美南新聞日報・華府新聞日報・達拉斯日報

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格數Size	1 wk	2 wks	3 wks	1 mon
1格 (1unit)	\$45	\$80	\$105	\$125
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誠請全工企枱

需英文流利

意者請電:

糖城川菜館

快手川菜炒鍋師傅

及抓碼師傅

有意者請電: Andy

832-380-9063

4526 Hwy 6

Sugar Land, TX 77478

中餐館招聘

中國城百佳超市附近

成聘有經驗企枱服務員

無工作經驗可培訓。

全工、半工均可,能報稅

上齡不限.本店客源穩定

小費好.意者來電

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老人中心誠聘以下全職員工

需有愛心、耐心願意長期爲長輩服務

713-782-1983 或發短信



館

Restaurant Hiring

餐館請人

油鍋和炒鍋各一名,

能吃苦耐勞,心態端正

包吃包住,

離休斯頓2小時車距

雷話 聯系:

210-380-2645

壽司餐館請人

※English title: 12 letter

國際化商貿從這裡出發

Restaurant Hiring

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※English content: 120 letters

100 Restaurant Hiring

Markalla Markally

*中餐館誠請

企枱,外送員,炒鍋

全工或半工均可

6340 N. Eldridgr Pkwy #K

Houston, TX 77041

有意者請電:

832-768-1383

悦來餐館誠請

抓碼 一名,

有無經驗,全工半工

男女均可

有意者請電:

281-683-6368

KATY 中餐館

Made Made of a

黃金水餃請人

中國城黃金廣場內

薪優誠請廚房員工

全工. 需有身份

請11am-9pm來電

713-270-9996

281-881-9885

中餐館請人

位6號/Bellaire,

誠請 熟手半工

收銀電話接聽員、

半工炒鍋,油爐,洗碗打雜

以上需報稅,3點後電

281-530-3839

832-833-5556

NOW HIRING

North China Restaurant

I-10 & KATY

Hiring Server 糖城堂吃外賣店 Lucky Palace Korean Restaurant at Bellaire, Chinatown, Full/Part me, areat income and exible hours. Please call

281-889-0533 8508 Bellaire Blvd. Houston, TX 77036

糖城翠苑中餐館

誠請企台/收銀/

全職/兼職

小費好

有意者請電:

*中餐館請人

有經驗,要報稅

請炒鍋

I-10公路旁

近Gessner中餐館

誠請炒鍋一名

星期曰公休

請雷·朱先生 洽

誠聘●全工炒鍋

點心助理.

誠請全職送餐, 底薪加小費, 需打包.

聯系電話: 347-981-8670 281-242-7728

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價錢面議.請電/親臨 1626 Spencer Hwy 713-910-8899

832-276-6580 832-606-3731 713-828-8177

> 熟手炒鍋 可以帶助手 或夫妻工亦可

> > 意者請電:

*高薪聘請

離中國城15分鐘 4670 Beechnut 713-307-2882

●半工外送員

832-983-8829 粤菜餐館,薪優

東禾酒家請人 中國城,敦煌廣場內 誠請炒鍋和企枱 抓碼、油爐、洗碗

意者請電:

713-981-8803

●廚房幫手: 能夠做面食 ●辦公室經理:懂英文 ●辦公室助理兼前台服務:懂簡單英文 有意者准備好簡歷, 打電話:

Restaurant Hiring

 \Box

餐

請

*Chow Wok 位於Dairy Ashford / Westheimer 誠講Cashier一名

需懂英文 有意者請電:

832-308-8132 誠聘(中國城)

• 廚房幫工打雜

● 淸潔半工 ● 司機

Office Assistant (PT)

<u>::281-781-9389</u>

周一到周五

未接請短信稍後再覆

餐館請人

近1960西北區,

高新誠聘: 炒鍋、

企枱、打雜幫工

全工半工外送員

意者請電:

281-966-5342

• LVN / RN (PT)

*米其林星級港式早茶點心 連鎖餐廳-Tim Ho Wan (添好運) Katy亞洲城 誠徵

1. 後廚行政總廚 2. 後廚經理 公司醫療保險,福利,獎金.有公司培訓. 需報全稅.如有興趣,請寄簡歷到: david@timhowanusa.com

或來電: David Li 832-788-0217

連鎖素食餐館 誠請 英文好企枱 長短工,收入好,能報稅 位休斯頓中國城附近 也址: 6128 Wilcrest Di

素食者結緣! 請短信 832-812-3229 702-768-6766 626-679-3973

老美中餐館 誠請企檯Server 收銀接電話 Cashier 需懂英文,全工/半工 位45南,25出口 意者請電或短信:

*Sushi Chef (壽司師傅)

誠請熟手炒鍋

會看英文菜單 有意者請電:

(No experience needed)

Sushiya inside HEB

19529 Northpark Dr. Kingwood, TX 77339

Please text or apply in person

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誠聘壽司師傅: 有無經驗均可

位 Kingwood, HEB 超市內

832-225-2948 917-287-6173

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Restaurant Hiring

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誠請有經驗的員工

男女均可 可報稅,新優

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包卷及Sashimi 師傅

提供住宿,請電:

