea H. Lee
Southern News Group Chairman / CEO
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U.S. Will Boycott The Beijing 2022 Winter Olympics

President Biden made it official: The U.S. will not send any American government officials to the 2022 Winter Olympics. White House Press Secretary Jen Psaki said that while American athletes would be able to compete in the Winter Games in Beijing, there would be no delegation of American officials sent to the games. She said the boycott was a response to human rights abuses in Xinjiang.

In the meantime, the Chinese government said that those calling for a boycott were "grandstanding," and further stated that, "If the U. S. insists in willfully clinging to its course, China will take resolute countermeasures."

The U.S. Olympic committee issued a statement saying that it did not support a boycott preventing American athletes from competing in Beijing.

Just a couple of weeks ago, the world Ping Pong championship tournament held successful events in Houston, Texas. We are so glad that many of the young people came together not only to compete in the games, but also to promote friendship between all the people.

Today our world already has more trouble than it can handle. We hope the two countries will continue to improve their relationship which really relates directly to world peace and prosperity.

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Southern DAILY Make Today Different

Editor's Choice

A Saudi girl exercises during her training session in the Fight Club gym in Riyadh, Saudi Arabia December 8, 2021. REUTERS/Ahmed Yosri

German Chancellor Angela Merkel, a top candidate of the Christian Democratic Union Party (CDU) for the upcoming general elections reacts at the final election rally in Munich, Germany September 22, 2017. REUTERS/Michaela Rehle

Pope Francis stumbles as he boards his plane before departing from Athens International Airport, in Athens, Greece. REUTERS/Alkis Konstantinidis

German Chancellor Angela Merkel and leader of the Christian Democratic Union party CDU stands in front of her election campaign tour bus before a CDU board meeting in Berlin September 16, 2013. REUTERS/Fabrizio Bensch

German Construction Minister Angela Merkel (L) jokes with Justice Minister Sabine Leutheuser-Schnarrenberger (R) as she notices they are dressed with similar jackets prior to a weekly cabinet meeting, February 22, 1995. REUTERS/Michael Urban

A combination picture shows German Chancellor Angela Merkel wearing jackets of different colours while attending various public events from August 2004 to August 2021. REUTERS/Staff/File Photos

Southern DAILY Make Today Different

BUSINESS

COVID-19 Toll Not As Heavy, But The Pandemic Is Not Over

U.S. COVID-19 Deaths Officially Surpass 1918 U.S. Flu Deaths

Compiled And Edited By John T. Robbins, Southern Daily Editor

U.S. COVID-19 deaths have now surpassed the 675,000 estimated deaths that occurred during the H1N1 influenza pandemic of 1918, but SARS-CoV-2 hasn't exacted as heavy a toll as that pandemic.

With a national population of around 103 million people at that time -- about a third of the current total of 330 million Americans -- the 1918 pandemic killed roughly 1 in 150 people in the U.S.; COVID has killed 1 in 500 Americans.

Globally, the 1918 flu wrought more havoc than COVID, too, infecting about 500 million people, or a third of the world's population at that time. It killed about 50 million people globally, according to CDC estimates.

SARS-CoV-2 has infected nearly 230 million people around the world and killed some 4.7 million of them.

There are many reasons for the differences in infection and mortality. The 1918 pandemic hit while the world was enmeshed in World War I and international travel was frequent; hospitals didn't have the same medicines and technology at their disposal to treat patients; the cause of the illness was unidentifiable and therefore a test, targeted treatment, or vaccine was impossible.

During the COVID-19 pandemic, global travel came to a halt and public health measures such as social distancing and masking were implemented relatively rapidly, vaccines were produced in record time, and treatments were investigated in real-time with a few proving helpful (with more still in development).

Still, misinformation and disinformation campaigns stymied the effectiveness of some of those approaches in the U.S., and the virus threw humanity a curveball with the far more transmissible Delta variant.