281-851-5858

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生意穩定4-5萬,

預售價格面議

誠請 炒鍋

油鍋煎打雜,外賣員

281-673-8752

家日本餐館

意者請電:Lucy 713-301-8023



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超市內壽司吧 610北,近290 成徵**女性人員**一名 需有些經驗

全工或半工,待優 意者請5點後電:

832-660-2521

日餐請人

位 1−10 Memorial

99大華附近,聘請

/半工均可,時間彈性

薪優,待遇好.男女不阻

832-380-0247

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近8號,Westheimer

16年老店,1750呎

生意穩定,設備齊全

業主退休,有意出售

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超市壽司吧高薪 誠徵 壽司師傅、助手 有責任心者、男女不拘 提供住宿,須報稅. 有意者請傳簡訊至

832-401-9179 New Caney, TX 77365 位高速公路 59N上,離 中國城約45分鐘路程

中日餐請人



路州日餐,高薪

離休斯頓2小時,請

油鍋師傅或新手學徒

新手壽司幫手或師傅

有午休2小時,

包食宿,請電

200

for sale

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節日大籌賓 餐館新張.堂吃/外購 價格優惠,服務好~ 專爲家庭公司 宴會,慶典,生日, 大中小Party Tray J自備材料,自取或外送

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日本餐館誠聘

要求有身份,可報稅 請電: Jeff

337-764-7736 626-373-7744

Restaurant Hiring 餐 請 *日本餐館誠請

 \Box

壽司師傅或學徒 企台及帶位 全工/半工均可 需工卡.請親臨或電

713-781-6300

6345 Westheimer 賺錢堂吃中餐售

210-380-2645 閑聊者勿擾!

*路州全日餐

Lake Charles

壽司師傅。學徒

廚房師傅,油鍋打雜,

全工企檯

包吃包住,意者請電

832-605-2131

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設備齊全,

周五周日 buffet,

生意還有上升空間,

詳情請致電:

誠請

高新」

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if interested

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832-858-4838 \pm

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347-277-1612 非誠勿擾

美日餐館,高薪 家 Galleria &1960 成請經理,企檯,帶位 Bartender調酒師

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281-636-8808

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意者請電: 832-503-0453

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非誠勿擾!

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包水.

意者電:非誠勿擾

346-812-3233

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人手不足,位於北休斯頓

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-周開6.5天,不送外賣

1500尺,生意4萬2.

適合家庭經營

歡迎看店議價.請信息

917-951-8859

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堂吃加外送. 2500 呎, 生意穩定 房租平,含設備.包水+垃圾費用, 生意6萬餘. 意者請聯系:

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客源龐大,因缺人運作出讓 ●另請炒鍋. 有意請聯繫李小姐

713-732-8203

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廣東話或普通話

郵編 77005.電:Cara

203-832-8995

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略懂英文,周一到五

3:30pm—12:00am

意者請電或 email:

281-561-9985

732applications

@gmail.com

公司成立新部門

需豐富QB經驗

請遞簡歷至:

Peter@

*眼科診所誠聘

前臺工作人員,半工

需中英文流利,熟識

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och760

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業地

產

經紀

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benefits. Email resumes to

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司



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送貨到倉庫

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3月10號 預產期

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懂機器修理佳.

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*能源化工類

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Inside C2

Sunday, January 30, 2022

Weaker U.S consumer spending, rising inflation pose dilemma for Fed

WASHINGTON, Jan 28 (Reuters) - U.S. consumer spending fell in December, suggesting the economy lost speed heading into the new year amid snarled supply chains and raging COVID-19 infections, while annual inflation increased at a pace last seen nearly 40 years ago.

Wage inflation is also building up amid an acute shortage of workers. Private industry wages rose strongly in the fourth quarter, posting their largest annual gain since the mid-1980s, other data showed on Friday. Mounting inflation pressures could force the Federal Reserve to aggressively hike interest rates, stifling growth, economists warned.

"No one wants to go back to the 80s, but the economy is. Can stag-flation from an overly aggressive Fed be next?" said Christopher Rupkey, chief economist at FWD-BONDS in New York. "The Fed let its guard down and now they risk it all by saying they might have to move faster and higher on interest rates."

Consumer spending, which accounts for more than two-thirds of U.S. economic activity, dropped 0.6% last month after gaining 0.4% in November, the Commerce Department said. The decline was in line with economists' expectations.

The data was included in the advance gross domestic product report for the fourth quarter published on Thursday. The economy grew at a 6.9% annualized rate last quarter, accelerating from the July-September quarter's 2.3% pace. That helped to boost growth in 2021 to 5.7%, the strongest since 1984. The economy contracted 3.4% in 2020, read more

Consumer spending dropped in December likely as the result of Americans starting their holiday shopping in October for fear of empty shelves at stores because of rampant shortages of goods, including motor vehicles. Spending on goods fell 2.6%, led by automobiles.

Outlays on services gained 0.5%, lifted by health-care.

Sky-rocketing coronavirus infections driven by the Omicron variant slowed the improvement in supply chains, with workers calling in sick. Worsening shortages kept inflation elevated last month.



The personal consumption expenditures (PCE) price index excluding the volatile food and energy components, rose 0.5% after a similar gain in November. The so-called core PCE price index accelerated 4.9% year-on-year in December, the biggest rise since September 1983. The core PCE price index increased 4.7% in the 12 months through November.

Stocks on Wall Street were lower. The dollar was steady against a basket of currencies. U.S. Treasury prices rose.

WAGE PRESSURES GROWING

Inflation is running way above the Fed's flexible 2% target. The U.S. central bank on Wednesday said it was likely to raise interest rates in March. read more

Bank of America Securities is predicting seven rate hikes this year. JPMorgan on Friday raised its forecast to five rate increases from four.

People carrying shopping bags walk inside the King of Prussia shopping mall, as shoppers show up early for the Black Friday sales, in King of Prussia, Pennsylvania, U.S. November 26, 2021.

REUTERS/Rachel Wisniewski/File Photo

People carrying shopping bags walk inside the King of Prussia shopping mall, as shoppers show up early for the Black Friday sales, in King of Prussia, Pennsylvania, U.S. November 26, 2021. REUTERS/Rachel Wisniews-ki/File Photo

"The challenge now is to tamp down inflation without allowing the flame on the overall economy to go out," said Diane Swonk, chief economist at Grant Thornton in Chicago. "There is no road map for doing this after inflation has surged."

Signs that inflation could remain stubbornly high were reinforced by a separate report from the Labor Department on Friday showing the Employment Cost Index, the broadest measure of labor costs, rose 1.0% in the fourth quarter after increasing 1.3% in the July-September period.

Labor costs surged 4.0% on a year-on-year basis, the largest rise since the fourth quarter of 2001, after increasing 3.7% in the third quarter.

The ECI is widely viewed by policymakers as one of the better measures of labor market slack and a predictor of core inflation as it adjusts for composition and job quality changes.

The labor market is viewed as being at or near maximum employment. There were 10.6 million job openings at



2022年1月30日

WEALEE'S GLOBAL NOTES

01/29/2022

Celebrating The Lunar New Year Online



This morning we are celebrating the 26th Annual Texas Lunar New Year Festival live in our STV studio. Many community leaders will join us together to welcome the Year of the Tiger. Many cultural and artistic performances from various countries will display our integration of all ethnic groups. We hope the world will return to peace soon.

Due to the Covid-19 pandemic, this is second year we are celebrating the festival online. In addition to thanking the hundreds of artists and volunteers for their dedication, many community leaders and businesses have

generously funded us. We are really so grateful.

The Year of the Tiger represents guys who are not afraid of difficulties that tend to bring all of us down and choose to bring hope back from the darkness.

When we are celebrating

Beijing Winter Olympics are coming and global audiences have been looking forward to it. We wish all of you a happy and prosperous year to come.

the lunar new year, the







Southern News Group Chairman / CEO



















Editor's Choice



The green-eyed, short-haired tabby cat was settling in well at the White House with "her favorite toys, treats, and plenty of room to smell and explore," LaRosa said. Erin Scott/The White House



Willow, the Biden family's new pet cat, is seen as she wanders through the halls of the White House. Erin Scott/The White House



Danielle Collins of the U.S. reacts during her semi final match against Poland's Iga Swiatek. REUTERS/Loren Elliott



Spain's Rafael Nadal celebrates winning his semi final match against Italy's Matteo Berrettini. REUTERS/Loren Elliott



Greece's Stefanos Tsitsipas reacts during his quarter final match against Italy's Jannik Sinner. REUTERS/Morgan Sette



Police gather at a hospital near where NYPD officers were shot while responding to a domestic violence call in the Harlem neighborhood of New York City. REUTERS/Lloyd Mitchell

English

Daily New/

"2021 Was An Incredibly Hard Year For Many People, Including Myself, But I'm Hopeful That 2022 Will Be Better."

Reasons For Optimism After A Difficult Year

Compiled And Edited By John T. Robbins, Southern Daily Editor



By Bill Gates

(Editor's Note): Like 2020, 2021 was heavily defined by the COVID-19 pandemic, due to the emergence of multiple COVID-19 variants. The major global rollout of research into how to optimize its effectiveness. This COVID-19 vaccines, which began at the new vaccine is giving us insights into how to develend of 2020, continued in 2021. Most major events scheduled for 2020 that were postponed due to the pandemic were hosted in 2021. Bill Gates has had his hand on the pulse of world events and global health for many years. In this "end of the year" review he shares his insights and thoughts for the new year and for the future of the world.