"Since May, [more than] 100,000 Americans unnecessarily lost their lives because they chose not to get vaccinated," tweeted Peter Hotez, MD, PhD, of Baylor College of Medicine in Houston. "They fell victim to the vile yet unopposed antiscience aggression from 3 sources: The far right including members of U.S. Congress, Governors, conservative news outlets; the 'disinformation dozen' identified by CCDH; and Russian propaganda."

With the U.S. now averaging some 2,000 deaths per day, and the potential for sustained, high levels of transmission to spawn another variant, SARS-CoV-2 can still wreak much more havoc. Whether that ever reaches 1918 H1N1 proportions remains to be seen.

The comparison to the 1918 flu pandemic also serves as a reminder of the risk that influenza poses. Since 1918, three other influenza pandemics occurred in the U.S.: H2N2 in 1957, H3N2 in 1968, and H1N1 in 2009. These pandemics were all far less severe than the first H1N1 pandemic. But that doesn't mean another killer flu -- or another deadly coronavirus -- outbreak is off the table.

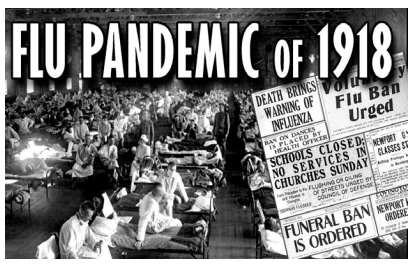
A reflection on the progress made since the 1918 pandemic by two CDC scientists published in Science for the 100-year anniversary of that outbreak concludes: "Philosopher George Santayana pointed out, 'Those who cannot remember the past are condemned to repeat it.' We are no doubt more prepared in 2018 for an infectious disease threat than in 1918. But it is critical to remember that preparation only stems from a global commitment to share data about viral isolates, support innovative research, and dedicate resources to assess the pandemic risk of new and emerging influenza viruses from zoonotic reservoirs." (Courtesy medpagetoday.com)

COVID Has Now Killed As Many Americans As The 1918-19 Flu

COVID-19 has now killed as many Americans as the 1918-19 Spanish flu pandemic did — approximately 675,000.

The U.S. population a century ago was just one-third of what it is today, meaning the flu cut a much bigger, more lethal swath through the country. But the COVID-19 crisis is by any measure a colossal tragedy in its own right, especially given the incredible advances in scientific knowledge since then and the failure to take maximum advantage of the vaccines available this time. "Big pockets of American society — and, worse, their leaders — have thrown this away," medical historian Dr. Howard Markel of the University of Michigan said of the opportunity to vaccinate everyone eligible by now.

Like the Spanish flu, the coronavirus may never entirely disappear from our midst. Instead, scientists hope it becomes a mild seasonal bug as human immunity strengthens through vaccination and repeated infection. That could take time.



"We hope it will be like getting a cold, but there's no guarantee," said Emory University biologist Rustom Antia, who suggests an optimistic scenario in which this could happen over a few years.

For now, the pandemic still has the United States and other parts of the world firmly in its jaws. While the delta-fueled surge in infections may have peaked, U.S. deaths are running at over 1,900 a day on average, the highest level since early March, and the country's overall toll topped 675,000 Monday, according to the count kept by Johns Hopkins University, though the real number is believed to be higher. Winter may bring a new surge, with the University of Washington's influential model projecting an additional 100,000 or so Americans will die of COVID-19 by Jan. 1, which would bring the overall U.S. toll to 776,000.

The 1918-19 influenza pandemic killed 50 million victims globally at a time when the world had one-quarter the population it does now. Global deaths from COVID-19 now stand at more than 4.6 million.

Photo shows a demonstration at the Red Cross Emergency Ambulance Station in Washington during the influenza pandemic of 1918. Historians think the pandemic started in Kansas in early 1918, and by winter 1919 the virus had infected a third of the global population and killed at least 50 million people, including 675,000 Americans. Some estimates put the toll as high as 100 million. (Library of Congress via AP, File)

The Spanish flu's U.S. death toll is a rough guess, given the incomplete records of the era and the poor scientific understanding of what caused the illness. The 675,000 figure comes from the U.S. Centers for Disease Control and Prevention.

The ebbing of COVID-19 could happen if the virus progressively weakens as it mutates and more and more humans' immune systems learn to attack it. Vaccination and surviving infection are the main ways the immune system improves. Breast-fed infants also gain some immunity from their mothers.

Under that optimistic scenario, schoolchildren would get mild illness that trains their immune systems. As they grow up, the children would carry the immune response memory, so that when they are old and vulnerable, the coronavirus would be no more dangerous than cold viruses.

The same goes for today's vaccinated teens: Their immune systems would get stronger through the shots and mild infections.

"We will all get infected," Antia predicted. "What's important is whether the infections are severe."

Something similar happened with the H1N1 flu virus, the culprit in the 1918-19 pandemic. It encountered too many people who were immune, and it also eventually weakened through mutation. H1N1 still circulates today, but immunity acquired through infection and vaccination has triumphed. Getting an annual flu shot now protects against H1N1 and several other strains of flu. To be sure, flu kills between 12,000 and 61,000 Americans each year, but on average, it is a seasonal problem and a manageable one.

Before COVID-19, the 1918-19 flu was universally considered the worst pandemic disease in human history. Whether the current scourge ultimately proves deadlier is unclear.

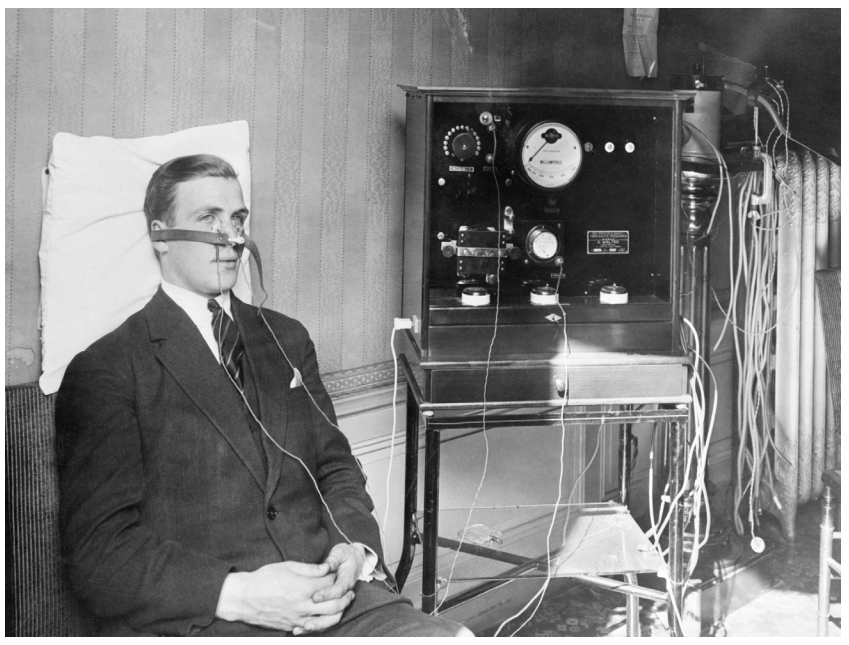
(Article continues below)

Southern DAILY Make Today Different

COMMUNITY

(Article continues from above)

U.S. COVID-19 Deaths Officially Surpass 1918 U.S. Flu Deaths



Compiled And Edited By John T. Robbins, Southern Daily Editor

In many ways, the 1918-19 flu — which was wrongly named Spanish flu because it first received widespread news coverage in Spain — was worse. Spread by the mobility of World War I, it killed young, healthy adults in vast numbers. No vaccine existed to slow it, and there were no antibiotics to treat secondary bacterial infections. And, of course, the world was much smaller.