When Paul Allen and I were starting Microsoft, we had a vision that personal computers would one day play a significant role in people's lives. But I don't think either of us ever foresaw a future where they would be your only connection to the world. Like many people. there were entire days this year when the only human interaction I had was through a screen. The result has been the most unusual and difficult year of my life. (I suspect a lot of the people reading this might say the same.) 2020 had a brief period of relative normalcy before COVID-19 upended everything. In 2021, the pandemic has dominated our lives since day one. We've all had to adapt to a "new normal," although what that looks like is different for every person. For me, the result has been a year spent mostly online. I had stretches of time without any face-to-face social interaction. If I had a break between meetings. I'd walk around my vard just to see something different. After work, I'd play bridge with friends online or hang out with them over video chat. Once I got vaccinated, I started having some small in-person get-togethers, but my social life is still a lot more digital than it used to be. It's been a strange and disorienting experience. My personal world has never felt smaller than it did over the last twelve months



Although COVID-19 has been a huge focus, our foundation continues to make progress in other areas. Our U.S. Program is working with partners to help students and teachers navigate the strange new world of pandemic-era education, and my colleagues working on gender equality are fighting for a more equitable global recovery. The global health and development teams have found creative ways to protect advancements on diseases like polio, TB, and HIV and continue progress in reducing childhood mortality.

One of the most exciting things that happened was WHO approval of the first malaria vaccine. Malaria kills nearly 650,000 people every year-more than half of them children under five—and remains one of the leading causes of death in low-income countries. We funded late-stage clinical development of the vaccine between 2001 and 2015 and continue to support op second-generation vaccines and preventative tools that can be used on all ages, are even more effective, and can help us reach the goal of eradication.



My family also experienced a lot of changes beyond what you probably saw in the news. My oldest daughter, Jenn, got married this fall, and her wedding was the highlight of my year. Our youngest, Phoebe, graduated from high school and went off to college. Since my son Rory is also away at school, that means I'm officially an empty nester. The house is a lot quieter without a bunch of teenagers hanging around all the time. I miss having them at home, even if it is easier to focus on reading a book or getting work done these days. 2021 has been a year of big transitions for me, but it hasn't changed why I love the work I do. As it comes to a close. I wanted to sit down and write about four things that are top of mind heading into 2022: the latest progress toward ending the COVID-19 pandemic, why decreased trust in institutions might be the biggest obstacle standing in our way, what the climate conversation can teach us about making progress, and how the rapid digitization brought on by the pandemic will shape our future.



Why I'm hopeful the end of the COVID-19 pandemic is finally in sight
In my previous end-of-

year post, I wrote that I thought we'd be able to look back and say that 2021 was an improvement on 2020 but the improvement hasn't been as dramatic as I had hoped. More people died from COVID in 2021 than in

BUSINESS

2022年1月30日

2020. If you're one of the millions of people who lost a loved one to the virus over the last twelve months, you certainly don't think this year was any better than last. Because of the Delta variant and challenges with vaccine untake, we're not as close to the end of the pandemic as I hoped by now. I didn't foresee that such a highly transmissible variant would come along, and I underestimated how tough it would be to convince people to take the vaccine and continue to use masks. I am hopeful, though, that the end is finally in sight. It might be foolish to make another prediction, but I do think the acute phase of the pandemic will come to a close some time in 2022. There's no question that the Omicron variant is con-

cerning. But here's what we do know: The world is better prepared to tackle potentially bad variants than at any other point in the pandemic so far. We caught this variant earlier than we discovered Delta because South Africa has invested heavily in genomic sequencing capabilities, and we're in a much better position to create updated vaccines if they're needed. It's troubling any time a new variant of concern emerges, but I'm still hopeful that, at some point next year, COVID-19 will become an endemic disease in most places. Although it is currently about 10 times more lethal than flu, vaccines and antivirals could cut that number by half or more. Communities will still see occasional outbreaks, but new drugs will be available that could take care of most cases and hospitals will be able to handle the rest. Your individual risk level will be low enough that you won't need to factor it into your decision-making as much.



Now that we're starting to move towards the end of this pandemic, I've been spending a lot of time thinking about what went right and what went wrong over the last two years. We can learn important lessons from the world's COVID-19 response that will make us better prepared next time. Even though the pandemic has dragged on longer than anticipated, a lot has gone well. To start, the progress we've made on vaccines is remarkable. The world has never made and distributed a vaccine for a disease faster than it did for COVID-19. The fact that we had one—let alone multiple!--vaccines during the first year of the pandemic is miraculous.

I think mRNA vaccines will ultimately be seen as the most consequential breakthrough of the pandemic. Proving that mRNA works as a vaccine platform has been a massive gamechanger—not just for this pandemic, but for the next one too. Now that mRNA is well-established, we'll be able to develop safe and effective vaccines super-fast in the future. We also learned a lot about non-pharmaceutical interventions (or NPIs) that will inform disease response moving forward. NPIs include things like mask mandates, quarantine procedures, and travel restrictions. The last two years have given us the opportunity to see how effective different strategies are against a respiratory disease like COVID.