Yet jet travel and mass migrations threaten to increase the toll of the current pandemic. Much of the world is unvaccinated. And the coronavirus has been full of surprises.

Professor Border of the University of Lyon in France demonstrates a machine he claimed could cure cold and flu symptoms in under one hour in about 1919.

Markel said he is continually astounded by the magnitude of the disruption the pandemic has brought to the planet.

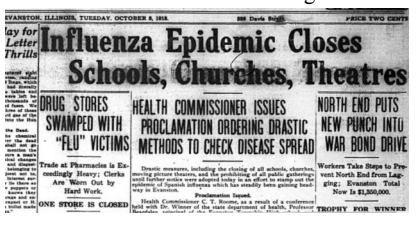
"I was gobsmacked by the size of the quarantines" the Chinese government undertook initially, Markel said, "and I've since been gob-gob-gob-smacked to the nth degree." The lagging pace of U.S. vaccinations is the latest source of his astonishment.

Just under 64% of the U.S. population has received as least one dose of the vaccine, with state rates ranging from a high of approximately 77% in Vermont and Massachusetts to lows around 46% to 49% in Idaho, Wyoming, West Virginia and Mississippi. Globally, about 43% of the population has received at least one dose, according to Our World in Data, with some African countries just beginning to give their first shots.

"We know that all pandemics come to an end," said Dr. Jeremy Brown, director of emergency care research at the National Institutes of Health, who wrote a book on influenza. "They can do terrible things while they're raging."

COVID-19 could have been far less lethal in the U.S. if more people had gotten vaccinated faster, "and we still have an opportunity to turn it around," Brown said. "We often lose sight of how lucky we are to take these things for granted."

The current vaccines work extremely well in preventing severe disease and death from the variants of the virus that have emerged so far.


EVANSTON, ILLINOIS, TUESDAY, OCTOBER 8, 1918 PRICE TWO CENTS

Influenza Epidemic Closes Schools, Churches, Theatres

DRUG STORES SWAMPED WITH "FLU" VICTIMS

Trade at Pharmacies Is Exceedingly Heavy; Clerks Are Worn Out by Hard Work.

ONE STORE IS CLOSED

HEALTH COMMISSIONER ISSUES PROCLAMATION ORDERING DRASTIC METHODS TO CHECK DISEASE SPREAD

Drastic measures, including the closing of all schools, churches, moving picture theatres, and the prohibiting of all public gatherings until further order were adopted today in an effort to stamp out the epidemic of Spanish influenza which has steadily been gaining headway in Evanston.

Proclamation Issued.

Health Commissioner C. T. Boome, as a result of a conference held with Dr. Wilmer of the state department of health, Professor Herzog of the Northwestern University medical school and other

NORTH END PUTS NEW PUNCH INTO WAR BOND DRIVE

Workers Take Steps to Prevent North End from Lagging; Evanston Total Now Is $1,300,000.

TROPHY FOR WINNER

It will be crucial for scientists to make sure the ever-mutating virus hasn't changed enough to evade vaccines or to cause severe illness in unvaccinated children, Antia said.

If the virus changes significantly, a new vaccine using the technology behind the Pfizer and Moderna shots could be produced in 110 days, a Pfizer executive said Wednesday. The company is studying whether annual shots with the current vaccine will be required to keep immunity high.

One plus: The coronavirus mutates at a slower pace than flu viruses, making it a more stable target for vaccination, said Ann Marie Kimball, a retired University of Washington professor of epidemiology.

So, will the current pandemic unseat the 1918-19 flu pandemic as the worst in human history?

"You'd like to say no. We have a lot more infection control, a lot more ability to support people who are sick. We have modern medicine," Kimball said. "But we have a lot more people and a lot more mobility. … The fear is eventually a new strain gets around a particular vaccine target."