The last two years have shown us that individuals can make a real impact. We've seen incredible people from around the world step up to do heroic work protecting their communities—from teachers who took time to drop off class materials on their students' doorsteps to health workers who went house to house making sure everyone had the opportunity to get vaccinated

One area that's been a mixed bag is **therapeutics**. Up until the last couple of months, I was disappointed by the lack of progress we'd made on the treatment front. Remdesivir is expensive, and it just didn't have that big an effect. Dexamethasone is cheaper and helped a bit, but not enough to make a huge dent in stopping



The reason I'm now feeling much better about therapeutics is the recent news about two new antiviral drugs. These are the therapeutics we needed in 2020. One of them—a drug called molnupiravir from Merck-just got the seal of approval from the FDA for people at high-risk last week. It significantly reduces your chances of being hospitalized or dving from COVID-19 (although not as much as we'd initially hoped), it's relatively cheap to make, and it's an oral medication that's easy to distribute. Earlier this year, before we knew the drug worked, the foundation supported an effort to streamline the process of producing molnupiravir in order to bring costs down. Merck is letting generic manufacturers make this simplified formulation, which will make the drug accessible to a lot more people. We also recently committed \$120 million to making sure the drug is available in lower-income countries where it will save a lot of lives. I just wish it had come along sooner. Another antiviral pill, developed by Pfizer, may perform even better. An interim analysis showed that the drug was 85 percent effective when taken within five days of the start of symptoms. The F.D.A. could authorize it by year's

The other area where there is huge room for improvement is in finding ways to combat disinformation. As I mentioned, I thought demand for vaccines would be way higher than it has been in places like the United States. It's clear that disinformation (including conspiracy theories that unfortunately involve me) is having a substantial impact on people's willingness to get vaccinated. This is part of a larger trend toward distrust in institutions, and it's one of the issues I'm most worried about heading into 2022

Declining trust makes it harder to tackle big challenges

I've had a lot of people ask me recently if I'm still optimistic about the future. While the answer is yes, being an optimist doesn't mean ignoring problems. I am deeply troubled by one challenge in particular.



The pandemic has been a massive test of governance. When the pandemic finally comes to an end, it will

COMMUNITY

be a tribute to the power of global cooperation and innovation. At the same time, this era has shown us how declining trust in public institutions is creating tangible problems and complicating our efforts to respond to challenges. Based on what I've seen over the last couple of years. I'm more worried than I've ever been about the ability of governments to get big things done. We need governments to take action if we're going to make progress on challenges like avoiding a climate disaster or preventing the next pandemic. But declining trust makes it harder for them to be effective. If your people don't trust you, they're not going to support major new initiatives. And when a major crisis emerges, they're less likely to follow guidance necessary to weather the storm. This decline in trust is happening all over the world

There are many reasons for this growing divide, including a 24-hour news cycle, a political climate that rewards headline generation over substantive debate, and the rise of social media. I'm especially interested in understanding the latter, since it's the most technologically driven.

Digital communication has profound benefits in terms of helping people collaborate, stay in touch, and share things with each other. But social media has played a huge role in spreading misinformation that makes people suspicious of their governments. Social media feeds have become so personalized that you don't see factual information if it doesn't align with your profile



I believe that governments need to regulate what vou can and can't use social media for. In the United States, this topic has raised a lot of free speech questions. But the reality is that our government already has all sorts of norms around communication. As people become more polarized on both sides of the aisle, politicians are incentivized to take increasingly extreme positions. In the past, if you didn't like the way a government agency was operating, you'd run on a platform of fixing it. Today, we're seeing more people get elected on the promise of abandoning institutions and norms outright. When your government leaders are the ones telling you not to trust government, who are you supposed to believe?

This is usually where I'd lay out my ideas for how we fix the problem. The truth is, I don't have the answers. I plan to keep seeking out and reading others' ideas, especially from young people. I'm hopeful that the generations who grew up online will have fresh ideas about how to tackle a problem that is so deeply rooted in the Internet. This problem requires more than just innovation to solve, although there are some steps we can take (especially around e-governance and making data more available to the public) to make modest improvements. There are all sorts of ways that great scientific ideas get published and tested. For great political ideas, the pathways are not as clear

(Article Continues Below)

Southern Make Today Different

(Article Continues From Above)

Reasons For Optimism After A Difficult Year

Compiled And Edited By John T. Robbins, Southern Daily Editor



By Bill Gates

What we can learn about progress from the climate conversation



Progress is possible, but not inevitable. Change happens because groups of people get together and decide to make things better. It might not happen as quickly as you want or need it. But if you have enough smart, thoughtful, and passionate people pushing for it, progress will eventually come.