To those unvaccinated individuals who are counting on infection rather than vaccination for immune protection, Kimball said, "The trouble is, you have to survive infection to acquire the immunity." It's easier, she said, to go to the drugstore and get a shot. (Courtesy apnews.com)

The 1918 Flu Pandemic Never Really Ended

After infecting millions of people worldwide, the 1918 flu strain shifted—and then stuck around.

An unthinkable 50 to 100 million people worldwide died from the 1918-1919 flu pandemic commonly known as the "Spanish Flu." It was the deadliest global pandemic since the Black Death, and rare among flu viruses for striking down the young and healthy, often within days of exhibiting the first symptoms. In the United States, the 1918 flu pandemic lowered the average life expectancy by 12 years.

What's even more remarkable about the 1918 flu, say infectious disease experts, is that it never really went away. After infecting an estimated 500 million people worldwide in 1918 and 1919 (a third of the global population), the H1N1 strain that caused the Spanish flu receded into the background and stuck around as the regular seasonal flu. But every so often, direct descendants of the 1918 flu combined with bird flu or swine flu to create powerful new pandemic strains, which is exactly what happened in 1957, 1968 and 2009. Those later flu outbreaks, all created in part by the 1918 virus, claimed millions of additional lives, earning the 1918 flu the odious title of "the mother of all pandemics."

The Deadly Virus Struck in Three Waves

Jeffrey Taubenberger was part of the pioneering scientific team that first isolated and sequenced the genome of the 1918 flu virus in the late 1990s. The painstaking process involved extracting viral RNA from autopsied lung samples taken from American soldiers who died from the 1918 flu, plus one diseased lung preserved in the Alaskan permafrost for nearly 100 years.

Now chief of the Viral Pathogenesis and Evolution Section at the National Institutes of Health (NIH), Taubenberger explains that genetic analyses of the 1918 flu indicate that it started as an avian flu and represented a completely new viral strain when it made the leap to humans shortly before 1918. Lab tests of the reconstructed 1918 virus show that in its original form, the virus's novel encoded proteins made it 100 times more lethal in mice than today's seasonal flu. The 1918 pandemic struck in three distinct waves over a 12-month period. It first appeared in the spring of 1918 in North America and Europe largely in the trenches of World War I, then reemerged in its deadliest form in the fall of 1918, killing tens of millions of people worldwide from September through November. The final wave swept across Australia, the United States and Europe in the late winter and spring of 1919. But did the 1918 flu simply "go away" after that third wave? Absolutely not, says Taubenberger.

Virus Mutates Into Seasonal Flu

Since the whole world had been exposed to the virus, and had therefore developed natural immunity against it, the 1918 strain began to mutate and evolve in a process called "antigenic drift." Slightly altered versions of the 1918 flu reemerged in the winters of 1919-1920 and 1920-1921, but they were far less deadly and nearly indistinguishable from the seasonal flu

"The 1918 flu definitely lost its real virulence by the early 1920s," says Taubenberger. But what's truly incredible, according to genetic analyses, is that the same novel strain of flu first introduced in 1918 appears to be the direct ancestor of every seasonal and pandemic flu we've had over the past century.

"You can still find the genetic traces of the 1918 virus in the seasonal flus that circulate today," says Taubenberger. "Every single human infection with influenza A in the past 102 years is derived from that one introduction of the 1918 flu."

Welcome to the Pandemic Era

The 1918 flu pandemic was by far the deadliest flu outbreak of the 20td 21h anst centuries to date, but it wasn't the only one to qualify as a pandemic. Even with the advent of the first seasonal flu vaccines after World War II, the flu virus has proven capable of some unexpected and deadly genetic tricks. In a normal flu season, vaccine scientists can track the most active viral strains and produce a vaccine that protects against changes in the human flu virus from year to year. But every so often, viral genes from the animal kingdom enter the mix.

"If one animal is infected with two different influenza viruses at the same time," says Taubenberger, "maybe one virus from a bird and another from a human, those genes can mix and match to create a brand new virus that never existed before." That's what happened in 1957 when the 1918 flu, which is an H1N1 virus, swapped genes with another bird flu giving us the H2N2 pandemic, which claimed a million lives worldwide.

A man receives a shave from a barber wearing a mask during the ongoing flu pandemic, Chicago, Illinois, 1918. Chicago Sun-Times/Chicago Daily News Collection/Chicago History Museum/Getty Images.

It happened again in 1968 with the creation of the so-called "Hong Kong Flu," an H3N2 virus that killed another million people. The so-called "Swine Flu" pandemic of 2009 has an even deeper backstory. When humans became infected with the 1918 pandemic flu, which was originally a bird flu, we also passed it on to pigs.

"One branch of the 1918 flu permanently adapted to pigs and became swine influenza that was seen in pigs in the US every year after 1918 and spread around the world," says Taubenberger. In 2009, a strain of swine flu swapped genes with both human influenza and avian influenza to create a new variety of H1N1 flu that was "more like 1918 than had been seen in a long time," says Taubenberger. Around 300,000 people died from the 2009 flu pandemic.

All told, if 50 to 100 million people died in the 1918 and 1919 pandemic, and tens of millions more have died in the ensuing century of seasonal flus and pandemic outbreaks, then all of those deaths can be attributed to the single and accidental emergence in humans of the very successful and stubborn 1918 virus.

"We're still living in what I would call the '1918 pandemic era' 102 years later" says Taubenberger, "and I don't know how long it will last." (Courtesy history.com)

休斯頓Memorial雅房熱賣，機不可失！

（本报记者黄梅子）2021年全美成屋销量有望超过600万套，这将是自2006年以来的最高水平。就业反弹和低房贷利率仍在持续刺激美国人的买房需求。根据全美房产经纪人协会的数据，十月美国成屋销售数量较此前一个月增加了0.8%，年化数字达634万套。这一水平超出经济学家的预期，月度增幅是九个月来的新高。

在高速发展的经济环境下，能源经济占优的Houston和科技行业占优的Austin，让德州没有悬念的成为了拥有最多最佳投资城市的地方，在前10名最佳投资城市中，德州独占5席。休斯顿的房产大热，目前贷款利率依然很低，很多房子刚上市就被抢购一空，买到就是赚到！

休斯顿刚上市有一个townhome在memorial附近，离中国城十分钟，在8号公路边的社区，里面全部新装修，有私人社区网球场和篮球场！整个社区在铁门密码入进，非常的安全！社区费包割草，屋顶和冷水！整个社区就象公园！

地址是：1541 w Sam Houston pkwy s, Houston TX 77042。有意者电话经纪人Vivan Zhou 832-466-4801.

李医生引进最新设备治疗下肢疼痛！第一次治疗$49元Coupon！

（本报记者黄梅子）步入中年，不少人会发现膝关节灵活不比从前，患有膝关节炎（Osteoarthritis of the knee）的风险也随著年纪大了而提高。膝关节炎由软骨及其周围细胞耗损而引发，属于相当常见的人体老化疾病之一。膝关节炎病发是由关节细胞耗损程度和修复程度失去平衡而导致，症状包括关节疼痛、僵硬和功能减弱。情况严重时，还需要手术治疗。

还有一部分患者下肢疼痛是Lateral Patellar Compression Syndrome髌骨外侧压缩综合症。另有些患者是因为颈椎腰椎或坐骨神经引起的下肢疼痛。还有些患者是车祸后遗症，有些人在车祸过去几年以后才感觉到身体各种疼痛。