I was blown away by the enthusiasm and intense engagementat the climate conference in Glasgow, especially compared to the last major COP conference in 2015. Everywhere you looked, you saw leaders from around the world-including lots of government officials and CEOs—eager to make real commitments. The biggest change I saw compared to 2015 was the focus on innovation. There is now a broad understanding that innovation needs to be at the forefront of any plan to get to zero emissions by 2050. The private sector is playing a central and necessary role alongside governments and nonprofits. It was encouraging to hear leaders from various industries that need to be part of the transition—including shipping, mining, and financial services—talk about their practical plans to decarbonize and to support



Even if the world hits its goal of net-zero by 2050, we'll still experience significant warming. That will create huge problems

for people in low- and middle-income countries unless we take steps now to help them, such as developing new crops that are more productive and can withstand weather changes. In short, this conference made it clear that the world is engaged and making progress. The result was a number of important con-

crete steps, like new commitments to investing in clean technologies, pledges to cut methane emissions and end deforestation by the end of the decade, and the creation of a coalition that will help farmers adapt.

2021 gave us a preview of our more digitized future

Even after this pandemic ends, it's clear that much of the digitization it brought on is here to stay. The last two years have led to monumental leaps forward in how we use technology, accelerating changes that would've taken vears—if not a decade or longer—otherwise. We've seen rapid, widespread adoption of services that already existed, like ordering groceries online or having meetings over video chat. And we've seen the creation of new innovations that I think only represent the tip of the iceberg of what's to come in the years ahead. Digitization is here to stay, but the technologies we're using will continue to get better over time. We're just at the start of how software will enable innovation. It'll take at least a decade to understand the full scope of the pandemic's impact on digitization, but I predict we'll see big changes in three areas.

The first and perhaps most significant is office work. The pandemic has revolutionized how companies think about productivity and presence in the workplace. The boundaries between once-discrete areas of work-brainstorming, team meetings, casual conversations in the hallway—are collapsing. We're starting to see structures evolve that we thought were essential to office culture, and those changes will only intensify in the years to come as businesses and employees settle into new permanent ways of working.



I'm really excited about the potential for experimentation. Expectations around what productivity looks like have been upended. I see lots of opportunity to rethink things and find out what is working and what isn't.

I'm also really interested in how technology can create more spontaneity with remote work moving forward. This is the biggest thing you lose when you're not in the office. Let's say you used to work in an open space with six other people. You could look up at any time and see what they were up to. You could tell whether they felt like talking, giving you advice, or just taking a break to chat about nonwork stuff. That kind of spontaneous interaction stopped when many of us began working from home-you aren't exactly going to have an un-

last meeting in your living room. But there are a lot of innovations in the pipeline to replicate that



The idea is that you will eventually use your avatar to meet with people in a virtual space that replicates the feeling of being in an actual room with them. To do this, you'll need something like VR goggles and motion capture gloves to accurately capture your expressions, body language, and the quality of your voice. Most people don't own these tools yet, which will slow adoption somewhat. (One of the things that enabled the rapid change to video meetings was the fact that many people already had PCs or phones with cameras.)

The second area where we'll see the lasting effects of digitization is education. Unlike offices. schools will go back to only in-person instruction except maybe for some limited remote options for older high school students. What will change, though, is how we use digital tools to enhance the way kids learn.



The ability of new digital education tools to transform the classroom is, of course, dependent on kids having access to technology at home. The access gap has narrowed since the start of the pandemic and will continue to narrow, but a lot of kids still don't have a decent computer or reliable, fast internet at home. Finding ways to expand access is just as important as the development of new innovations. The pandemic accelerated the development of dynamic curricula, as more teachers had to rely on digital tools to give students assignments during the periods when schools were closed.

If you're a student, you'll be able to get feedback from the software while you do your homework online. The content will be more interactive and personalized to you, helping you focus on areas where you need a bit more help while boosting your confidence by giving you problems you're more comfortable solving. If you're a teacher, you'll gain a deeper understanding of how your

planned conversation with a colleague about your students are doing. A simple button click will show as well, especially on the innovation front. I expect you that student X might need more help on a particular type of question while telling you that student Y is ready to take on a more advanced reading



Some of the biggest leaps forward have been in math curricula. A lot of kids develop a self-image of not being good at math. It's a big problem that I'm optimistic we can solve with technology. Our foundation is also working with partners on new curricula that help kids become more confident in

The final area where digitization is here to stay is in health care. Telehealth isn't new but its popularity during the pandemic was. Over the last two years, we've seen more people opting for virtual appointments instead of in-person care. The technologies that facilitate these appointments are already getting much better, and I expect huge improvements over time. Although some medical fields have gone back to mostly in-person visits, one area that I predict is forever changed is behavioral health. Virtual appointments have so many upsides that I think the new model is here to stay. Sessions can be as long or as short as needed—a 15-minute session might not feel worth it if you have to go to a doctor's office, but it makes a lot more sense from home. Plus, many people feel more comfortable in their own spaces than in a

What if you could get your blood tested at a convenient place in your neighborhood-maybe at your local pharmacy—that sends the results directly to vour doctor? What if you could keep seeing a primary care physician you like even if you moved to



gest that anything about the COVID-19 pandemic has been positive. But when we look back at this period, I suspect history will view it as a time of terrible devastation and loss that also sparked lots of massive changes for the better.