总之，不管您是哪种原因引起的下肢疼，都要引起重视，积极做康复治疗，不管是膝关节炎还是车祸后遗症，康复治疗总是比动手术更保险。康复治疗一定要在医生的指导下进行，否则有可能使得病情恶化。Texas Spinal Care的李医生引进最新的多功能下肢牵引治疗仪，帮您减轻疼痛，快速恢复健康！这个机器经过FDA批准，是目前最先进最有效的下肢疼痛治疗仪，其组成包括固定装置，放松装置，牵张装置，能刺激双腿内侧肌群及穴位，可通经活络，缓解肌肉挛缩，激活运动神经元，恢复下肢运动功能。李医生还有仪器测试足底，电脑扫描足部定做康复鞋垫，能很大程度地缓解下肢疼痛以及行走困难。

我们首先来看一看膝关节炎的病因，常居潮湿、寒冷环境的人多有症状，与温度低，引起血运障碍有关。第二是体重因素，肥胖和粗壮体型的人中发病率较高。第三是年龄因素，从中年到老年，随年龄增长，常发生关节软骨退行性变，关节多年积累性劳损是重要因素。第四，营养不良也有可能致病，关节软骨内没有血管，其营养依靠从关节液中吸取。软骨的修复是靠外层的软骨细胞分裂繁殖和软骨细胞分泌基质来完成的，由于营养和氧供应不足，影响到软骨细胞的增殖时，就会导致软骨基质减少，软骨新生不足而变软弱，极易在负重部位发生磨损。

髌股关节综合征占到了所有运动相关的膝关节问题的25-40%，在膝关节功能障碍与运动损伤中十分常见。髌股疼痛综合征风险最大的人群是跑步者，骑自行车者，篮球运动员以及相关跑跳较多的爱好者到运动员，当然主要还是动作模式问题与过度不正确使用所引起，病症发作可能是由于慢性损伤或者单次急性损伤直接引起，症状包括膝关节弥漫性疼痛和局部髌下疼痛。髌骨周围和下方、膝盖前部、膝盖骨的内侧边缘经常有压痛，髌骨周围后方发生持续的钝疼疼痛，运动后有时会出现肿胀。在上下山坡、上下楼梯、久坐起身时，髌股关节位置疼痛往往更严重。膝盖弯曲时可能伴随发出哢哢声「关节噪音」，髌股关节综合症往往伴随著大腿肌肉「股四头肌」的肌张力异常，髌骨周围的圆圈性疼痛范围，久坐后症状加剧，无力疼痛伴有膝关节屈曲减少。

髌骨与股骨组成髌股关节，髌骨关节和我们的胫股关节共组成了我们身体上著名的——膝关节，而我们的髌股关节形成在髌骨和股骨远端之间，可谓是在夹缝中成长。治疗中最重要的第一步是避免使问题恶化的活动，并且及时休息，光嚷嚷“疼”而不去治疗的人是打算坐轮椅过下半生？我们的髌骨本身没有血液和淋巴液供应，所以一旦损伤恢复会非常的缓慢，停止进一步的损害是十分必要的。李医生治疗下肢疼痛，先用电脑扫描仪扫描足部，帮您定制复健矫正鞋垫，能极大地缓解走路时的疼痛，然后再用下肢牵引治疗仪来复健治疗，配合使用医用去痛风湿乳液和营养素，是目前治疗下肢疼痛的最佳治疗组合。您携带这篇文章可以在第一次检查和体验治疗时抵49元钱。

李医生还专精车祸后的复健，车祸后PI与PIP都收。请打电话给李医生免费谘询。中文请与queen 陈 联系。

Texas Spinal care
电话：713-278-2225
网址：http:txspinalcare.com
诊所地址：2600 S Gessner RD, Suite 120, Houston, TX77063

诊疗时间：每周一至五全天，周六上午。

盖文斯顿海岸公园美化活动集锦回顾

由Bayou公园管理处发起并召集了义工队美化盖文斯顿环境美化计画日前正式举行。活动当天地方政要及工作人员纷纷一同参与执行并在现场留下了深刻的团队精神和纪念。