Reasons for optimism in 2022

We can't afford to repeat the suffering of the last two years. The world had a chance to invest in the tools and systems that could've prevented the COVID-19 pandemic, and we didn't take it. Now is the time to learn from our mistakes and take steps to prevent this terrible experience from ever happening again. I'm hopeful that we'll see broad support for pandemic preparedness efforts, and I plan on spending a lot of time advocating for them. This is the biggest and most important thing I'm going to work on in 2022. I think we'll see plenty of other reasons for optimism in 2022

lots of progress as R&D that was put on hold by



preventative called islatravir. Today, you can

reduce your risk of getting infected by either taking a pill every day or what's called "on-demand prophylaxis." Although both current options provide terrific protection, the former relies on the ability to take it regularly, and the latter requires planning ahead. Islatravir is a pill that you take just once a month. The first results from the Phase II trials were released this summer, and they're terrific so far. Another area to watch for in 2022 is Alzheimer's diagnostics. Huge progress has been made on this front recently, and there's a decent chance that the first affordable, accessible blood test for Alzheimer's will get approved next year. Although this won't be a gamechanger yet for people who have the disease—which currently has no cure or even a way to slow it down—this test will accel-

erate progress in the quest for a treatment break-Settling into a new normal

I've never been a big New Year's resolution person. I don't have any specific goal in mind for 2022 (although I guess I still have a couple more weeks to think of one). But what I do hope is that next year is a lot more settled than this one. Human beings are naturally resistant to change. Whether it's the massive global upheaval of the last two years or transitions closer to home, it's never easy to adjust to new ways of living.



think 2022 will be a year when many of us finally settle nto a post-pannormal.

me, that will mean going into the office a bit more as COVID cases hopefully go down. I'm looking forward to spending more time engaging with people through my blog and other channels. I'd like to keep up my COVID-era habit of watching lots of educational videos on YouTube and subscription services because they're a really great way to learn about obscure topics. (I now know more about glassmaking, birdwatching, and the history of American Samoa than I ever expected.)

I hope you and your loved ones also find a way to create new routines. There's no question that the pandemic will create huge, lasting changes that will take years to fully understand, which can feel scary. One of my favorite authors, Yuval Noah Harari, once wrote that, "people are usually afraid of change because they fear the unknown. But the single greatest constant of history is that everything changes."

The world has adapted to big disruptions before, and we'll do it again. In the meantime, I wish you a





门NeoSoma具建



(本報記者黃梅子) 你有因爲長相而被誤會 年齡嗎?當你自認爲顯得很年輕,但被人自動升 級成"大媽"的時候,你心頭的怒火是否在熊熊 燃燒?也許你臉上皺紋不多,但松垂的中下面部 和雙下巴卻告訴了別人你年齡的秘密。我們可以 留意到,身邊年輕的姑娘們都擁有淸晰的下頜線 和緊實的臉部輪廓。

有些愛美的小姐姐因爲咬肌大去註射瘦臉針 ,忽略了下頜線的問題,導致瘦臉卻出現了羊腮 ,反而顯得老。

這都是因爲下頜線的原因,你知道嗎?其實 下頜線才是年齡的分界線!

什麽是下頜線?

下頜線其實就是從耳垂到下巴的側臉線條, 也有人把這道線以一代經典美人奧黛麗赫本爲名 ,叫做赫本線。赫本的下頜線真的非常的淸晰, 整張臉看起來真的很精致,完全沒有一點多余的 脂肪。

前一陣,因爲發胖而有點羊腮罵到熱搜的劉 亦菲是一個典型,大家可以看到發腮後的劉亦菲 因為下頜緣的不淸晰,導致整個人都顯得年長了 很多歲。那麼,一條淸晰、形狀圓潤、與臉型適 合的下頜線應該怎麽打造呢?首先我們就是要消 除雙下巴!形成雙下巴有兩種原因,一種是胖出 了肥厚的雙下巴,從側面看臉和脖子都連在一起 ,沒有明顯的分界線。還有一種是老出了雙下巴 ,隨著我們年齡的增大,膠原蛋白也會隨著慢慢 的流失,從而出現肌肉下垂松弛等現象的發生, 在一定程度上會影響下頜線,導致下頜線變得不 那麽的清晰。

除了雙下巴,有些人還有羊腮。羊腮有兩種 形成原因,一種是因為註射瘦臉針,因為肉毒劑 量太大而導致咬肌過度萎縮,而出現羊腮,臉小

了但反而顯得老了;還有一種是因爲衰老,臉部 肌肉松弛下垂得厲害,而出現羊腮。

雙下巴和羊腮是下頜線的殺手,你知道嗎? 其實下頜線才是年齡的分界線!

想要立竿見影地消除雙下巴,最快的辦法有兩種 :手術吸脂和打溶脂針。手術吸脂去雙下巴是效 果最快的辦法,但是要動刀子住院,而且還有創 口,沒有十天半個月的不能出門見人。所以很多 人選擇註射溶脂針,旣見效快又沒有創傷恢復期

而羊腮呢,可以用拉皮手術、線雕或者溶脂 針來解決,無疑溶脂針是最快最經濟也是最安全

2015年4月29日,美國FDA批準了全球首個 "雙下巴"溶脂針Kybella(ATX-101),用於中 度至重度"雙下巴"成人,該針劑是用於消除多 余頦下脂肪(雙下巴)的首個也是唯一 術治療產品。ATX-101是一種人造的脫氧膽酸 (deoxycholic acid),這是人體內天然存在的一 種物質,幫助分解脂肪。

溶脂針瘦臉是否會反彈?據硏究,溶脂針減 的是脂肪不是水分,相對來說不容易反彈。溶脂 針瘦臉技術對註射醫師的技能要求比較高,多打 一點會塌陷,少打一點則看不出效果。奧斯丁 NeoSoma 專業醫美是美國政府註冊的專業醫美, 註射師是在美國正規持牌醫生(M.D.)或正規持 牌護士(R.N.),藥品都是FDA認證安全有效的 針劑,安全和資質有保證。尤其是註射師王老師 從事醫療工作多年,並且積累了豐富的亞洲客人 臨床經驗,熟悉亞洲客人的審美喜好,對劑量把 控嚴格精準。她技術嫻熟,對於童顏針的施打已

達爐火純靑的水平,做過的客人都贊不絕口。

王老師介紹說,打針過程也就幾分鐘吧,一 周之內就能看到很明顯的效果,雙下巴和羊腮幾 天內就會消減很多,效果的顯著程度是因人而異 的,有的人打一次溶脂針效果就很明顯,但是有 的人就需要多次註射以後才會有比較明顯的效果 。除此之外,打完溶脂針以後自身對手術部位的 護理也會影響到溶脂針見效的速度與效果的好壞 。溶脂針可以打面部,也可以打在腰腹和腿上 溶脂針是目前非手術局部減肥較爲安全、有效的 方法,猶其適合於小面積局部減肥,比如雙下巴 、羊腮等面部,也特別適合腰、腹、大腿等部位 處積累的"頑固"脂肪。

溶脂針的效果好不好?

據臨床研究表明,溶脂針的溶解脂肪率大約 在30%左右, 值得一提的是這個數字改變的是脂 肪細胞的體積而非數量。所以註射溶脂針並不是 ·勞永逸的事情,要想保持好身材還需要配合健 康合理的飲食習慣和運動計劃。

溶脂針和傳統手術吸脂的區別?

哪些人不能打溶脂針? 1.過敏體質者愼用。

2.女性經期、哺乳期、妊娠期及計劃妊娠者

3.已知對於計射藥物容易過敏的的患者和皮

4.長期或正在服用抗凝藥物、擴血管藥、皮 質類激素等藥物的求美者。

5.有心腦血管疾病、糖尿病、凝血功能異常

重要臟器功能受損者的求美者。

溶脂針的副作用?

1、頭暈。這是在註射溶脂針過程中普通出 現的現象,因爲多數溶脂針裏面的成分有類似 "咖啡因"的成分,受術者會出現輕微頭暈現象 ,24小時後會有所緩解。

2、註射部位腫脹。幾乎每個註射溶脂針的 人都會出現註射部位腫脹,這是由藥物的刺激作 用引起的,一般24小時即可消除。

3、瘀青。註射溶脂針采用多點、小部位註 射,如果專家技術不當容易產生淤靑。

4、疼痛。疼痛感跟個人耐受程度有關。

註射溶脂針要註意什麼?

1、溶脂針註射後24小時內面部不要碰水, 不要使用化妝品,不能劇烈運動;

2、註射後一周內禁止吸煙喝酒,不吃刺激 性食品、辣椒、海鮮等,不吃多脂多糖的食物, 要多運動增強體質;

3、註射後72小時不能在註射部位和註射周 邊部位塗抹外用藥物 ,避免讓患處接觸其他刺激 女人如花需要呵護!溶脂針快速消除雙下巴

和羊腮,奧斯丁 NeoSoma 專業醫美幫您養成側

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Daily New/











1/25/2022 上午 11 點亞洲城商場動土典禮,熱鬧圓滿 完成,感謝所有到場支持的政,商,僑領,社團,及幫忙的每-個人!

動土前一天下了一整天的小雨,使得搭棚延至當天· 早才開始,,差不多10:30am賓客陸續到場,有休士頓市長 Sylvester Turner, US congressmen Al Green ,State Representative Gene Wu, 台北經濟文化辦事處 羅復文 處長, Chief of Police Tory Finnes ~ ~ 天公作美當天沒 雨沒風,動土時還微微出現陽光照下來,11點時在舞獬鼓 聲中熱鬧開塲.貴賓致詞,頒發賀狀.動土儀式,簽名在鋼鐵 大樑上,喝香檳,拉禮炮,熱鬧溫馨完成! 這次商塲的動土興 建,會增加就業機會,促進經濟成長,更繁榮中國城,是投資 創業的好地點,華人的驕傲! 商塲建蓋順利,繼續努力加油!





